

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M10A - 1.9km 50m









| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-------------------|------------|---|-----------|--------------|--------|
| 1st | 2666 | Hugh Scarbrough | MV |  | M10 | 12:52 | |
| 2nd | 2901 | Joseph Trenell | SYO |  | M10 | 13:01 | +0:09 |
| 3rd | 1052 | Harry Atkinson | LOC |  | M10 | 13:53 | +1:01 |
| 4th | 2460 | Henry Pigott | POTOC |  | M10 | 14:09 | +1:17 |
| 5th | 1548 | Timothée Dunhill | GEN |  | M10 | 14:29 | +1:37 |
| 6th | 1688 | Fred Garratt | SYO |  | M10 | 15:32 | +2:40 |
| 7th | 2160 | Francis Mansfield | BAOC |  | M10 | 15:45 | +2:53 |
| 8th | 1343 | Fraser Clarke | BAOC |  | M10 | 16:15 | +3:23 |
| 9th | 2743 | Jonathan Smith | SLOW |  | M10 | 17:22 | +4:30 |
| 10th | 1731 | Cameron Gray | MDOC |  | M10 | 17:37 | +4:45 |
| 11th | 2812 | Daniel Muktao Tam | HH |  | M10 | 19:29 | +6:37 |
| 12th | 2847 | Philip Thom | HOC |  | M10 | 21:43 | +8:51 |
| 13th | 2966 | Lucas Waters | SO |  | M10 | 22:27 | +9:35 |
| 14th | 2156 | Tristan Manning | MDOC |  | M10 | 23:15 | +10:23 |
| 15th | 2816 | Daniel C N Tang | YAOC [HKG] |  | M10 | 30:49 | +17:57 |

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EVENT RESULTS

M10B - 1.5km 45m


















| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|------------------|---|-----------|--------------|--------|
| 1st | 3099 | Joby Pinker-Hull | AIRE  | M10 | 10:33 | |
| 2nd | 1286 | Sebastian Carr | AIRE  | M10 | 12:22 | +1:49 |
| 3rd | 1307 | Sun Chan | HKFOC  | M10 | 12:53 | +2:20 |
| 4th | 1017 | Alfie Alcock | AIRE  | M10 | 13:59 | +3:26 |
| 5th | 2245 | Gabriel Mee | SMOC  | M10 | 14:55 | +4:22 |
| 6th | 2092 | Edward Lewis | WRE  | M10 | 15:31 | +4:58 |
| 7th | 1861 | Lewis . |  | M10 | 22:54 | +12:21 |
| 8th | 1063 | Ethan Baikie | FVO  | M10 | 39:59 | +29:26 |

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EVENT RESULTS

M12A - 3km 75m


| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|--------------------|------------|---|-----------|--------------|--------|
| 1st | 1689 | Zac Garratt | SYO |  | M12 | 19:04 | |
| 2nd | 2683 | Carl Selmer Duguid | TAY |  | M12 | 19:09 | +0:05 |
| 3rd | 1845 | James Heppenstall | LOC |  | M12 | 23:34 | +4:30 |
| 4th | 1018 | Charles Alcock | AIRE |  | M12 | 23:50 | +4:46 |
| 5th | 1321 | Inis Chepelin | INT |  | M12 | 24:44 | +5:40 |
| 6th | 2813 | Darrío Mukyiu Tam | HH |  | M12 | 27:27 | +8:23 |
| 7th | 2189 | Hugo Maule-Lidbury | HAVOC |  | M12 | 28:31 | +9:27 |
| 8th | 1969 | Alex Johnson | SYO |  | M12 | 28:46 | +9:42 |
| 9th | 2677 | Ben Seaston | MV |  | M12 | 28:56 | +9:52 |
| 10th | 2168 | Theodore Marsden | HH |  | M12 | 30:09 | +11:05 |
| 11th | 1929 | Nedd Hunt | SYO |  | M12 | 32:56 | +13:52 |
| 12th | 1915 | Samuel Hudson | HOC |  | M12 | 33:04 | +14:00 |
| 13th | 2815 | Andrew C C Tang | YAOC [HKG] |  | M12 | 34:05 | +15:01 |
| 14th | 1234 | Louis Bryant | SYO |  | M12 | 36:32 | +17:28 |
| 15th | 1809 | Fionn Hassett | Setanta |  | M12 | 37:57 | +18:53 |
| 16th | 2846 | Alex Thom | HOC |  | M12 | 68:18 | +49:14 |
| | 2389 | Matthew Owen | FVO |  | M12 | m8 | |

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EVENT RESULTS

M12B - 1.9km 50m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|------------|---|-----------|--------------|--------|
| 1st | 2490 | Aran Power | LVO  | M12 | 15:36 | |
| 2nd | 1306 | One Chan | HKFOC  | M12 | 15:55 | +0:19 |
| 3rd | 2964 | Ged Waters | SYO  | M12 | 21:16 | +5:40 |
| 4th | 3061 | Krum Yanev | SLOW  | M12 | 22:32 | +6:56 |

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EVENT RESULTS

M14A - 5.3km 130m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|--------------------------|---|-----------|--------------|--------|
| 1st | 2280 | Leo Benjamin Morgan | Malvik IL  | M14 | 42:07 | |
| 2nd | 2379 | Jamie Osborne | LOC  | M14 | 43:49 | +1:42 |
| 3rd | 1746 | Maxwell Groom | SYO  | M14 | 43:55 | +1:48 |
| 4th | 1857 | Jake Hilton | SN  | M14 | 44:16 | +2:09 |
| 5th | 1185 | Henrik Borrowman | INVOG  | M14 | 44:18 | +2:11 |
| 6th | 2709 | Eoin Simpson | LEI  | M14 | 45:39 | +3:32 |
| 7th | 1751 | Freddie Guy | SYO  | M14 | 47:00 | +4:53 |
| 8th | 2432 | Nathan Peel | SYO  | M14 | 48:27 | +6:20 |
| 9th | 1705 | Finley Goddard | QO  | M14 | 50:52 | +8:45 |
| 10th | 1437 | Samuel Crook | AIRE  | M14 | 53:53 | +11:46 |
| 11th | 1146 | Erik Biernacki-Jablonski | WAOG  | M14 | 54:06 | +11:59 |
| 12th | 2519 | Ethan Radcliffe | SUFFOC  | M14 | 55:35 | +13:28 |
| 13th | 1565 | Blake Edwards | MDOC  | M14 | 56:05 | +13:58 |
| 14th | 1481 | Alexander Darwin | WAOG  | M14 | 56:28 | +14:21 |
| 15th | 1173 | Seb Blackmore | HOC  | M14 | 56:29 | +14:22 |
| 16th | 1328 | Fraser Cheyne | FVO  | M14 | 56:47 | +14:40 |
| 17th | 1669 | Chun Ho Andre Fu | WAOG  | M14 | 57:03 | +14:56 |
| 18th | 2495 | Stanley Preston | SYO  | M14 | 61:29 | +19:22 |
| 19th | 2188 | Charlie Maule-Lidbury | HAVOC  | M14 | 61:41 | +19:34 |
| 20th | 2955 | Daniel Wareing | BOK  | M14 | 62:00 | +19:53 |
| 21st | 1518 | Matvei Dnestrovskii | TVOC  | M14 | 62:30 | +20:23 |
| 22nd | 2607 | Jamie Roller | GO  | M14 | 64:59 | +22:52 |
| 23rd | 1948 | Douglas Innes-Farr |  | M14 | 65:54 | +23:47 |
| 24th | 2922 | Alfie Tyner | Setanta  | M14 | 66:30 | +24:23 |
| 25th | 1562 | James Edward | FVO  | M14 | 68:49 | +26:42 |
| 26th | 3051 | Oskar Woods | SYO  | M14 | 69:24 | +27:17 |
| 27th | 2134 | Sebastian Lyne | NGOC  | M14 | 70:36 | +28:29 |
| 28th | 2779 | Fraser Stamp | WCH  | M14 | 71:49 | +29:42 |
| 29th | 1607 | James Ewart | LVO  | M14 | 75:45 | +33:38 |
| 30th | 1097 | Jack Baxter | SYO  | M14 | 80:35 | +38:28 |
| 31st | 2517 | Aaron Radcliffe | SUFFOC  | M14 | 88:56 | +46:49 |
| 32nd | 1064 | Lucas Baikie | FVO  | M14 | 93:35 | +51:28 |
| | 2865 | Quinn Thompson | LOC  | M14 | w10 | |
| | 2551 | Jago Reynolds | SYO  | M14 | m8-9 | |

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EVENT RESULTS

M14B - 3km 75m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-------------------|------|---|--------------|--------|
| 1st | 2667 | Ralph Scarbrough | MV |  M14 | 23:47 | |
| 2nd | 1782 | Arran Hardwick | SN |  M14 | 26:43 | +2:56 |
| 3rd | 2634 | Alvari Rostron | MDOC |  M14 | 32:18 | +8:31 |
| 4th | 1876 | Hiroki Holmes | WCOC |  M14 | 35:55 | +12:08 |
| 5th | 1489 | Ben Davison-Ellis | ELO |  M14 | 40:03 | +16:16 |
| | 1608 | Csongor Farago | HH |  M14 | m9 | |

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EVENT RESULTS

M16A - 7.7km 195m





| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|------------------------------|--------------------|-----------|--------|--------|
| 1st | 2233 | Finlay McLuckie | MOR | M16 | 47:06 | |
| 2nd | 2684 | Finn Selmer Duguid | TAY | M16 | 49:53 | +2:47 |
| 3rd | 2433 | Oscar Peel | SYO | M16 | 52:33 | +5:27 |
| 4th | 1400 | Ruari Cottier | ECKO | M16 | 53:23 | +6:17 |
| 5th | 2308 | Vince Nagy-Kovacs | SBOC | M16 | 54:23 | +7:17 |
| 6th | 2447 | Marcus Perry | BOK | M16 | 54:52 | +7:46 |
| 7th | 2381 | Sam Osborne | LOC | M16 | 56:30 | +9:24 |
| 8th | 1950 | Robin Irwin | SBOC | M16 | 57:01 | +9:55 |
| 9th | 3006 | Ewen Wilkinson | AIRE | M16 | 57:32 | +10:26 |
| 10th | 1129 | Luke Bennett | DFOK | M16 | 58:29 | +11:23 |
| 11th | 2550 | Caspar Reynolds | SYO | M16 | 58:33 | +11:27 |
| 12th | 2390 | Peter Owen | FVO | M16 | 58:44 | +11:38 |
| 13th | 2496 | Will Preston | SYO | M16 | 59:30 | +12:24 |
| 14th | 1866 | Lawrence Hodgson | SYO | M16 | 60:09 | +13:03 |
| 15th | 2215 | Douglas McDonald | INVOC | M16 | 60:32 | +13:26 |
| 16th | 1828 | Jonah Hearn | WCH | M16 | 61:41 | +14:35 |
| 17th | 1450 | Duncan Currie | SOC | M16 | 63:15 | +16:09 |
| 18th | 2799 | Max Straube-Roth | OD | M16 | 63:29 | +16:23 |
| 19th | 2860 | Craig Thompson | HOC | M16 | 63:30 | +16:24 |
| 20th | 2887 | Ben Todhunter | SROC | M16 | 63:52 | +16:46 |
| 21st | 2049 | Adam Landels | OD | M16 | 64:05 | +16:59 |
| 22nd | 1013 | James Agombar | NGOC | M16 | 64:40 | +17:34 |
| 23rd | 1841 | Toby Heppell | WCOC | M16 | 66:06 | +19:00 |
| 24th | 1742 | Eanna Grennan | SEVO | M16 | 67:12 | +20:06 |
| 25th | 2086 | Otso Leinonen | Rajamaen Rykmentti | M16 | 68:13 | +21:07 |
| 26th | 2065 | Seth Lawson | NGOC | M16 | 69:19 | +22:13 |
| 27th | 2361 | Liam O'Donnell | Fingal | M16 | 70:04 | +22:58 |
| 28th | 1237 | Fionn Buckley | KerryO | M16 | 70:25 | +23:19 |
| 29th | 1946 | Matthew Inman | FVO | M16 | 71:02 | +23:56 |
| 30th | 2553 | Pasco Reynolds | SYO | M16 | 71:57 | +24:51 |
| 31st | 2316 | Rory Nesbit | HH | M16 | 72:02 | +24:56 |
| 32nd | 1204 | Monty Bratcher-Howard | WIM | M16 | 73:36 | +26:30 |
| 33rd | 1856 | Aidan Hilton | SN | M16 | 73:59 | +26:53 |
| 34th | 1312 | Ben Chapman | SO | M16 | 75:20 | +28:14 |
| 35th | 1928 | Alexander Hunt | FVO | M16 | 75:30 | +28:24 |
| 36th | 2769 | Daniel Spear | DEVON | M16 | 76:32 | +29:26 |
| 37th | 1457 | Robin Dafforn | DEVON | M16 | 76:58 | +29:52 |
| 38th | 2657 | Oscar Sanderson | NATO | M16 | 80:18 | +33:12 |
| 39th | 1246 | Toby Burton | INVOC | M16 | 80:41 | +33:35 |
| 40th | 2387 | Joshua Owen | SOS | M16 | 82:46 | +35:40 |
| 41st | 2790 | Henry Stitson | AIRE | M16 | 83:43 | +36:37 |
| 42nd | 1932 | Arthur Hunter | DEVON | M16 | 86:07 | +39:01 |
| 43rd | 2436 | Alex Peltor | | M16 | 87:38 | +40:32 |
| 44th | 1296 | Rhys Caudwell | SYO | M16 | 88:20 | +41:14 |
| 45th | 2120 | Josh Lockwood | DEVON | M16 | 91:01 | +43:55 |
| 46th | 2859 | Zach Thomas | SROC | M16 | 91:18 | +44:12 |
| 47th | 1988 | Marty Jones | ERYRI | M16 | 93:03 | +45:57 |
| 48th | 2543 | George Rennie | WCOC | M16 | 97:06 | +50:00 |
| 49th | 2702 | Evan Sime | INVOC | M16 | 97:52 | +50:46 |
| 50th | 2457 | Daniel Pigott | POTOC | M16 | 98:57 | +51:51 |
| 51st | 2466 | Roberto Kalman Pirk Da Silva | POTOC | M16 | 104:29 | +57:23 |
| 52nd | 1670 | Chun Yan Alistair Fu | WAOC | M16 | 105:27 | +58:21 |
| 53rd | 1124 | Joshua Bendrey | DEE | M16 | 106:59 | +59:53 |
| 54th | 2095 | Oliver Lewis | QO | M16 | 108:26 | +61:20 |
| 55th | 1671 | Sam Funnell | DEVON | M16 | 114:15 | +67:09 |
| 56th | 1171 | Peter Blackmore | HOC | M16 | 120:45 | +73:39 |
| | 1294 | Liam Casey | SEVO | M16 | m2-6 | m8-15 |
| | 2105 | Robbie Lightfoot | SYO | M16 | m2-16 | |
| | 1454 | James Curtis | SO | M16 | m7-10 | |

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EVENT RESULTS

M16B - 5.3km 130m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|------------------|---|-----------|--------------|--------|
| 1st | 1166 | Matthew Black | INVOC  | M16 | 60:13 | |
| 2nd | 1863 | Deri Hockley | ERYRI  | M16 | 79:47 | +19:34 |
| 3rd | 2590 | Oliver Robertson | MAROC  | M16 | 80:26 | +20:13 |
| | 2636 | Elijas Rostron | MDOC  | M16 | w2 | |

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EVENT RESULTS

M18E - 11.4km 360m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|-----|-----------------------|--------------------|-----------|---------------|--------|
| 1st | 403 | James Hammond | FVO | M18 | 67:10 | |
| 2nd | 409 | Tommy Rollins | SN | M18 | 77:04 | +9:54 |
| 3rd | 406 | Oliver Prince | SOS | M18 | 77:41 | +10:31 |
| 4th | 405 | Daniel Heppell | WCOC | M18 | 77:46 | +10:36 |
| 5th | 410 | Laurence Ward | INT | M18 | 80:03 | +12:53 |
| 6th | 407 | Angus Laird | INVOC | M18 | 80:47 | +13:37 |
| 7th | 430 | Sam Hunt | FVO | M18 | 89:15 | +22:05 |
| 8th | 452 | Ruben Razzetti | WCOC | M18 | 89:28 | +22:18 |
| 9th | 412 | Freddie Lake | SBOC | M18 | 91:08 | +23:58 |
| 10th | 418 | Ben Perry | DEVON | M18 | 91:51 | +24:41 |
| 11th | 417 | Jake O'Donnell | DVO | M18 | 95:10 | +28:00 |
| 12th | 421 | Gerry Browne | GEN | M18 | 97:47 | +30:37 |
| 13th | 427 | Rory Black | INVOC | M18 | 103:09 | +35:59 |
| 14th | 422 | Reuben Lawson | NGOC | M18 | 104:33 | +37:23 |
| 15th | 433 | Conrad Reuber | SYO | M18 | 105:03 | +37:53 |
| 16th | 432 | Oscar Rowe | GEN | M18 | 105:11 | +38:01 |
| 17th | 428 | Harry Bratcher-Howard | WIM | M18 | 106:19 | +39:09 |
| 18th | 440 | Henrik Jones | IK Grane | M18 | 109:15 | +42:05 |
| 19th | 436 | Timofey Zorin | SLOW | M18 | 113:02 | +45:52 |
| 20th | 438 | Finlay Anderson | BOK | M18 | 113:25 | +46:15 |
| 21st | 429 | Matthew McCreadie | DEE | M18 | 116:36 | +49:26 |
| 22nd | 445 | Andrew Raven | SWOC | M18 | 117:23 | +50:13 |
| 23rd | 442 | Arthur Mitchell | HOC | M18 | 118:18 | +51:08 |
| 24th | 434 | Isaac Hunter | WCOC | M18 | 118:21 | +51:11 |
| 25th | 443 | Yann Newey | MAROC | M18 | 119:07 | +51:57 |
| 26th | 437 | Eoin O'Donnell | Fingal | M18 | 121:33 | +54:23 |
| 27th | 450 | John Doyle | SYO | M18 | 131:44 | +64:34 |
| 28th | 449 | Matthew Bethell | NOR | M18 | 142:49 | +75:39 |
| 29th | 448 | Conor Masterson | CNOC | M18 | 160:43 | +93:33 |
| | 415 | Michael Bishenden | MOR | M18 | m3 | |
| | 447 | Johnathan Bendrey | DEE | M18 | m20-22 | |
| | 424 | Jonne Mourujärvi | Rajamaen Rykmentti | M18 | m23 | |
| | 413 | James Bryant | SYO | M18 | w18 | |

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EVENT RESULTS

M18L - 7.7km 195m





| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|--------------------|--|-----------|---------------|--------|
| 1st | 1158 | Matthew Birkinshaw | WCOC  | M18 | 68:19 | |
| 2nd | 1179 | Josh Bones | LOG  | M18 | 98:06 | +29:47 |
| 3rd | 1832 | Oliver Heckford | WSX  | M18 | 102:00 | +33:41 |
| 4th | 1681 | Peter Gamble | LVO  | M18 | 103:25 | +35:06 |
| 5th | 2655 | Benedict Sanderson | NATO  | M18 | 105:29 | +37:10 |
| | 1376 | Jamie Connor | FVO  | M18 | w10 | |
| | 2618 | Kieran Rose |  | M18 | m9-15 | |

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EVENT RESULTS

M18S - 6.3km 185m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|----------------|--|-----------|--------------|--------|
| 1st | 1398 | Finlay Cottier | ECKO  | M16 | 59:26 | |
| 2nd | 1472 | Ethan Daplyn | SN  | M18 | 86:31 | +27:05 |
| 3rd | 2998 | Cian Wickham | Ajax  | M18 | 95:20 | +35:54 |
| | 3048 | James Woodham | AIRE  | M18 | rtd | |

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EVENT RESULTS

M20E - 11.4km 360m




| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|-----|------------------|--|-----------|---------------|--------|
| 1st | 401 | Euan Tryner | EUOC  | M20 | 69:11 | |
| 2nd | 402 | Zefa Fa'Avae | OK Linné  | M20 | 72:03 | +2:52 |
| 3rd | 411 | Benjamin Gostick | HH  | M20 | 77:25 | +8:14 |
| 4th | 420 | Adam Methven | BKO  | M20 | 77:34 | +8:23 |
| 5th | 408 | Ben Squire | NOC  | M20 | 78:59 | +9:48 |
| 6th | 404 | Adam Barrie | MAROC  | M20 | 80:17 | +11:06 |
| 7th | 426 | William Lake | SBOC  | M20 | 89:39 | +20:28 |
| 8th | 423 | Jamie Goddard | FVO  | M20 | 91:18 | +22:07 |
| 9th | 416 | Jonas Newey | MAROC  | M20 | 92:49 | +23:38 |
| 10th | 419 | Ewan Musgrave | MAROC  | M20 | 93:13 | +24:02 |
| 11th | 414 | Ewan Bennett | EUOC  | M20 | 93:19 | +24:08 |
| 12th | 425 | Tommy Heap | SO  | M20 | 97:10 | +27:59 |
| 13th | 444 | Toby Williams | LOG  | M20 | 100:49 | +31:38 |
| 14th | 431 | Joshua Hoare | KerryO  | M20 | 102:44 | +33:33 |
| 15th | 439 | Olmo Combley | SYO  | M20 | 103:30 | +34:19 |
| 16th | 441 | Liam Green | CLOK  | M20 | 120:25 | +51:14 |
| 17th | 446 | Liming Zheng | CUOC  | M20 | 132:01 | +62:50 |
| 18th | 451 | Nathan Nesbit | HH  | M20 | 135:00 | +65:49 |

JK 2024 - Day 3 - Long

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EVENT RESULTS

M20L - 8.6km 315m




| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-----------------|---|-----------|---------------|--------|
| 1st | 1424 | Sam Crawshaw | SYO  | M20 | 73:30 | |
| 2nd | 1597 | Alexander Evans | POTOC  | M20 | 80:17 | +6:47 |
| 3rd | 2924 | Tivon Tyner | Setanta  | M20 | 108:16 | +34:46 |

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EVENT RESULTS

M20S - 7.7km 195m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-------------------|--|-----------|---------------|--------|
| 1st | 3138 | Alex Matthew | SROC  | M20 | 62:35 | |
| 2nd | 2535 | Christopher Raven | SWOC  | M20 | 82:19 | +19:44 |
| 3rd | 2969 | Dominic Wathey | MDOC  | M20 | 104:51 | +42:16 |

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EVENT RESULTS

M21E1 - 15.8km 480m
























| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|-----|--------------------|-------|-----------|--------|--------|
| 1st | 21 | Luke Fisher | INT | M21 | 92:46 | |
| 2nd | 4 | Chris Smithard | FVO | M35 | 94:04 | +1:18 |
| 3rd | 1 | Simon Harden | SLOW | M21 | 94:59 | +2:13 |
| 4th | 18 | Nathan Lawson | OD | M21 | 95:26 | +2:40 |
| 5th | 5 | Peter Molloy | FVO | M21 | 96:58 | +4:12 |
| 6th | 7 | Philip Vokes | OD | M21 | 97:24 | +4:38 |
| 7th | 15 | Peter Taylor-Bray | SN | M21 | 97:29 | +4:43 |
| 8th | 16 | Ben Mitchell | SBOC | M21 | 97:41 | +4:55 |
| 9th | 2 | William Gardner | OD | M21 | 98:15 | +5:29 |
| 10th | 9 | Freddie Carcas | INT | M21 | 98:45 | +5:59 |
| 11th | 6 | Flurry Grierson | DEVON | M21 | 100:06 | +7:20 |
| 12th | 3 | Boyan Ivandjickov | EUOC | M21 | 100:10 | +7:24 |
| 13th | 24 | Finlay Todd | INVOG | M21 | 101:08 | +8:22 |
| 14th | 17 | Jim Bailey | BOK | M21 | 101:16 | +8:30 |
| 15th | 20 | Alistair Thornton | FVO | M21 | 101:42 | +8:56 |
| 16th | 10 | James Ackland | INT | M21 | 101:49 | +9:03 |
| 17th | 12 | Eddie Narbett | INT | M21 | 103:07 | +10:21 |
| 18th | 27 | Alex Wetherill | EUOC | M21 | 104:08 | +11:22 |
| 19th | 19 | Charlie Rennie | WCOG | M21 | 104:21 | +11:35 |
| 20th | 28 | Aidan Rigby | CLOK | M21 | 106:01 | +13:15 |
| 21st | 22 | Matthew Gooch | EUOC | M21 | 107:21 | +14:35 |
| 22nd | 38 | Thomas Laraia | EUOC | M21 | 108:45 | +15:59 |
| 23rd | 34 | Colm Moran | INT | M21 | 108:58 | +16:12 |
| 24th | 13 | Thomas Wilson | CLYDE | M21 | 109:04 | +16:18 |
| 25th | 33 | Eoghan Whelan | SEVO | M21 | 111:19 | +18:33 |
| 26th | 39 | Adam Potter | BOK | M21 | 111:23 | +18:37 |
| 27th | 29 | Aidan Smith | INT | M21 | 113:14 | +20:28 |
| 28th | 26 | Oleg Chepelin | INT | M35 | 113:44 | +20:58 |
| 29th | 42 | Ben Stevens | INT | M35 | 114:25 | +21:39 |
| 30th | 41 | Cillin Corbett | CorkO | M21 | 114:33 | +21:47 |
| 31st | 25 | Daniel Stansfield | FVO | M21 | 116:00 | +23:14 |
| 32nd | 31 | Joe Sunley | WCOG | M21 | 116:18 | +23:32 |
| 33rd | 46 | Finn Lydon | AROS | M21 | 117:21 | +24:35 |
| 34th | 45 | Robin Fieldhouse | QO | M21 | 119:58 | +27:12 |
| 35th | 37 | Finlay Johnson | SROC | M21 | 120:14 | +27:28 |
| 36th | 44 | Rudi Paul | STAG | M21 | 120:20 | +27:34 |
| 37th | 40 | Tom Lines | AROS | M21 | 120:26 | +27:40 |
| 38th | 32 | Harry McMurtrie | DEVON | M21 | 122:12 | +29:26 |
| 39th | 35 | Dom Dakin | SYO | M21 | 122:58 | +30:12 |
| 40th | 43 | Liam Cotter | UCCO | M21 | 126:54 | +34:08 |
| 41st | 51 | Adam Fieldhouse | QO | M21 | 127:45 | +34:59 |
| 42nd | 50 | Ryan Elliot | SYO | M21 | 129:13 | +36:27 |
| 43rd | 49 | Andrew Elwood | LVO | M21 | 130:22 | +37:36 |
| 44th | 65 | Nicholas Jarvis | SO | M21 | 130:33 | +37:47 |
| 45th | 48 | Valdas Tilunas | 3ROC | M45 | 133:41 | +40:55 |
| 46th | 54 | Barnaby Warren | NN | M21 | 135:27 | +42:41 |
| 47th | 53 | Tom Dobra | TVOC | M21 | 135:41 | +42:55 |
| 48th | 59 | Stephen Hughes | DEVON | M21 | 136:43 | +43:57 |
| 49th | 58 | Alexander Fielding | DUOC | M21 | 138:09 | +45:23 |
| 50th | 113 | Dominic Green | SHUOC | M21 | 138:41 | +45:55 |
| 51st | 69 | Adam Harris | CUOC | M21 | 138:49 | +46:03 |
| 52nd | 56 | Tim Norwood | GEN | M21 | 141:09 | +48:23 |
| 53rd | 62 | Sam Wood | AIRE | M21 | 142:53 | +50:07 |
| 54th | 78 | Stanley Heap | SO | M21 | 143:02 | +50:16 |
| 55th | 55 | Dan Earnshaw | LVO | M21 | 143:37 | +50:51 |
| 56th | 60 | Kit Grierson | DEVON | M21 | 148:38 | +55:52 |
| 57th | 71 | George Savell | LVO | M35 | 149:17 | +56:31 |
| 58th | 64 | Adrien Gallet | SHUOC | M21 | 151:35 | +58:49 |
| 59th | 57 | Benjamin Stevens | SYO | M21 | 154:27 | +61:41 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M21E1 - 15.8km 480m














| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|-------------------|--------------------|--|---|------------|---------|
| 60th | 73 | Kin Wai Lee | HOC |  M21 | 155:35 | +62:49 |
| 61st | 72 | Lawrence Jones | SMOC |  M21 | 156:05 | +63:19 |
| 62nd | 68 | Connor Smith | EPOC |  M21 | 159:05 | +66:19 |
| 63rd | 75 | Daniel Barber | EUOC |  M21 | 160:29 | +67:43 |
| 64th | 77 | River Edis-Smith | SYO |  M21 | 167:19 | +74:33 |
| 65th | 79 | David Thomas | BKO |  M21 | 177:09 | +84:23 |
| 66th | 70 | Alex Mitchell | HOC |  M21 | 183:42 | +90:56 |
| 67th | 81 | Christopher Prince | HAVOC |  M21 | 184:06 | +91:20 |
| 68th | 80 | Craig Lucas | LOG |  M21 | 199:31 | +106:45 |
| 8 | David Bunn | EUOC |  M21 | | rtd | |
| 76 | Dylan Sherman | OUOC |  M21 | | rtd | |
| 67 | Sam Leadley | OUOC |  M21 | | m15 | |
| 66 | Matthew Dixon | CUOC |  M21 | | rtd | |
| 52 | Bradley Lund | WSX |  M21 | | m16-27 | |
| 23 | Duncan Birtwistle | OD |  M21 | | m20 | |
| 14 | Sasha Chepelin | INT |  M21 | | rtd | |
| 11 | Ben Windsor | DRONGO |  M21 | | m20 | |
| 36 | Oli Johnson | SYO |  M45 | | m20 | |
| 61 | Oliver Tonge | BOK |  M21 | | m1-5 m8-26 | |
| 74 | Rowan Lee | DRONGO |  M21 | | m19-26 | |
| 47 | Joe Thomas | SYO |  M21 | | m10-26 | |
| 63 | Matthew Leitch | INT |  M21 | | m1-28 | |
| 30 | Paul Pruzina | LVO |  M21 | | m18-27 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M21E2 - 15.8km 480m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|-----|-------------------|-------------|---|-------------------|--------|
| 1st | 109 | Alasdair Pedley | EUOC |  M21 | 109:14 | |
| 2nd | 112 | Matthew Fellbaum | Tullinge SK |  M21 | 110:30 | +1:16 |
| 3rd | 118 | James Haynes | TVOC |  M21 | 136:18 | +27:04 |
| 4th | 117 | Hanlin Wang | OD |  M21 | 147:31 | +38:17 |
| 5th | 105 | Thomas Bartram | NOR |  M21 | 156:17 | +47:03 |
| 6th | 104 | Jack Baker | SHUOC |  M21 | 156:26 | +47:12 |
| 7th | 103 | Euan Marsh | SO |  M21 | 166:00 | +56:46 |
| 8th | 101 | Tsz Fung Yu | OD |  M21 | 179:18 | +70:04 |
| 9th | 106 | Himmy Lau | SLOW |  M21 | 180:26 | +71:12 |
| | 111 | Joseph Goodwin | SHUOC |  M21 | m2-4 m9-26 | |
| | 110 | Graham Gristwood | FVO |  M40 | rtd | |
| | 107 | Robert Fieldhouse | QO |  M21 | m15-20 | |
| | 102 | Matt Haines | BOK |  M21 | m11-26 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M21L - 12.9km 390m
























| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|----------------------|-----------------------|-----------|---------------------|--------|
| 1st | 1513 | Fraser Dixon | SROC | M21 | 115:34 | |
| 2nd | 2310 | Emanuel Näslund | Skogslöparna | M21 | 115:55 | +0:21 |
| 3rd | 1763 | Michael Hallett | BOK | M21 | 121:06 | +5:32 |
| 4th | 1123 | William Bell | Berliner Turnerschaft | M21 | 125:01 | +9:27 |
| 5th | 1156 | James Birkinshaw | WCOC | M21 | 129:04 | +13:30 |
| 6th= | 1446 | Paul Cumner | NN | M21 | 136:54 | +21:20 |
| 6th= | 3069 | Martin Yeo | DEVON | M21 | 136:54 | +21:20 |
| 8th | 1503 | John Dempsey | SYO | M21 | 142:17 | +26:43 |
| 9th | 2994 | Ross White | STAG | M21 | 148:44 | +33:10 |
| 10th | 1769 | Jed Hampshire Wright | NN | M21 | 158:06 | +42:32 |
| 11th | 1401 | Sam Cottle | BOK | M21 | 163:29 | +47:55 |
| 12th | 1633 | Daniel Figg | HH | M21 | 185:49 | +70:15 |
| 13th | 1721 | Jonty Goodwin | EUOC | M21 | 186:47 | +71:13 |
| 14th | 2384 | Liam Overett | SYO | M21 | 193:17 | +77:43 |
| 15th | 3153 | Taiki Yuya | HOC | M21 | 203:28 | +87:54 |
| | 2040 | Ben Kyd | MDOC | M21 | m9-10 m13-21 | |
| | 2221 | Luke McGillicuddy | INT | M21 | rtd | |
| | 2973 | Thomas Weatherby | DRONGO | M21 | m16-23 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M21S - 8km 275m

| Pos | No. | Name | Club | | Age Class | Time Behind |
|------|------|-----------------------|--------|---|-----------|----------------------|
| 1st | 2274 | Alex Moore | WAOC |  | M21 | 67:05 |
| 2nd | 3139 | Liam Marsh | SO |  | M21 | 67:14 +0:09 |
| 3rd | 2142 | Christopher MacKenzie | CLOK |  | M21 | 69:05 +2:00 |
| 4th | 1295 | Iain Cattermole | STAG |  | M21 | 73:32 +6:27 |
| 5th | 1387 | Joshua Cooper | EBOR |  | M21 | 77:50 +10:45 |
| 6th | 2940 | Adam Walker | DEVON |  | M21 | 79:23 +12:18 |
| 7th | 1853 | Samuel Higginbotham | CLOK |  | M21 | 84:17 +17:12 |
| 8th | 2110 | Edward Lines | SO |  | M21 | 85:19 +18:14 |
| 9th | 1574 | Stephen Elkington | OD |  | M21 | 85:44 +18:39 |
| 10th | 2048 | Simon Lanckham | HOC |  | M21 | 96:45 +29:40 |
| 11th | 3143 | Kieran Marsh | SLOW |  | M21 | 102:07 +35:02 |
| 12th | 1020 | Thomas Alcock | WIM |  | M21 | 102:31 +35:26 |
| 13th | 1025 | Timothy Alexander | |  | M21 | 104:33 +37:28 |
| 14th | 3081 | Stuart Hanstock | BOK |  | M21 | 111:47 +44:42 |
| 15th | 1466 | Christopher Dalton | TVOC |  | M21 | 112:12 +45:07 |
| 16th | 1678 | William Ojaghi-Gale | |  | M21 | 112:32 +45:27 |
| 17th | 3130 | Benjamin Toole | STUOC |  | M21 | 122:17 +55:12 |
| 18th | 2970 | Richard Watkins | DRONGO |  | M21 | 123:51 +56:46 |
| 19th | 2844 | Milan Thapa | OD |  | M21 | 126:53 +59:48 |
| 20th | 2527 | Sandesh Rai | |  | M21 | 138:00 +70:55 |
| 21st | 2136 | Nicolas MacDonald | |  | M21 | 142:09 +75:04 |
| 22nd | 1256 | Joseph Butterfield | GEN |  | M21 | 166:14 +99:09 |
| | 1750 | Joshan Gurung | OD |  | M21 | m8-11 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M21V - 6km 180m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|----------------|---|-----------|--------|--------|
| 1st | 1624 | Jamie Ferguson | BOF  | M21 | 119:49 | |
| 2nd | 1758 | Oliver Hague | LEI  | M21 | 129:29 | +9:40 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M35L - 10.6km 390m









| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|-----------------------|-------|---|---------------|--------|
| 1st | 1205 | Tom Bray | SN |  M35 | 77:51 | |
| 2nd | 1645 | Rhys Findlay-Robinson | LOC |  M35 | 79:13 | +1:22 |
| 3rd | 1243 | Mark Burley | MDOC |  M35 | 88:42 | +10:51 |
| 4th | 3146 | Mindaugas Lekaveckas | DFOK |  M35 | 95:40 | +17:49 |
| 5th | 2819 | Joe Taunton | SYO |  M35 | 96:21 | +18:30 |
| 6th | 2648 | Nerijus Rozkovas | DVO |  M35 | 96:25 | +18:34 |
| 7th | 1108 | Kieran Beausang | CorkO |  M35 | 97:13 | +19:22 |
| 8th | 2611 | Matthew Rooke | LOC |  M35 | 97:17 | +19:26 |
| 9th | 2470 | Adam Poole | TVOC |  M35 | 102:23 | +24:32 |
| 10th | 1433 | Richard Cronin | NGOC |  M35 | 102:44 | +24:53 |
| 11th | 2299 | Dave Murgatroyd | AIRE |  M35 | 104:42 | +26:51 |
| 12th | 2161 | Gareth Mansfield | BAOC |  M35 | 105:17 | +27:26 |
| 13th | 2509 | Sebastian Pugh | SYO |  M35 | 107:45 | +29:54 |
| 14th | 2010 | Alex Kendall | MV |  M35 | 108:17 | +30:26 |
| 15th | 2652 | Andrew Sadler | HOC |  M35 | 124:34 | +46:43 |
| 16th | 2411 | Graham Parkes | HH |  M35 | 130:04 | +52:13 |
| 17th | 2906 | Paul Truss | RAFO |  M35 | 131:39 | +53:48 |
| 18th | 3019 | Luke Williamson | BAOC |  M35 | 133:38 | +55:47 |
| 19th | 2855 | James Thomas | HOC |  M35 | 138:19 | +60:28 |
| 20th | 1049 | Thomas Athorne | STAG |  M35 | 139:59 | +62:08 |
| 21st | 1555 | Matt Eaton | WAOC |  M35 | 161:50 | +83:59 |
| 22nd | 1651 | Davide Foffa | HOC |  M35 | 175:05 | +97:14 |
| | 2469 | Mark Ponsford | SWOC |  M35 | rtd | |
| | 2058 | Iain Large | BOK |  M35 | w3 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M35S - 7.7km 195m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-----------------|--|-----------|---------------|--------|
| 1st | 3038 | Tom Winsor | STAG  | M35 | 67:12 | |
| 2nd | 1126 | James Bennett | WCH  | M35 | 72:59 | +5:47 |
| 3rd | 2098 | Thomas Lewis | WRE  | M35 | 86:18 | +19:06 |
| 4th | 2107 | Kaji Limbu | WCH  | M35 | 87:01 | +19:49 |
| 5th | 3090 | Jonathan Hughes | TVOC  | M35 | 94:42 | +27:30 |
| 6th | 1514 | Richard Dixon | BAOC  | M35 | 97:05 | +29:53 |
| 7th | 2822 | Samuel Taunton | NGOC  | M35 | 135:12 | +68:00 |
| 8th | 1749 | Matthew Guest | SMOC  | M35 | 165:30 | +98:18 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M40L - 10.6km 390m













| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|--------------------|-----------|---|-----------|---------------|--------|
| 1st | 2599 | Richard Robinson | NOC |  | M40 | 79:16 | |
| 2nd | 2344 | Kristof Nowicki | WRE |  | M40 | 80:05 | +0:49 |
| 3rd | 2613 | David Roome | SROC |  | M40 | 81:45 | +2:29 |
| 4th | 2282 | Nicholas Morgan | Malvik IL |  | M40 | 83:12 | +3:56 |
| 5th | 2155 | Rhys Manning | SWOC |  | M40 | 83:30 | +4:14 |
| 6th | 2669 | Tim Scarborough | MV |  | M40 | 86:06 | +6:50 |
| 7th | 1621 | Stephen Feltbower | FVO |  | M40 | 86:16 | +7:00 |
| 8th | 1475 | Peter Daplyn | SN |  | M40 | 87:07 | +7:51 |
| 9th | 2036 | Michael Krajewski | SN |  | M40 | 88:19 | +9:03 |
| 10th | 2478 | Andrew Powell | DVO |  | M40 | 91:23 | +12:07 |
| 11th | 2780 | Iain Stamp | WCH |  | M40 | 93:50 | +14:34 |
| 12th | 1605 | Simon Evans | KERNO |  | M40 | 94:31 | +15:15 |
| 13th | 1043 | Robert Ashton | BAOC |  | M40 | 95:25 | +16:09 |
| 14th | 2488 | Jeff Powell Davies | BL |  | M40 | 96:53 | +17:37 |
| 15th | 2459 | Graham Pigott | POTOC |  | M40 | 98:06 | +18:50 |
| 16th | 1368 | Tom Cochrane | HH |  | M40 | 98:36 | +19:20 |
| 17th | 3037 | Phillip Winskill | WCOC |  | M45 | 98:53 | +19:37 |
| 18th | 1874 | Robert Holdway | POTOC |  | M40 | 99:59 | +20:43 |
| 19th | 2133 | Alex Lyne | NGOC |  | M40 | 101:49 | +22:33 |
| 20th | 2113 | Robert Little | SPOOK |  | M40 | 102:52 | +23:36 |
| 21st | 1136 | Tom Beskeen | WAOOC |  | M40 | 103:48 | +24:32 |
| 22nd | 2520 | Gareth Radcliffe | SUFFOC |  | M40 | 104:46 | +25:30 |
| 23rd | 1570 | Ian Elder | TVOC |  | M40 | 115:25 | +36:09 |
| 24th | 1410 | Daniel Cowley | NOR |  | M40 | 115:52 | +36:36 |
| 25th | 2526 | Tom Raftery | HH |  | M40 | 117:41 | +38:25 |
| 26th | 1533 | Will Drewe | CLARO |  | M40 | 117:43 | +38:27 |
| 27th | 1629 | Ash Field | SYO |  | M40 | 118:36 | +39:20 |
| 28th | 2793 | Edward Stott | SLOW |  | M40 | 122:23 | +43:07 |
| 29th | 1483 | John Dasey | SO |  | M40 | 124:27 | +45:11 |
| 30th | 2327 | Edward Nichols | SO |  | M40 | 135:10 | +55:54 |
| 31st | 1147 | Andrew Biffen | KERNO |  | M40 | 143:53 | +64:37 |
| 32nd | 1363 | Benjamin Cluderay | RAFO |  | M40 | 154:52 | +75:36 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M40S - 7.7km 195m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|----------------------|-------|---|-----------|---------------|--------|
| 1st | 1220 | Anthony Brown | HH |  | M40 | 78:06 | |
| 2nd | 1546 | Laurent Dunhill | GEN |  | M40 | 80:00 | +1:54 |
| 3rd | 2974 | Andrew Weaver | WRE |  | M40 | 84:51 | +6:45 |
| 4th | 2220 | Rob McEvoy | CorkO |  | M40 | 87:51 | +9:45 |
| 5th | 1644 | Dan Findlay-Robinson | WCH |  | M40 | 92:23 | +14:17 |
| 6th | 2193 | Greg May | PFO |  | M40 | 96:27 | +18:21 |
| 7th | 1180 | Stephen Bones | LOG |  | M40 | 98:43 | +20:37 |
| 8th | 1344 | Grant Clarke | BAOC |  | M40 | 100:40 | +22:34 |
| 9th | 1912 | Alex Hudson | HOC |  | M40 | 103:25 | +25:19 |
| 10th | 1532 | Tom Drewe | CLARO |  | M40 | 105:31 | +27:25 |
| 11th | 1926 | Carl Humphreys | WCOC |  | M40 | 108:47 | +30:41 |
| 12th | 1829 | Chris Heaton | LOC |  | M40 | 118:15 | +40:09 |
| 13th | 2848 | Richard Thom | HOC |  | M45 | 127:50 | +49:44 |
| 14th | 1308 | Tsz Chung Chan | HKFOC |  | M40 | 146:18 | +68:12 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M45L - 9.3km 345m

| Pos | No. | Name | Club | | Age Class | Time Behind |
|------|------|----------------------|--------------|--|-----------|----------------------|
| 1st | 2492 | Andrew Preston | SYO | | M45 | 70:36 |
| 2nd | 1036 | Duncan Archer | LOC | | M45 | 71:01 +0:25 |
| 3rd | 2713 | Julian Simpson | CLOK | | M45 | 75:03 +4:27 |
| 4th | 3116 | Mark Ford | CHIG | | M45 | 75:26 +4:50 |
| 5th | 2719 | Stefan Sjölund | Skogslöparna | | M45 | 77:10 +6:34 |
| 6th | 1074 | Robert Baker | NN | | M45 | 79:40 +9:04 |
| 7th | 2462 | Martin Pigott | POTOC | | M45 | 83:04 +12:28 |
| 8th | 1652 | Matthew Fortes | ERYRI | | M45 | 83:43 +13:07 |
| 9th | 2463 | Richard Pigott | POTOC | | M45 | 83:55 +13:19 |
| 10th | 1019 | David Alcock | AIRE | | M45 | 85:02 +14:26 |
| 11th | 2561 | Glen Richardson | NOR | | M45 | 87:29 +16:53 |
| 12th | 1561 | Dominic Edward | FVO | | M45 | 87:50 +17:14 |
| 13th | 1593 | Anthony Emmet | LOC | | M45 | 88:13 +17:37 |
| 14th | 1765 | Paul Hammond | FVO | | M45 | 88:56 +18:20 |
| 15th | 1790 | Ian Hargreaves | SOS | | M45 | 89:05 +18:29 |
| 16th | 2167 | Ian Marsden | HH | | M45 | 90:49 +20:13 |
| 17th | 1449 | David Currie | SOC | | M45 | 91:11 +20:35 |
| 18th | 1174 | Steve Blackmore | HOC | | M45 | 91:19 +20:43 |
| 19th | 1544 | Stuart Duckworth | WCH | | M45 | 91:53 +21:17 |
| 20th | 2209 | Adam McCreadie | DEE | | M45 | 92:23 +21:47 |
| 21st | 1745 | Kristian Groom | SYO | | M45 | 92:42 +22:06 |
| 22nd | 2734 | Colin Smith | SYO | | M55 | 92:54 +22:18 |
| 23rd | 1843 | Chris Heppenstall | LOC | | M45 | 93:20 +22:44 |
| 24th | 1864 | Neal Hockley | ERYRI | | M45 | 93:21 +22:45 |
| 25th | 1325 | Ben Chesters | DEVON | | M45 | 93:44 +23:08 |
| 26th | 2498 | Philip Price | ECKO | | M45 | 94:42 +24:06 |
| 27th | 2885 | Paul Todd | LOK | | M45 | 95:21 +24:45 |
| 28th | 1137 | Ben Bethell | NOR | | M45 | 96:43 +26:07 |
| 29th | 2359 | Alan O'Donnell | Fingal | | M45 | 99:25 +28:49 |
| 30th | 1253 | Adrian Butter | SN | | M45 | 100:33 +29:57 |
| 31st | 1479 | Tim Darlow | | | M45 | 101:11 +30:35 |
| 32nd | 2380 | Michael Osborne | LOC | | M45 | 101:23 +30:47 |
| 33rd | 2644 | Andrew Rowe | POTOC | | M45 | 102:59 +32:23 |
| 34th | 3125 | David Newton | DVO | | M45 | 104:07 +33:31 |
| 35th | 1545 | Alistair Duguid | TAY | | M45 | 104:53 +34:17 |
| 36th | 2182 | David Masterson | CNOC | | M45 | 106:54 +36:18 |
| 37th | 2672 | Gian-Reto Schaad | OLV Zug | | M45 | 107:32 +36:56 |
| 38th | 3117 | David Dunn | POTOC | | M45 | 107:40 +37:04 |
| 39th | 1583 | Jonathan Ellis | ELO | | M45 | 108:15 +37:39 |
| 40th | 2759 | Philip Sorrell | QO | | M45 | 111:13 +40:37 |
| 41st | 2787 | Jacob Stevens | CHIG | | M45 | 114:53 +44:17 |
| 42nd | 3072 | Maxim Zorin | SLOW | | M45 | 115:02 +44:26 |
| 43rd | 1734 | Ben Green | TVOC | | M45 | 116:55 +46:19 |
| 44th | 2876 | Matthew Tinker | EPOC | | M45 | 119:43 +49:07 |
| 45th | 2541 | Simon Reeve | FERMO | | M45 | 122:33 +51:57 |
| 46th | 2208 | Tom McComiskie | SROC | | M45 | 122:46 +52:10 |
| 47th | 1952 | Maciej Jablonski | WAOC | | M45 | 126:28 +55:52 |
| 48th | 1408 | Brian Cowe | WAOC | | M45 | 128:31 +57:55 |
| 49th | 2325 | Andy Nicholls | LEI | | M45 | 128:38 +58:02 |
| 50th | 2995 | Steven White | PFO | | M45 | 130:28 +59:52 |
| 51st | 2487 | Richard Powell | WAOC | | M45 | 134:31 +63:55 |
| 52nd | 1641 | Simon Finch | FVO | | M45 | 134:38 +64:02 |
| 53rd | 2814 | Dickson Chungyin Tam | HH | | M45 | 146:13 +75:37 |
| 54th | 1741 | Paul Gregson | OD | | M45 | 156:18 +85:42 |
| | 1492 | Nick De Jesus | LOC | | M45 | m10-18 |
| | 1839 | Will Hensman | FVO | | M45 | m1-16 |
| | 2772 | Anthony Squire | NOC | | M45 | m2-8 m11-16 |
| | 1732 | David Gray | MDOC | | M45 | w15 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M45S - 6.3km 185m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|------------------|---|-----------|---------------|--------|
| 1st | 2583 | Ali Robertson | MAROC  | M45 | 56:17 | |
| 2nd | 2889 | James Todhunter | SROC  | M45 | 60:49 | +4:32 |
| 3rd | 1111 | Lee Beavers | AIRE  | M45 | 64:59 | +8:42 |
| 4th | 1329 | Jack Cheyne | FVO  | M45 | 72:03 | +15:46 |
| 5th | 1338 | Mykyta Chubynsky | OD  | M45 | 73:29 | +17:12 |
| 6th | 1458 | Tim Dafforn | DEVON  | M45 | 73:39 | +17:22 |
| 7th | 2751 | Tim Smith | SLOW  | M45 | 76:11 | +19:54 |
| 8th | 1907 | David Howsam | SYO  | M45 | 77:27 | +21:10 |
| 9th | 1735 | Julian Green | EPOC  | M45 | 78:38 | +22:21 |
| 10th | 2929 | Jon Vaughan | BKO  | M45 | 78:39 | +22:22 |
| 11th | 1920 | Owen Hughes | BOF  | M45 | 80:44 | +24:27 |
| 12th | 1882 | Tim Holt | SYO  | M45 | 81:40 | +25:23 |
| 13th | 1050 | Chris Atkins | BOK  | M45 | 81:52 | +25:35 |
| 14th | 2637 | Hanno Rostron | MDOC  | M45 | 84:26 | +28:09 |
| 15th | 1065 | Scott Baikie | FVO  | M45 | 89:39 | +33:22 |
| 16th | 1015 | Thomas Agombar | NGOC  | M45 | 89:43 | +33:26 |
| 17th | 2568 | Leon Ricketts | AIRE  | M45 | 92:21 | +36:04 |
| 18th | 3096 | Allan McGee | WEGO  | M45 | 101:40 | +45:23 |
| 19th | 2295 | Rob Mullens | BKO  | M45 | 120:27 | +64:10 |
| 20th | 2620 | Peter Rose | HOC  | M45 | 151:43 | +95:26 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M50L - 9.3km 345m




















| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-----------------------|---------------------|--|-----------|---------------|---------|
| 1st | 1708 | David Godfree | FVO | | M50 | 65:22 | |
| 2nd | 1086 | Nick Barrable | SYO | | M50 | 68:11 | +2:49 |
| 3rd | 1707 | Roger Goddard | FVO | | M50 | 68:18 | +2:56 |
| 4th | 1712 | Daniel Gooch | MAROC | | M50 | 73:58 | +8:36 |
| 5th | 1945 | Jason Inman | FVO | | M50 | 75:01 | +9:39 |
| 6th | 2545 | Jamie Rennie | WCOC | | M50 | 80:39 | +15:17 |
| 7th | 1648 | Jo Inge Fjellstad | Ås-NMBU Orientering | | M50 | 81:46 | +16:24 |
| 8th | 1373 | Richard Collyer | GO | | M50 | 82:37 | +17:15 |
| 9th | 1088 | Richard Barrett | BAOC | | M50 | 84:23 | +19:01 |
| 10th | 1827 | Will Heap | SO | | M50 | 86:44 | +21:22 |
| 11th | 2755 | Andrew Snell | SOC | | M50 | 91:49 | +26:27 |
| 12th | 1930 | Richard Hunt | SYO | | M50 | 91:59 | +26:37 |
| 13th | 2243 | Jolyon Medlock | WSX | | M50 | 92:38 | +27:16 |
| 14th | 2676 | Steven Scott | INVOC | | M50 | 94:12 | +28:50 |
| 15th | 1698 | Chris Gibbins | AIRE | | M50 | 94:33 | +29:11 |
| 16th | 2037 | Will Kromhout | QO | | M50 | 96:28 | +31:06 |
| 17th | 1897 | Andrew Howard | BOF | | M50 | 96:57 | +31:35 |
| 18th | 2695 | Francis Shillitoe | NATO | | M50 | 97:56 | +32:34 |
| 19th | 2186 | Tom Matthew | SROC | | M50 | 98:45 | +33:23 |
| 20th | 1868 | Simon Hodgson | SYO | | M50 | 99:02 | +33:40 |
| 21st | 1979 | Philip Johnston-Davis | RAFO | | M50 | 99:04 | +33:42 |
| 22nd | 3131 | David Bowman | AIRE | | M50 | 101:25 | +36:03 |
| 23rd | 1183 | Stephen Borrill | WAOB | | M50 | 103:06 | +37:44 |
| 24th | 1392 | Liam Corner | MDOC | | M50 | 103:37 | +38:15 |
| 25th | 1859 | Alistair Hindle | ESOC | | M50 | 103:42 | +38:20 |
| 26th | 1081 | Marc Balston | SARUM | | M50 | 103:44 | +38:22 |
| 27th | 2251 | John Methven | BKO | | M50 | 104:23 | +39:01 |
| 28th | 1567 | Jim Edwards | MDOC | | M50 | 105:02 | +39:40 |
| 29th | 2894 | Jeremy Tonge | BOK | | M50 | 105:29 | +40:07 |
| 30th | 2026 | Simon Kippin | TVOC | | M50 | 105:33 | +40:11 |
| 31st | 2235 | Peter McLuckie | MOR | | M50 | 108:13 | +42:51 |
| 32nd | 2074 | Rob Leathley | SO | | M50 | 109:31 | +44:09 |
| 33rd | 1682 | Richard Gamble | LVO | | M50 | 110:35 | +45:13 |
| 34th | 1512 | David Dixon | HH | | M50 | 112:16 | +46:54 |
| 35th | 2397 | Jeff Pakes | QO | | M50 | 112:35 | +47:13 |
| 36th | 1556 | Stuart Ebbrell | BAOC | | M50 | 114:27 | +49:05 |
| 37th | 2703 | Iain Sime | INVOC | | M50 | 115:45 | +50:23 |
| 38th | 2003 | Chris Kelly | FVO | | M50 | 116:36 | +51:14 |
| 39th | 3084 | David Jolly | RAFO | | M50 | 116:39 | +51:17 |
| 40th | 2314 | Douglas Nesbit | HH | | M50 | 119:58 | +54:36 |
| 41st | 1032 | Iain Ambler | CHIG | | M50 | 125:06 | +59:44 |
| 42nd | 1754 | Bernhard Hagen | BOK | | M50 | 133:47 | +68:25 |
| 43rd | 3054 | Todd Woods | SYO | | M50 | 135:10 | +69:48 |
| 44th | 2376 | Bo Oqvist | BKO | | M50 | 136:23 | +71:01 |
| 45th | 1092 | Philip Bartram | NOR | | M50 | 136:54 | +71:32 |
| 46th | 2534 | Anthony Raven | SWOC | | M50 | 137:18 | +71:56 |
| 47th | 1229 | Eoin Browne | GEN | | M50 | 138:32 | +73:10 |
| 48th | 2145 | Ross Maclagan | SN | | M50 | 142:50 | +77:28 |
| 49th | 2911 | David Turner | DVO | | M50 | 145:42 | +80:20 |
| 50th | 3049 | Tom Woodham | AIRE | | M50 | 151:56 | +86:34 |
| 51st | 1320 | Ping Kuen Cheng | | | M50 | 171:47 | +106:25 |
| | 3059 | Nigel Wright | NN | | M50 | w12 | |
| | 3157 | Simon Webb | WCH | | M50 | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M50S - 6.3km 185m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|--------------------|---------------|---|-----------|---------------|--------|
| 1st | 1022 | Niklas Aldin | Stora Tuna OK |  | M50 | 57:03 | |
| 2nd | 1851 | Stefan Hess | OLV Zug |  | M50 | 60:56 | +3:53 |
| 3rd | 2807 | Kevin Swinbourne | LOG |  | M50 | 63:12 | +6:09 |
| 4th | 1436 | Rolf Crook | AIRE |  | M50 | 64:17 | +7:14 |
| 5th | 1399 | Finlo Cottier | ECKO |  | M50 | 65:09 | +8:06 |
| 6th | 2388 | Marc Owen | BOF |  | M50 | 70:10 | +13:07 |
| 7th | 2183 | John Mather | LOG |  | M50 | 71:05 | +14:02 |
| 8th | 1374 | Brad Connor | FVO |  | M50 | 71:16 | +14:13 |
| 9th | 1075 | Adrian Balcombe | CLARO |  | M50 | 74:37 | +17:34 |
| 10th | 1412 | Brett Craddock | |  | M50 | 75:18 | +18:15 |
| 11th | 2097 | Roger Lewis | SYO |  | M50 | 78:59 | +21:56 |
| 12th | 1068 | Scott Bailey | BOK |  | M50 | 80:34 | +23:31 |
| 13th | 1692 | Mike Garvin | SLOW |  | M50 | 81:00 | +23:57 |
| 14th | 1798 | David Harrison | EPOC |  | M50 | 84:13 | +27:10 |
| 15th | 2124 | Alistair Lovegrove | SN |  | M50 | 85:40 | +28:37 |
| 16th | 2238 | Andy McNamara | AYROC |  | M50 | 90:21 | +33:18 |
| 17th | 2216 | Kenneth McDonald | INVOC |  | M50 | 94:08 | +37:05 |
| 18th | 1677 | Simon Gale | DVO |  | M50 | 96:44 | +39:41 |
| 19th | 3062 | Nikolay Yanev | SLOW |  | M50 | 110:44 | +53:41 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M55L - 8.6km 315m
















| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|----------------------|--------------|---|--------|--------|
| 1st | 2050 | Alistair Landels | OD |  M55 | 61:46 | |
| 2nd | 1855 | Darrell High | SO |  M55 | 65:01 | +3:15 |
| 3rd | 1542 | John Duckworth | DVO |  M55 | 66:17 | +4:31 |
| 4th | 2782 | Ben Stansfield | FVO |  M55 | 67:50 | +6:04 |
| 5th | 2416 | Richard Parkin | DVO |  M55 | 69:06 | +7:20 |
| 6th | 2931 | Alan Velecky | SO |  M55 | 70:03 | +8:17 |
| 7th | 2952 | Martin Ward | SYO |  M55 | 71:06 | +9:20 |
| 8th | 1794 | Duncan Harris | DEE |  M55 | 71:57 | +10:11 |
| 9th | 1935 | Simon Hunter | WCOC |  M55 | 72:11 | +10:25 |
| 10th | 1984 | Ian Jones | ERYRI |  M55 | 73:08 | +11:22 |
| 11th | 2203 | Chris McCartney | HOC |  M55 | 75:01 | +13:15 |
| 12th | 2118 | Richard Lloyd | LOK |  M55 | 77:27 | +15:41 |
| 13th | 1317 | Mark Chapman | SYO |  M55 | 81:11 | +19:25 |
| 14th | 2101 | Guy Lidbury | HAVOC |  M55 | 82:01 | +20:15 |
| 15th | 1551 | David Eades | INT |  M55 | 82:33 | +20:47 |
| 16th | 1378 | Neil Conway | FVO |  M55 | 83:38 | +21:52 |
| 17th | 3044 | Mark Wood | FVO |  M55 | 83:40 | +21:54 |
| 18th | 1878 | Steve Holmes | WCOC |  M55 | 83:52 | +22:06 |
| 19th | 2758 | Bo Söderqvist | SOK Viljan |  M55 | 84:11 | +22:25 |
| 20th | 2311 | Torgny Näslund | Skogslöparna |  M55 | 84:48 | +23:02 |
| 21st | 3014 | Justin Williams | LOG |  M55 | 85:08 | +23:22 |
| 22nd | 2196 | Charles Mayes | CLOK |  M55 | 86:02 | +24:16 |
| 23rd | 2990 | Jonathan Whilock | POTOC |  M55 | 86:07 | +24:21 |
| 24th | 2542 | Ian Renfrew | NOR |  M55 | 86:31 | +24:45 |
| 25th | 1517 | Aleksei Dnestrovskii | TVOC |  M55 | 86:40 | +24:54 |
| 26th | 1101 | Richard Baxter | SYO |  M55 | 86:44 | +24:58 |
| 27th | 2645 | Brian Rowe | GEN |  M55 | 87:04 | +25:18 |
| 28th | 2483 | Ifor Powell | BOK |  M55 | 87:40 | +25:54 |
| 29th | 1905 | Nick Howlett | LOC |  M55 | 88:53 | +27:07 |
| 30th | 2528 | Chris Rampton | WAOC |  M55 | 88:56 | +27:10 |
| 31st | 1640 | Russell Finch | OD |  M55 | 90:11 | +28:25 |
| 32nd | 1114 | Dai Bedwell | DVO |  M55 | 90:36 | +28:50 |
| 33rd | 1983 | Ian Jones | NGOC |  M55 | 91:00 | +29:14 |
| 34th | 2923 | Angus Tyner | Setanta |  M55 | 92:32 | +30:46 |
| 35th | 1631 | Kevin Fielding | HH |  M55 | 92:45 | +30:59 |
| 36th | 1747 | Tony Grover | HH |  M55 | 93:19 | +31:33 |
| 37th | 2866 | Simon Thompson | HOC |  M55 | 94:22 | +32:36 |
| 38th | 2577 | Ian Roberts | MV |  M55 | 95:42 | +33:56 |
| 39th | 2111 | Robert Lines | SO |  M55 | 96:38 | +34:52 |
| 40th | 2968 | David Wathey | MDOC |  M55 | 96:49 | +35:03 |
| 41st | 1420 | Stuart Crawford | WCOC |  M55 | 98:09 | +36:23 |
| 42nd | 1889 | Ian Hopkins | WRE |  M55 | 98:16 | +36:30 |
| 43rd | 1277 | Max Carcas | INT |  M55 | 99:11 | +37:25 |
| 44th | 1164 | Robin Bishop | TVOC |  M55 | 100:37 | +38:51 |
| 45th | 1501 | Simon Deeks | SAX |  M55 | 100:55 | +39:09 |
| 46th | 2735 | Craig Smith | BOK |  M55 | 101:19 | +39:33 |
| 47th | 2992 | Matt White | LEI |  M55 | 102:48 | +41:02 |
| 48th | 1301 | Stephen Chafer | LEI |  M55 | 106:24 | +44:38 |
| 49th | 1119 | Iain Bell | SN |  M55 | 106:34 | +44:48 |
| 50th | 1627 | John Ferris-Worth | BL |  M55 | 107:16 | +45:30 |
| 51st | 1991 | Pauly Jones | DEE |  M55 | 109:09 | +47:23 |
| 52nd | 1687 | James Garnett | SYO |  M55 | 109:47 | +48:01 |
| 53rd | 2925 | John Tzanetis | DFOK |  M55 | 110:06 | +48:20 |
| 54th | 2549 | Andrew Reynolds | DEVON |  M55 | 110:18 | +48:32 |
| 55th | 2266 | Jonathan Molloy | FVO |  M55 | 110:52 | +49:06 |
| 56th | 1125 | Alan Bennett | MAROC |  M55 | 112:46 | +51:00 |
| 57th | 2967 | Steve Waters | SYO | M55 | 112:50 | +51:04 |
| 58th | 1258 | Ian Buxton | TVOC | M55 | 114:37 | +52:51 |
| 59th | 2402 | Bert Park | SUFFOC | M55 | 116:04 | +54:18 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M55L - 8.6km 315m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-------------------|------|---|-----------|------------|---------|
| 60th | 2904 | Mike Trotman | HH |  | M55 | 118:43 | +56:57 |
| 61st | 2746 | Peter Smith | SOC |  | M55 | 125:47 | +64:01 |
| 62nd | 1439 | John Cross | SAX |  | M55 | 126:18 | +64:32 |
| 63rd | 1309 | Jon Chandler | LOK |  | M55 | 126:45 | +64:59 |
| 64th | 2445 | Duncan Perry | BOK |  | M55 | 131:36 | +69:50 |
| 65th | 2088 | Lap On Leung | HOC |  | M55 | 134:50 | +73:04 |
| 66th | 2289 | Simon Moss | SLOW |  | M55 | 136:09 | +74:23 |
| 67th | 1826 | David Heale | HH |  | M55 | 137:35 | +75:49 |
| 68th | 2085 | Stephen Lee-Jones | BOK |  | M55 | 167:09 | +105:23 |
| | 1440 | Jon Cross | FVO |  | M55 | m1-10 | |
| | 3002 | Tim Wiegand | SYO |  | M55 | m8-10 | |
| | 1293 | John Casey | SEVO |  | M55 | m2-11 m15 | |
| | 2417 | Alastair Paterson | LEI |  | M55 | m8-11 | |
| | 2348 | Martin O Donnell | GEN |  | M55 | m14 | |
| | 1549 | Simon Dunkley | SN |  | M55 | m1-4 m6-14 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M55S - 6km 180m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|------------------|--|-----------|---------------|--------|
| 1st | 2044 | James Laird | INVOC  | M55 | 55:42 | |
| 2nd | 2808 | Andy Sykes | DVO  | M55 | 59:52 | +4:10 |
| 3rd | 2559 | Clive Richardson | WRE  | M55 | 62:48 | +7:06 |
| 4th | 3030 | Stephen Wilson | CLYDE  | M55 | 63:29 | +7:47 |
| 5th | 2617 | Vince Roper | SLOW  | M55 | 66:50 | +11:08 |
| 6th | 1931 | Simon Hunt | FVO  | M55 | 67:32 | +11:50 |
| 7th | 2547 | Markus Reuber | SYO  | M55 | 71:25 | +15:43 |
| 8th | 2954 | Mark Wardle | STAG  | M55 | 71:57 | +16:15 |
| 9th | 1453 | Ian Curtis | SO  | M55 | 75:13 | +19:31 |
| 10th | 2248 | Edward Mellor | SELOC  | M55 | 75:58 | +20:16 |
| 11th | 1189 | Andy Bowes | CLARO  | M55 | 76:42 | +21:00 |
| 12th | 1266 | Thomas Callery | SEVO  | M55 | 77:11 | +21:29 |
| 13th | 2571 | Richard Rigby | CLOK  | M55 | 79:16 | +23:34 |
| 14th | 1663 | Andrew French | WIM  | M55 | 80:06 | +24:24 |
| 15th | 1998 | Tony Joyce | CNOC  | M55 | 81:44 | +26:02 |
| 16th | 2011 | Adam Kent | SYO  | M55 | 82:44 | +27:02 |
| 17th | 3007 | Jeremy Wilkinson | AIRE  | M55 | 83:33 | +27:51 |
| 18th | 1299 | Ian Chafer | HOC  | M55 | 85:04 | +29:22 |
| 19th | 1478 | Jon Darley | GO  | M55 | 97:22 | +41:40 |
| 20th | 2854 | Ian Thomas | SROC  | M55 | 97:23 | +41:41 |
| 21st | 2224 | Roy McGregor | SROC  | M55 | 104:20 | +48:38 |
| 22nd | 1902 | Kevin Howe | BOK  | M55 | 104:43 | +49:01 |
| 23rd | 2985 | James Wetherill | EPOC  | M55 | 128:58 | +73:16 |
| | 2172 | Phil Marsland | SLOW  | M55 | m11 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M60L - 8km 275m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|-------|------|--------------------|--------|--|-----------|--------|--------|
| 1st | 1780 | Quentin Harding | CLARO | | M60 | 60:01 | |
| 2nd | 1761 | Clive Hallett | BOK | | M60 | 61:57 | +1:56 |
| 3rd | 1240 | Nigel Bunn | TVOC | | M60 | 62:13 | +2:12 |
| 4th | 2226 | Colin McIntyre | OK Tyr | | M60 | 65:21 | +5:20 |
| 5th | 2978 | Steve Webb | AIRE | | M60 | 66:04 | +6:03 |
| 6th | 1148 | Michael Billingham | WCOC | | M60 | 70:31 | +10:30 |
| 7th | 2190 | Ian Maxwell | RR | | M60 | 71:16 | +11:15 |
| 8th | 2306 | Jon Musgrave | MAROC | | M60 | 72:26 | +12:25 |
| 9th | 1595 | Simon Errington | HH | | M60 | 72:32 | +12:31 |
| 10th | 1588 | Jonathan Emberton | EPOC | | M60 | 73:16 | +13:15 |
| 11th | 2671 | Phil Scarf | EPOC | | M60 | 74:01 | +14:00 |
| 12th | 1974 | Mike Johnson | SROC | | M60 | 74:28 | +14:27 |
| 13th | 1391 | Brian Corbett | CorkO | | M60 | 75:33 | +15:32 |
| 14th | 1427 | Neil Crickmore | SO | | M60 | 75:48 | +15:47 |
| 15th | 1194 | Andrew Bradley | WCOC | | M60 | 75:53 | +15:52 |
| 16th | 2404 | Dan Parker | BL | | M60 | 76:30 | +16:29 |
| 17th | 2068 | David Leadley | OD | | M60 | 77:21 | +17:20 |
| 18th | 2429 | Mike Pedley | EPOC | | M60 | 77:42 | +17:41 |
| 19th | 1247 | Tony Burton | MV | | M60 | 78:19 | +18:18 |
| 20th | 1799 | David Harrison | SYO | | M60 | 79:26 | +19:25 |
| 21st | 2063 | David Lawson | OD | | M60 | 79:34 | +19:33 |
| 22nd | 2845 | Roger Thetford | TVOC | | M60 | 79:36 | +19:35 |
| 23rd | 1318 | Peter Chapman | SO | | M60 | 81:00 | +20:59 |
| 24th | 1120 | Iain Bell | DEE | | M60 | 81:37 | +21:36 |
| 25th | 1885 | Chris Hooker | SO | | M60 | 82:55 | +22:54 |
| 26th | 2872 | Paul Thwaites | SOC | | M60 | 83:02 | +23:01 |
| 27th | 1918 | Ian Hughes | WCH | | M60 | 84:30 | +24:29 |
| 28th | 1224 | Keith Brown | ESOC | | M60 | 85:14 | +25:13 |
| 29th | 2179 | Keith Masson | MV | | M60 | 85:54 | +25:53 |
| 30th | 2423 | Richard Pay | WRE | | M60 | 85:56 | +25:55 |
| 31st | 2104 | Nicholas Lightfoot | SYO | | M60 | 86:44 | +26:43 |
| 32nd | 2689 | Richard Sharp | TVOC | | M60 | 87:43 | +27:42 |
| 33rd | 1786 | George Hare | NATO | | M60 | 88:36 | +28:35 |
| 34th | 1883 | Alan Honey | BOK | | M60 | 89:36 | +29:35 |
| 35th | 1007 | Mark Adams | HH | | M60 | 90:28 | +30:27 |
| 36th | 1657 | Paul Fox | SN | | M60 | 90:45 | +30:44 |
| 37th | 2427 | Brian Pearson | QO | | M60 | 90:47 | +30:46 |
| 38th | 1649 | Lyle Fleming | LVO | | M60 | 90:48 | +30:47 |
| 39th | 1310 | Adrian Chapman | LOG | | M60 | 91:15 | +31:14 |
| 40th= | 1947 | Duncan Innes | SWOC | | M60 | 91:19 | +31:18 |
| 40th= | 1604 | Nicholas Evans | WCOC | | M60 | 91:19 | +31:18 |
| 42nd | 2319 | Phil Newall | WCOC | | M60 | 92:19 | +32:18 |
| 43rd | 1737 | Nick Green | GO | | M60 | 92:52 | +32:51 |
| 44th | 2673 | Steve Schofield | NOC | | M60 | 93:36 | +33:35 |
| 45th | 1059 | David Averill | SMOC | | M60 | 94:24 | +34:23 |
| 46th | 1002 | Graeme Ackland | INT | | M60 | 96:27 | +36:26 |
| 47th | 2933 | David Vincent | DVO | | M60 | 97:01 | +37:00 |
| 48th | 2572 | Andy Rimes | QO | | M60 | 98:53 | +38:52 |
| 49th | 2275 | Simon Moore | BKO | | M60 | 100:57 | +40:56 |
| 50th | 2199 | David McCann | MDOC | | M60 | 101:13 | +41:12 |
| 51st | 2747 | Phil Smith | AYROC | | M60 | 101:16 | +41:15 |
| 52nd | 2382 | Dermot O'Sullivan | CorkO | | M60 | 101:17 | +41:16 |
| 53rd | 2467 | Andrew Pitcher | DFOK | | M60 | 102:17 | +42:16 |
| 54th | 2232 | Stephen McKinley | SN | | M60 | 102:59 | +42:58 |
| 55th | 3109 | Trevor Hoey | FVO | | M60 | 103:23 | +43:22 |
| 56th | 2996 | Roger Whitehead | MDOC | | M60 | 103:59 | +43:58 |
| 57th | 2560 | Dave Richardson | Fingal | | M60 | 104:40 | +44:39 |
| 58th | 1833 | Andrew Henderson | WAOC | | M60 | 104:43 | +44:42 |
| 59th | 1925 | Tim Hulley | SO | | M60 | 105:50 | +45:49 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M60L - 8km 275m

| Pos | No. | Name | Club | Age Class | Time Behind |
|------|------|----------------------|---------------|-----------|----------------------|
| 60th | 3085 | Alan Hickling | SAX | M60 | 106:36 +46:35 |
| 61st | 1958 | Dorien James | SMOC | M60 | 106:43 +46:42 |
| 62nd | 3039 | Adrian Wise | SN | M60 | 107:16 +47:15 |
| 63rd | 1852 | Robert Hick | WSX | M60 | 107:27 +47:26 |
| 64th | 2174 | Peter Martin | MV | M60 | 108:58 +48:57 |
| 65th | 2249 | Derick Mercer | BKO | M60 | 109:07 +49:06 |
| 66th | 2060 | Per Larsson | OK Klemmingen | M60 | 109:09 +49:08 |
| 67th | 1872 | David Hodson | HH | M60 | 109:55 +49:54 |
| 68th | 2024 | Karl Kingsman | HOC | M60 | 110:35 +50:34 |
| 69th | 3005 | Clive Wilkinson | SUFFOC | M60 | 111:09 +51:08 |
| 70th | 1579 | Andy Ellis | PFO | M60 | 111:27 +51:26 |
| 71st | 2569 | Andrew Ridgway | NOC | M60 | 113:49 +53:48 |
| 72nd | 1468 | John Dalton | TVOC | M60 | 116:30 +56:29 |
| 73rd | 1252 | Jeff Butt | SARUM | M60 | 117:40 +57:39 |
| 74th | 2471 | Christopher Poole | TVOC | M60 | 117:53 +57:52 |
| 75th | 1695 | Zbigniew Gebka | HAVOC | M60 | 118:37 +58:36 |
| 76th | 1568 | Richard Edwards | PFO | M60 | 118:58 +58:57 |
| 77th | 2228 | Ian McIntyre | INT | M60 | 119:26 +59:25 |
| 78th | 2665 | Christian Saxtoft | BOK | M60 | 120:25 +60:24 |
| 79th | 2529 | Graham Ramsden | CLARO | M60 | 120:43 +60:42 |
| 80th | 2303 | Christopher Murray | CNOC | M60 | 122:59 +62:58 |
| 81st | 1740 | Michael Greenwood | GRAMP | M60 | 124:45 +64:44 |
| 82nd | 2987 | Rolf Wettstein | OL Zimmerberg | M60 | 124:57 +64:56 |
| 83rd | 1371 | Geoffrey Collins | LVO | M60 | 126:58 +66:57 |
| 84th | 2937 | David Vinsen | NOR | M60 | 131:37 +71:36 |
| 85th | 3027 | Paul Wilson | SO | M60 | 136:51 +76:50 |
| 86th | 2506 | Mark Pruzina | LVO | M60 | 139:05 +79:04 |
| 87th | 1717 | Paul Goodhead | DVO | M60 | 143:45 +83:44 |
| 88th | 2754 | Paul Smyth | Ajax | M60 | 153:12 +93:11 |
| 89th | 1255 | Andrew Butterfield | GEN | M60 | 156:09 +96:08 |
| | 2293 | Michael Muggeridge | HAVOC | M60 | w10 |
| | 1504 | Steve Dempsey | SYO | M60 | m2-8 m12 |
| | 2984 | Dil Wetherill | WAOC | M60 | w10 |
| | 1187 | Richard Bostock | DFOK | M60 | w10 |
| | 1039 | Christopher Ashenden | SN | M60 | m8-11 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M60S - 6km 180m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-----------------|---------|---|-----------|---------------|---------|
| 1st | 2842 | Marcus Tett | WRE |  | M60 | 62:23 | |
| 2nd | 3150 | Graham Lloyd | EPOC |  | M60 | 64:31 | +2:08 |
| 3rd | 1967 | Steve Jarvis | SO |  | M60 | 65:23 | +3:00 |
| 4th | 1356 | Peter Clerici | OLV Zug |  | M60 | 71:12 | +8:49 |
| 5th | 2958 | Julian Warren | NN |  | M60 | 72:11 | +9:48 |
| 6th | 3068 | Andrew Yeates | WCH |  | M60 | 74:58 | +12:35 |
| 7th | 1887 | Dennis Hooton | EBOR |  | M60 | 75:42 | +13:19 |
| 8th | 2418 | Jon Paton | SN |  | M60 | 76:04 | +13:41 |
| 9th | 2474 | David Potter | BOK |  | M60 | 76:34 | +14:11 |
| 10th | 2123 | Graham Louth | WAO |  | M60 | 78:20 | +15:57 |
| 11th | 2580 | Paul Roberts | QO |  | M60 | 84:11 | +21:48 |
| 12th | 1728 | Neil Gostick | HH |  | M60 | 84:26 | +22:03 |
| 13th | 2999 | Donal Wickham | Ajax |  | M60 | 88:05 | +25:42 |
| 14th | 1062 | Peter Avis | AIRE |  | M60 | 88:47 | +26:24 |
| 15th | 2128 | Harry Lowe | WCH |  | M60 | 90:11 | +27:48 |
| 16th | 1520 | Ciaran Donaghy | GEN |  | M60 | 95:23 | +33:00 |
| 17th | 1553 | Mark Earnshaw | LVO |  | M60 | 100:16 | +37:53 |
| 18th | 2069 | Adam Leaf | HH |  | M60 | 101:26 | +39:03 |
| 19th | 1464 | Mike Dallaway | LEI |  | M60 | 122:07 | +59:44 |
| 20th | 1739 | Tony Greenhalgh | DEE |  | M60 | 126:13 | +63:50 |
| 21st | 2089 | Sai Fong Leung | |  | M60 | 157:48 | +95:25 |
| 22nd | 1658 | Rew Francis | HOC |  | M60 | 163:20 | +100:57 |
| | 3110 | Hugo Barker | FVO |  | M60 | w5 | |
| | 1766 | Paul Hammond | HOC |  | M60 | m1-7 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M65L - 6.9km 225m

| Pos | No. | Name | Club | | Age Class | Time Behind |
|-------|------|--------------------|---------------|--|-----------|----------------------|
| 1st | 1590 | John Embrey | SROC | | M65 | 57:38 |
| 2nd | 1383 | Roger Coombs | MAROC | | M65 | 61:38 +4:00 |
| 3rd | 2896 | Keith Tonkin | BL | | M65 | 64:28 +6:50 |
| 4th | 3100 | Andy Creber | NGOC | | M65 | 64:58 +7:20 |
| 5th | 2661 | Mark Saunders | BOK | | M65 | 66:45 +9:07 |
| 6th | 1394 | Steve Corrigan | EBOR | | M65 | 71:29 +13:51 |
| 7th | 1779 | Kevin Harding | ESOC | | M65 | 72:34 +14:56 |
| 8th | 2625 | Alan Rosen | HH | | M65 | 72:57 +15:19 |
| 9th | 1992 | Peter Jones | SN | | M65 | 73:31 +15:53 |
| 10th | 2038 | Vladimir Kuznetsov | TVOC | | M65 | 74:05 +16:27 |
| 11th | 2023 | David Kingham | TVOC | | M65 | 74:10 +16:32 |
| 12th | 1010 | Paul Addison | LOC | | M65 | 75:08 +17:30 |
| 13th | 1821 | Peter Haynes | WAOC | | M65 | 75:11 +17:33 |
| 14th | 1559 | Frank Edge | SN | | M65 | 78:39 +21:01 |
| 15th | 1591 | Andy Emmerson | OD | | M65 | 79:07 +21:29 |
| 16th | 2007 | Christopher Kelsey | BOK | | M65 | 79:47 +22:09 |
| 17th | 1573 | Barry Elkington | OD | | M65 | 81:00 +23:22 |
| 18th | 1193 | Paul Bradbury | SYO | | M65 | 81:03 +23:25 |
| 19th | 1221 | Dave Brown | HALO | | M65 | 81:39 +24:01 |
| 20th | 2918 | Michael Turner | BOK | | M65 | 82:14 +24:36 |
| 21st | 1417 | James Crawford | GO | | M65 | 82:35 +24:57 |
| 22nd | 2227 | Graham McIntyre | INT | | M65 | 83:12 +25:34 |
| 23rd | 2140 | Alastair Mackenzie | CLOK | | M65 | 84:22 +26:44 |
| 24th | 2150 | Peter Maliphant | BOK | | M65 | 84:41 +27:03 |
| 25th | 3095 | John Leeson | HOC | | M65 | 85:26 +27:48 |
| 26th | 1884 | Rini Hoogkamer | NOR | | M65 | 85:32 +27:54 |
| 27th | 1078 | Dave Bales | BOF | | M65 | 86:46 +29:08 |
| 28th | 1510 | Ian Ditchfield | MV | | M65 | 88:06 +30:28 |
| 29th | 2825 | Adrian Taylor | DEVON | | M65 | 88:32 +30:54 |
| 30th | 1560 | Steve Edmonds | DEVON | | M65 | 88:53 +31:15 |
| 31st= | 2130 | Mick Lucking | NOC | | M65 | 90:18 +32:40 |
| 31st= | 2874 | Richard Tiley | LOC | | M65 | 90:18 +32:40 |
| 33rd | 1272 | Nick Campbell | DEE | | M65 | 90:33 +32:55 |
| 34th | 2135 | Malcolm Lyon | TVOC | | M65 | 90:45 +33:07 |
| 35th | 2021 | Robert King | AIRE | | M65 | 91:40 +34:02 |
| 36th | 1149 | Stephen Bingham | BASOC | | M65 | 91:52 +34:14 |
| 37th | 1971 | Graham Johnson | DVO | | M65 | 92:37 +34:59 |
| 38th | 1470 | Charles Daniel | BOK | | M65 | 92:58 +35:20 |
| 39th | 2276 | Ian Moran | SOC | | M65 | 93:21 +35:43 |
| 40th | 1598 | Andrew Evans | DFOK | | M65 | 95:36 +37:58 |
| 41st | 2739 | Gavin Smith | SROC | | M65 | 97:16 +39:38 |
| 42nd | 1654 | Peter Foster | BOK | | M65 | 98:10 +40:32 |
| 43rd | 1275 | Mike Capper | WAOC | | M65 | 100:40 +43:02 |
| 44th | 2213 | Angus Mccubbine | KERNO | | M65 | 101:41 +44:03 |
| 45th | 2205 | Pat McCavana | GEN | | M65 | 102:06 +44:28 |
| 46th | 2507 | Alan Pucill | NGOC | | M65 | 102:36 +44:58 |
| 47th | 2375 | Mike O'Neil | NOC | | M65 | 103:35 +45:57 |
| 48th | 2578 | Keith Roberts | MAROC | | M65 | 104:04 +46:26 |
| 49th | 2443 | Steve Perkins | BOC | | M65 | 104:39 +47:01 |
| 50th | 1445 | Richard Cummings | WCOC | | M65 | 104:59 +47:21 |
| 51st | 2756 | Mike Snell | ERYRI | | M65 | 105:54 +48:16 |
| 52nd | 1993 | Peter Jones | AIRE | | M65 | 106:28 +48:50 |
| 53rd | 2573 | David Roach | Luxembourg OC | | M65 | 106:31 +48:53 |
| 54th | 2079 | John Lebeter | CLARO | | M65 | 108:09 +50:31 |
| 55th | 1260 | Ian Byford | HH | | M65 | 108:36 +50:58 |
| 56th | 1290 | Peter Carter | AIRE | | M65 | 109:39 +52:01 |
| 57th | 3055 | Christopher Wright | CLOK | | M65 | 109:45 +52:07 |
| 58th | 1730 | Andrew Graham | SARUM | | M65 | 110:16 +52:38 |
| 59th | 1248 | Nigel Bush | MV | | M65 | 110:49 +53:11 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M65L - 6.9km 225m
























| Pos | No. | Name | Club | | Age Class | Time Behind |
|------|------|--------------------|-------|---|-----------|--------------------|
| 60th | 1955 | Colin Jackson | HAVOC |  | M65 | 111:18 +53:40 |
| 61st | 1262 | Ian Byrne | SMOC |  | M65 | 112:25 +54:47 |
| 62nd | 1690 | Mark Garside | WCH |  | M65 | 114:10 +56:32 |
| 63rd | 2981 | Colin West | SOS |  | M65 | 116:05 +58:27 |
| 64th | 3052 | Peter Woods | WAO |  | M65 | 118:56 +61:18 |
| 65th | 1432 | Simon Crocker | DEE |  | M65 | 120:15 +62:37 |
| 66th | 1094 | Graham Batty | HAVOC |  | M65 | 123:04 +65:26 |
| 67th | 3094 | John Hurley | DVO |  | M65 | 124:46 +67:08 |
| 68th | 1199 | John Brammer | DEE |  | M65 | 125:43 +68:05 |
| 69th | 2412 | Kevin Parkes | HH |  | M65 | 127:14 +69:36 |
| 70th | 2301 | Patrick Murphy | BOC |  | M65 | 139:07 +81:29 |
| | 1711 | Michael Goldthorpe | WRE |  | M65 | m4-14 |
| | 2100 | Terry Ley | CorkO |  | M65 | m12 |
| | 1665 | Mike Frizzell | BADO |  | M65 | m3-4 m9-12 m15 |
| | 2803 | Colin Swallow | SN |  | M65 | m9-13 |
| | 1700 | Jonathan Gilbert | NOR |  | M65 | w6 |
| | 1232 | Bruce Bryant | OD |  | M65 | m2-8 m11-13 m15 |
| | 1875 | Geoffrey Hollins | POTOC |  | M70 | m13 |
| | 1684 | Mike Gardner | DVO |  | M65 | m3-14 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M65S - 4.2km 130m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|--------------------|--------------|--|-----------|--------------|--------|
| 1st | 1069 | Steve Bailey | SN |  | M65 | 39:49 | |
| 2nd | 2514 | Andrew Quickfall | SROC |  | M65 | 41:36 | +1:47 |
| 3rd | 1162 | John Birtwistle | CLARO |  | M65 | 47:48 | +7:59 |
| 4th | 2797 | Lennart Strandberg | Skogslöparna |  | M65 | 49:10 | +9:21 |
| 5th | 1213 | John Broadhead | LOC |  | M65 | 50:49 | +11:00 |
| 6th | 3040 | Gordon Witte | POTOC |  | M65 | 51:44 | +11:55 |
| 7th | 2386 | John Owen | FVO |  | M65 | 52:44 | +12:55 |
| 8th | 1471 | David Dann | MDOC |  | M65 | 53:56 | +14:07 |
| 9th | 2556 | Peter Ribbans | SWOC |  | M65 | 55:52 | +16:03 |
| 10th | 2980 | Alan West | LEI |  | M65 | 58:27 | +18:38 |
| 11th | 2260 | David Mitchell | SBOC |  | M65 | 58:33 | +18:44 |
| 12th | 2323 | David Nichol | AYROC |  | M65 | 58:49 | +19:00 |
| 13th | 2332 | Philip Nichols | BL |  | M65 | 59:38 | +19:49 |
| 14th | 2158 | Rod Mansel | SUFFOC |  | M65 | 62:18 | +22:29 |
| 15th | 2864 | Mark Thompson | TVOC |  | M65 | 63:27 | +23:38 |
| 16th | 1818 | Peter Hayes | MDOC |  | M65 | 65:46 | +25:57 |
| 17th | 2873 | Paul Tickner | WCOC |  | M65 | 67:36 | +27:47 |
| 18th | 2741 | Ian Smith | WAOC |  | M65 | 68:57 | +29:08 |
| 19th | 1009 | Neil Adams | LOC |  | M65 | 71:11 | +31:22 |
| 20th | 2503 | Ian Prosser | BAOC |  | M65 | 75:42 | +35:53 |
| 21st | 3079 | David Hanstock | BOK |  | M65 | 77:48 | +37:59 |
| 22nd | 2685 | Brian Sewell | BKO |  | M65 | 82:26 | +42:37 |
| | 2939 | Gary Wakerley | NGOC |  | M65 | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M70L - 6.2km 210m
















| Pos | No. | Name | Club |  | Age Class | Time | Behind |
|------|------|---------------------|--------|---|-----------|--------|---------|
| 1st | 2268 | Chris Moncaster | KERNO |  | M70 | 61:22 | |
| 2nd | 1805 | Eddie Harwood | MOR |  | M70 | 63:22 | +2:00 |
| 3rd | 1980 | Alun Jones | TVOC |  | M70 | 63:50 | +2:28 |
| 4th | 1178 | Axel Blomquist | SN |  | M70 | 66:18 | +4:56 |
| 5th | 2997 | Steve Whitehead | EBOR |  | M70 | 67:50 | +6:28 |
| 6th | 2706 | John Simmons | BOK |  | M70 | 70:04 | +8:42 |
| 7th | 1667 | Derek Fryer | LOC |  | M70 | 73:30 | +12:08 |
| 8th | 1685 | Richard Gardner | OD |  | M70 | 74:18 | +12:56 |
| 9th | 1268 | Christopher Calow | DEE |  | M70 | 76:10 | +14:48 |
| 10th | 1976 | Paul Johnson | SYO |  | M70 | 77:49 | +16:27 |
| 11th | 2231 | Don McKerrow | SLOW |  | M70 | 77:51 | +16:29 |
| 12th | 1528 | Bob Dredge | WCOC |  | M70 | 77:57 | +16:35 |
| 13th | 1525 | David Downes | WCOC |  | M70 | 79:41 | +18:19 |
| 14th | 2615 | Martyn Roome | SROC |  | M70 | 80:01 | +18:39 |
| 15th | 1281 | Tony Carlyle | AIRE |  | M70 | 80:09 | +18:47 |
| 16th | 2857 | Robin Thomas | SUFFOC |  | M70 | 80:21 | +18:59 |
| 17th | 2508 | Nicholas Pugh | SOS |  | M70 | 81:39 | +20:17 |
| 18th | 2504 | Ian Prowse | NGOC |  | M70 | 81:58 | +20:36 |
| 19th | 3024 | Clive Wilson | SYO |  | M70 | 82:57 | +21:35 |
| 20th | 2592 | Andy Robinson | LOC |  | M70 | 83:10 | +21:48 |
| 21st | 1903 | Jonathan Howell | WCH |  | M70 | 84:05 | +22:43 |
| 22nd | 2072 | Alan Leakey | SLOW |  | M70 | 84:30 | +23:08 |
| 23rd | 1896 | Joe House | SO |  | M70 | 84:59 | +23:37 |
| 24th | 1462 | Leslie Dagleish | ESOC |  | M70 | 86:22 | +25:00 |
| 25th | 1175 | Simon Blanchflower | SAX |  | M70 | 87:07 | +25:45 |
| 26th | 2897 | Ray Toomer | QO |  | M70 | 89:27 | +28:05 |
| 27th | 1748 | Mikhail Gryaznevich | TVOC |  | M70 | 89:40 | +28:18 |
| 28th | 2626 | David Rosen | SROC |  | M70 | 93:40 | +32:18 |
| 29th | 2919 | Mike Turner | SO |  | M70 | 95:32 | +34:10 |
| 30th | 2748 | Robin Smith | SO |  | M70 | 95:47 | +34:25 |
| 31st | 2191 | Nicholas Maxwell | DEVON |  | M70 | 96:00 | +34:38 |
| 32nd | 1642 | Ted Finch | FVO |  | M70 | 96:32 | +35:10 |
| 33rd | 2165 | Dave Marr | OD |  | M70 | 98:11 | +36:49 |
| 34th | 2116 | Anthony Lloyd | BOK |  | M70 | 99:09 | +37:47 |
| 35th | 2795 | Robin Strain | ELO |  | M70 | 100:26 | +39:04 |
| 36th | 1105 | Philip Beale | DEVON |  | M70 | 101:02 | +39:40 |
| 37th | 1970 | Chris Johnson | BOK |  | M70 | 103:43 | +42:21 |
| 38th | 2806 | Stuart Swalwell | DVO |  | M70 | 104:44 | +43:22 |
| 39th | 2022 | David Kingdon | SAX |  | M70 | 107:17 | +45:55 |
| 40th | 1480 | Allan Darwell | BOK |  | M70 | 108:45 | +47:23 |
| 41st | 2820 | Paul Taunton | NGOC |  | M70 | 109:41 | +48:19 |
| 42nd | 2750 | Terry Smith | SOC |  | M70 | 109:43 | +48:21 |
| 43rd | 1332 | Steve Chiverton | HOC |  | M70 | 116:40 | +55:18 |
| 44th | 1326 | John Chesters | DEVON |  | M70 | 127:15 | +65:53 |
| 45th | 1575 | Mike Elliot | MV |  | M70 | 130:29 | +69:07 |
| 46th | 1890 | John Hopper | DVO |  | M70 | 144:22 | +83:00 |
| 47th | 2914 | John Turner | TVOC |  | M70 | 168:48 | +107:26 |
| 48th | 2972 | Paul Watterson | HOC |  | M70 | 175:01 | +113:39 |
| | 2115 | Richard Llewellyn | NOC |  | M70 | m1 | |
| | 2591 | Steve Robertson | QO |  | M70 | w6 | |
| | 1073 | Neville Baker | TVOC |  | M70 | w1 | |
| | 2767 | Eddie Speak | MDOC |  | M70 | rtd | |
| | 1622 | Tony Feltbower | OD |  | M70 | m3 | |
| | 2834 | Nick Taylor | HOC |  | M75 | m9-10 | |
| | 2643 | Stephen Round | SELOC |  | M70 | m2-12 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M70S - 4.2km 130m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|---------------------|--|-----------|---------------|--------|
| 1st | 2372 | Barry Olds | KERNO  | M70 | 50:59 | |
| 2nd | 1594 | Anders Eriksson | IF Hagen  | M70 | 57:18 | +6:19 |
| 3rd | 2596 | John Robinson | WCH  | M70 | 57:32 | +6:33 |
| 4th | 2117 | David Lloyd | LOC  | M70 | 58:10 | +7:11 |
| 5th | 2354 | Liam O'Brien | CorkO  | M70 | 62:48 | +11:49 |
| 6th | 1100 | Philip Baxter | LVO  | M70 | 65:47 | +14:48 |
| 7th | 2988 | Jon Wheatcroft | TVOC  | M70 | 66:51 | +15:52 |
| 8th | 1393 | David Corp | LOC  | M70 | 71:46 | +20:47 |
| 9th | 2600 | Ian Robson | EBOR  | M70 | 72:23 | +21:24 |
| 10th | 1305 | Clement Chan | HKOC  | M70 | 72:51 | +21:52 |
| 11th | 1957 | Stephen Jackson | NWO  | M70 | 73:24 | +22:25 |
| 12th | 2564 | Peter Riches | TVOC  | M70 | 91:29 | +40:30 |
| 13th | 1082 | Alan Barclay-Devine | NOC  | M70 | 105:32 | +54:33 |
| | 1558 | Tim Eden | NOR  | M70 | m2-5 | |
| | 1181 | David Booker | NOC  | M70 | m7 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M75L - 5.3km 180m

| Pos | No. | Name | Club | Age Class | Time Behind |
|-------|------|----------------------|--------|-----------|----------------------|
| 1st | 1726 | Peter Gorvett | SYO | M75 | 56:57 |
| 2nd | 2106 | Tom Lillicrap | DEVON | M75 | 62:10 +5:13 |
| 3rd | 2175 | Peter Martin | SAX | M75 | 62:59 +6:02 |
| 4th | 1596 | Cliff Etherden | LOC | M75 | 64:36 +7:39 |
| 5th | 3032 | Mike Wimpenny | DEVON | M75 | 66:27 +9:30 |
| 6th | 2831 | John Taylor | SROC | M75 | 66:32 +9:35 |
| 7th | 2869 | Tony Thornley | AIRE | M75 | 67:18 +10:21 |
| 8th | 1083 | Bob Barnby | WCOG | M75 | 69:19 +12:22 |
| 9th | 1487 | Tony Davies | SROC | M75 | 69:31 +12:34 |
| 10th | 2399 | David Palmer | BOK | M75 | 70:02 +13:05 |
| 11th | 1143 | Michael Bickle | WAOG | M75 | 72:07 +15:10 |
| 12th | 1386 | Ian Cooper | SYO | M75 | 73:18 +16:21 |
| 13th | 2192 | David May | SLOW | M75 | 75:07 +18:10 |
| 14th | 3077 | Julian Lailey | SROC | M75 | 76:41 +19:44 |
| 15th= | 1358 | Don Cload | NGOC | M75 | 77:30 +20:33 |
| 15th= | 2927 | John van Rooyen | SAX | M75 | 77:30 +20:33 |
| 17th | 2659 | Tim Sands | BOK | M75 | 79:32 +22:35 |
| 18th | 1710 | Mike Godfree | DVO | M75 | 80:07 +23:10 |
| 19th | 1916 | Brian Hughes | HOC | M75 | 80:08 +23:11 |
| 20th | 1211 | Simon Brister | DVO | M75 | 80:57 +24:00 |
| 21st | 2635 | Chris Rostron | MDOC | M75 | 85:09 +28:12 |
| 22nd | 2557 | Roger Richards | WCH | M75 | 86:31 +29:34 |
| 23rd | 2151 | Jim Mallinson | SLOW | M75 | 90:41 +33:44 |
| 24th | 2913 | Ian Turner | SOLWAY | M75 | 90:43 +33:46 |
| 25th | 2029 | Chris Kirkham | MDOC | M75 | 93:12 +36:15 |
| 26th | 1836 | Geoffrey Hensman | FVO | M75 | 93:45 +36:48 |
| 27th | 2765 | Gerry Spalton | OD | M75 | 94:14 +37:17 |
| 28th | 1954 | Brian Jackson | SROC | M75 | 94:41 +37:44 |
| 29th | 1893 | Barry Houghton | HOC | M75 | 95:52 +38:55 |
| 30th | 2849 | Eifion Thomas | DEE | M75 | 96:37 +39:40 |
| 31st | 2745 | Mick Smith | HH | M75 | 97:15 +40:18 |
| 32nd | 1744 | Philip Gristwood | MV | M75 | 100:25 +43:28 |
| 33rd | 1214 | Steve Brockbank | LOC | M75 | 100:41 +43:44 |
| 34th | 1186 | Chris Bosley | LEI | M75 | 101:15 +44:18 |
| 35th | 2345 | John Nuttall | SELOC | M75 | 101:46 +44:49 |
| 36th | 2810 | Keith Sykes | EPOC | M75 | 102:20 +45:23 |
| 37th | 2296 | David Mullins | SARUM | M75 | 102:28 +45:31 |
| 38th | 1429 | Neil Croasdell | EPOC | M75 | 104:54 +47:57 |
| 39th | 2015 | Paul Kilpin | TVOC | M75 | 105:04 +48:07 |
| 40th | 1389 | Philip Cooper | | M75 | 127:03 +70:06 |
| | 1201 | Christopher Branford | WIM | M75 | rtd |
| | 1537 | Colin Drury | SYO | M75 | m9-12 m14 |
| | 3026 | Martin Wilson | BKO | M75 | rtd |
| | 2337 | George Normand | LEI | M75 | m5-14 |
| | 1406 | Dave Coustick | FVO | M75 | m1-12 |
| | 2853 | Howard Thomas | BOK | M75 | m7-12 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M75S - 3.5km 145m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|-----------------|---|-----------|---------------|--------|
| 1st | 1491 | David Day | CLARO  | M75 | 46:47 | |
| 2nd | 3009 | Keith Willdig | OD  | M75 | 50:29 | +3:42 |
| 3rd | 1402 | Ian Couch | EPOC  | M75 | 54:34 | +7:47 |
| 4th | 3015 | Rod Williams | HALO  | M75 | 55:43 | +8:56 |
| 5th | 2786 | Richard Steptoe | TVOC  | M75 | 69:11 | +22:24 |
| 6th | 1372 | John Collyer | GO  | M75 | 69:22 | +22:35 |
| 7th | 2223 | Barry McGowan | HOC  | M75 | 73:14 | +26:27 |
| 8th | 2582 | Trevor Roberts | MDOC  | M75 | 82:52 | +36:05 |
| 9th | 1585 | Bob Elmes | DEE  | M75 | 85:05 | +38:18 |
| 10th | 3070 | Peter Yoxall | POTOC  | M75 | 86:46 | +39:59 |
| 11th | 2501 | Roger Pring | SAX  | M75 | 88:00 | +41:13 |
| 12th | 2963 | Gary Waters | SBOC  | M75 | 92:32 | +45:45 |
| 13th | 2653 | Mick Sadler | HOC  | M75 | 92:43 | +45:56 |
| 14th | 2363 | Frank O'Donovan | BOC  | M75 | 95:28 | +48:41 |
| 15th | 2173 | Henry Marston | SYO  | M75 | 115:51 | +69:04 |
| 16th | 2826 | Don Taylor | MDOC  | M75 | 116:59 | +70:12 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M80 - 4.2km 130m





| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|------------------|-------|---|-----------|---------------|---------|
| 1st | 2304 | Michael Murray | SLOW |  | M80 | 51:56 | |
| 2nd | 1834 | Keith Henderson | WIM |  | M80 | 56:38 | +4:42 |
| 3rd | 2512 | Ian Pyrah | ESOC |  | M80 | 57:28 | +5:32 |
| 4th | 2764 | Tim Sowood | INVOC |  | M80 | 57:57 | +6:01 |
| 5th | 1279 | Peter Carey | OD |  | M80 | 58:43 | +6:47 |
| 6th | 2394 | John Padget | DEE |  | M80 | 63:19 | +11:23 |
| 7th | 2435 | Ian Peirce | SARUM |  | M80 | 65:10 | +13:14 |
| 8th | 1210 | Trevor Bridle | WIM |  | M80 | 70:39 | +18:43 |
| 9th | 2108 | Roy Lindsell | EPOC |  | M80 | 70:51 | +18:55 |
| 10th | 1242 | Steve Burge | LOC |  | M80 | 73:22 | +21:26 |
| 11th | 3128 | Mike Callow | WRE |  | M80 | 74:50 | +22:54 |
| 12th | 1413 | Roger Craddock | QO |  | M80 | 78:50 | +26:54 |
| 13th | 1191 | John Bowman | OD |  | M80 | 84:19 | +32:23 |
| 14th | 1842 | Alan Heppenstall | LOC |  | M80 | 88:18 | +36:22 |
| 15th | 1085 | Anthony Barrable | RAFO |  | M80 | 90:40 | +38:44 |
| 16th | 1673 | Derek Gale | DVO |  | M80 | 90:54 | +38:58 |
| 17th | 2056 | Garry Langston | WCH |  | M80 | 101:43 | +49:47 |
| 18th | 3064 | Brian Yates | ESOC |  | M80 | 113:41 | +61:45 |
| 19th | 2993 | Michael White | MV |  | M85 | 165:42 | +113:46 |
| | 2219 | Ted McDonald | BOK |  | M80 | m8 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

M85 - 3.5km 145m




| Pos | No. | Name | Club |  | Age Class | Time | Behind |
|-----|------|------------------|------|---|-----------|---------------|--------|
| 1st | 2149 | Roger Maher | SO |  | M85 | 47:34 | |
| 2nd | 2371 | Jeremy Oldershaw | SAX |  | M85 | 70:50 | +23:16 |
| 3rd | 1500 | Douglas Deeks | SAX |  | M85 | 73:40 | +26:06 |
| 4th | 2692 | Rod Shaw | EPOC |  | M85 | 91:35 | +44:01 |
| 5th | 2862 | John Thompson | TVOC |  | M85 | 98:30 | +50:56 |
| 6th | 2071 | Peter Leake | LEI |  | M85 | 100:37 | +53:03 |
| 7th | 3075 | John Woodall | NOC |  | M85 | 114:03 | +66:29 |
| 8th | 2265 | Donald Moir | LEI |  | M90 | 123:28 | +75:54 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W10A - 1.9km 50m






| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|--------------------|---|-----------|--------------|--------|
| 1st | 2714 | Lauren Simpson | CLOK  | W10 | 17:50 | |
| 2nd | 1554 | Esther Eaton | WAOC  | W10 | 19:13 | +1:23 |
| 3rd | 1577 | Eliza-Blue Elliott | SYO  | W10 | 19:39 | +1:49 |
| 4th | 2494 | Martha Preston | SYO  | W10 | 20:15 | +2:25 |
| 5th | 2525 | Isabelle Raftery | HH  | W10 | 21:27 | +3:37 |
| 6th | 1610 | Tunde Farago | HH  | W10 | 21:48 | +3:58 |
| 7th | 2091 | Annie Lewis | WRE  | W10 | 23:49 | +5:59 |
| 8th | 1990 | Megan Jones | ERYRI  | W10 | 31:18 | +13:28 |
| 9th | 2482 | Hana Powell | WAOC  | W10 | 41:37 | +23:47 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W10B - 1.5km 45m



























| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|--------------------|--|-----------|--------------|--------|
| 1st | 1846 | Lucie Heppenstall | LOC  | W10 | 14:15 | |
| 2nd | 2523 | Alice Raftery | HH  | W10 | 16:36 | +2:21 |
| 3rd | 1639 | Lucy Finch | FVO  | W10 | 22:01 | +7:46 |
| 4th | 2195 | Úna May | PFO  | W10 | 24:10 | +9:55 |
| 5th | 2163 | Philippa Mansfield | BAOC  | W10 | 26:45 | +12:30 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W12A - 3km 75m






| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-------------------|---------------|---|-----------|-------|--------|
| 1st | 1943 | Hannah Inman | FVO |  | W12 | 19:17 | |
| 2nd | 2033 | Laura Kitchin | INT |  | W12 | 21:56 | +2:39 |
| 3rd | 2891 | Maisie Todhunter | SROC |  | W12 | 22:54 | +3:37 |
| 4th | 3098 | Penny Pinker-Hull | AIRE |  | W12 | 23:40 | +4:23 |
| 5th | 1547 | Tess Dunhill | GEN |  | W12 | 23:41 | +4:24 |
| 6th | 2965 | Jemma Waters | SYO |  | W12 | 23:49 | +4:32 |
| 7th | 2477 | Alys Powell | WAO |  | W12 | 24:24 | +5:07 |
| 8th | 1636 | Esme Finch | FVO |  | W12 | 25:01 | +5:44 |
| 9th | 1460 | Emma Daley | ESOC |  | W12 | 26:01 | +6:44 |
| 10th | 1409 | Elysia Cowe | WAO |  | W12 | 26:22 | +7:05 |
| 11th | 2715 | Rae Simpson | CLOK |  | W12 | 26:26 | +7:09 |
| 12th | 1576 | Beau Elliott | SYO |  | W12 | 26:36 | +7:19 |
| 13th | 2660 | Imogen Satherley | DVO |  | W12 | 26:40 | +7:23 |
| 14th | 1021 | Alva Aldin | Stora Tuna OK |  | W12 | 27:34 | +8:17 |
| 15th | 2623 | Indira Rose Price | ECKO |  | W12 | 28:07 | +8:50 |
| 16th | 1054 | Jessica Atkinson | LOC |  | W12 | 28:08 | +8:51 |
| 17th | 2586 | Emily Robertson | MAROC |  | W12 | 29:06 | +9:49 |
| 18th | 1563 | Sophie Edward | FVO |  | W12 | 30:04 | +10:47 |
| 19th | 1881 | Lucy Holt | SYO |  | W12 | 30:40 | +11:23 |
| 20th | 1877 | Sola Holmes | WCOC |  | W12 | 30:44 | +11:27 |
| 21st | 2622 | Éowyn Rose Price | ECKO |  | W12 | 32:18 | +13:01 |
| 22nd | 2878 | Amelia Todd | LOK |  | W12 | 33:40 | +14:23 |
| 23rd | 2624 | Sylva Rose Price | ECKO |  | W12 | 36:38 | +17:21 |
| 24th | 2051 | Iris Landrigan | BOK |  | W12 | 38:44 | +19:27 |
| 25th | 1283 | Alethea Carr | AIRE |  | W12 | 39:36 | +20:19 |
| 26th | 1345 | Helena Clarke | BAOC |  | W12 | 42:09 | +22:52 |
| 27th | 2262 | Niamh Mitchell | HH |  | W12 | 68:54 | +49:37 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W12B - 1.9km 50m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-----------------|--|-----------|--------------|--------|
| 1st | 1172 | Pippa Blackmore | HOC  | W12 | 17:14 | |
| 2nd | 2329 | Harriet Nichols | SO  | W12 | 18:47 | +1:33 |
| 3rd | 2595 | Grace Robinson | NOC  | W12 | 21:29 | +4:15 |
| 4th | 2633 | Aini Rostron | MDOC  | W12 | 26:06 | +8:52 |
| 5th | 2731 | Charlotte Smith | SLOW  | W12 | 53:17 | +36:03 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W14A - 4.3km 125m









| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|--------------------|---|-----------|---------------|--------|
| 1st | 1235 | Bethan Buckley | AIRE  | W14 | 35:17 | |
| 2nd | 2951 | Lucy Ward | INT  | W14 | 40:22 | +5:05 |
| 3rd | 1898 | Anna Howard | MOR  | W14 | 49:46 | +14:29 |
| 4th | 1375 | Eilidh Connor | FVO  | W14 | 50:16 | +14:59 |
| 5th | 1316 | Hannah Chapman | SYO  | W14 | 51:37 | +16:20 |
| 6th | 1662 | Alice French | WIM  | W14 | 51:40 | +16:23 |
| 7th | 1910 | Sophie Howsam | SYO  | W14 | 54:15 | +18:58 |
| 8th | 1315 | Emma Chapman | SO  | W14 | 54:16 | +18:59 |
| 9th | 2458 | Eden Pigott | POTOC  | W14 | 56:00 | +20:43 |
| 10th | 1012 | Hannah Agombar | NGOC  | W14 | 57:09 | +21:52 |
| 11th | 2360 | Kathleen O'Donnell | Fingal  | W14 | 58:05 | +22:48 |
| 12th | 2962 | Emily Waters | SO  | W14 | 65:47 | +30:30 |
| 13th | 2181 | Aoife Masterson | CNOC  | W14 | 70:15 | +34:58 |
| 14th | 1808 | Deirbhile Hassett | Setanta  | W14 | 74:05 | +38:48 |
| 15th | 1292 | Eimear Casey | SEVO  | W14 | 74:23 | +39:06 |
| 16th | 3022 | Anna Wilson | PFO  | W14 | 75:00 | +39:43 |
| 17th | 1348 | Sadie Clarke | BAOC  | W14 | 89:58 | +54:41 |
| 18th | 1997 | Beth Joyce | CNOC  | W14 | 103:14 | +67:57 |
| 19th | 1733 | Sophie Gray | MDOC  | W14 | 103:51 | +68:34 |
| | 1831 | Emma Heckford | WSX  | W14 | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W14B - 3km 75m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-------------------|--|-----------|--------------|--------|
| 1st | 2850 | Fay Thomas | SROC  | W14 | 23:29 | |
| 2nd | 2892 | Cara Tolley | LEI  | W14 | 28:53 | +5:24 |
| 3rd | 3154 | Rebecca Daley | ESOC  | W14 | 30:10 | +6:41 |
| 4th | 1109 | Charlie Beavers | AIRE  | W14 | 31:08 | +7:39 |
| 5th | 2247 | Sofia Mee | SMOC  | W14 | 37:00 | +13:31 |
| 6th | 1879 | Anna Holt | SYO  | W14 | 38:26 | +14:57 |
| 7th | 3063 | Anna Maria Yaneva | SLOW  | W14 | 43:12 | +19:43 |
| 8th | 2975 | Jessica Weaver | WRE  | W14 | 66:03 | +42:34 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W16A - 6km 180m



| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|-----------------------|---------------|-----------|---------------|--------|
| 1st= | 2006 | Scarlett Kelly | FVO | W16 | 49:26 | |
| 1st= | 1051 | Emily Atkinson | ELO | W16 | 49:26 | |
| 3rd | 1095 | Ella Baxter | SYO | W16 | 51:04 | +1:38 |
| 4th | 1239 | Katie Buckley | AIRE | W16 | 52:31 | +3:05 |
| 5th | 1419 | Sophie Crawford | WCOC | W16 | 53:32 | +4:06 |
| 6th | 2674 | Iona Scott | INVOC | W16 | 53:38 | +4:12 |
| 7th | 2879 | Anna Todd | SYO | W16 | 54:45 | +5:19 |
| 8th | 2888 | Ellie Todhunter | SROC | W16 | 55:20 | +5:54 |
| 9th | 2281 | Lily Alexandra Morgan | Malvik IL | W16 | 56:44 | +7:18 |
| 10th | 1314 | Charlotte Chapman | SYO | W16 | 60:16 | +10:50 |
| 11th | 2708 | Ellie Simpson | LEI | W16 | 60:28 | +11:02 |
| 12th | 2724 | Charlotte Slade | SN | W16 | 61:00 | +11:34 |
| 13th | 2004 | Esme Kelly | FVO | W16 | 61:20 | +11:54 |
| 14th | 2454 | Alice Pieters | SYO | W16 | 61:53 | +12:27 |
| 15th | 2242 | Eskarina Medlock | WSX | W16 | 62:44 | +13:18 |
| 16th | 2031 | Bethan Kitchin | INT | W16 | 63:01 | +13:35 |
| 17th | 1900 | Sophie Howard | MOR | W16 | 63:04 | +13:38 |
| 18th | 1226 | Megan Brown | ESOC | W16 | 63:15 | +13:49 |
| 19th | 2646 | Fionnuala Rowe | GEN | W16 | 63:35 | +14:09 |
| 20th | 2197 | Rebecca Mayes | CLOK | W16 | 64:45 | +15:19 |
| 21st | 2809 | Beth Sykes | SYO | W16 | 66:26 | +17:00 |
| 22nd | 1231 | Niamh Browne | GEN | W16 | 68:33 | +19:07 |
| 23rd | 2126 | Charlotte Lovegrove | SN | W16 | 69:38 | +20:12 |
| 24th | 1767 | Rebecca Hammond | FVO | W16 | 70:18 | +20:52 |
| 25th | 2240 | Rosie McNamara | AYROC | W16 | 71:50 | +22:24 |
| 26th | 2781 | Olivia Stamp | WCH | W16 | 73:13 | +23:47 |
| 27th | 2045 | Rona Laird | INVOC | W16 | 75:38 | +26:12 |
| 28th | 1337 | Poppy Chorlton | HH | W16 | 76:53 | +27:27 |
| 29th | 2893 | Isabelle Tonge | BOK | W16 | 79:38 | +30:12 |
| 30th | 2521 | Olivia Radcliffe | SUFFOC | W16 | 79:44 | +30:18 |
| 31st | 2711 | Isla Simpson | CLOK | W16 | 80:17 | +30:51 |
| 32nd | 1155 | Hannah Birkinshaw | WCOC | W16 | 82:43 | +33:17 |
| 33rd | 1810 | Sadhbh Hassett | Setanta | W16 | 83:01 | +33:35 |
| 34th | 1023 | Nora Aldin | Stora Tuna OK | W16 | 84:40 | +35:14 |
| 35th | 1014 | Katie Agombar | NGOC | W16 | 85:36 | +36:10 |
| 36th | 1906 | Abigail Howsam | SYO | W16 | 90:09 | +40:43 |
| 37th | 1080 | Elizabeth Balston | SARUM | W16 | 91:40 | +42:14 |
| 38th | 2761 | Alice Soulsby | HH | W16 | 95:06 | +45:40 |
| 39th | 1962 | Kate Jarrett | WAOOC | W16 | 98:54 | +49:28 |
| 40th | 1140 | Emily Bichard | MAROC | W16 | 129:31 | +80:05 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W16B - 4.3km 125m

























| Pos | No. | Name | Club | Age Class | Time Behind |
|-----|------|--------------|---|-----------|-------------|
| 1st | 2294 | Gen Mullens | BKO  | W16 | 101:12 |
| | 1474 | Livia Daplyn | SN  | W16 | w5 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W18E - 8.2km 320m




| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|-----|------------------------|--------|---|---------------|--------|
| 1st | 604 | Rachel Baker | CLOK |  W18 | 64:45 | |
| 2nd | 616 | Jocie Hilton | SN |  W18 | 70:08 | +5:23 |
| 3rd | 605 | Nesa Schiller | WSX |  W18 | 70:50 | +6:05 |
| 4th | 610 | Heather High | SO |  W18 | 71:33 | +6:48 |
| 5th | 607 | Ruth Gooch | MAROC |  W18 | 73:17 | +8:32 |
| 6th | 609 | Freya Tryner | SYO |  W18 | 74:10 | +9:25 |
| 7th | 615 | Kate McLuckie | MOR |  W18 | 78:46 | +14:01 |
| 8th | 618 | Daisy Rennie | WCOC |  W18 | 79:25 | +14:40 |
| 9th | 619 | Ellie Darlow | RR |  W18 | 82:24 | +17:39 |
| 10th | 606 | Eve Buckley | KerryO |  W18 | 82:43 | +17:58 |
| 11th | 635 | Amelia Thompson | LOC |  W18 | 84:12 | +19:27 |
| 12th | 614 | Cate Matthew | SROC |  W18 | 84:27 | +19:42 |
| 13th | 612 | Lyra Medlock | WSX |  W18 | 85:05 | +20:20 |
| 14th | 629 | Charlotte Burton | INVOC |  W18 | 86:30 | +21:45 |
| 15th | 621 | Ciara Keen | SYO |  W18 | 88:06 | +23:21 |
| 16th | 637 | Charlotte Sykes | SYO |  W18 | 89:21 | +24:36 |
| 17th | 628 | Grace French | WIM |  W18 | 90:39 | +25:54 |
| 18th | 625 | Amelia Wing | BKO |  W18 | 90:47 | +26:02 |
| 19th | 623 | Jessica Ward | NGOC |  W18 | 92:01 | +27:16 |
| 20th | 634 | Anwen Hockley | ERYRI |  W18 | 93:29 | +28:44 |
| 21st | 647 | Hebe Darwin | WAOC |  W18 | 98:51 | +34:06 |
| 22nd | 641 | Hannah Mather | LOG |  W18 | 100:54 | +36:09 |
| 23rd | 636 | Anastasia Mahlych | LVO |  W18 | 101:09 | +36:24 |
| 24th | 651 | Yokub Hampshire Wright | NN |  W18 | 101:13 | +36:28 |
| 25th | 648 | Scarlett Britain | MOR |  W18 | 105:56 | +41:11 |
| 26th | 649 | Flora Jolly | HALO |  W18 | 107:06 | +42:21 |
| 27th | 643 | Madeleine Pitcher | DFOK |  W18 | 108:34 | +43:49 |
| 28th | 638 | Maggie Soulsby | HH |  W18 | 125:49 | +61:04 |
| | 639 | Alexandra Garnett | SYO |  W18 | rtd | |
| | 633 | Eva Humphreys | WCOC |  W18 | m11-13 | |
| | 640 | Rose Taylor | NGOC |  W18 | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W18L - 6km 180m




















| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-------------------|---|-----------|--------------|--------|
| 1st | 1755 | Leni Hagen | BOK  | W18 | 69:52 | |
| 2nd | 1451 | Emma Currie | SOC  | W18 | 81:07 | +11:15 |
| 3rd | 2127 | Rebecca Lovegrove | SN  | W18 | 85:29 | +15:37 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W20E - 8.2km 320m





| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|-----|-----------------------|--|-----------|---------------|--------|
| 1st | 602 | Imogen Pieters | SYO  | W20 | 63:36 | |
| 2nd | 608 | Kaia Joergensen | OK Linné  | W20 | 65:28 | +1:52 |
| 3rd | 603 | Isobel Howard | EUOC  | W20 | 66:48 | +3:12 |
| 4th | 617 | Emily Gibbins | AIRE  | W20 | 73:23 | +9:47 |
| 5th | 611 | Emma Crawford | EUOC  | W20 | 74:00 | +10:24 |
| 6th | 601 | Daisy McNamara | EUOC  | W20 | 75:03 | +11:27 |
| 7th | 613 | Alice Kemsley | BASOC  | W20 | 76:01 | +12:25 |
| 8th | 620 | Iris MacMillan | ECKO  | W20 | 77:18 | +13:42 |
| 9th | 632 | Fiona Eades | EUOC  | W20 | 85:05 | +21:29 |
| 10th | 642 | Laura Brown | LOC  | W20 | 85:23 | +21:47 |
| 11th | 630 | Maya Hampshire Wright | SHUOC  | W20 | 88:08 | +24:32 |
| 12th | 631 | Laura Barrett | SN  | W20 | 91:42 | +28:06 |
| 13th | 644 | Isabel Sunley | EUOC  | W20 | 93:47 | +30:11 |
| 14th | 622 | Sarah Darley | SN  | W20 | 98:57 | +35:21 |
| 15th | 626 | Emily Rowe | GEN  | W20 | 99:35 | +35:59 |
| 16th | 627 | Carys Sharp | TVOC  | W20 | 100:14 | +36:38 |
| 17th | 646 | Eva Spurling | WRE  | W20 | 106:13 | +42:37 |
| 18th | 645 | Madelyn Bartlett | SO  | W20 | 112:32 | +48:56 |
| 19th | 650 | Emily Butter | SN  | W20 | 139:37 | +76:01 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W20L - 6.3km 185m



| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|---------------|--|-----------|---------------|--------|
| 1st | 2020 | Phoebe King | RNRMOC  | W20 | 62:27 | |
| 2nd | 3142 | Amy Lee-Jones | BOK  | W20 | 86:25 | +23:58 |
| 3rd | 1351 | Elodie Claus | MV  | W20 | 118:02 | +55:35 |
| | 1195 | Ailani Braine | QO  | W20 | m9-12 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W20S - 6km 180m

| Pos | No. | Name | Club | Age Class | Time Behind |
|-----|------|--------------|---|-----------|-------------|
| | 1046 | Milly Askham | SMOC  | W20 | w7 |
| | 3091 | Rachel Shaw | STUOC  | W20 | m6 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W21E - 12.9km 390m

















| Pos | No. | Name | Club | | Age Class | Time Behind |
|------|-----|---------------------|--------|--|-----------|----------------------|
| 1st | 212 | Cecilie Andersen | BOK | | W21 | 95:16 |
| 2nd | 207 | Lucy Walker | DEVON | | W21 | 97:05 +1:49 |
| 3rd | 205 | Niamh Hunter | EUOC | | W21 | 97:14 +1:58 |
| 4th | 201 | Fiona Bunn | EUOC | | W21 | 98:29 +3:13 |
| 5th | 204 | Laura Robertson | SYO | | W21 | 99:53 +4:37 |
| 6th | 203 | Laura King | AIRE | | W21 | 101:57 +6:41 |
| 7th | 217 | Mairi Eades | INT | | W21 | 101:59 +6:43 |
| 8th | 208 | Eilidh Campbell | EUOC | | W21 | 103:35 +8:19 |
| 9th | 213 | Rachel Duckworth | DVO | | W21 | 104:54 +9:38 |
| 10th | 210 | Chloe Potter | SYO | | W21 | 106:19 +11:03 |
| 11th | 234 | Rachel Brown | EUOC | | W21 | 107:18 +12:02 |
| 12th | 209 | Sarah Pedley | DRONGO | | W21 | 107:46 +12:30 |
| 13th | 206 | Emma Wilson | CLYDE | | W21 | 109:34 +14:18 |
| 14th | 229 | Aoife McCavana | INT | | W21 | 113:40 +18:24 |
| 15th | 211 | Helen Bridle | ESOC | | W45 | 114:15 +18:59 |
| 16th | 214 | Clare Stansfield | GUOC | | W21 | 116:44 +21:28 |
| 17th | 219 | Pippa Carcas | INT | | W21 | 117:58 +22:42 |
| 18th | 218 | Eleanor Bales | EUOC | | W21 | 118:10 +22:54 |
| 19th | 216 | Jura MacMillan | INT | | W21 | 118:16 +23:00 |
| 20th | 247 | Lizzie Stansfield | EUOC | | W21 | 122:21 +27:05 |
| 21st | 215 | Alison O'Neil | ESOC | | W35 | 123:55 +28:39 |
| 22nd | 224 | Emer Perkins | BOC | | W21 | 124:32 +29:16 |
| 23rd | 225 | Michele Dawson | MDOC | | W21 | 125:22 +30:06 |
| 24th | 248 | Roanne Lilley | INT | | W21 | 125:29 +30:13 |
| 25th | 221 | Kirstin Maxwell | RR | | W21 | 126:20 +31:04 |
| 26th | 227 | Alice Rigby | CLOK | | W21 | 128:00 +32:44 |
| 27th | 237 | Scarlet Heap | SO | | W21 | 129:19 +34:03 |
| 28th | 226 | Eadaoin McCavana | GEN | | W21 | 129:58 +34:42 |
| 29th | 236 | Louise Adams | INT | | W21 | 132:02 +36:46 |
| 30th | 246 | Jenny Evans | SYO | | W21 | 133:22 +38:06 |
| 31st | 232 | Rebecca Ward | SHUOC | | W21 | 133:23 +38:07 |
| 32nd | 249 | Fanni Gyurko | FVO | | W35 | 136:29 +41:13 |
| 33rd | 230 | Elizabeth Bedwell | NN | | W21 | 136:58 +41:42 |
| 34th | 228 | Megan Harrison | EPOC | | W21 | 140:52 +45:36 |
| 35th | 235 | Alex Elliot | SYO | | W21 | 148:17 +53:01 |
| 36th | 244 | Miranda Weatherby | DRONGO | | W21 | 158:50 +63:34 |
| 37th | 242 | Meredith Moody | BOK | | W21 | 159:50 +64:34 |
| 38th | 240 | Sophie Pruzina | LVO | | W21 | 170:01 +74:45 |
| 39th | 239 | Pui Fung Chan | HKFOC | | W35 | 174:15 +78:59 |
| 40th | 245 | Aimee Darley | SN | | W21 | 179:19 +84:03 |
| 41st | 243 | Alison Fryer | LOC | | W21 | 180:38 +85:22 |
| | 238 | Laura Harrison | EPOC | | W21 | m3-11 m14-21 |
| | 202 | Megan Carter-Davies | SBOC | | W21 | rtd |
| | 222 | Clodagh Moran | 3ROC | | W21 | m3-23 |
| | 220 | Alison Campbell | STAG | | W21 | m12-13 m17-21 |
| | 231 | Beth Hanson | AROS | | W21 | m12 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W21L - 10.6km 390m

























| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-------------------|--------|---|-----------|---------------|---------|
| 1st | 3021 | Alice Wilson | EUOC |  | W21 | 115:57 | |
| 2nd | 2705 | Isla Simmons | HOC |  | W21 | 118:36 | +2:39 |
| 3rd | 1892 | Lizzie Horsler | STUOC |  | W21 | 121:28 | +5:31 |
| 4th | 2450 | Yana Petrovska | SYO |  | W21 | 123:10 | +7:13 |
| 5th | 2413 | Laura Parkes | HH |  | W21 | 133:36 | +17:39 |
| 6th | 1870 | Joy Hodkinson | INT |  | W21 | 134:00 | +18:03 |
| 7th | 1543 | Sarah Duckworth | DVO |  | W21 | 135:12 | +19:15 |
| 8th | 2936 | Sophie Vincent | DVO |  | W21 | 142:35 | +26:38 |
| 9th | 1580 | Eleanor Ellis | PFO |  | W21 | 143:44 | +27:47 |
| 10th | 2934 | Emma Vincent | DVO |  | W21 | 148:05 | +32:08 |
| 11th | 1722 | Sophie Gordon | GO |  | W21 | 154:38 | +38:41 |
| 12th | 2157 | Bronwen Mansel | SUFFOC |  | W21 | 170:34 | +54:37 |
| 13th | 1535 | Anna Drinkwater | ERYRI |  | W21 | 171:01 | +55:04 |
| 14th | 2087 | Ka Man Leung | HOC |  | W21 | 237:34 | +121:37 |
| | 2959 | Saskia Warren | NN |  | W21 | w16 | |
| | 1637 | Katherine Finch | LOK |  | W21 | m9-19 | |
| | 1539 | Gabrielle Du Toit | BOF |  | W21 | m15-18 | |
| | 2441 | Meabh Perkins | BOC |  | W21 | m12-17 | |
| | 2935 | Samantha Vincent | DVO |  | W21 | m8-18 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W21S - 6.3km 185m



| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|-------------------------|--|-----------|---------------|--------|
| 1st | 3156 | Bethany Kippin | TVOC  | W21 | 64:17 | |
| 2nd | 1099 | Olivia Baxter | LVO  | W21 | 72:18 | +8:01 |
| 3rd | 1443 | Megan Cumming | STUOC  | W21 | 73:22 | +9:05 |
| 4th | 2475 | Rachel Potter | BOK  | W21 | 79:39 | +15:22 |
| 5th | 1923 | Amy Hulley | SO  | W21 | 79:54 | +15:37 |
| 6th | 2699 | Jasmine Silk | SWOC  | W21 | 80:01 | +15:44 |
| 7th | 3057 | Livia Wright | CLOK  | W21 | 81:23 | +17:06 |
| 8th | 1995 | Sara Josefsson | STAG  | W21 | 83:18 | +19:01 |
| 9th | 1452 | Holly Curtis | SO  | W21 | 84:11 | +19:54 |
| 10th | 1298 | Caitlin Chafer | LEI  | W21 | 86:58 | +22:41 |
| 11th | 1917 | Holly Hughes | WCH  | W21 | 88:40 | +24:23 |
| 12th | 1060 | Holly Avis | BOF  | W21 | 90:52 | +26:35 |
| 13th | 2222 | Shona McGillicuddy | ESOC  | W21 | 91:15 | +26:58 |
| 14th | 1850 | Ana Hernandez Rodriguez | CUOC  | W21 | 91:36 | +27:19 |
| 15th | 2025 | Elena Kippin | TVOC  | W21 | 91:44 | +27:27 |
| 16th | 2153 | Deborah Manning | SWOC  | W21 | 93:08 | +28:51 |
| 17th | 2229 | Kirsty McIntyre | OK Tyr  | W21 | 96:50 | +32:33 |
| 18th | 1001 | Freyja Abbott | STAG  | W21 | 97:08 | +32:51 |
| 19th | 1586 | Evelyn Elmes | DEE  | W21 | 98:44 | +34:27 |
| 20th | 2681 | Jessica Selby | DVO  | W21 | 101:10 | +36:53 |
| 21st | 1222 | Hannah Brown | SARUM  | W21 | 106:39 | +42:22 |
| 22nd | 1484 | Jemma Davie | DEVON  | W21 | 113:43 | +49:26 |
| 23rd | 2362 | Eileen O'Donovan | BOC  | W21 | 128:33 | +64:16 |
| 24th | 1352 | Natasha Claus | NOC  | W21 | 143:02 | +78:45 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W21V - 4.2km 130m


| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|----------------------|---|-----------|--------------|--------|
| 1st | 1655 | Chloe Fowler | HAVOC  | W21 | 48:33 | |
| 2nd | 1016 | Aina Albajar Sigalés | COC  | W21 | 53:49 | +5:16 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W35L - 8.6km 315m



| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|-----------------|--------|---|------------------|--------|
| 1st | 2597 | Kitty Robinson | SBOC |  W35 | 67:15 | |
| 2nd | 1465 | Clare Dallimore | SWOC |  W35 | 73:28 | +6:13 |
| 3rd | 2794 | Kirsten Strain | AROS |  W35 | 75:37 | +8:22 |
| 4th | 2081 | Eloise Lee | HOC |  W35 | 77:58 | +10:43 |
| 5th | 1430 | Anya Crocker | SOC |  W35 | 88:42 | +21:27 |
| 6th | 2152 | Cerys Manning | MDOC |  W35 | 89:54 | +22:39 |
| 7th | 2696 | Tamla Short | WCH |  W35 | 98:47 | +31:32 |
| 8th | 2034 | Sarah Knight | LVO |  W35 | 116:06 | +48:51 |
| 9th | 1042 | Megan Ashton | RNRMOC |  W35 | 116:51 | +49:36 |
| 10th | 2178 | Emma Mason | MDOC |  W35 | 141:48 | +74:33 |
| 11th | 2339 | Emily Norris | BOF |  W35 | 145:07 | +77:52 |
| 12th | 2364 | Marie O'Donovan | BOC |  W35 | 165:08 | +97:53 |
| | 3058 | Nadine Wright | BL |  W35 | m2-10 m15 | |
| | 2159 | Emma Mansfield | BAOC |  W35 | w12 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W35S - 6km 180m

| Pos | No. | Name | Club | Age Class | Time Behind |
|-----|------|-------------|---|-----------|----------------------|
| 1st | 1228 | Susan Brown | HH  | W35 | 87:06 |
| 2nd | 2062 | Becki Law | ERYRI  | W35 | 104:09 +17:03 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W40L - 8.6km 315m






| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|---------------------|-----------|-----------|---------------|--------|
| 1st | 1844 | Heather Heppenstall | LOC | W40 | 73:38 | |
| 2nd | 2614 | Heather Roome | SROC | W40 | 73:56 | +0:18 |
| 3rd | 1729 | Laura Goy | SYO | W40 | 74:58 | +1:20 |
| 4th | 2524 | Becky Rafferty | HH | W40 | 75:13 | +1:35 |
| 5th | 1055 | Sarah Atkinson | LOC | W40 | 76:07 | +2:29 |
| 6th | 2890 | Lucie Todhunter | SROC | W40 | 76:41 | +3:03 |
| 7th | 1087 | Sarah-Jane Barrable | SLOW | W40 | 80:43 | +7:05 |
| 8th | 2283 | Sunniva Morgan | Malvik IL | W40 | 81:33 | +7:55 |
| 9th | 1070 | Clare Baker | NN | W40 | 82:00 | +8:22 |
| 10th | 1531 | Liz Drewe | CLARO | W40 | 82:18 | +8:40 |
| 11th | 2668 | Sarah Scarbrough | MV | W40 | 83:33 | +9:55 |
| 12th | 2298 | Anne Murgatroyd | AIRE | W40 | 85:11 | +11:33 |
| 13th | 2286 | Rebecca Morris | BASOC | W40 | 86:59 | +13:21 |
| 14th | 2236 | Lindsay McMillan | EPOC | W40 | 91:07 | +17:29 |
| 15th | 1135 | Isabel Berry | BL | W40 | 92:08 | +18:30 |
| 16th | 1448 | Christine Currie | SOC | W45 | 94:24 | +20:46 |
| 17th | 2046 | Kerina Lake | SBOC | W45 | 94:50 | +21:12 |
| 18th | 3018 | Jennifer Williamson | ERYRI | W40 | 99:03 | +25:25 |
| 19th | 2468 | Rachel Platt | LOC | W40 | 113:06 | +39:28 |
| 20th | 1142 | Helen Bickle | WAOB | W40 | 113:20 | +39:42 |
| 21st | 2732 | Christine Smith | SLOW | W40 | 117:13 | +43:35 |
| 22nd | 2212 | Vicky McCreddie | WIM | W40 | 121:31 | +47:53 |
| 23rd | 1927 | Yvonne Hung | MDOC | W40 | 122:40 | +49:02 |
| 24th | 2331 | Kasia Nichols | SO | W40 | 123:22 | +49:44 |
| 25th | 1572 | Nicola Elder | TVOC | W40 | 124:01 | +50:23 |
| 26th | 1830 | Liz Heaton | LOC | W40 | 124:41 | +51:03 |
| 27th | 2437 | Amy Peltor | | W40 | 136:25 | +62:47 |
| 28th | 2338 | Calah Norris | HOC | W45 | 148:21 | +74:43 |
| | 1362 | Sarah Clough | DEVON | W40 | m15 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W40S - 6km 180m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|---------------|--|-----------|---------------|--------|
| 1st | 2480 | Emily Powell | DVO  | W40 | 68:10 | |
| 2nd | 2194 | Pauline May | PFO  | W40 | 70:27 | +2:17 |
| 3rd | 2094 | Katie Lewis | WRE  | W40 | 79:19 | +11:09 |
| 4th | 1364 | Emma Cochrane | HH  | W40 | 85:19 | +17:09 |
| 5th | 1347 | Laura Clarke | BAOC  | W40 | 98:24 | +30:14 |
| 6th | 1578 | Sarah Elliott | SYO  | W40 | 105:56 | +37:46 |
| 7th | 2778 | Claire Stamp | WCH  | W40 | 117:08 | +48:58 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W45L - 7.7km 195m
















| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-------------------|---------------|--|-----------|-------------------------------|---------|
| 1st | 2608 | Sarah Rollins | SN | | W45 | 61:08 | |
| 2nd | 2169 | Anna Mårsell | Stora Tuna OK | | W45 | 62:42 | +1:34 |
| 3rd | 1098 | Kim Baxter | SYO | | W45 | 63:36 | +2:28 |
| 4th | 2949 | Claire Ward | INT | | W45 | 65:55 | +4:47 |
| 5th | 1944 | Janine Inman | FVO | | W45 | 68:35 | +7:27 |
| 6th | 1238 | Jo Buckley | AIRE | | W45 | 70:48 | +9:40 |
| 7th | 3023 | Catherine Wilson | PFO | | W45 | 73:23 | +12:15 |
| 8th | 2798 | Anne Straube | OD | | W45 | 77:50 | +16:42 |
| 9th | 2365 | Toni O'Donovan | LEI | | W45 | 77:56 | +16:48 |
| 10th | 2166 | Helen Marsden | HH | | W45 | 79:10 | +18:02 |
| 11th | 2277 | Carys Morgan | SLOW | | W45 | 84:43 | +23:35 |
| 12th | 2146 | Janette Macleod | BASOC | | W45 | 84:48 | +23:40 |
| 13th | 1613 | Christine Farr | SWOC | | W45 | 85:34 | +24:26 |
| 14th | 2383 | Moire O'Sullivan | LVO | | W45 | 85:56 | +24:48 |
| 15th | 2270 | Trish Monks | BKO | | W45 | 89:25 | +28:17 |
| 16th | 1949 | Bethan Irwin | SBOC | | W45 | 95:18 | +34:10 |
| 17th | 2552 | Louise Reynolds | SYO | | W45 | 96:17 | +35:09 |
| 18th | 1961 | Emma Jarrett | WAOC | | W45 | 98:16 | +37:08 |
| 19th | 1331 | Helen Chiswell | DVO | | W45 | 99:20 | +38:12 |
| 20th | 2147 | Therese Macquart | GEN | | W45 | 100:48 | +39:40 |
| 21st | 2378 | Eleanor Osborne | LOC | | W45 | 104:01 | +42:53 |
| 22nd | 2290 | Stephanie Moss | SLOW | | W45 | 107:41 | +46:33 |
| 23rd | 1053 | Jennifer Atkinson | ELO | | W45 | 110:37 | +49:29 |
| 24th | 1488 | Andrea Davison | ELO | | W45 | 111:22 | +50:14 |
| 25th | 3050 | Hannah Woods | SYO | | W45 | 112:09 | +51:01 |
| 26th | 1854 | Alison High | SO | | W45 | 115:14 | +54:06 |
| 27th | 2239 | Elanor McNamara | AYROC | | W45 | 120:12 | +59:04 |
| 28th | 1011 | Alexandra Agombar | NGOC | | W45 | 127:49 | +66:41 |
| 29th | 1840 | Sally Heppell | WCOC | | W45 | 131:58 | +70:50 |
| 30th | 1278 | Helena Carey | FVO | | W45 | 156:50 | +95:42 |
| 31st | 1508 | Sharon Dickenson | LVO | | W45 | 166:28 | +105:20 |
| 32nd | 2246 | Joanna Mee | SMOC | | W45 | 169:27 | +108:19 |
| 33rd | 2484 | Johanna Powell | WAOC | | W45 | 171:11 | +110:03 |
| 34th | 1986 | Julia Jones | ERYRI | | W45 | 173:56 | +112:48 |
| | 1461 | Fran Daley | ESOC | | W45 | m7-10 | |
| | 2263 | Sian Mitchell | HH | | W45 | rtd | |
| | 2762 | Jennie Soulsby | HH | | W45 | m13 m15 | |
| | 1972 | Jenny Johnson | SYO | | W45 | rtd | |
| | 1037 | Pippa Archer | LOC | | W45 | m7-10 | |
| | 2723 | Catherine Slade | SAX | | W45 | m2-8 m10-11 m13-14 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W45S - 5.3km 180m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|--------------------|--|-----------|---------------|--------|
| 1st | 2143 | Maria MacKenzie | EBOR  | W45 | 68:49 | |
| 2nd | 1265 | Sally Calland | DVO  | W45 | 70:53 | +2:04 |
| 3rd | 1858 | Melanie Hilton | HH  | W45 | 81:02 | +12:13 |
| 4th | 1815 | Jenny Hauxwell | LOC  | W45 | 81:34 | +12:45 |
| 5th | 2032 | Kate Kitchin | INT  | W45 | 83:44 | +14:55 |
| 6th | 1145 | Hanna Biernacka | WAOC  | W45 | 86:38 | +17:49 |
| 7th | 2385 | Elizabeth Owen | FVO  | W45 | 87:00 | +18:11 |
| 8th | 2804 | Katharine Swalwell | DVO  | W45 | 87:47 | +18:58 |
| 9th | 1753 | Susan Guy | SYO  | W45 | 88:57 | +20:08 |
| 10th | 2656 | Kim Sanderson | NATO  | W45 | 97:37 | +28:48 |
| 11th | 1385 | Hannah Cooper | BOF  | W45 | 105:56 | +37:07 |
| 12th | 2210 | Rebecca McCreadie | DEE  | W45 | 119:57 | +51:08 |
| 13th | 2532 | Karen Ransley | SAX  | W45 | 127:49 | +59:00 |
| 14th | 1170 | Corrie Blackmore | HOC  | W45 | 143:41 | +74:52 |
| | 2716 | Rebecca Simpson | CLOK  | W45 | m6-10 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W50L - 6.9km 225m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|--------------------|---------------------------------|---|---------------|--------|
| 1st | 2760 | Juliette Soulard | OD |  W50 | 66:02 | |
| 2nd | 1789 | Helen Hargreaves | WCOC |  W50 | 69:16 | +3:14 |
| 3rd | 1800 | Emma Harrison | EPOC |  W50 | 74:33 | +8:31 |
| 4th | 1901 | Alison Howe | SAX |  W50 | 77:56 | +11:54 |
| 5th | 2377 | Beccy Osborn | FVO |  W50 | 79:36 | +13:34 |
| 6th | 1804 | Heather Hartman | INT |  W50 | 80:46 | +14:44 |
| 7th | 2629 | Charlotte Ross | SN |  W50 | 82:27 | +16:25 |
| 8th | 1423 | Amanda Crawshaw | SYO |  W50 | 82:47 | +16:45 |
| 9th | 1311 | Anna Chapman | SO |  W50 | 84:40 | +18:38 |
| 10th | 2125 | Carol Lovegrove | SN |  W50 | 86:27 | +20:25 |
| 11th | 2066 | Vanessa Lawson | NGOC |  W50 | 87:28 | +21:26 |
| 12th | 2619 | Lizzie Rose | ECKO |  W50 | 89:26 | +23:24 |
| 13th | 1377 | Natasha Conway | FVO |  W50 | 91:11 | +25:09 |
| 14th | 2302 | Caroline Murray | KerryO |  W50 | 91:59 | +25:57 |
| 15th | 2144 | Michelle Mackervoy | DVO |  W50 | 92:13 | +26:11 |
| 16th | 2185 | Jo Matthew | SROC |  W50 | 93:22 | +27:20 |
| 17th | 1006 | Jenni Adams | Peninsula and Plains Orienteers |  W50 | 94:07 | +28:05 |
| 18th | 2907 | Pauline Tryner | SYO |  W50 | 97:12 | +31:10 |
| 19th | 2234 | Morag McLuckie | MOR |  W50 | 97:33 | +31:31 |
| 20th | 2103 | Jenny Lightfoot | SYO |  W50 | 97:55 | +31:53 |
| 21st | 2606 | Ann Roller | GO |  W50 | 98:46 | +32:44 |
| 22nd | 2030 | Rachel Kirkland | FVO |  W50 | 99:57 | +33:55 |
| 23rd | 1411 | Deirdre Coyle | GEN |  W50 | 101:35 | +35:33 |
| 24th | 1899 | Nicola Howard | MOR |  W50 | 102:14 | +36:12 |
| 25th | 1581 | Helen Ellis | PFO |  W50 | 103:02 | +37:00 |
| 26th | 1045 | Freya Askham | SMOC |  W50 | 105:06 | +39:04 |
| 27th | 1346 | Katie Clarke | SN |  W50 | 105:13 | +39:11 |
| 28th | 1564 | Cat Edwardes | DEVON |  W50 | 105:50 | +39:48 |
| 29th | 1212 | Frances Britain | MOR |  W50 | 109:16 | +43:14 |
| 30th | 1167 | Tara Black | INVOC |  W50 | 112:20 | +46:18 |
| 31st | 2916 | Kate Turner | SO |  W50 | 113:07 | +47:05 |
| 32nd | 1477 | Angela Darley | GO |  W50 | 116:04 | +50:02 |
| 33rd | 2312 | Yvonne Näslund | Skogslöparna |  W50 | 116:51 | +50:49 |
| 34th | 2244 | Rebecca Medlock | WSX |  W50 | 118:09 | +52:07 |
| 35th | 1743 | Barbara Griessner | SLOW |  W50 | 119:45 | +53:43 |
| 36th | 2647 | Martina Rowe | GEN |  W50 | 124:50 | +58:48 |
| 37th | 1865 | Cinnamon Hodgson | SYO |  W50 | 128:16 | +62:14 |
| 38th | 1236 | Fiona Buckley | KerryO |  W50 | 133:02 | +67:00 |
| 39th | 1333 | Vesela Chokoeva | SLOW |  W50 | 133:30 | +67:28 |
| 40th | 1771 | Fiona Hancock | |  W55 | 136:23 | +70:21 |
| 41st | 1442 | Fiona Crowther | EPOC |  W50 | 145:25 | +79:23 |
| 42nd | 1297 | Vanessa Caudwell | SYO |  W50 | 152:22 | +86:20 |
| | 2802 | Emese Svab | HH |  W50 | m5-13 | |
| | 1357 | Dawn Clifford | MV |  W50 | m3-13 | |
| | 1816 | Natalie Hawkrigg | BL |  W50 | m3-15 | |
| | 2315 | Hannah Nesbit | HH |  W50 | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W50S - 5.3km 180m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|-------------------|---------------|---|-----------|---------------|--------|
| 1st | 2043 | Jacquie Laird | INVOC |  | W50 | 72:24 | |
| 2nd | 2697 | Katharine Shrine | SROC |  | W50 | 74:15 | +1:51 |
| 3rd | 1921 | Sally Hughes | WCH |  | W50 | 79:26 | +7:02 |
| 4th | 1441 | Liz Cross | TVOC |  | W50 | 81:06 | +8:42 |
| 5th | 2682 | Fia Selmer | TAY |  | W50 | 81:36 | +9:12 |
| 6th | 1416 | Alex Crawford | WCOG |  | W50 | 83:59 | +11:35 |
| 7th | 1911 | Vanessa Howsam | SYO |  | W50 | 84:36 | +12:12 |
| 8th | 1091 | Katharine Bartram | NOR |  | W50 | 93:31 | +21:07 |
| 9th | 2680 | Claire Selby | DVO |  | W50 | 97:27 | +25:03 |
| 10th | 2014 | Kate Kilpatrick | FVO |  | W50 | 98:44 | +26:20 |
| 11th | 2961 | Beatrice Waters | SO |  | W50 | 98:45 | +26:21 |
| 12th | 2536 | Norma Rea | LVO |  | W50 | 99:08 | +26:44 |
| 13th | 2455 | Emily Pieters | SYO |  | W50 | 105:02 | +32:38 |
| 14th | 1407 | Alison Cowe | WAOC |  | W50 | 115:30 | +43:06 |
| 15th | 2421 | Andrea Pauling | SAX |  | W50 | 117:33 | +45:09 |
| 16th | 1397 | Elizabeth Cottier | ECKO |  | W50 | 119:02 | +46:38 |
| 17th | 1675 | Lisa Gale | DVO |  | W50 | 122:18 | +49:54 |
| 18th | 2979 | Petra Weingartner | OL Zimmerberg |  | W50 | 133:27 | +61:03 |
| | 1713 | Esther Gooch | MAROC |  | W50 | m13 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W55L - 6.3km 185m



| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|---------------------|--------|---|---------------|--------|
| 1st | 1273 | Sara Campbell | DEE |  W55 | 57:24 | |
| 2nd | 1959 | Lisa James | SOC |  W55 | 62:52 | +5:28 |
| 3rd | 2621 | Susannah Rose | ECKO |  W55 | 66:21 | +8:57 |
| 4th | 3001 | Lucy Wiegand | SYO |  W55 | 67:20 | +9:56 |
| 5th | 1963 | Julia Jarvis | SO |  W55 | 68:53 | +11:29 |
| 6th | 2725 | Melanie Slade | SN |  W55 | 69:18 | +11:54 |
| 7th | 2009 | Clare Kemsley | BASOC |  W55 | 69:43 | +12:19 |
| 8th | 1600 | Ianka Petrova Evans | POTOC |  W55 | 70:28 | +13:04 |
| 9th | 1028 | Woo Allen | SN |  W55 | 70:35 | +13:11 |
| 10th | 1768 | Kate Hampshire | NN |  W55 | 72:02 | +14:38 |
| 11th | 2783 | Josie Stansfield | FVO |  W55 | 74:36 | +17:12 |
| 12th | 1196 | Sheila Braine | QO |  W55 | 74:41 | +17:17 |
| 13th | 1418 | Karen Crawford | BOK |  W55 | 75:03 | +17:39 |
| 14th | 1953 | Diane Jocks | WRE |  W55 | 76:44 | +19:20 |
| 15th | 1527 | Bronwen Doyle | SYO |  W55 | 77:05 | +19:41 |
| 16th | 1104 | Sarah Bayliss | WRE |  W55 | 77:13 | +19:49 |
| 17th | 1664 | Karen French | WIM |  W55 | 77:15 | +19:51 |
| 18th | 2261 | Kerstin Mitchell | HOC |  W55 | 80:13 | +22:49 |
| 19th | 1919 | Judith Hughes | WCH |  W55 | 81:39 | +24:15 |
| 20th | 1628 | Julie Ferris-Worth | BL |  W55 | 81:54 | +24:30 |
| 21st | 2784 | Robyn Stanyon | SYO |  W55 | 82:14 | +24:50 |
| 22nd | 2944 | Louise Walker | SUFFOC |  W55 | 82:39 | +25:15 |
| 23rd | 1198 | Caroline Brammer | DEE |  W55 | 83:34 | +26:10 |
| 24th | 2252 | Lisa Methven | BKO |  W55 | 84:46 | +27:22 |
| 25th | 2895 | Louise Tonge | BOK |  W55 | 84:56 | +27:32 |
| 26th | 3029 | Rachel Wilson | CLYDE |  W55 | 85:14 | +27:50 |
| 27th | 2863 | Karen Thompson | HOC |  W55 | 86:00 | +28:36 |
| 28th | 1540 | Ann-Marie Duckworth | DVO |  W55 | 86:15 | +28:51 |
| 29th | 2548 | Alison Reynolds | DEVON |  W55 | 86:47 | +29:23 |
| 30th | 1190 | Sharon Bowes | CLARO |  W55 | 88:36 | +31:12 |
| 31st | 1270 | Elizabeth Campbell | MOR |  W55 | 88:43 | +31:19 |
| 32nd | 2317 | Katja Neumann | MAROC |  W55 | 90:57 | +33:33 |
| 33rd | 2486 | Rachel Powell | LOC |  W55 | 91:10 | +33:46 |
| 34th | 2305 | Deb Murrell | SROC |  W55 | 91:12 | +33:48 |
| 35th | 1482 | Camilla Darwin | WAOC |  W55 | 91:50 | +34:26 |
| 36th | 2200 | Jane McCann | MDOC |  W55 | 92:14 | +34:50 |
| 37th | 1757 | Helen Hague | WAOC |  W55 | 94:15 | +36:51 |
| 38th | 1634 | Dawn Figg | PFO |  W55 | 94:50 | +37:26 |
| 39th | 2225 | Janette McHendry | WCOC |  W55 | 98:09 | +40:45 |
| 40th | 2570 | Carolyn Rigby | CLOK |  W55 | 100:36 | +43:12 |
| 41st | 2546 | Lorraine Reuber | SYO |  W55 | 104:51 | +47:27 |
| 42nd | 2109 | Clare Lines | SO |  W55 | 105:35 | +48:11 |
| 43rd | 1602 | Joanna Evans | QO |  W55 | 110:46 | +53:22 |
| 44th | 1797 | Ruth Harris | DEE |  W55 | 122:35 | +65:11 |
| 45th | 2785 | Rach Stavert | LOC |  W55 | 146:53 | +89:29 |
| | 2905 | Nicola Trotman | HH |  W55 | m13 | |
| | 2271 | Emma Moody | WCOC |  W55 | m13 | |
| | 1784 | Alison Hardy | LEI |  W55 | rtd | |
| | 1089 | Sue Barrie | MAROC |  W55 | m8 | |

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EVENT RESULTS

W55S - 4.2km 130m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|-------------------|--|-----------|---------------|--------|
| 1st | 1704 | Dawn Goddard | FVO  | W55 | 53:32 | |
| 2nd | 1987 | Margaret Jones | NGOC  | W55 | 56:04 | +2:32 |
| 3rd | 1276 | Jane Carcas | INT  | W55 | 58:14 | +4:42 |
| 4th | 1395 | Natsuko Cotter | KerryO  | W55 | 58:53 | +5:21 |
| 5th | 1390 | Alison Corbett | POTOC  | W55 | 60:07 | +6:35 |
| 6th | 2832 | Judith Taylor | NGOC  | W55 | 60:27 | +6:55 |
| 7th | 1122 | Judith Bell | ESOC  | W55 | 62:42 | +9:10 |
| 8th | 1414 | Tracy Craig | WCH  | W55 | 63:27 | +9:55 |
| 9th | 1131 | Juliet Bentley | SROC  | W55 | 68:58 | +15:26 |
| 10th | 3067 | Alison Yeates | WCH  | W55 | 70:18 | +16:46 |
| 11th | 1552 | Lorna Eades | INT  | W55 | 71:01 | +17:29 |
| 12th | 2950 | Lesley Ward | SYO  | W55 | 73:02 | +19:30 |
| 13th | 3115 | Jane Yates | BL  | W55 | 74:18 | +20:46 |
| 14th | 2067 | Vivianne Lawson | OD  | W55 | 74:41 | +21:09 |
| 15th | 2018 | Lesley King | GO  | W55 | 76:25 | +22:53 |
| 16th | 2129 | Julia Lowe | WCH  | W55 | 78:35 | +25:03 |
| 17th | 1044 | Karen Ashworth | SO  | W55 | 95:26 | +41:54 |
| 18th | 1116 | Karen Bedwell | DVO  | W55 | 99:27 | +45:55 |
| 19th | 2093 | Karen Lewis | QO  | W55 | 113:35 | +60:03 |
| 20th | 2287 | Cathleen Morrison | Ajax  | W55 | 117:41 | +64:09 |
| | 2989 | Deborah Whelan | CNOC  | W55 | m7 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W60L - 6.2km 210m






| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|------|--------------------|---------------|---|-----------|---------------|--------|
| 1st | 2406 | Karen Parker | BL |  | W60 | 55:53 | |
| 2nd | 1447 | Alison Cunningham | FVO |  | W60 | 58:02 | +2:09 |
| 3rd | 2871 | Vicky Thornton | FVO |  | W60 | 63:11 | +7:18 |
| 4th | 2278 | Jane Morgan | LOC |  | W60 | 64:01 | +8:08 |
| 5th | 1495 | Hazel Dean | FVO |  | W60 | 65:11 | +9:18 |
| 6th | 1251 | Jackie Butt | SARUM |  | W60 | 65:27 | +9:34 |
| 7th | 1113 | Alice Bedwell | BOK |  | W60 | 66:23 | +10:30 |
| 8th | 1914 | Ginny Hudson | NGOC |  | W60 | 70:14 | +14:21 |
| 9th | 1619 | Heather Fellbaum | FVO |  | W60 | 70:45 | +14:52 |
| 10th | 1354 | Jo Cleary | LOC |  | W60 | 73:55 | +18:02 |
| 11th | 1778 | Alison Harding | ESOC |  | W60 | 73:59 | +18:06 |
| 12th | 2575 | Amanda Roberts | LOG |  | W60 | 76:41 | +20:48 |
| 13th | 2670 | Jackie Scarf | EPOC |  | W60 | 76:48 | +20:55 |
| 14th | 1005 | Janet Adams | SYO |  | W60 | 77:24 | +21:31 |
| 15th | 1259 | Sue Buxton | TVOC |  | W60 | 80:27 | +24:34 |
| 16th | 2718 | Avvai Singam | OKTor |  | W60 | 80:53 | +25:00 |
| 17th | 2171 | Joyce Marshall | AIRE |  | W60 | 81:30 | +25:37 |
| 18th | 1956 | Liz Jackson | DEE |  | W60 | 84:01 | +28:08 |
| 19th | 2358 | Mary O'Connell | 3ROC |  | W60 | 86:38 | +30:45 |
| 20th | 2452 | Liz Phillips | OD |  | W60 | 87:00 | +31:07 |
| 21st | 3043 | Heather Wood | GEN |  | W60 | 88:00 | +32:07 |
| 22nd | 2019 | Lindsey King | AIRE |  | W60 | 88:19 | +32:26 |
| 23rd | 2829 | Jo Taylor | SROC |  | W60 | 89:46 | +33:53 |
| 24th | 1781 | Suzanne Harding | NGOC |  | W60 | 93:04 | +37:11 |
| 25th | 1425 | Sarah Cray | BAOC |  | W60 | 93:49 | +37:56 |
| 26th | 1079 | Elizabeth Bales | POTOC |  | W60 | 94:57 | +39:04 |
| 27th | 1592 | Jill Emmerson | OD |  | W60 | 95:51 | +39:58 |
| 28th | 2502 | Carol Prosser | BAOC |  | W60 | 97:05 | +41:12 |
| 29th | 2419 | Lucy Paton | SN |  | W60 | 99:03 | +43:10 |
| 30th | 1538 | Colette Du Toit | NGOC |  | W60 | 100:03 | +44:10 |
| 31st | 2141 | Caroline Mackenzie | CLOK |  | W60 | 100:29 | +44:36 |
| 32nd | 1428 | Susan Crickmore | SO |  | W60 | 100:40 | +44:47 |
| 33rd | 1801 | Nicola Hart | DVO |  | W60 | 101:25 | +45:32 |
| 34th | 2730 | Alison Smith | TVOC |  | W60 | 101:49 | +45:56 |
| 35th | 2473 | Caroline Potter | BOK |  | W60 | 103:42 | +47:49 |
| 36th | 1444 | Ann Cummings | WCOC |  | W65 | 103:46 | +47:53 |
| 37th | 2515 | Karen Quickfall | SROC |  | W60 | 103:49 | +47:56 |
| 38th | 3008 | Sally Wilkinson | SUFFOC |  | W60 | 104:01 | +48:08 |
| 39th | 2688 | Helen Sharp | TVOC |  | W60 | 105:26 | +49:33 |
| 40th | 1313 | Carole Chapman | LOG |  | W60 | 107:49 | +51:56 |
| 41st | 1507 | Carolyn Dent | BOK |  | W60 | 109:02 | +53:09 |
| 42nd | 2170 | Penny Marsh | SO |  | W60 | 109:07 | +53:14 |
| 43rd | 2729 | Helen Smethurst | PFO |  | W60 | 109:08 | +53:15 |
| 44th | 1623 | Cecilia Fenerty | MDOC |  | W60 | 109:10 | +53:17 |
| 45th | 1601 | Janet Evans | WCOC |  | W60 | 110:05 | +54:12 |
| 46th | 2318 | Adele Newall | WCOC |  | W60 | 110:38 | +54:45 |
| 47th | 2926 | Leianne Upton | MV |  | W60 | 110:42 | +54:49 |
| 48th | 2442 | Nora Perkins | BOC |  | W60 | 111:54 | +56:01 |
| 49th | 1040 | Helen Ashenden | SN |  | W60 | 112:17 | +56:24 |
| 50th | 2651 | Sue Russell | DVO |  | W60 | 113:42 | +57:49 |
| 51st | 1720 | Deborah Goodwin | WCOC |  | W60 | 115:09 | +59:16 |
| 52nd | 2957 | Debby Warren | NN |  | W60 | 116:51 | +60:58 |
| 53rd | 2428 | Helen Pedley | EPOC |  | W60 | 120:50 | +64:57 |
| 54th | 2334 | Helen Nisbet | SMOC |  | W60 | 121:39 | +65:46 |
| 55th | 1849 | Eliza Hermann | HH |  | W60 | 124:24 | +68:31 |
| 56th | 1646 | Marie-Anne Fischer | Luxembourg OC |  | W60 | 124:54 | +69:01 |
| 57th | 2180 | Nicky Masson | MV |  | W60 | 127:00 | +71:07 |
| 58th | 1361 | Fiona Clough | BKO |  | W60 | 129:23 | +73:30 |
| 59th | 3114 | Angela Dixon | TAY |  | W60 | 134:05 | +78:12 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W60L - 6.2km 210m





















| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|------------------|------|---|---------------|---------|
| 60th | 1873 | Viv Hodson | HH |  W60 | 139:52 | +83:59 |
| 61st | 2817 | Gwen Tanner | BOK |  W60 | 145:33 | +89:40 |
| 62nd | 1459 | Jacky Dakin | SYO |  W60 | 151:05 | +95:12 |
| 63rd | 1630 | Vicky Fieldhouse | QO |  W60 | 176:24 | +120:31 |
| | 2464 | Katherine Pike | WIM |  W60 | m1 m11 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W60S - 4.2km 130m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|-------------------|---|-----------|---------------|--------|
| 1st | 2292 | Cornelia Mueller | OLV Zug  | W60 | 37:35 | |
| 2nd | 2581 | Rhian Roberts | ERYRI  | W60 | 56:38 | +19:03 |
| 3rd | 2064 | Nancy Lawson | BOK  | W60 | 65:41 | +28:06 |
| 4th | 2410 | Sue Parker | BKO  | W60 | 67:48 | +30:13 |
| 5th | 3111 | Helen Barker | FVO  | W60 | 70:56 | +33:21 |
| 6th | 2080 | Cath Lee | LOC  | W60 | 71:17 | +33:42 |
| 7th | 1694 | Jennifer Gebka | HAVOC  | W60 | 72:39 | +35:04 |
| 8th | 1319 | Debbie Charlton | SMOC  | W60 | 74:11 | +36:36 |
| 9th | 1888 | Elspeth Hooton | EBOR  | W60 | 74:19 | +36:44 |
| 10th | 2986 | Judith Wetherill | WAOC  | W60 | 77:40 | +40:05 |
| 11th | 3042 | Vickie Wong | HKOC  | W60 | 78:33 | +40:58 |
| 12th | 2342 | Charlotte Norwood | GEN  | W60 | 80:09 | +42:34 |
| 13th | 1587 | Joanna Emberton | EPOC  | W60 | 89:20 | +51:45 |
| 14th | 1996 | Aine Joyce | GEN  | W60 | 90:56 | +53:21 |
| 15th | 1033 | Susanne Andersen | BOK  | W60 | 91:43 | +54:08 |
| 16th | 1208 | Edith Bridcut | GEN  | W60 | 92:22 | +54:47 |
| 17th | 1370 | Alison Collins | LVO  | W60 | 93:14 | +55:39 |
| 18th | 1057 | Wing See Au |  | W60 | 101:46 | +64:11 |
| 19th | 1960 | Ros James | SMOC  | W60 | 103:53 | +66:18 |
| 20th | 2856 | Rachel Thomas | SMOC  | W65 | 109:34 | +71:59 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W65L - 5.3km 180m










| Pos | No. | Name | Club | Age Class | Time Behind |
|------|------|--------------------|---------------|-----------|----------------------|
| 1st | 2704 | Alison Simmons | BOK | W65 | 57:39 |
| 2nd | 1415 | Ann Cranke | CLOK | W65 | 64:33 +6:54 |
| 3rd | 1762 | Jackie Hallett | BOK | W65 | 66:14 +8:35 |
| 4th | 2357 | Mary Ockenden | SROC | W65 | 66:18 +8:39 |
| 5th | 1403 | Julie Couch | EPOC | W65 | 66:40 +9:01 |
| 6th | 1904 | Sarah Howes | SAX | W65 | 67:05 +9:26 |
| 7th | 1566 | Carol Edwards | BL | W65 | 70:11 +12:32 |
| 8th | 2073 | Diane Leakey | SLOW | W65 | 70:36 +12:57 |
| 9th | 1977 | Val Johnson | DVO | W65 | 76:00 +18:21 |
| 10th | 1497 | Elizabeth Deane | CorkO | W65 | 79:52 +22:13 |
| 11th | 1241 | Judy Burge | LOC | W65 | 80:05 +22:26 |
| 12th | 2008 | Helen Kelsey | BOK | W65 | 81:17 +23:38 |
| 13th | 2574 | Maggie Roach | Luxembourg OC | W65 | 83:49 +26:10 |
| 14th | 1384 | Trish Coombs | MAROC | W65 | 84:10 +26:31 |
| 15th | 1230 | Gill Browne | LOC | W65 | 84:55 +27:16 |
| 16th | 1653 | Jo Foster | BOK | W65 | 86:16 +28:37 |
| 17th | 1192 | Marcia Bradbury | SYO | W65 | 86:22 +28:43 |
| 18th | 1163 | Susan Birtwistle | CLARO | W65 | 86:35 +28:56 |
| 19th | 1529 | Carol Dredge | WCH | W65 | 87:18 +29:39 |
| 20th | 2272 | Pat Moody | DEE | W65 | 87:46 +30:07 |
| 21st | 1820 | Kathy Haynes | WAOC | W65 | 92:22 +34:43 |
| 22nd | 1434 | Janet Cronk | WAOC | W65 | 93:41 +36:02 |
| 23rd | 1008 | Mary Adams | LOC | W65 | 95:03 +37:24 |
| 24th | 2516 | Mary Rack | NATO | W65 | 96:51 +39:12 |
| 25th | 1282 | Wendy Carlyle | AIRE | W65 | 97:38 +39:59 |
| 26th | 3047 | Shirley Wood | AIRE | W65 | 97:48 +40:09 |
| 27th | 1227 | Pam Brown | HALO | W65 | 98:54 +41:15 |
| 28th | 3060 | Rosie Wych | QO | W65 | 99:42 +42:03 |
| 29th | 2687 | Gill Sharp | SN | W65 | 102:42 +45:03 |
| 30th | 1341 | Karen Clark | EBOR | W65 | 104:50 +47:11 |
| 31st | 2324 | Sheelagh Nichol | AYROC | W65 | 105:48 +48:09 |
| 32nd | 2898 | Susan Toomer | QO | W65 | 107:09 +49:30 |
| 33rd | 3053 | Sue Woods | WAOC | W65 | 110:23 +52:44 |
| 34th | 2579 | Marie Roberts | MDOC | W65 | 117:18 +59:39 |
| 35th | 1924 | Linda Hulley | SO | W65 | 131:30 +73:51 |
| 36th | 1112 | Barbara Beckett | HAVOC | W65 | 139:11 +81:32 |
| 37th | 2374 | Helen O'Neil | NOC | W65 | 142:33 +84:54 |
| | 2789 | Jane Stew | OD | W65 | w9 m11-14 |
| | 2593 | Christine Robinson | LOC | W65 | m9-12 rtd |
| | 1589 | Jacqueline Embrey | SROC | W65 | m14 |
| | 2230 | Morag McIntyre | INT | W65 | m2-7 m9-12 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W65S - 3.5km 145m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-------------------|----------------------------|---|---------------|---------|
| 1st | 1096 | Helen Baxter | LVO |  W65 | 52:01 | |
| 2nd | 1938 | Carol Iddles | RAFO |  W65 | 55:09 | +3:08 |
| 3rd | 1557 | Kim Eden | NOR |  W65 | 60:39 | +8:38 |
| 4th | 2330 | Janice Nichols | BL |  W65 | 72:22 | +20:21 |
| 5th | 3076 | Sara Dyer | British Orienteering [GBR] |  W65 | 90:03 | +38:02 |
| 6th | 2917 | Kathryn Turner | TVOC |  W65 | 96:33 | +44:32 |
| 7th | 1048 | Christine Athorne | STAG |  W65 | 159:48 | +107:47 |
| | 1271 | Jane Campbell | DEE |  W65 | m1-9 | |
| | 2414 | Penny Parkes | HH |  W65 | m1 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W70L - 4.2km 130m










| Pos | No. | Name | Club | Age Class | Time Behind |
|------|------|---------------------|-------|-----------|----------------------|
| 1st | 2013 | Christine Kiddier | BL | W70 | 48:18 |
| 2nd | 2335 | Janice Nisbet | ESOC | W70 | 50:17 +1:59 |
| 3rd | 1463 | Margaret Dagleish | ESOC | W70 | 51:24 +3:06 |
| 4th | 1973 | Judy Johnson | BL | W70 | 56:42 +8:24 |
| 5th | 2788 | Susan Stevens | AIRE | W70 | 56:47 +8:29 |
| 6th | 3158 | Mary Williams | ESOC | W70 | 59:16 +10:58 |
| 7th | 1703 | Inara Gipsle | TVOC | W70 | 59:23 +11:05 |
| 8th | 1127 | Jasmine Bennett | SO | W70 | 61:23 +13:05 |
| 9th | 1880 | Judith Holt | DVO | W70 | 61:36 +13:18 |
| 10th | 2982 | Lyn West | SOS | W70 | 62:15 +13:57 |
| 11th | 2742 | Jill Smith | | W70 | 62:46 +14:28 |
| 12th | 2616 | Susan Roome | SROC | W70 | 64:17 +15:59 |
| 13th | 1233 | Kate Bryant | MDOC | W70 | 65:22 +17:04 |
| 14th | 1869 | Hilary Hodgkinson | NOC | W70 | 65:32 +17:14 |
| 15th | 1182 | Jane Booker | NOC | W70 | 66:11 +17:53 |
| 16th | 2658 | Carol Sands | BOK | W70 | 66:35 +18:17 |
| 17th | 2912 | Di Turner | SO | W70 | 66:52 +18:34 |
| 18th | 2821 | Rosalind Taunton | NGOC | W70 | 69:29 +21:11 |
| 19th | 3010 | Margaret Willdig | OD | W70 | 69:31 +21:13 |
| 20th | 1047 | Julie Astin | WSX | W70 | 72:58 +24:40 |
| 21st | 1819 | Linda Hayles | EPOC | W70 | 74:13 +25:55 |
| 22nd | 1289 | Liz Carter | AIRE | W70 | 77:06 +28:48 |
| 23rd | 3017 | Isobel Williamson | LOC | W70 | 81:41 +33:23 |
| 24th | 1643 | Val Finch | FVO | W70 | 82:43 +34:25 |
| 25th | 2297 | Denise Mullins | SARUM | W70 | 91:24 +43:06 |
| 26th | 2693 | Rosie Shaw | SMOC | W70 | 99:21 +51:03 |
| 27th | 2489 | Nancy Powell Davies | BL | W70 | 105:33 +57:15 |
| 28th | 1647 | Jean Fitzgerald | SAX | W70 | 126:02 +77:44 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W70S - 3.5km 145m

| Pos | No. | Name | Club | Age Class | Time Behind |
|-----|------|------------------|--|-----------|----------------------|
| 1st | 3152 | Noreen Ives | WAOC  | W70 | 62:17 |
| 2nd | 2828 | Janet Taylor | MDOC  | W70 | 79:39 +17:22 |
| 3rd | 2131 | Evamarie Lundahl | IF Hagen  | W70 | 80:00 +17:43 |
| 4th | 1327 | Ruth Chesters | DEVON  | W70 | 100:04 +37:47 |
| 5th | 1141 | Hazel Bickle | WAOC  | W70 | 108:20 +46:03 |
| 6th | 2522 | Susan Rae | SMOC  | W75 | 108:25 +46:08 |
| 7th | 3028 | Pauline Wilson | SYO  | W70 | 110:15 +47:58 |
| | 2373 | Pauline Olds | KERNO  | W70 | m1-7 m9 |
| | 2737 | Diana Smith | SOC  | W70 | m2-7 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W75 - 3.5km 145m








| Pos | No. | Name | Club | Age Class | Time Behind |
|------|------|--------------------|-------|-----------|----------------------|
| 1st | 2400 | Hilary Palmer | NOC | W75 | 52:47 |
| 2nd | 1280 | Sheila Carey | OD | W75 | 54:31 +1:44 |
| 3rd | 2154 | Jill Manning | SWOC | W75 | 56:30 +3:43 |
| 4th | 1505 | Marian Denham | POTOC | W75 | 58:58 +6:11 |
| 5th | 2628 | Miriam Rosen | SROC | W75 | 61:37 +8:50 |
| 6th | 1709 | Liz Godfree | DVO | W75 | 62:51 +10:04 |
| 7th | 2796 | Sheila Strain | ELO | W75 | 64:13 +11:26 |
| 8th | 2858 | Sally Thomas | BOK | W75 | 64:37 +11:50 |
| 9th | 2500 | Beryl Pring | SAX | W75 | 66:02 +13:15 |
| 10th | 2630 | Gill Ross | EPOC | W75 | 70:01 +17:14 |
| 11th | 1772 | Sue Hands | WIM | W75 | 70:11 +17:24 |
| 12th | 1725 | Jill Gorvett | SYO | W75 | 70:42 +17:55 |
| 13th | 1582 | Jan Ellis | NOC | W75 | 73:41 +20:54 |
| 14th | 2016 | Christine King | BOK | W75 | 85:33 +32:46 |
| 15th | 2870 | Charlotte Thornton | SARUM | W75 | 86:34 +33:47 |
| 16th | 1764 | Sue Hallett | OD | W75 | 88:52 +36:05 |
| 17th | 2279 | Juliet Morgan | EPOC | W75 | 98:57 +46:10 |
| 18th | 2632 | Pauline Rosser | SYO | W75 | 100:24 +47:37 |
| 19th | 1526 | Alison Doyle | MDOC | W75 | 150:17 +97:30 |
| | 2164 | Carolyn Marr | OD | W75 | m2-3 |
| | 1217 | Julie Brook | MDOC | W75 | m1 rtd |
| | 2868 | Jo Thornley | AIRE | W75 | m2-8 |
| | 2562 | Janet Richardson | OD | W75 | m2-7 |
| | 3087 | Mary Carrick | HALO | W75 | m5 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W80 - 3.5km 145m





| Pos | No. | Name | Club | Age Class | Time | Behind |
|-----|------|-------------------|---|-----------|---------------|--------|
| 1st | 1612 | Barbara Farr | POTOC  | W80 | 60:16 | |
| 2nd | 2511 | Eleanor Pyrah | ESOC  | W80 | 69:02 | +8:46 |
| 3rd | 1524 | Judy Douglas | POTOC  | W80 | 74:35 | +14:19 |
| 4th | 2555 | Ruth Rhodes | SO  | W80 | 76:12 | +15:56 |
| 5th | 1650 | Clare Fletcher | BOK  | W80 | 80:24 | +20:08 |
| 6th | 2649 | Geraldine Russell | SOS  | W80 | 83:03 | +22:47 |
| 7th | 2485 | Judith Powell | AIRE  | W80 | 131:06 | +70:50 |
| 8th | 2434 | Freda Peirce | SARUM  | W80 | 134:12 | +73:56 |
| | 2638 | Jean Rostron | POTOC  | W80 | m4-6 | |
| | 2763 | Adrienne Sowood | INVOC  | W80 | m3-7 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

W85 - 2.3km 55m

| Pos No. | Name | Club | Age Class | Time | Behind |
|---------|---------------------|--|-----------|--------------|--------|
| 1st | 2861 Jenny Thompson | TVOC  | W85 | 41:26 | |
| 2nd | 2728 Alison Sloman | HOC  | W85 | 57:57 | +16:31 |
| 3rd | 1160 Sue Birkinshaw | MDOC  | W85 | 85:21 | +43:55 |
| | 2710 Hilary Simpson | OD  | W85 | w3 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

Light Green - 4.3km 125m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|-------|------|----------------------|----------|--|-----------|--------|--------|
| 1st | 2612 | Rebecca Rooke | LOC | | W35 | 33:11 | |
| 2nd | 2355 | Oliver O'Brien | SLOW | | M40 | 41:49 | +8:38 |
| 3rd | 5063 | Rob Atkins | HOC | | M40 | 42:56 | +9:45 |
| 4th | 3031 | Steve Wilson | PFO | | M50 | 43:26 | +10:15 |
| 5th | 5082 | Peter Moseley | SROC | | M45 | 46:07 | +12:56 |
| 6th | 2057 | Hannah Large | BOK | | W21 | 47:46 | +14:35 |
| 7th | 1151 | Emily Birch | STAG | | W40 | 48:30 | +15:19 |
| 8th | 5008 | Matthew Averill | BAOC | | M21 | 52:51 | +19:40 |
| 9th | 5089 | Anna Methven | BKO | | W21 | 54:27 | +21:16 |
| 10th | 2867 | Heather Thomson | FVO | | W50 | 54:32 | +21:21 |
| 11th | 1777 | Adrian Harden | FK Boken | | M50 | 54:54 | +21:43 |
| 12th | 5107 | Sam Avis | | | M21 | 55:44 | +22:33 |
| 13th | 1811 | Sean Hassett | Setanta | | M55 | 55:46 | +22:35 |
| 14th | 2698 | Annemieke Silk | SWOC | | W55 | 57:42 | +24:31 |
| 15th | 2594 | Colleen Robinson | Setanta | | W45 | 58:20 | +25:09 |
| 16th | 1152 | Richard Birch | STAG | | M40 | 60:52 | +27:41 |
| 17th | 1024 | Sachin Ale | | | M21 | 61:52 | +28:41 |
| 18th | 1121 | James Bell | | | M21 | 63:32 | +30:21 |
| 19th | 1871 | Daniel Hodson | HH | | M21 | 66:57 | +33:46 |
| 20th | 5040 | Martin Powell | LOC | | M70 | 68:20 | +35:09 |
| 21st | 2112 | Inga Lisauskiene | 3ROC | | W45 | 68:49 | +35:38 |
| 22nd | 3104 | Chris O'Donnell | DVO | | M55 | 69:48 | +36:37 |
| 23rd | 5113 | Matthew Hayes | | | M21 | 70:09 | +36:58 |
| 24th | 1848 | Eric Heritage | WRE | | M65 | 70:47 | +37:36 |
| 25th | 3147 | Graham Heap | MDOC | | M60 | 70:49 | +37:38 |
| 26th | 3033 | Zuzka Windsor | DRONGO | | W21 | 71:38 | +38:27 |
| 27th | 1936 | Evan Hurley O'Dwyer | GEN | | M21 | 72:08 | +38:57 |
| 28th | 5026 | Iain Phillips | LEI | | M55 | 72:33 | +39:22 |
| 29th | 1285 | Scott Carr | | | M40 | 74:03 | +40:52 |
| 30th | 5097 | Anne-Marie Masterson | CNOC | | W45 | 74:37 | +41:26 |
| 31st | 2269 | Helen Money-Kyrle | BOK | | W21 | 75:15 | +42:04 |
| 32nd | 5101 | Julia Allinson | WRE | | W45 | 76:30 | +43:19 |
| 33rd | 2544 | Helen Rennie | WCOC | | W50 | 77:08 | +43:57 |
| 34th | 5098 | Dave Sykes | | | M50 | 77:30 | +44:19 |
| 35th | 1978 | Fiona Johnston | RR | | W60 | 78:14 | +45:03 |
| 36th | 2824 | Steve Taverner | WIGHTO | | M65 | 80:18 | +47:07 |
| 37th | 2401 | John Palmer | NOC | | M75 | 80:37 | +47:26 |
| 38th | 2530 | Silence Rana Magar | OD | | M21 | 81:44 | +48:33 |
| 39th | 5110 | Clifford Webb | | | M60 | 82:06 | +48:55 |
| 40th | 1994 | Sam Jones | MDOC | | M40 | 82:27 | +49:16 |
| 41st | 2114 | Molly Livermore | SROC | | W20 | 82:35 | +49:24 |
| 42nd | 2943 | Freddie Walker | TVOC | | M20 | 83:40 | +50:29 |
| 43rd | 1404 | Rebecca Coupe | | | W40 | 84:32 | +51:21 |
| 44th | 1716 | Joanna Goodhead | DVO | | W21 | 84:59 | +51:48 |
| 45th= | 3132 | Stephen Fellbaum | LOC | | M60 | 85:13 | +52:02 |
| 45th= | 1635 | Emily Finch | SBOC | | W21 | 85:13 | +52:02 |
| 47th | 2565 | Gemma Ricketts | | | W40 | 85:37 | +52:26 |
| 48th | 2347 | Clodagh O'Donnell | GEN | | W20 | 86:40 | +53:29 |
| 49th | 1342 | Caroline Clarke | FVO | | W50 | 88:54 | +55:43 |
| 50th | 1034 | Debbie Anderson | BOK | | W50 | 89:03 | +55:52 |
| 51st | 5058 | Arun Sahni | SYO | | M65 | 91:21 | +58:10 |
| 52nd | 5127 | Imogen Satherley | DVO | | W12 | 92:11 | +59:00 |
| 53rd | 2422 | Eloise Pauling | SAX | | W18 | 94:35 | +61:24 |
| 54th | 5112 | Anna McMurtrie | | | W21 | 95:00 | +61:49 |
| 55th | 2740 | Iain Smith | | | M55 | 97:25 | +64:14 |
| 56th | 5027 | Nick Heckford | | | M55 | 97:52 | +64:41 |
| 57th | 5000 | Sarah Mansel | SUFFOC | | W55 | 98:48 | +65:37 |
| 58th | 1982 | Evan Jones | CLOK | | M14 | 99:37 | +66:26 |
| 59th | 1076 | Catherine Balcombe | CLARO | | W40 | 100:48 | +67:37 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

Light Green - 4.3km 125m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|---------------------|--------|-----------|-------------------|---------|
| 60th | 5025 | Will Chandler | | M20 | 101:57 | +68:46 |
| 61st | 1300 | Sindy Chafer | LEI | W55 | 102:26 | +69:15 |
| 62nd | 1061 | Melanie Avis | AIRE | W55 | 104:08 | +70:57 |
| 63rd | 2800 | Marion Stutzriemer | BOK | W45 | 105:21 | +72:10 |
| 64th | 3140 | Gillian Lee-Jones | BOK | W55 | 106:56 | +73:45 |
| 65th | 1756 | Bethany Haggath | EBOR | W21 | 107:00 | +73:49 |
| 66th | 2518 | Alexandra Radcliffe | | W45 | 108:52 | +75:41 |
| 67th | 2320 | Scott Newey | MAROC | M55 | 110:22 | +77:11 |
| 68th | 5095 | Steve Fisher | TVOC | M50 | 111:35 | +78:24 |
| 69th | 2823 | Carol Taverner | WIGHTO | W65 | 111:46 | +78:35 |
| 70th | 1467 | Davina Dalton | TVOC | W60 | 113:11 | +80:00 |
| 71st | 3092 | Richard Hughes | DEE | M65 | 113:41 | +80:30 |
| 72nd | 2446 | Gwenda Perry | BOK | W55 | 115:42 | +82:31 |
| 73rd | 5092 | Nicholas Drewe | CLARO | M75 | 115:54 | +82:43 |
| 74th | 2774 | Hannah Stafford | | W21 | 116:08 | +82:57 |
| 75th | 5099 | Ira Thompson | BOK | M21 | 119:59 | +86:48 |
| 76th | 2138 | Callum Macfadyen | | M21 | 121:40 | +88:29 |
| 77th | 1188 | Amy Boustead | LOC | W35 | 123:50 | +90:39 |
| 78th | 3148 | Penny Heap | MDOC | W60 | 130:13 | +97:02 |
| 79th | 2204 | Jackie McCavana | GEN | W55 | 133:25 | +100:14 |
| 80th | 5039 | Barbara Page | HH | W55 | 138:46 | +105:35 |
| 81st | 2910 | Amanda Turner | BOK | W60 | 144:54 | +111:43 |
| 82nd | 5042 | Rick Browne | LOC | M70 | 150:03 | +116:52 |
| | 2953 | Michelle Ward | NGOC | W50 | m3-10 | |
| | 1431 | Clare Crocker | DEE | W65 | m2 m5 m7-8 | |
| | 2439 | Emily Peltor | | W16 | m7-11 | |
| | 1257 | Paul Butterfield | GEN | M20 | m7-10 | |
| | 5081 | Jim O'Donovan | CORKO | M75 | rtd | |
| | 2691 | Margaret Shaw | EPOC | W70 | m8-10 | |
| | 2827 | Helen Taylor | DEVON | W65 | m1 | |
| | 3041 | Patricia Wong | NOC | W50 | m2-10 | |
| | 1110 | Jack Beavers | AIRE | M16 | m5 | |
| | 3149 | Stella Heap | MDOC | W60 | w10 | |
| | 1521 | Martin Double | | M45 | m5-12 | |
| | 1785 | Lizzie Hardy | | W21 | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

Orange - 3km 75m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|------|------|----------------------------|----------|-----------|--------|---------|
| 1st | 5104 | David Ewart | LVO | M50 | 24:38 | |
| 2nd | 1456 | Emma Dafforn | DEVON | W14 | 27:55 | +3:17 |
| 3rd | 2694 | Katrina Shilladay | OD | W21 | 28:55 | +4:17 |
| 4th | 2877 | Sarah Tipple | | W40 | 29:29 | +4:51 |
| 5th | 1638 | Lindsay Finch | FVO | W40 | 30:59 | +6:21 |
| 6th | 5122 | Jonah Newton | DVO | M10 | 31:38 | +7:00 |
| 7th | 1473 | Jen Daplyn | SN | W45 | 31:47 | +7:09 |
| 8th | 2148 | Leena Madden | WCOC | W50 | 31:48 | +7:10 |
| 9th | 1150 | Caitlin Birch | FVO | W12 | 33:33 | +8:55 |
| 10th | 3134 | Peter Errington | HH | M21 | 35:14 | +10:36 |
| 11th | 5100 | Victoria Todd | EBOR | W40 | 35:30 | +10:52 |
| 12th | 5091 | Melanie Grant | FVO | W21 | 36:00 | +11:22 |
| 13th | 1867 | Margaux Hodgson | SYO | W16 | 36:51 | +12:13 |
| 14th | 2476 | Alice Powell | DVO | W12 | 37:52 | +13:14 |
| 15th | 2217 | Lorna McDonald | INVOC | W50 | 37:54 | +13:16 |
| 16th | 1999 | Karolina Karlsson | Nybro OK | W50 | 39:32 | +14:54 |
| 17th | 1516 | Anna Dnestrovskaya | TVOC | W21 | 40:35 | +15:57 |
| 18th | 2218 | Richard Alexander McDonald | BOK | M45 | 42:12 | +17:34 |
| 19th | 5108 | Gary Flynn | | M21 | 44:14 | +19:36 |
| 20th | 5094 | Freya Fisher | TVOC | W16 | 44:51 | +20:13 |
| 21st | 5005 | Jane McIntyre | INT | W60 | 45:49 | +21:11 |
| 22nd | 5093 | Alfred Fisher | TVOC | M12 | 45:51 | +21:13 |
| 23rd | 1223 | Katherine Brown | NATO | W50 | 46:05 | +21:27 |
| 24th | 2042 | Ekaterina Laenko | TVOC | W50 | 46:42 | +22:04 |
| 25th | 2744 | Jude Smith | AYROC | W55 | 46:51 | +22:13 |
| 26th | 2749 | Sheila Smith | EBOR | W75 | 47:51 | +23:13 |
| 27th | 2284 | Patricia Morris | BASOC | W70 | 48:00 | +23:22 |
| 28th | 5088 | Kathryn Gray | | W45 | 50:02 | +25:24 |
| 29th | 1066 | Amanda Bailey | SN | W60 | 53:19 | +28:41 |
| 30th | 2206 | Diana McClure | SBOC | W70 | 55:30 | +30:52 |
| 31st | 2090 | Annabelle Lewis | QO | W18 | 55:51 | +31:13 |
| 32nd | 2513 | Joanna Qiu | CHIG | W55 | 56:59 | +32:21 |
| 33rd | 5083 | Tom Gale | DVO | M21 | 57:23 | +32:45 |
| 34th | 1933 | Jane Hunter | WCOC | W55 | 61:21 | +36:43 |
| 35th | 1727 | Jenny Gostick | HH | W55 | 61:42 | +37:04 |
| 36th | 1985 | Isabel Jones | ERYRI | W21 | 78:22 | +53:44 |
| 37th | 2340 | Joan Norris | HOC | W70 | 79:03 | +54:25 |
| 38th | 2531 | Amy Ransley | NOC | W40 | 79:33 | +54:55 |
| 39th | 1506 | Alyson Denney | OD | W70 | 154:03 | +129:25 |
| 40th | 2909 | Nathaniel Tsang | | M10 | 161:42 | +137:04 |
| 41st | 1067 | Eleanor Bailey | | W21 | 162:55 | +138:17 |
| 42nd | 1335 | Ming Ho Chong | | M10 | 195:35 | +170:57 |
| | 5105 | Ewan Ewart | LVO | M12 | m3-4 | |
| | 1837 | Katie Hensman | FVO | W18 | m3-4 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

Yellow - 1.9km 50m

| Pos | No. | Name | Club | Age Class | Time | Behind |
|-------|------|----------------------|-------|-----------|--------------|--------|
| 1st | 5010 | Dom Kidd | MV | M20 | 15:05 | |
| 2nd | 2187 | Amelie Maule-Lidbury | HAVOC | W10 | 16:35 | +1:30 |
| 3rd | 2610 | Harriet Rooke | LOC | W10 | 17:07 | +2:02 |
| 4th | 1522 | Menna Double | DFOK | W10 | 19:27 | +4:22 |
| 5th | 1783 | Eliza Hardwick | SN | W12 | 19:52 | +4:47 |
| 6th | 5085 | Adian Sahni | SYO | M21 | 20:10 | +5:05 |
| 7th | 2566 | George Ricketts | AIRE | M12 | 20:24 | +5:19 |
| 8th | 5111 | Jamie Atkins | HOC | M10 | 21:20 | +6:15 |
| 9th | 2598 | Lily Robinson | NOC | W10 | 21:33 | +6:28 |
| 10th | 1153 | Roslyn Birch | FVO | W10 | 22:18 | +7:13 |
| 11th | 2609 | Cecily Rooke | LOC | W10 | 22:35 | +7:30 |
| 12th | 1913 | Georgina Hudson | HOC | W10 | 22:38 | +7:33 |
| 13th | 5103 | Martha Roper | | W10 | 22:42 | +7:37 |
| 14th | 5102 | Daisy Roper | | W7 | 24:08 | +9:03 |
| 15th | 5009 | Marius Dunhill | GEN | M10 | 24:21 | +9:16 |
| 16th | 2491 | Cahal Power | LVO | M10 | 24:32 | +9:27 |
| 17th | 5057 | Charlotte Drewe | CLARO | W8 | 25:12 | +10:07 |
| 18th | 5007 | Jonah Newton | DVO | M12 | 26:10 | +11:05 |
| 19th | 1077 | Lucie Balcombe | CLARO | W10 | 26:28 | +11:23 |
| 20th | 2884 | Jessica Todd | LOK | W10 | 28:01 | +12:56 |
| 21st | 5126 | Gabriel Mee | SMOC | M10 | 29:31 | +14:26 |
| 22nd | 1942 | Sally Ingram | HOC | W65 | 29:38 | +14:33 |
| 23rd | 2539 | Eilís Reeve | FERMO | W10 | 33:19 | +18:14 |
| 24th= | 2211 | Tristan McCreadie | WIM | M12 | 33:22 | +18:17 |
| 24th= | 5096 | Marie Elder | | W40 | 33:22 | +18:17 |
| 24th= | 5006 | Mair Roberts | Eyri | W10 | 33:22 | +18:17 |
| 27th | 1254 | Lucy Butter | SN | W14 | 34:19 | +19:14 |
| 28th | 2540 | Oonagh Reeve | FERMO | W10 | 37:37 | +22:32 |
| 29th= | 1455 | Ellen Dafforn | | W50 | 37:50 | +22:45 |
| 29th= | 5123 | Adrian Garratt | SYO | M50 | 37:50 | +22:45 |
| 31st | 2481 | George Powell | DVO | M14 | 41:27 | +26:22 |
| 32nd | 5034 | Ali Turnbull | | W70 | 45:03 | +29:58 |
| 33rd | 5090 | Louie Deeks | | M10 | 46:00 | +30:55 |
| 34th | 3097 | Lisa Cattigan | WEGO | W45 | 46:06 | +31:01 |
| 35th | 5086 | Yesim Sahni | SYO | W55 | 52:46 | +37:41 |
| 36th | 2322 | Tung Lam Aidan Ng | | M10 | 54:37 | +39:32 |
| 37th | 1118 | Andrew Beldowski | WSX | M95 | 77:00 | +61:55 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

White - 1.5km 45m

| Pos | No. | Name | Club | | Age Class | Time | Behind |
|------|-------|----------------------|-------|--|-----------|--------|--------|
| 1st | 2052 | Max Landrigan | BOK | | M10 | 11:01 | |
| 2nd | 5125 | Edith Pigott | POTOC | | W10 | 13:31 | +2:30 |
| 3rd | 1523 | Osian Double | DFOK | | M10 | 13:40 | +2:39 |
| 4th | 1071 | Finley Baker | NN | | M10 | 14:39 | +3:38 |
| 5th | 1736 | Max Green | EPOC | | M10 | 15:34 | +4:33 |
| 6th | 5066 | Jamie Atkins | HOC | | M10 | 16:00 | +4:59 |
| 7th | 1571 | Jessica Elder | TVOC | | W10 | 16:25 | +5:24 |
| 8th | 2567 | Isobel Ricketts | AIRE | | W10 | 19:39 | +8:38 |
| 9th | 1206 | Seren Brett | DVO | | W12 | 20:38 | +9:37 |
| 10th | 2328 | Elizabeth Nichols | SO | | W10 | 20:51 | +9:50 |
| 11th | 1041 | George Ashton | SARUM | | M10 | 21:34 | +10:33 |
| 12th | 1366 | Orla Cochrane | HH | | W10 | 21:55 | +10:54 |
| 13th | 5064 | Ada Atkins | HOC | | W10 | 22:34 | +11:33 |
| 14th | 5109 | Francesca Coupe | | | W10 | 23:34 | +12:33 |
| 15th | 5033 | Fin Taunton | | | M4 | 23:58 | +12:57 |
| 16th | 2726 | Cordelia Slade-Stott | | | W10 | 24:57 | +13:56 |
| 17th | 2162 | Henrietta Mansfield | BAOC | | W10 | 26:10 | +15:09 |
| 18th | 2059 | Jude Large | BOK | | M10 | 26:51 | +15:50 |
| 19th | 1225 | Kieran Brown | HH | | M10 | 28:44 | +17:43 |
| 20th | 5106 | Helen Eaton | | | W10 | 30:08 | +19:07 |
| 21st | 1365 | Lily Cochrane | HH | | W10 | 30:21 | +19:20 |
| 22nd | 5115 | Matilda Bennett | | | W8 | 31:58 | +20:57 |
| 23rd | 5120 | Orion Tickner | FIN | | M8 | 32:28 | +21:27 |
| 24th | 5114 | Agnes Bennett | | | W6 | 33:25 | +22:24 |
| 25th | 51118 | Ivy Tickner | FIN | | W8 | 34:02 | +23:01 |
| 26th | 1738 | Tessa Green | EPOC | | W10 | 36:10 | +25:09 |
| 27th | 1569 | Hannah Elder | TVOC | | W10 | 36:24 | +25:23 |
| 28th | 2465 | Rhiannon Pinches | ERYRI | | W10 | 37:26 | +26:25 |
| 29th | 5124 | Eleanor Little | | | W10 | 38:52 | +27:51 |
| 30th | 5117 | Texas Harrison | FIN | | W14 | 43:52 | +32:51 |
| 31st | 5087 | Emma Raftery | HH | | W10 | 69:37 | +58:36 |
| 32nd | 2321 | Sing Wing Asher Ng | | | M10 | 105:22 | +94:21 |
| | 5116 | Warren Harrison | FIN | | M16 | m7-8 | |
| | 5056 | Joanie Perks | | | W3 | m1 | |
| | 5119 | Tadhe Tickner | FIN | | M8 | w6 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

1 - 15.8km 480m
























| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|-----|--------------------|-------|--|-----------|-------|--------|--------|
| 1st | 21 | Luke Fisher | INT | | M21 | M21E1 | 92:46 | |
| 2nd | 4 | Chris Smithard | FVO | | M35 | M21E1 | 94:04 | +1:18 |
| 3rd | 1 | Simon Harden | SLOW | | M21 | M21E1 | 94:59 | +2:13 |
| 4th | 18 | Nathan Lawson | OD | | M21 | M21E1 | 95:26 | +2:40 |
| 5th | 5 | Peter Molloy | FVO | | M21 | M21E1 | 96:58 | +4:12 |
| 6th | 7 | Philip Vokes | OD | | M21 | M21E1 | 97:24 | +4:38 |
| 7th | 15 | Peter Taylor-Bray | SN | | M21 | M21E1 | 97:29 | +4:43 |
| 8th | 16 | Ben Mitchell | SBOC | | M21 | M21E1 | 97:41 | +4:55 |
| 9th | 2 | William Gardner | OD | | M21 | M21E1 | 98:15 | +5:29 |
| 10th | 9 | Freddie Carcas | INT | | M21 | M21E1 | 98:45 | +5:59 |
| 11th | 6 | Flurry Grierson | DEVON | | M21 | M21E1 | 100:06 | +7:20 |
| 12th | 3 | Boyan Ivandjickov | EUOC | | M21 | M21E1 | 100:10 | +7:24 |
| 13th | 24 | Finlay Todd | INVOC | | M21 | M21E1 | 101:08 | +8:22 |
| 14th | 17 | Jim Bailey | BOK | | M21 | M21E1 | 101:16 | +8:30 |
| 15th | 20 | Alistair Thornton | FVO | | M21 | M21E1 | 101:42 | +8:56 |
| 16th | 10 | James Ackland | INT | | M21 | M21E1 | 101:49 | +9:03 |
| 17th | 12 | Eddie Narbett | INT | | M21 | M21E1 | 103:07 | +10:21 |
| 18th | 27 | Alex Wetherill | EUOC | | M21 | M21E1 | 104:08 | +11:22 |
| 19th | 19 | Charlie Rennie | WCOG | | M21 | M21E1 | 104:21 | +11:35 |
| 20th | 28 | Aidan Rigby | CLOK | | M21 | M21E1 | 106:01 | +13:15 |
| 21st | 22 | Matthew Gooch | EUOC | | M21 | M21E1 | 107:21 | +14:35 |
| 22nd | 38 | Thomas Laraia | EUOC | | M21 | M21E1 | 108:45 | +15:59 |
| 23rd | 34 | Colm Moran | INT | | M21 | M21E1 | 108:58 | +16:12 |
| 24th | 13 | Thomas Wilson | CLYDE | | M21 | M21E1 | 109:04 | +16:18 |
| 25th | 33 | Eoghan Whelan | SEVO | | M21 | M21E1 | 111:19 | +18:33 |
| 26th | 39 | Adam Potter | BOK | | M21 | M21E1 | 111:23 | +18:37 |
| 27th | 29 | Aidan Smith | INT | | M21 | M21E1 | 113:14 | +20:28 |
| 28th | 26 | Oleg Chepelin | INT | | M35 | M21E1 | 113:44 | +20:58 |
| 29th | 42 | Ben Stevens | INT | | M35 | M21E1 | 114:25 | +21:39 |
| 30th | 41 | Cillin Corbett | CorkO | | M21 | M21E1 | 114:33 | +21:47 |
| 31st | 25 | Daniel Stansfield | FVO | | M21 | M21E1 | 116:00 | +23:14 |
| 32nd | 31 | Joe Sunley | WCOG | | M21 | M21E1 | 116:18 | +23:32 |
| 33rd | 46 | Finn Lydon | AROS | | M21 | M21E1 | 117:21 | +24:35 |
| 34th | 45 | Robin Fieldhouse | QO | | M21 | M21E1 | 119:58 | +27:12 |
| 35th | 37 | Finlay Johnson | SROC | | M21 | M21E1 | 120:14 | +27:28 |
| 36th | 44 | Rudi Paul | STAG | | M21 | M21E1 | 120:20 | +27:34 |
| 37th | 40 | Tom Lines | AROS | | M21 | M21E1 | 120:26 | +27:40 |
| 38th | 32 | Harry McMurtrie | DEVON | | M21 | M21E1 | 122:12 | +29:26 |
| 39th | 35 | Dom Dakin | SYO | | M21 | M21E1 | 122:58 | +30:12 |
| 40th | 43 | Liam Cotter | UCCO | | M21 | M21E1 | 126:54 | +34:08 |
| 41st | 51 | Adam Fieldhouse | QO | | M21 | M21E1 | 127:45 | +34:59 |
| 42nd | 50 | Ryan Elliot | SYO | | M21 | M21E1 | 129:13 | +36:27 |
| 43rd | 49 | Andrew Elwood | LVO | | M21 | M21E1 | 130:22 | +37:36 |
| 44th | 65 | Nicholas Jarvis | SO | | M21 | M21E1 | 130:33 | +37:47 |
| 45th | 48 | Valdas Tilunas | 3ROC | | M45 | M21E1 | 133:41 | +40:55 |
| 46th | 54 | Barnaby Warren | NN | | M21 | M21E1 | 135:27 | +42:41 |
| 47th | 53 | Tom Dobra | TVOC | | M21 | M21E1 | 135:41 | +42:55 |
| 48th | 59 | Stephen Hughes | DEVON | | M21 | M21E1 | 136:43 | +43:57 |
| 49th | 58 | Alexander Fielding | DUOC | | M21 | M21E1 | 138:09 | +45:23 |
| 50th | 113 | Dominic Green | SHUOC | | M21 | M21E1 | 138:41 | +45:55 |
| 51st | 69 | Adam Harris | CUOC | | M21 | M21E1 | 138:49 | +46:03 |
| 52nd | 56 | Tim Norwood | GEN | | M21 | M21E1 | 141:09 | +48:23 |
| 53rd | 62 | Sam Wood | AIRE | | M21 | M21E1 | 142:53 | +50:07 |
| 54th | 78 | Stanley Heap | SO | | M21 | M21E1 | 143:02 | +50:16 |
| 55th | 55 | Dan Earnshaw | LVO | | M21 | M21E1 | 143:37 | +50:51 |
| 56th | 60 | Kit Grierson | DEVON | | M21 | M21E1 | 148:38 | +55:52 |
| 57th | 71 | George Savell | LVO | | M35 | M21E1 | 149:17 | +56:31 |
| 58th | 64 | Adrien Gallet | SHUOC | | M21 | M21E1 | 151:35 | +58:49 |
| 59th | 57 | Benjamin Stevens | SYO | | M21 | M21E1 | 154:27 | +61:41 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

1 - 15.8km 480m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|------|-----|--------------------|--------|--|-------|-------|-------------------|---------|
| 60th | 73 | Kin Wai Lee | HOC |  | M21 | M21E1 | 155:35 | +62:49 |
| 61st | 72 | Lawrence Jones | SMOC |  | M21 | M21E1 | 156:05 | +63:19 |
| 62nd | 68 | Connor Smith | EPOC |  | M21 | M21E1 | 159:05 | +66:19 |
| 63rd | 75 | Daniel Barber | EUOC |  | M21 | M21E1 | 160:29 | +67:43 |
| 64th | 77 | River Edis-Smith | SYO |  | M21 | M21E1 | 167:19 | +74:33 |
| 65th | 79 | David Thomas | BKO |  | M21 | M21E1 | 177:09 | +84:23 |
| 66th | 70 | Alex Mitchell | HOC |  | M21 | M21E1 | 183:42 | +90:56 |
| 67th | 81 | Christopher Prince | HAVOC |  | M21 | M21E1 | 184:06 | +91:20 |
| 68th | 80 | Craig Lucas | LOG |  | M21 | M21E1 | 199:31 | +106:45 |
| 8 | | David Bunn | EUOC |  | M21 | M21E1 | rtd | |
| 76 | | Dylan Sherman | OUOC |  | M21 | M21E1 | rtd | |
| 67 | | Sam Leadley | OUOC |  | M21 | M21E1 | m15 | |
| 66 | | Matthew Dixon | CUOC |  | M21 | M21E1 | rtd | |
| 52 | | Bradley Lund | WSX |  | M21 | M21E1 | m16-27 | |
| 23 | | Duncan Birtwistle | OD |  | M21 | M21E1 | m20 | |
| 14 | | Sasha Chepelin | INT |  | M21 | M21E1 | rtd | |
| 11 | | Ben Windsor | DRONGO |  | M21 | M21E1 | m20 | |
| 36 | | Oli Johnson | SYO |  | M45 | M21E1 | m20 | |
| 61 | | Oliver Tonge | BOK |  | M21 | M21E1 | m1-5 m8-26 | |
| 74 | | Rowan Lee | DRONGO |  | M21 | M21E1 | m19-26 | |
| 47 | | Joe Thomas | SYO |  | M21 | M21E1 | m10-26 | |
| 63 | | Matthew Leitch | INT |  | M21 | M21E1 | m1-28 | |
| 30 | | Paul Pruzina | LVO |  | M21 | M21E1 | m18-27 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

2 - 15.8km 480m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-----|-----|-------------------|-------------|---|-------|-------|-------------------|--------|
| 1st | 109 | Alasdair Pedley | EUOC |  | M21 | M21E2 | 109:14 | |
| 2nd | 112 | Matthew Fellbaum | Tullinge SK |  | M21 | M21E2 | 110:30 | +1:16 |
| 3rd | 118 | James Haynes | TVOC |  | M21 | M21E2 | 136:18 | +27:04 |
| 4th | 117 | Hanlin Wang | OD |  | M21 | M21E2 | 147:31 | +38:17 |
| 5th | 105 | Thomas Bartram | NOR |  | M21 | M21E2 | 156:17 | +47:03 |
| 6th | 104 | Jack Baker | SHUOC |  | M21 | M21E2 | 156:26 | +47:12 |
| 7th | 103 | Euan Marsh | SO |  | M21 | M21E2 | 166:00 | +56:46 |
| 8th | 101 | Tsz Fung Yu | OD |  | M21 | M21E2 | 179:18 | +70:04 |
| 9th | 106 | Himmy Lau | SLOW |  | M21 | M21E2 | 180:26 | +71:12 |
| | 111 | Joseph Goodwin | SHUOC |  | M21 | M21E2 | m2-4 m9-26 | |
| | 110 | Graham Gristwood | FVO |  | M40 | M21E2 | rtd | |
| | 107 | Robert Fieldhouse | QO |  | M21 | M21E2 | m15-20 | |
| | 102 | Matt Haines | BOK |  | M21 | M21E2 | m11-26 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

3 - 12.9km 390m









| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|-----|---------------------|--------|--|-----------|-------|----------------------|--------|
| 1st | 212 | Cecilie Andersen | BOK | | W21 | W21E | 95:16 | |
| 2nd | 207 | Lucy Walker | DEVON | | W21 | W21E | 97:05 | +1:49 |
| 3rd | 205 | Niamh Hunter | EUOC | | W21 | W21E | 97:14 | +1:58 |
| 4th | 201 | Fiona Bunn | EUOC | | W21 | W21E | 98:29 | +3:13 |
| 5th | 204 | Laura Robertson | SYO | | W21 | W21E | 99:53 | +4:37 |
| 6th | 203 | Laura King | AIRE | | W21 | W21E | 101:57 | +6:41 |
| 7th | 217 | Mairi Eades | INT | | W21 | W21E | 101:59 | +6:43 |
| 8th | 208 | Eilidh Campbell | EUOC | | W21 | W21E | 103:35 | +8:19 |
| 9th | 213 | Rachel Duckworth | DVO | | W21 | W21E | 104:54 | +9:38 |
| 10th | 210 | Chloe Potter | SYO | | W21 | W21E | 106:19 | +11:03 |
| 11th | 234 | Rachel Brown | EUOC | | W21 | W21E | 107:18 | +12:02 |
| 12th | 209 | Sarah Pedley | DRONGO | | W21 | W21E | 107:46 | +12:30 |
| 13th | 206 | Emma Wilson | CLYDE | | W21 | W21E | 109:34 | +14:18 |
| 14th | 229 | Aoife McCavana | INT | | W21 | W21E | 113:40 | +18:24 |
| 15th | 211 | Helen Bridle | ESOC | | W45 | W21E | 114:15 | +18:59 |
| 16th | 214 | Clare Stansfield | GUOC | | W21 | W21E | 116:44 | +21:28 |
| 17th | 219 | Pippa Carcas | INT | | W21 | W21E | 117:58 | +22:42 |
| 18th | 218 | Eleanor Bales | EUOC | | W21 | W21E | 118:10 | +22:54 |
| 19th | 216 | Jura MacMillan | INT | | W21 | W21E | 118:16 | +23:00 |
| 20th | 247 | Lizzie Stansfield | EUOC | | W21 | W21E | 122:21 | +27:05 |
| 21st | 215 | Alison O'Neil | ESOC | | W35 | W21E | 123:55 | +28:39 |
| 22nd | 224 | Emer Perkins | BOC | | W21 | W21E | 124:32 | +29:16 |
| 23rd | 225 | Michele Dawson | MDOC | | W21 | W21E | 125:22 | +30:06 |
| 24th | 248 | Roanne Lilley | INT | | W21 | W21E | 125:29 | +30:13 |
| 25th | 221 | Kirstin Maxwell | RR | | W21 | W21E | 126:20 | +31:04 |
| 26th | 227 | Alice Rigby | CLOK | | W21 | W21E | 128:00 | +32:44 |
| 27th | 237 | Scarlet Heap | SO | | W21 | W21E | 129:19 | +34:03 |
| 28th | 226 | Eadaoin McCavana | GEN | | W21 | W21E | 129:58 | +34:42 |
| 29th | 236 | Louise Adams | INT | | W21 | W21E | 132:02 | +36:46 |
| 30th | 246 | Jenny Evans | SYO | | W21 | W21E | 133:22 | +38:06 |
| 31st | 232 | Rebecca Ward | SHUOC | | W21 | W21E | 133:23 | +38:07 |
| 32nd | 249 | Fanni Gyurko | FVO | | W35 | W21E | 136:29 | +41:13 |
| 33rd | 230 | Elizabeth Bedwell | NN | | W21 | W21E | 136:58 | +41:42 |
| 34th | 228 | Megan Harrison | EPOC | | W21 | W21E | 140:52 | +45:36 |
| 35th | 235 | Alex Elliot | SYO | | W21 | W21E | 148:17 | +53:01 |
| 36th | 244 | Miranda Weatherby | DRONGO | | W21 | W21E | 158:50 | +63:34 |
| 37th | 242 | Meredith Moody | BOK | | W21 | W21E | 159:50 | +64:34 |
| 38th | 240 | Sophie Pruzina | LVO | | W21 | W21E | 170:01 | +74:45 |
| 39th | 239 | Pui Fung Chan | HKFOC | | W35 | W21E | 174:15 | +78:59 |
| 40th | 245 | Aimee Darley | SN | | W21 | W21E | 179:19 | +84:03 |
| 41st | 243 | Alison Fryer | LOC | | W21 | W21E | 180:38 | +85:22 |
| | 238 | Laura Harrison | EPOC | | W21 | W21E | m3-11 m14-21 | |
| | 202 | Megan Carter-Davies | SBOC | | W21 | W21E | rtd | |
| | 222 | Clodagh Moran | 3ROC | | W21 | W21E | m3-23 | |
| | 220 | Alison Campbell | STAG | | W21 | W21E | m12-13 m17-21 | |
| | 231 | Beth Hanson | AROS | | W21 | W21E | m12 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

4 - 12.9km 390m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|----------------------|-----------------------|---|-----------|-------|---------------------|--------|
| 1st | 1513 | Fraser Dixon | SROC |  | M21 | M21L | 115:34 | |
| 2nd | 2310 | Emanuel Näslund | Skogslöparna |  | M21 | M21L | 115:55 | +0:21 |
| 3rd | 1763 | Michael Hallett | BOK |  | M21 | M21L | 121:06 | +5:32 |
| 4th | 1123 | William Bell | Berliner Turnerschaft |  | M21 | M21L | 125:01 | +9:27 |
| 5th | 1156 | James Birkinshaw | WCOC |  | M21 | M21L | 129:04 | +13:30 |
| 6th= | 1446 | Paul Cumner | NN |  | M21 | M21L | 136:54 | +21:20 |
| 6th= | 3069 | Martin Yeo | DEVON |  | M21 | M21L | 136:54 | +21:20 |
| 8th | 1503 | John Dempsey | SYO |  | M21 | M21L | 142:17 | +26:43 |
| 9th | 2994 | Ross White | STAG |  | M21 | M21L | 148:44 | +33:10 |
| 10th | 1769 | Jed Hampshire Wright | NN |  | M21 | M21L | 158:06 | +42:32 |
| 11th | 1401 | Sam Cottle | BOK |  | M21 | M21L | 163:29 | +47:55 |
| 12th | 1633 | Daniel Figg | HH |  | M21 | M21L | 185:49 | +70:15 |
| 13th | 1721 | Jonty Goodwin | EUOC |  | M21 | M21L | 186:47 | +71:13 |
| 14th | 2384 | Liam Overett | SYO |  | M21 | M21L | 193:17 | +77:43 |
| 15th | 3153 | Taiki Yuya | HOC |  | M21 | M21L | 203:28 | +87:54 |
| | 2040 | Ben Kyd | MDOC |  | M21 | M21L | m9-10 m13-21 | |
| | 2221 | Luke McGillicuddy | INT |  | M21 | M21L | rtd | |
| | 2973 | Thomas Weatherby | DRONGO |  | M21 | M21L | m16-23 | |

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March 31, 2024

EVENT RESULTS

5 - 11.4km 360m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|-----|-----------------------|--------------------|--|-----------|-------|---------------|--------|
| 1st | 403 | James Hammond | FVO | | M18 | M18E | 67:10 | |
| 2nd | 401 | Euan Tryner | EUOC | | M20 | M20E | 69:11 | +2:01 |
| 3rd | 402 | Zefa Fa'avae | OK Linné | | M20 | M20E | 72:03 | +4:53 |
| 4th | 409 | Tommy Rollins | SN | | M18 | M18E | 77:04 | +9:54 |
| 5th | 411 | Benjamin Gostick | HH | | M20 | M20E | 77:25 | +10:15 |
| 6th | 420 | Adam Methven | BKO | | M20 | M20E | 77:34 | +10:24 |
| 7th | 406 | Oliver Prince | SOS | | M18 | M18E | 77:41 | +10:31 |
| 8th | 405 | Daniel Heppell | WCOC | | M18 | M18E | 77:46 | +10:36 |
| 9th | 408 | Ben Squire | NOC | | M20 | M20E | 78:59 | +11:49 |
| 10th | 410 | Laurence Ward | INT | | M18 | M18E | 80:03 | +12:53 |
| 11th | 404 | Adam Barrie | MAROC | | M20 | M20E | 80:17 | +13:07 |
| 12th | 407 | Angus Laird | INVOC | | M18 | M18E | 80:47 | +13:37 |
| 13th | 430 | Sam Hunt | FVO | | M18 | M18E | 89:15 | +22:05 |
| 14th | 452 | Ruben Razzetti | WCOC | | M18 | M18E | 89:28 | +22:18 |
| 15th | 426 | William Lake | SBOC | | M20 | M20E | 89:39 | +22:29 |
| 16th | 412 | Freddie Lake | SBOC | | M18 | M18E | 91:08 | +23:58 |
| 17th | 423 | Jamie Goddard | FVO | | M20 | M20E | 91:18 | +24:08 |
| 18th | 418 | Ben Perry | DEVON | | M18 | M18E | 91:51 | +24:41 |
| 19th | 416 | Jonas Newey | MAROC | | M20 | M20E | 92:49 | +25:39 |
| 20th | 419 | Ewan Musgrave | MAROC | | M20 | M20E | 93:13 | +26:03 |
| 21st | 414 | Ewan Bennett | EUOC | | M20 | M20E | 93:19 | +26:09 |
| 22nd | 417 | Jake O'Donnell | DVO | | M18 | M18E | 95:10 | +28:00 |
| 23rd | 425 | Tommy Heap | SO | | M20 | M20E | 97:10 | +30:00 |
| 24th | 421 | Gerry Browne | GEN | | M18 | M18E | 97:47 | +30:37 |
| 25th | 444 | Toby Williams | LOG | | M20 | M20E | 100:49 | +33:39 |
| 26th | 431 | Joshua Hoare | KerryO | | M20 | M20E | 102:44 | +35:34 |
| 27th | 427 | Rory Black | INVOC | | M18 | M18E | 103:09 | +35:59 |
| 28th | 439 | Olmo Combley | SYO | | M20 | M20E | 103:30 | +36:20 |
| 29th | 422 | Reuben Lawson | NGOC | | M18 | M18E | 104:33 | +37:23 |
| 30th | 433 | Conrad Reuber | SYO | | M18 | M18E | 105:03 | +37:53 |
| 31st | 432 | Oscar Rowe | GEN | | M18 | M18E | 105:11 | +38:01 |
| 32nd | 428 | Harry Bratcher-Howard | WIM | | M18 | M18E | 106:19 | +39:09 |
| 33rd | 440 | Henrik Jones | IK Grane | | M18 | M18E | 109:15 | +42:05 |
| 34th | 436 | Timofey Zorin | SLOW | | M18 | M18E | 113:02 | +45:52 |
| 35th | 438 | Finlay Anderson | BOK | | M18 | M18E | 113:25 | +46:15 |
| 36th | 429 | Matthew McCreddie | DEE | | M18 | M18E | 116:36 | +49:26 |
| 37th | 445 | Andrew Raven | SWOC | | M18 | M18E | 117:23 | +50:13 |
| 38th | 442 | Arthur Mitchell | HOC | | M18 | M18E | 118:18 | +51:08 |
| 39th | 434 | Isaac Hunter | WCOC | | M18 | M18E | 118:21 | +51:11 |
| 40th | 443 | Yann Newey | MAROC | | M18 | M18E | 119:07 | +51:57 |
| 41st | 441 | Liam Green | CLOK | | M20 | M20E | 120:25 | +53:15 |
| 42nd | 437 | Eoin O'Donnell | Fingal | | M18 | M18E | 121:33 | +54:23 |
| 43rd | 450 | John Doyle | SYO | | M18 | M18E | 131:44 | +64:34 |
| 44th | 446 | Liming Zheng | CUOC | | M20 | M20E | 132:01 | +64:51 |
| 45th | 451 | Nathan Nesbit | HH | | M20 | M20E | 135:00 | +67:50 |
| 46th | 449 | Matthew Bethell | NOR | | M18 | M18E | 142:49 | +75:39 |
| 47th | 448 | Conor Masterson | CNOC | | M18 | M18E | 160:43 | +93:33 |
| | 413 | James Bryant | SYO | | M18 | M18E | w18 | |
| | 447 | Johnathan Bendrey | DEE | | M18 | M18E | m20-22 | |
| | 424 | Jonne Mourujärvi | Rajamaen Rykmentti | | M18 | M18E | m23 | |
| | 415 | Michael Bishenden | MOR | | M18 | M18E | m3 | |

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EVENT RESULTS

6 - 10.6km 390m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|-----------------------|-----------|--|-----------|-------|--------|--------|
| 1st | 1205 | Tom Bray | SN | | M35 | M35L | 77:51 | |
| 2nd | 1645 | Rhys Findlay-Robinson | LOC | | M35 | M35L | 79:13 | +1:22 |
| 3rd | 2599 | Richard Robinson | NOC | | M40 | M40L | 79:16 | +1:25 |
| 4th | 2344 | Kristof Nowicki | WRE | | M40 | M40L | 80:05 | +2:14 |
| 5th | 2613 | David Roome | SROC | | M40 | M40L | 81:45 | +3:54 |
| 6th | 2282 | Nicholas Morgan | Malvik IL | | M40 | M40L | 83:12 | +5:21 |
| 7th | 2155 | Rhys Manning | SWOC | | M40 | M40L | 83:30 | +5:39 |
| 8th | 2669 | Tim Scarbrough | MV | | M40 | M40L | 86:06 | +8:15 |
| 9th | 1621 | Stephen Feltbower | FVO | | M40 | M40L | 86:16 | +8:25 |
| 10th | 1475 | Peter Daplyn | SN | | M40 | M40L | 87:07 | +9:16 |
| 11th | 2036 | Michael Krajewski | SN | | M40 | M40L | 88:19 | +10:28 |
| 12th | 1243 | Mark Burley | MDOC | | M35 | M35L | 88:42 | +10:51 |
| 13th | 2478 | Andrew Powell | DVO | | M40 | M40L | 91:23 | +13:32 |
| 14th | 2780 | Iain Stamp | WCH | | M40 | M40L | 93:50 | +15:59 |
| 15th | 1605 | Simon Evans | KERNO | | M40 | M40L | 94:31 | +16:40 |
| 16th | 1043 | Robert Ashton | BAOC | | M40 | M40L | 95:25 | +17:34 |
| 17th | 3146 | Mindaugas Lekaveckas | DFOK | | M35 | M35L | 95:40 | +17:49 |
| 18th | 2819 | Joe Taunton | SYO | | M35 | M35L | 96:21 | +18:30 |
| 19th | 2648 | Nerijus Rozkovas | DVO | | M35 | M35L | 96:25 | +18:34 |
| 20th | 2488 | Jeff Powell Davies | BL | | M40 | M40L | 96:53 | +19:02 |
| 21st | 1108 | Kieran Beausang | CorkO | | M35 | M35L | 97:13 | +19:22 |
| 22nd | 2611 | Matthew Rooke | LOC | | M35 | M35L | 97:17 | +19:26 |
| 23rd | 2459 | Graham Pigott | POTOC | | M40 | M40L | 98:06 | +20:15 |
| 24th | 1368 | Tom Cochrane | HH | | M40 | M40L | 98:36 | +20:45 |
| 25th | 3037 | Phillip Winskill | WCOC | | M45 | M40L | 98:53 | +21:02 |
| 26th | 1874 | Robert Holdway | POTOC | | M40 | M40L | 99:59 | +22:08 |
| 27th | 2133 | Alex Lyne | NGOC | | M40 | M40L | 101:49 | +23:58 |
| 28th | 2470 | Adam Poole | TVOC | | M35 | M35L | 102:23 | +24:32 |
| 29th | 1433 | Richard Cronin | NGOC | | M35 | M35L | 102:44 | +24:53 |
| 30th | 2113 | Robert Little | SPOOK | | M40 | M40L | 102:52 | +25:01 |
| 31st | 1136 | Tom Beskeen | WAOC | | M40 | M40L | 103:48 | +25:57 |
| 32nd | 2299 | Dave Murgatroyd | AIRE | | M35 | M35L | 104:42 | +26:51 |
| 33rd | 2520 | Gareth Radcliffe | SUFFOC | | M40 | M40L | 104:46 | +26:55 |
| 34th | 2161 | Gareth Mansfield | BAOC | | M35 | M35L | 105:17 | +27:26 |
| 35th | 2509 | Sebastian Pugh | SYO | | M35 | M35L | 107:45 | +29:54 |
| 36th | 2010 | Alex Kendall | MV | | M35 | M35L | 108:17 | +30:26 |
| 37th | 1570 | Ian Elder | TVOC | | M40 | M40L | 115:25 | +37:34 |
| 38th | 1410 | Daniel Cowley | NOR | | M40 | M40L | 115:52 | +38:01 |
| 39th | 3021 | Alice Wilson | EUOC | | W21 | W21L | 115:57 | +38:06 |
| 40th | 2526 | Tom Raftery | HH | | M40 | M40L | 117:41 | +39:50 |
| 41st | 1533 | Will Drewe | CLARO | | M40 | M40L | 117:43 | +39:52 |
| 42nd= | 1629 | Ash Field | SYO | | M40 | M40L | 118:36 | +40:45 |
| 42nd= | 2705 | Isla Simmons | HOC | | W21 | W21L | 118:36 | +40:45 |
| 44th | 1892 | Lizzie Horsler | STUOC | | W21 | W21L | 121:28 | +43:37 |
| 45th | 2793 | Edward Stott | SLOW | | M40 | M40L | 122:23 | +44:32 |
| 46th | 2450 | Yana Petrovska | SYO | | W21 | W21L | 123:10 | +45:19 |
| 47th | 1483 | John Dasey | SO | | M40 | M40L | 124:27 | +46:36 |
| 48th | 2652 | Andrew Sadler | HOC | | M35 | M35L | 124:34 | +46:43 |
| 49th | 2411 | Graham Parkes | HH | | M35 | M35L | 130:04 | +52:13 |
| 50th | 2906 | Paul Truss | RAFO | | M35 | M35L | 131:39 | +53:48 |
| 51st | 2413 | Laura Parkes | HH | | W21 | W21L | 133:36 | +55:45 |
| 52nd | 3019 | Luke Williamson | BAOC | | M35 | M35L | 133:38 | +55:47 |
| 53rd | 1870 | Joy Hodkinson | INT | | W21 | W21L | 134:00 | +56:09 |
| 54th | 2327 | Edward Nichols | SO | | M40 | M40L | 135:10 | +57:19 |
| 55th | 1543 | Sarah Duckworth | DVO | | W21 | W21L | 135:12 | +57:21 |
| 56th | 2855 | James Thomas | HOC | | M35 | M35L | 138:19 | +60:28 |
| 57th | 1049 | Thomas Athorne | STAG | | M35 | M35L | 139:59 | +62:08 |
| 58th | 2936 | Sophie Vincent | DVO | | W21 | W21L | 142:35 | +64:44 |
| 59th | 1580 | Eleanor Ellis | PFO | | W21 | W21L | 143:44 | +65:53 |

JK 2024 - Day 3 - Long

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EVENT RESULTS

6 - 10.6km 390m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|------|------|-------------------|--------|---|-------|-------|---------------|---------|
| 60th | 1147 | Andrew Biffen | KERNO |  | M40 | M40L | 143:53 | +66:02 |
| 61st | 2934 | Emma Vincent | DVO |  | W21 | W21L | 148:05 | +70:14 |
| 62nd | 1722 | Sophie Gordon | GO |  | W21 | W21L | 154:38 | +76:47 |
| 63rd | 1363 | Benjamin Cluderay | RAFO |  | M40 | M40L | 154:52 | +77:01 |
| 64th | 1555 | Matt Eaton | WAO |  | M35 | M35L | 161:50 | +83:59 |
| 65th | 2157 | Bronwen Mansel | SUFFOC |  | W21 | W21L | 170:34 | +92:43 |
| 66th | 1535 | Anna Drinkwater | ERYRI |  | W21 | W21L | 171:01 | +93:10 |
| 67th | 1651 | Davide Foffa | HOC |  | M35 | M35L | 175:05 | +97:14 |
| 68th | 2087 | Ka Man Leung | HOC |  | W21 | W21L | 237:34 | +159:43 |
| | 1637 | Katherine Finch | LOK |  | W21 | W21L | m9-19 | |
| | 2959 | Saskia Warren | NN |  | W21 | W21L | w16 | |
| | 2469 | Mark Ponsford | SWOC |  | M35 | M35L | rtd | |
| | 2441 | Meabh Perkins | BOC |  | W21 | W21L | m12-17 | |
| | 2058 | Iain Large | BOK |  | M35 | M35L | w3 | |
| | 1539 | Gabrielle Du Toit | BOF |  | W21 | W21L | m15-18 | |
| | 2935 | Samantha Vincent | DVO |  | W21 | W21L | m8-18 | |

JK 2024 - Day 3 - Long

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EVENT RESULTS

7 - 9.3km 345m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|-----------------------|---------------------|--|-----------|-------|--------|--------|
| 1st | 1708 | David Godfree | FVO | | M50 | M50L | 65:22 | |
| 2nd | 1086 | Nick Barrable | SYO | | M50 | M50L | 68:11 | +2:49 |
| 3rd | 1707 | Roger Goddard | FVO | | M50 | M50L | 68:18 | +2:56 |
| 4th | 2492 | Andrew Preston | SYO | | M45 | M45L | 70:36 | +5:14 |
| 5th | 1036 | Duncan Archer | LOC | | M45 | M45L | 71:01 | +5:39 |
| 6th | 1712 | Daniel Gooch | MAROC | | M50 | M50L | 73:58 | +8:36 |
| 7th | 1945 | Jason Inman | FVO | | M50 | M50L | 75:01 | +9:39 |
| 8th | 2713 | Julian Simpson | CLOK | | M45 | M45L | 75:03 | +9:41 |
| 9th | 3116 | Mark Ford | CHIG | | M45 | M45L | 75:26 | +10:04 |
| 10th | 2719 | Stefan Sjölund | Skogslöparna | | M45 | M45L | 77:10 | +11:48 |
| 11th | 1074 | Robert Baker | NN | | M45 | M45L | 79:40 | +14:18 |
| 12th | 2545 | Jamie Rennie | WCOC | | M50 | M50L | 80:39 | +15:17 |
| 13th | 1648 | Jo Inge Fjellstad | Ås-NMBU Orientering | | M50 | M50L | 81:46 | +16:24 |
| 14th | 1373 | Richard Collyer | GO | | M50 | M50L | 82:37 | +17:15 |
| 15th | 2462 | Martin Pigott | POTOC | | M45 | M45L | 83:04 | +17:42 |
| 16th | 1652 | Matthew Fortes | ERYRI | | M45 | M45L | 83:43 | +18:21 |
| 17th | 2463 | Richard Pigott | POTOC | | M45 | M45L | 83:55 | +18:33 |
| 18th | 1088 | Richard Barrett | BAOC | | M50 | M50L | 84:23 | +19:01 |
| 19th | 1019 | David Alcock | AIRE | | M45 | M45L | 85:02 | +19:40 |
| 20th | 1827 | Will Heap | SO | | M50 | M50L | 86:44 | +21:22 |
| 21st | 2561 | Glen Richardson | NOR | | M45 | M45L | 87:29 | +22:07 |
| 22nd | 1561 | Dominic Edward | FVO | | M45 | M45L | 87:50 | +22:28 |
| 23rd | 1593 | Anthony Emmet | LOC | | M45 | M45L | 88:13 | +22:51 |
| 24th | 1765 | Paul Hammond | FVO | | M45 | M45L | 88:56 | +23:34 |
| 25th | 1790 | Ian Hargreaves | SOS | | M45 | M45L | 89:05 | +23:43 |
| 26th | 2167 | Ian Marsden | HH | | M45 | M45L | 90:49 | +25:27 |
| 27th | 1449 | David Currie | SOC | | M45 | M45L | 91:11 | +25:49 |
| 28th | 1174 | Steve Blackmore | HOC | | M45 | M45L | 91:19 | +25:57 |
| 29th | 2755 | Andrew Snell | SOC | | M50 | M50L | 91:49 | +26:27 |
| 30th | 1544 | Stuart Duckworth | WCH | | M45 | M45L | 91:53 | +26:31 |
| 31st | 1930 | Richard Hunt | SYO | | M50 | M50L | 91:59 | +26:37 |
| 32nd | 2209 | Adam McCreadie | DEE | | M45 | M45L | 92:23 | +27:01 |
| 33rd | 2243 | Jolyon Medlock | WSX | | M50 | M50L | 92:38 | +27:16 |
| 34th | 1745 | Kristian Groom | SYO | | M45 | M45L | 92:42 | +27:20 |
| 35th | 2734 | Colin Smith | SYO | | M55 | M45L | 92:54 | +27:32 |
| 36th | 1843 | Chris Heppenstall | LOC | | M45 | M45L | 93:20 | +27:58 |
| 37th | 1864 | Neal Hockley | ERYRI | | M45 | M45L | 93:21 | +27:59 |
| 38th | 1325 | Ben Chesters | DEVON | | M45 | M45L | 93:44 | +28:22 |
| 39th | 2676 | Steven Scott | INVOC | | M50 | M50L | 94:12 | +28:50 |
| 40th | 1698 | Chris Gibbins | AIRE | | M50 | M50L | 94:33 | +29:11 |
| 41st | 2498 | Philip Price | ECKO | | M45 | M45L | 94:42 | +29:20 |
| 42nd | 2885 | Paul Todd | LOK | | M45 | M45L | 95:21 | +29:59 |
| 43rd | 2037 | Will Kromhout | QO | | M50 | M50L | 96:28 | +31:06 |
| 44th | 1137 | Ben Bethell | NOR | | M45 | M45L | 96:43 | +31:21 |
| 45th | 1897 | Andrew Howard | BOF | | M50 | M50L | 96:57 | +31:35 |
| 46th | 2695 | Francis Shillitoe | NATO | | M50 | M50L | 97:56 | +32:34 |
| 47th | 2186 | Tom Matthew | SROC | | M50 | M50L | 98:45 | +33:23 |
| 48th | 1868 | Simon Hodgson | SYO | | M50 | M50L | 99:02 | +33:40 |
| 49th | 1979 | Philip Johnston-Davis | RAFO | | M50 | M50L | 99:04 | +33:42 |
| 50th | 2359 | Alan O'Donnell | Fingal | | M45 | M45L | 99:25 | +34:03 |
| 51st | 1253 | Adrian Butter | SN | | M45 | M45L | 100:33 | +35:11 |
| 52nd | 1479 | Tim Darlow | | | M45 | M45L | 101:11 | +35:49 |
| 53rd | 2380 | Michael Osborne | LOC | | M45 | M45L | 101:23 | +36:01 |
| 54th | 3131 | David Bowman | AIRE | | M50 | M50L | 101:25 | +36:03 |
| 55th | 2644 | Andrew Rowe | POTOC | | M45 | M45L | 102:59 | +37:37 |
| 56th | 1183 | Stephen Borrill | WAOO | | M50 | M50L | 103:06 | +37:44 |
| 57th | 1392 | Liam Corner | MDOC | | M50 | M50L | 103:37 | +38:15 |
| 58th | 1859 | Alistair Hindle | ESOC | | M50 | M50L | 103:42 | +38:20 |
| 59th | 1081 | Marc Balston | SARUM | | M50 | M50L | 103:44 | +38:22 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

7 - 9.3km 345m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|----------------------|---------|--|-----------|-------|--------------------|---------|
| 60th | 3125 | David Newton | DVO | | M45 | M45L | 104:07 | +38:45 |
| 61st | 2251 | John Methven | BKO | | M50 | M50L | 104:23 | +39:01 |
| 62nd | 1545 | Alistair Duguid | TAY | | M45 | M45L | 104:53 | +39:31 |
| 63rd | 1567 | Jim Edwards | MDOC | | M50 | M50L | 105:02 | +39:40 |
| 64th | 2894 | Jeremy Tonge | BOK | | M50 | M50L | 105:29 | +40:07 |
| 65th | 2026 | Simon Kippin | TVOC | | M50 | M50L | 105:33 | +40:11 |
| 66th | 2182 | David Masterson | CNOC | | M45 | M45L | 106:54 | +41:32 |
| 67th | 2672 | Gian-Reto Schaad | OLV Zug | | M45 | M45L | 107:32 | +42:10 |
| 68th | 3117 | David Dunn | POTOC | | M45 | M45L | 107:40 | +42:18 |
| 69th | 2235 | Peter McLuckie | MOR | | M50 | M50L | 108:13 | +42:51 |
| 70th | 1583 | Jonathan Ellis | ELO | | M45 | M45L | 108:15 | +42:53 |
| 71st | 2074 | Rob Leathley | SO | | M50 | M50L | 109:31 | +44:09 |
| 72nd | 1682 | Richard Gamble | LVO | | M50 | M50L | 110:35 | +45:13 |
| 73rd | 2759 | Philip Sorrell | QO | | M45 | M45L | 111:13 | +45:51 |
| 74th | 1512 | David Dixon | HH | | M50 | M50L | 112:16 | +46:54 |
| 75th | 2397 | Jeff Pakes | QO | | M50 | M50L | 112:35 | +47:13 |
| 76th | 1556 | Stuart Ebbrell | BAOC | | M50 | M50L | 114:27 | +49:05 |
| 77th | 2787 | Jacob Stevens | CHIG | | M45 | M45L | 114:53 | +49:31 |
| 78th | 3072 | Maxim Zorin | SLOW | | M45 | M45L | 115:02 | +49:40 |
| 79th | 2703 | Iain Sime | INVOC | | M50 | M50L | 115:45 | +50:23 |
| 80th | 2003 | Chris Kelly | FVO | | M50 | M50L | 116:36 | +51:14 |
| 81st | 3084 | David Jolly | RAFO | | M50 | M50L | 116:39 | +51:17 |
| 82nd | 1734 | Ben Green | TVOC | | M45 | M45L | 116:55 | +51:33 |
| 83rd | 2876 | Matthew Tinker | EPOC | | M45 | M45L | 119:43 | +54:21 |
| 84th | 2314 | Douglas Nesbit | HH | | M50 | M50L | 119:58 | +54:36 |
| 85th | 2541 | Simon Reeve | FERMO | | M45 | M45L | 122:33 | +57:11 |
| 86th | 2208 | Tom McComiskie | SROC | | M45 | M45L | 122:46 | +57:24 |
| 87th | 1032 | Iain Ambler | CHIG | | M50 | M50L | 125:06 | +59:44 |
| 88th | 1952 | Maciej Jablonski | WAOC | | M45 | M45L | 126:28 | +61:06 |
| 89th | 1408 | Brian Cowe | WAOC | | M45 | M45L | 128:31 | +63:09 |
| 90th | 2325 | Andy Nicholls | LEI | | M45 | M45L | 128:38 | +63:16 |
| 91st | 2995 | Steven White | PFO | | M45 | M45L | 130:28 | +65:06 |
| 92nd | 1754 | Bernhard Hagen | BOK | | M50 | M50L | 133:47 | +68:25 |
| 93rd | 2487 | Richard Powell | WAOC | | M45 | M45L | 134:31 | +69:09 |
| 94th | 1641 | Simon Finch | FVO | | M45 | M45L | 134:38 | +69:16 |
| 95th | 3054 | Todd Woods | SYO | | M50 | M50L | 135:10 | +69:48 |
| 96th | 2376 | Bo Oqvist | BKO | | M50 | M50L | 136:23 | +71:01 |
| 97th | 1092 | Philip Bartram | NOR | | M50 | M50L | 136:54 | +71:32 |
| 98th | 2534 | Anthony Raven | SWOC | | M50 | M50L | 137:18 | +71:56 |
| 99th | 1229 | Eoin Browne | GEN | | M50 | M50L | 138:32 | +73:10 |
| 100th | 2145 | Ross MacLagan | SN | | M50 | M50L | 142:50 | +77:28 |
| 101st | 2911 | David Turner | DVO | | M50 | M50L | 145:42 | +80:20 |
| 102nd | 2814 | Dickson Chungyin Tam | HH | | M45 | M45L | 146:13 | +80:51 |
| 103rd | 3049 | Tom Woodham | AIRE | | M50 | M50L | 151:56 | +86:34 |
| 104th | 1741 | Paul Gregson | OD | | M45 | M45L | 156:18 | +90:56 |
| 105th | 1320 | Ping Kuen Cheng | | | M50 | M50L | 171:47 | +106:25 |
| | 1492 | Nick De Jesus | LOC | | M45 | M45L | m10-18 | |
| | 2772 | Anthony Squire | NOC | | M45 | M45L | m2-8 m11-16 | |
| | 3157 | Simon Webb | WCH | | M50 | M50L | rtd | |
| | 3059 | Nigel Wright | NN | | M50 | M50L | w12 | |
| | 1839 | Will Hensman | FVO | | M45 | M45L | m1-16 | |
| | 1732 | David Gray | MDOC | | M45 | M45L | w15 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

8 - 8.2km 320m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-------|-----|------------------------|----------|-----|-------|-------|---------------|--------|
| 1st | 602 | Imogen Pieters | SYO | | W20 | W20E | 63:36 | |
| 2nd | 604 | Rachel Baker | CLOK | | W18 | W18E | 64:45 | +1:09 |
| 3rd | 608 | Kaia Joergensen | OK Linné | | W20 | W20E | 65:28 | +1:52 |
| 4th | 603 | Isobel Howard | EUOC | | W20 | W20E | 66:48 | +3:12 |
| 5th | 616 | Jocie Hilton | SN | | W18 | W18E | 70:08 | +6:32 |
| 6th | 605 | Nesa Schiller | WSX | | W18 | W18E | 70:50 | +7:14 |
| 7th | 610 | Heather High | SO | | W18 | W18E | 71:33 | +7:57 |
| 8th | 607 | Ruth Gooch | MAROC | | W18 | W18E | 73:17 | +9:41 |
| 9th | 617 | Emily Gibbins | AIRE | | W20 | W20E | 73:23 | +9:47 |
| 10th | 611 | Emma Crawford | EUOC | | W20 | W20E | 74:00 | +10:24 |
| 11th | 609 | Freya Tryner | SYO | | W18 | W18E | 74:10 | +10:34 |
| 12th | 601 | Daisy McNamara | EUOC | | W20 | W20E | 75:03 | +11:27 |
| 13th | 613 | Alice Kemsley | BASOC | | W20 | W20E | 76:01 | +12:25 |
| 14th | 620 | Iris MacMillan | ECKO | | W20 | W20E | 77:18 | +13:42 |
| 15th | 615 | Kate McLuckie | MOR | | W18 | W18E | 78:46 | +15:10 |
| 16th | 618 | Daisy Rennie | WCOC | | W18 | W18E | 79:25 | +15:49 |
| 17th | 619 | Ellie Darlow | RR | | W18 | W18E | 82:24 | +18:48 |
| 18th | 606 | Eve Buckley | KerryO | | W18 | W18E | 82:43 | +19:07 |
| 19th | 635 | Amelia Thompson | LOC | | W18 | W18E | 84:12 | +20:36 |
| 20th | 614 | Cate Matthew | SROC | | W18 | W18E | 84:27 | +20:51 |
| 21st= | 612 | Lyra Medlock | WSX | | W18 | W18E | 85:05 | +21:29 |
| 21st= | 632 | Fiona Eades | EUOC | | W20 | W20E | 85:05 | +21:29 |
| 23rd | 642 | Laura Brown | LOC | | W20 | W20E | 85:23 | +21:47 |
| 24th | 629 | Charlotte Burton | INVOC | | W18 | W18E | 86:30 | +22:54 |
| 25th | 621 | Ciara Keen | SYO | | W18 | W18E | 88:06 | +24:30 |
| 26th | 630 | Maya Hampshire Wright | SHUOC | | W20 | W20E | 88:08 | +24:32 |
| 27th | 637 | Charlotte Sykes | SYO | | W18 | W18E | 89:21 | +25:45 |
| 28th | 628 | Grace French | WIM | | W18 | W18E | 90:39 | +27:03 |
| 29th | 625 | Amelia Wing | BKO | | W18 | W18E | 90:47 | +27:11 |
| 30th | 631 | Laura Barrett | SN | | W20 | W20E | 91:42 | +28:06 |
| 31st | 623 | Jessica Ward | NGOC | | W18 | W18E | 92:01 | +28:25 |
| 32nd | 634 | Anwen Hockley | ERYRI | | W18 | W18E | 93:29 | +29:53 |
| 33rd | 644 | Isabel Sunley | EUOC | | W20 | W20E | 93:47 | +30:11 |
| 34th | 647 | Hebe Darwin | WAOOC | | W18 | W18E | 98:51 | +35:15 |
| 35th | 622 | Sarah Darley | SN | | W20 | W20E | 98:57 | +35:21 |
| 36th | 626 | Emily Rowe | GEN | | W20 | W20E | 99:35 | +35:59 |
| 37th | 627 | Carys Sharp | TVOC | | W20 | W20E | 100:14 | +36:38 |
| 38th | 641 | Hannah Mather | LOG | | W18 | W18E | 100:54 | +37:18 |
| 39th | 636 | Anastasia Mahlych | LVO | | W18 | W18E | 101:09 | +37:33 |
| 40th | 651 | Yokub Hampshire Wright | NN | | W18 | W18E | 101:13 | +37:37 |
| 41st | 648 | Scarlett Britain | MOR | | W18 | W18E | 105:56 | +42:20 |
| 42nd | 646 | Eva Spurling | WRE | | W20 | W20E | 106:13 | +42:37 |
| 43rd | 649 | Flora Jolly | HALO | | W18 | W18E | 107:06 | +43:30 |
| 44th | 643 | Madeleine Pitcher | DFOK | | W18 | W18E | 108:34 | +44:58 |
| 45th | 645 | Madelyn Bartlett | SO | | W20 | W20E | 112:32 | +48:56 |
| 46th | 638 | Maggie Soulsby | HH | | W18 | W18E | 125:49 | +62:13 |
| 47th | 650 | Emily Butter | SN | | W20 | W20E | 139:37 | +76:01 |
| | 639 | Alexandra Garnett | SYO | | W18 | W18E | rtd | |
| | 633 | Eva Humphreys | WCOC | | W18 | W18E | m11-13 | |
| | 640 | Rose Taylor | NGOC | | W18 | W18E | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

9 - 8.6km 315m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|----------------------|--------------|--|-----------|-------|-------|--------|
| 1st | 2050 | Alistair Landels | OD | | M55 | M55L | 61:46 | |
| 2nd | 1855 | Darrell High | SO | | M55 | M55L | 65:01 | +3:15 |
| 3rd | 1542 | John Duckworth | DVO | | M55 | M55L | 66:17 | +4:31 |
| 4th | 2597 | Kitty Robinson | SBOC | | W35 | W35L | 67:15 | +5:29 |
| 5th | 2782 | Ben Stansfield | FVO | | M55 | M55L | 67:50 | +6:04 |
| 6th | 2416 | Richard Parkin | DVO | | M55 | M55L | 69:06 | +7:20 |
| 7th | 2931 | Alan Velecky | SO | | M55 | M55L | 70:03 | +8:17 |
| 8th | 2952 | Martin Ward | SYO | | M55 | M55L | 71:06 | +9:20 |
| 9th | 1794 | Duncan Harris | DEE | | M55 | M55L | 71:57 | +10:11 |
| 10th | 1935 | Simon Hunter | WCOG | | M55 | M55L | 72:11 | +10:25 |
| 11th | 1984 | Ian Jones | ERYRI | | M55 | M55L | 73:08 | +11:22 |
| 12th | 1465 | Clare Dallimore | SWOC | | W35 | W35L | 73:28 | +11:42 |
| 13th | 1424 | Sam Crawshaw | SYO | | M20 | M20L | 73:30 | +11:44 |
| 14th | 1844 | Heather Heppenstall | LOC | | W40 | W40L | 73:38 | +11:52 |
| 15th | 2614 | Heather Roome | SROC | | W40 | W40L | 73:56 | +12:10 |
| 16th | 1729 | Laura Goy | SYO | | W40 | W40L | 74:58 | +13:12 |
| 17th | 2203 | Chris McCartney | HOC | | M55 | M55L | 75:01 | +13:15 |
| 18th | 2524 | Becky Raftery | HH | | W40 | W40L | 75:13 | +13:27 |
| 19th | 2794 | Kirsten Strain | AROS | | W35 | W35L | 75:37 | +13:51 |
| 20th | 1055 | Sarah Atkinson | LOC | | W40 | W40L | 76:07 | +14:21 |
| 21st | 2890 | Lucie Todhunter | SROC | | W40 | W40L | 76:41 | +14:55 |
| 22nd | 2118 | Richard Lloyd | LOK | | M55 | M55L | 77:27 | +15:41 |
| 23rd | 2081 | Eloise Lee | HOC | | W35 | W35L | 77:58 | +16:12 |
| 24th | 1597 | Alexander Evans | POTOC | | M20 | M20L | 80:17 | +18:31 |
| 25th | 1087 | Sarah-Jane Barrable | SLOW | | W40 | W40L | 80:43 | +18:57 |
| 26th | 1317 | Mark Chapman | SYO | | M55 | M55L | 81:11 | +19:25 |
| 27th | 2283 | Sunniva Morgan | Malvik IL | | W40 | W40L | 81:33 | +19:47 |
| 28th | 1070 | Clare Baker | NN | | W40 | W40L | 82:00 | +20:14 |
| 29th | 2101 | Guy Lidbury | HAVOC | | M55 | M55L | 82:01 | +20:15 |
| 30th | 1531 | Liz Drewe | CLARO | | W40 | W40L | 82:18 | +20:32 |
| 31st | 1551 | David Eades | INT | | M55 | M55L | 82:33 | +20:47 |
| 32nd | 2668 | Sarah Scarbrough | MV | | W40 | W40L | 83:33 | +21:47 |
| 33rd | 1378 | Neil Conway | FVO | | M55 | M55L | 83:38 | +21:52 |
| 34th | 3044 | Mark Wood | FVO | | M55 | M55L | 83:40 | +21:54 |
| 35th | 1878 | Steve Holmes | WCOG | | M55 | M55L | 83:52 | +22:06 |
| 36th | 2758 | Bo Söderqvist | SOK Viljan | | M55 | M55L | 84:11 | +22:25 |
| 37th | 2311 | Torgny Näslund | Skogslöparna | | M55 | M55L | 84:48 | +23:02 |
| 38th | 3014 | Justin Williams | LOG | | M55 | M55L | 85:08 | +23:22 |
| 39th | 2298 | Anne Murgatroyd | AIRE | | W40 | W40L | 85:11 | +23:25 |
| 40th | 2196 | Charles Mayes | CLOK | | M55 | M55L | 86:02 | +24:16 |
| 41st | 2990 | Jonathan Whilock | POTOC | | M55 | M55L | 86:07 | +24:21 |
| 42nd | 2542 | Ian Renfrew | NOR | | M55 | M55L | 86:31 | +24:45 |
| 43rd | 1517 | Aleksei Dnestrovskii | TVOC | | M55 | M55L | 86:40 | +24:54 |
| 44th | 1101 | Richard Baxter | SYO | | M55 | M55L | 86:44 | +24:58 |
| 45th | 2286 | Rebecca Morris | BASOC | | W40 | W40L | 86:59 | +25:13 |
| 46th | 2645 | Brian Rowe | GEN | | M55 | M55L | 87:04 | +25:18 |
| 47th | 2483 | Ifor Powell | BOK | | M55 | M55L | 87:40 | +25:54 |
| 48th | 1430 | Anya Crocker | SOC | | W35 | W35L | 88:42 | +26:56 |
| 49th | 1905 | Nick Howlett | LOC | | M55 | M55L | 88:53 | +27:07 |
| 50th | 2528 | Chris Rampton | WAOC | | M55 | M55L | 88:56 | +27:10 |
| 51st | 2152 | Cerys Manning | MDOC | | W35 | W35L | 89:54 | +28:08 |
| 52nd | 1640 | Russell Finch | OD | | M55 | M55L | 90:11 | +28:25 |
| 53rd | 1114 | Dai Bedwell | DVO | | M55 | M55L | 90:36 | +28:50 |
| 54th | 1983 | Ian Jones | NGOC | | M55 | M55L | 91:00 | +29:14 |
| 55th | 2236 | Lindsay McMillan | EPOC | | W40 | W40L | 91:07 | +29:21 |
| 56th | 1135 | Isabel Berry | BL | | W40 | W40L | 92:08 | +30:22 |
| 57th | 2923 | Angus Tyner | Setanta | | M55 | M55L | 92:32 | +30:46 |
| 58th | 1631 | Kevin Fielding | HH | | M55 | M55L | 92:45 | +30:59 |
| 59th | 1747 | Tony Grover | HH | | M55 | M55L | 93:19 | +31:33 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

9 - 8.6km 315m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|---------------------|---------|--|-----------|-------|-------------------|---------|
| 60th | 2866 | Simon Thompson | HOC | | M55 | M55L | 94:22 | +32:36 |
| 61st | 1448 | Christine Currie | SOC | | W45 | W40L | 94:24 | +32:38 |
| 62nd | 2046 | Kerina Lake | SBOC | | W45 | W40L | 94:50 | +33:04 |
| 63rd | 2577 | Ian Roberts | MV | | M55 | M55L | 95:42 | +33:56 |
| 64th | 2111 | Robert Lines | SO | | M55 | M55L | 96:38 | +34:52 |
| 65th | 2968 | David Wathey | MDOC | | M55 | M55L | 96:49 | +35:03 |
| 66th | 1420 | Stuart Crawford | WCOC | | M55 | M55L | 98:09 | +36:23 |
| 67th | 1889 | Ian Hopkins | WRE | | M55 | M55L | 98:16 | +36:30 |
| 68th | 2696 | Tamla Short | WCH | | W35 | W35L | 98:47 | +37:01 |
| 69th | 3018 | Jennifer Williamson | ERYRI | | W40 | W40L | 99:03 | +37:17 |
| 70th | 1277 | Max Carcas | INT | | M55 | M55L | 99:11 | +37:25 |
| 71st | 1164 | Robin Bishop | TVOC | | M55 | M55L | 100:37 | +38:51 |
| 72nd | 1501 | Simon Deeks | SAX | | M55 | M55L | 100:55 | +39:09 |
| 73rd | 2735 | Craig Smith | BOK | | M55 | M55L | 101:19 | +39:33 |
| 74th | 2992 | Matt White | LEI | | M55 | M55L | 102:48 | +41:02 |
| 75th | 1301 | Stephen Chafer | LEI | | M55 | M55L | 106:24 | +44:38 |
| 76th | 1119 | Iain Bell | SN | | M55 | M55L | 106:34 | +44:48 |
| 77th | 1627 | John Ferris-Worth | BL | | M55 | M55L | 107:16 | +45:30 |
| 78th | 2924 | Tivon Tyner | Setanta | | M20 | M20L | 108:16 | +46:30 |
| 79th | 1991 | Pauly Jones | DEE | | M55 | M55L | 109:09 | +47:23 |
| 80th | 1687 | James Garnett | SYO | | M55 | M55L | 109:47 | +48:01 |
| 81st | 2925 | John Tzanetis | DFOK | | M55 | M55L | 110:06 | +48:20 |
| 82nd | 2549 | Andrew Reynolds | DEVON | | M55 | M55L | 110:18 | +48:32 |
| 83rd | 2266 | Jonathan Molloy | FVO | | M55 | M55L | 110:52 | +49:06 |
| 84th | 1125 | Alan Bennett | MAROC | | M55 | M55L | 112:46 | +51:00 |
| 85th | 2967 | Steve Waters | SYO | | M55 | M55L | 112:50 | +51:04 |
| 86th | 2468 | Rachel Platt | LOC | | W40 | W40L | 113:06 | +51:20 |
| 87th | 1142 | Helen Bickle | WAOC | | W40 | W40L | 113:20 | +51:34 |
| 88th | 1258 | Ian Buxton | TVOC | | M55 | M55L | 114:37 | +52:51 |
| 89th | 2402 | Bert Park | SUFFOC | | M55 | M55L | 116:04 | +54:18 |
| 90th | 2034 | Sarah Knight | LVO | | W35 | W35L | 116:06 | +54:20 |
| 91st | 1042 | Megan Ashton | RNRMOC | | W35 | W35L | 116:51 | +55:05 |
| 92nd | 2732 | Christine Smith | SLOW | | W40 | W40L | 117:13 | +55:27 |
| 93rd | 2904 | Mike Trotman | HH | | M55 | M55L | 118:43 | +56:57 |
| 94th | 2212 | Vicky McCreddie | WIM | | W40 | W40L | 121:31 | +59:45 |
| 95th | 1927 | Yvonne Hung | MDOC | | W40 | W40L | 122:40 | +60:54 |
| 96th | 2331 | Kasia Nichols | SO | | W40 | W40L | 123:22 | +61:36 |
| 97th | 1572 | Nicola Elder | TVOC | | W40 | W40L | 124:01 | +62:15 |
| 98th | 1830 | Liz Heaton | LOC | | W40 | W40L | 124:41 | +62:55 |
| 99th | 2746 | Peter Smith | SOC | | M55 | M55L | 125:47 | +64:01 |
| 100th | 1439 | John Cross | SAX | | M55 | M55L | 126:18 | +64:32 |
| 101st | 1309 | Jon Chandler | LOK | | M55 | M55L | 126:45 | +64:59 |
| 102nd | 2445 | Duncan Perry | BOK | | M55 | M55L | 131:36 | +69:50 |
| 103rd | 2088 | Lap On Leung | HOC | | M55 | M55L | 134:50 | +73:04 |
| 104th | 2289 | Simon Moss | SLOW | | M55 | M55L | 136:09 | +74:23 |
| 105th | 2437 | Amy Peltor | | | W40 | W40L | 136:25 | +74:39 |
| 106th | 1826 | David Heale | HH | | M55 | M55L | 137:35 | +75:49 |
| 107th | 2178 | Emma Mason | MDOC | | W35 | W35L | 141:48 | +80:02 |
| 108th | 2339 | Emily Norris | BOF | | W35 | W35L | 145:07 | +83:21 |
| 109th | 2338 | Calah Norris | HOC | | W45 | W40L | 148:21 | +86:35 |
| 110th | 2364 | Marie O'Donovan | BOC | | W35 | W35L | 165:08 | +103:22 |
| 111th | 2085 | Stephen Lee-Jones | BOK | | M55 | M55L | 167:09 | +105:23 |
| | 1362 | Sarah Clough | DEVON | | W40 | W40L | m15 | |
| | 2159 | Emma Mansfield | BAOC | | W35 | W35L | w12 | |
| | 1549 | Simon Dunkley | SN | | M55 | M55L | m1-4 m6-14 | |
| | 2417 | Alastair Paterson | LEI | | M55 | M55L | m8-11 | |
| | 1440 | Jon Cross | FVO | | M55 | M55L | m1-10 | |
| | 2348 | Martin O'Donnell | GEN | | M55 | M55L | m14 | |
| | 1293 | John Casey | SEVO | | M55 | M55L | m2-11 m15 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

9 - 8.6km 315m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-----|------|---------------|------|---|-------|-------|-------|--------|
| | 3058 | Nadine Wright | BL |  | W35 | W35L | m2-10 | m15 |
| | 3002 | Tim Wiegand | SYO |  | M55 | M55L | m8-10 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

10 - 8km 275m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|------------------------|--------|---|-----------|-------|--------|--------|
| 1st | 1780 | Quentin Harding | CLARO |  | M60 | M60L | 60:01 | |
| 2nd | 1761 | Clive Hallett | BOK |  | M60 | M60L | 61:57 | +1:56 |
| 3rd | 1240 | Nigel Bunn | TVOC |  | M60 | M60L | 62:13 | +2:12 |
| 4th | 2226 | Colin McIntyre | OK Tyr |  | M60 | M60L | 65:21 | +5:20 |
| 5th | 2978 | Steve Webb | AIRE |  | M60 | M60L | 66:04 | +6:03 |
| 6th | 2274 | Alex Moore | WAOOC |  | M21 | M21S | 67:05 | +7:04 |
| 7th | 3139 | Liam Marsh | SO |  | M21 | M21S | 67:14 | +7:13 |
| 8th | 2142 | Christopher MacKenzie | CLOK |  | M21 | M21S | 69:05 | +9:04 |
| 9th | 1148 | Michael Billinghamurst | WCOC |  | M60 | M60L | 70:31 | +10:30 |
| 10th | 2190 | Ian Maxwell | RR |  | M60 | M60L | 71:16 | +11:15 |
| 11th | 2306 | Jon Musgrave | MAROC |  | M60 | M60L | 72:26 | +12:25 |
| 12th | 1595 | Simon Errington | HH |  | M60 | M60L | 72:32 | +12:31 |
| 13th | 1588 | Jonathan Emberton | EPOC |  | M60 | M60L | 73:16 | +13:15 |
| 14th | 1295 | Iain Cattermole | STAG |  | M21 | M21S | 73:32 | +13:31 |
| 15th | 2671 | Phil Scarf | EPOC |  | M60 | M60L | 74:01 | +14:00 |
| 16th | 1974 | Mike Johnson | SROC |  | M60 | M60L | 74:28 | +14:27 |
| 17th | 1391 | Brian Corbett | CorkO |  | M60 | M60L | 75:33 | +15:32 |
| 18th | 1427 | Neil Crickmore | SO |  | M60 | M60L | 75:48 | +15:47 |
| 19th | 1194 | Andrew Bradley | WCOC |  | M60 | M60L | 75:53 | +15:52 |
| 20th | 2404 | Dan Parker | BL |  | M60 | M60L | 76:30 | +16:29 |
| 21st | 2068 | David Leadley | OD |  | M60 | M60L | 77:21 | +17:20 |
| 22nd | 2429 | Mike Pedley | EPOC |  | M60 | M60L | 77:42 | +17:41 |
| 23rd | 1387 | Joshua Cooper | EBOR |  | M21 | M21S | 77:50 | +17:49 |
| 24th | 1247 | Tony Burton | MV |  | M60 | M60L | 78:19 | +18:18 |
| 25th | 2940 | Adam Walker | DEVON |  | M21 | M21S | 79:23 | +19:22 |
| 26th | 1799 | David Harrison | SYO |  | M60 | M60L | 79:26 | +19:25 |
| 27th | 2063 | David Lawson | OD |  | M60 | M60L | 79:34 | +19:33 |
| 28th | 2845 | Roger Thetford | TVOC |  | M60 | M60L | 79:36 | +19:35 |
| 29th | 1318 | Peter Chapman | SO |  | M60 | M60L | 81:00 | +20:59 |
| 30th | 1120 | Iain Bell | DEE |  | M60 | M60L | 81:37 | +21:36 |
| 31st | 1885 | Chris Hooker | SO |  | M60 | M60L | 82:55 | +22:54 |
| 32nd | 2872 | Paul Thwaites | SOC |  | M60 | M60L | 83:02 | +23:01 |
| 33rd | 1853 | Samuel Higginbotham | CLOK |  | M21 | M21S | 84:17 | +24:16 |
| 34th | 1918 | Ian Hughes | WCH |  | M60 | M60L | 84:30 | +24:29 |
| 35th | 1224 | Keith Brown | ESOC |  | M60 | M60L | 85:14 | +25:13 |
| 36th | 2110 | Edward Lines | SO |  | M21 | M21S | 85:19 | +25:18 |
| 37th | 1574 | Stephen Elkington | OD |  | M21 | M21S | 85:44 | +25:43 |
| 38th | 2179 | Keith Masson | MV |  | M60 | M60L | 85:54 | +25:53 |
| 39th | 2423 | Richard Pay | WRE |  | M60 | M60L | 85:56 | +25:55 |
| 40th | 2104 | Nicholas Lightfoot | SYO |  | M60 | M60L | 86:44 | +26:43 |
| 41st | 2689 | Richard Sharp | TVOC |  | M60 | M60L | 87:43 | +27:42 |
| 42nd | 1786 | George Hare | NATO |  | M60 | M60L | 88:36 | +28:35 |
| 43rd | 1883 | Alan Honey | BOK |  | M60 | M60L | 89:36 | +29:35 |
| 44th | 1007 | Mark Adams | HH |  | M60 | M60L | 90:28 | +30:27 |
| 45th | 1657 | Paul Fox | SN |  | M60 | M60L | 90:45 | +30:44 |
| 46th | 2427 | Brian Pearson | QO |  | M60 | M60L | 90:47 | +30:46 |
| 47th | 1649 | Lyle Fleming | LVO |  | M60 | M60L | 90:48 | +30:47 |
| 48th | 1310 | Adrian Chapman | LOG |  | M60 | M60L | 91:15 | +31:14 |
| 49th= | 1604 | Nicholas Evans | WCOC |  | M60 | M60L | 91:19 | +31:18 |
| 49th= | 1947 | Duncan Innes | SWOC |  | M60 | M60L | 91:19 | +31:18 |
| 51st | 2319 | Phil Newall | WCOC |  | M60 | M60L | 92:19 | +32:18 |
| 52nd | 1737 | Nick Green | GO |  | M60 | M60L | 92:52 | +32:51 |
| 53rd | 2673 | Steve Schofield | NOC |  | M60 | M60L | 93:36 | +33:35 |
| 54th | 1059 | David Averill | SMOC |  | M60 | M60L | 94:24 | +34:23 |
| 55th | 1002 | Graeme Ackland | INT |  | M60 | M60L | 96:27 | +36:26 |
| 56th | 2048 | Simon Lanckham | HOC |  | M21 | M21S | 96:45 | +36:44 |
| 57th | 2933 | David Vincent | DVO |  | M60 | M60L | 97:01 | +37:00 |
| 58th | 2572 | Andy Rimes | QO |  | M60 | M60L | 98:53 | +38:52 |
| 59th | 2275 | Simon Moore | BKO |  | M60 | M60L | 100:57 | +40:56 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

10 - 8km 275m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|----------------------|---------------|--|-----------|-------|----------|---------|
| 60th | 2199 | David McCann | MDOC | | M60 | M60L | 101:13 | +41:12 |
| 61st | 2747 | Phil Smith | AYROC | | M60 | M60L | 101:16 | +41:15 |
| 62nd | 2382 | Dermot O'Sullivan | CorkO | | M60 | M60L | 101:17 | +41:16 |
| 63rd | 3143 | Kieran Marsh | SLOW | | M21 | M21S | 102:07 | +42:06 |
| 64th | 2467 | Andrew Pitcher | DFOK | | M60 | M60L | 102:17 | +42:16 |
| 65th | 1020 | Thomas Alcock | WIM | | M21 | M21S | 102:31 | +42:30 |
| 66th | 2232 | Stephen McKinley | SN | | M60 | M60L | 102:59 | +42:58 |
| 67th | 3109 | Trevor Hoey | FVO | | M60 | M60L | 103:23 | +43:22 |
| 68th | 2996 | Roger Whitehead | MDOC | | M60 | M60L | 103:59 | +43:58 |
| 69th | 1025 | Timothy Alexander | | | M21 | M21S | 104:33 | +44:32 |
| 70th | 2560 | Dave Richardson | Fingal | | M60 | M60L | 104:40 | +44:39 |
| 71st | 1833 | Andrew Henderson | WAOC | | M60 | M60L | 104:43 | +44:42 |
| 72nd | 1925 | Tim Hulley | SO | | M60 | M60L | 105:50 | +45:49 |
| 73rd | 3085 | Alan Hickling | SAX | | M60 | M60L | 106:36 | +46:35 |
| 74th | 1958 | Dorien James | SMOC | | M60 | M60L | 106:43 | +46:42 |
| 75th | 3039 | Adrian Wise | SN | | M60 | M60L | 107:16 | +47:15 |
| 76th | 1852 | Robert Hick | WSX | | M60 | M60L | 107:27 | +47:26 |
| 77th | 2174 | Peter Martin | MV | | M60 | M60L | 108:58 | +48:57 |
| 78th | 2249 | Derick Mercer | BKO | | M60 | M60L | 109:07 | +49:06 |
| 79th | 2060 | Per Larsson | OK Klemmingen | | M60 | M60L | 109:09 | +49:08 |
| 80th | 1872 | David Hodson | HH | | M60 | M60L | 109:55 | +49:54 |
| 81st | 2024 | Karl Kingsman | HOC | | M60 | M60L | 110:35 | +50:34 |
| 82nd | 3005 | Clive Wilkinson | SUFFOC | | M60 | M60L | 111:09 | +51:08 |
| 83rd | 1579 | Andy Ellis | PFO | | M60 | M60L | 111:27 | +51:26 |
| 84th | 3081 | Stuart Hanstock | BOK | | M21 | M21S | 111:47 | +51:46 |
| 85th | 1466 | Christopher Dalton | TVOC | | M21 | M21S | 112:12 | +52:11 |
| 86th | 1678 | William Ojaghi-Gale | | | M21 | M21S | 112:32 | +52:31 |
| 87th | 2569 | Andrew Ridgway | NOC | | M60 | M60L | 113:49 | +53:48 |
| 88th | 1468 | John Dalton | TVOC | | M60 | M60L | 116:30 | +56:29 |
| 89th | 1252 | Jeff Butt | SARUM | | M60 | M60L | 117:40 | +57:39 |
| 90th | 2471 | Christopher Poole | TVOC | | M60 | M60L | 117:53 | +57:52 |
| 91st | 1695 | Zbigniew Gebka | HAVOC | | M60 | M60L | 118:37 | +58:36 |
| 92nd | 1568 | Richard Edwards | PFO | | M60 | M60L | 118:58 | +58:57 |
| 93rd | 2228 | Ian McIntyre | INT | | M60 | M60L | 119:26 | +59:25 |
| 94th | 2665 | Christian Saxtoft | BOK | | M60 | M60L | 120:25 | +60:24 |
| 95th | 2529 | Graham Ramsden | CLARO | | M60 | M60L | 120:43 | +60:42 |
| 96th | 3130 | Benjamin Toole | STUOC | | M21 | M21S | 122:17 | +62:16 |
| 97th | 2303 | Christopher Murray | CNOC | | M60 | M60L | 122:59 | +62:58 |
| 98th | 2970 | Richard Watkins | DRONGO | | M21 | M21S | 123:51 | +63:50 |
| 99th | 1740 | Michael Greenwood | GRAMP | | M60 | M60L | 124:45 | +64:44 |
| 100th | 2987 | Rolf Wettstein | OL Zimmerberg | | M60 | M60L | 124:57 | +64:56 |
| 101st | 2844 | Milan Thapa | OD | | M21 | M21S | 126:53 | +66:52 |
| 102nd | 1371 | Geoffrey Collins | LVO | | M60 | M60L | 126:58 | +66:57 |
| 103rd | 2937 | David Vinsen | NOR | | M60 | M60L | 131:37 | +71:36 |
| 104th | 3027 | Paul Wilson | SO | | M60 | M60L | 136:51 | +76:50 |
| 105th | 2527 | Sandesh Rai | | | M21 | M21S | 138:00 | +77:59 |
| 106th | 2506 | Mark Pruzina | LVO | | M60 | M60L | 139:05 | +79:04 |
| 107th | 2136 | Nicolas MacDonald | | | M21 | M21S | 142:09 | +82:08 |
| 108th | 1717 | Paul Goodhead | DVO | | M60 | M60L | 143:45 | +83:44 |
| 109th | 2754 | Paul Smyth | Ajax | | M60 | M60L | 153:12 | +93:11 |
| 110th | 1255 | Andrew Butterfield | GEN | | M60 | M60L | 156:09 | +96:08 |
| 111th | 1256 | Joseph Butterfield | GEN | | M21 | M21S | 166:14 | +106:13 |
| | 1039 | Christopher Ashenden | SN | | M60 | M60L | m8-11 | |
| | 2293 | Michael Muggeridge | HAVOC | | M60 | M60L | w10 | |
| | 2984 | Dil Wetherill | WAOC | | M60 | M60L | w10 | |
| | 1504 | Steve Dempsey | SYO | | M60 | M60L | m2-8 m12 | |
| | 1187 | Richard Bostock | DFOK | | M60 | M60L | w10 | |
| | 1750 | Joshan Gurung | OD | | M21 | M21S | m8-11 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

11 - 7.7km 195m





















































| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|-----------------------|--------------------|--|-----------|-------|-------|--------|
| 1st | 2233 | Finlay McLuckie | MOR | | M16 | M16A | 47:06 | |
| 2nd | 2684 | Finn Selmer Duguid | TAY | | M16 | M16A | 49:53 | +2:47 |
| 3rd | 2433 | Oscar Peel | SYO | | M16 | M16A | 52:33 | +5:27 |
| 4th | 1400 | Ruari Cottier | ECKO | | M16 | M16A | 53:23 | +6:17 |
| 5th | 2308 | Vince Nagy-Kovacs | SBOC | | M16 | M16A | 54:23 | +7:17 |
| 6th | 2447 | Marcus Perry | BOK | | M16 | M16A | 54:52 | +7:46 |
| 7th | 2381 | Sam Osborne | LOC | | M16 | M16A | 56:30 | +9:24 |
| 8th | 1950 | Robin Irwin | SBOC | | M16 | M16A | 57:01 | +9:55 |
| 9th | 3006 | Ewen Wilkinson | AIRE | | M16 | M16A | 57:32 | +10:26 |
| 10th | 1129 | Luke Bennett | DFOK | | M16 | M16A | 58:29 | +11:23 |
| 11th | 2550 | Caspar Reynolds | SYO | | M16 | M16A | 58:33 | +11:27 |
| 12th | 2390 | Peter Owen | FVO | | M16 | M16A | 58:44 | +11:38 |
| 13th | 2496 | Will Preston | SYO | | M16 | M16A | 59:30 | +12:24 |
| 14th | 1866 | Lawrence Hodgson | SYO | | M16 | M16A | 60:09 | +13:03 |
| 15th | 2215 | Douglas McDonald | INVOC | | M16 | M16A | 60:32 | +13:26 |
| 16th | 2608 | Sarah Rollins | SN | | W45 | W45L | 61:08 | +14:02 |
| 17th | 1828 | Jonah Hearn | WCH | | M16 | M16A | 61:41 | +14:35 |
| 18th | 3138 | Alex Matthew | SROC | | M20 | M20S | 62:35 | +15:29 |
| 19th | 2169 | Anna Mårzell | Stora Tuna OK | | W45 | W45L | 62:42 | +15:36 |
| 20th | 1450 | Duncan Currie | SOC | | M16 | M16A | 63:15 | +16:09 |
| 21st | 2799 | Max Straube-Roth | OD | | M16 | M16A | 63:29 | +16:23 |
| 22nd | 2860 | Craig Thompson | HOC | | M16 | M16A | 63:30 | +16:24 |
| 23rd | 1098 | Kim Baxter | SYO | | W45 | W45L | 63:36 | +16:30 |
| 24th | 2887 | Ben Todhunter | SROC | | M16 | M16A | 63:52 | +16:46 |
| 25th | 2049 | Adam Landels | OD | | M16 | M16A | 64:05 | +16:59 |
| 26th | 1013 | James Agombar | NGOC | | M16 | M16A | 64:40 | +17:34 |
| 27th | 2949 | Claire Ward | INT | | W45 | W45L | 65:55 | +18:49 |
| 28th | 1841 | Toby Heppell | WCOC | | M16 | M16A | 66:06 | +19:00 |
| 29th= | 3038 | Tom Winsor | STAG | | M35 | M35S | 67:12 | +20:06 |
| 29th= | 1742 | Eanna Grennan | SEVO | | M16 | M16A | 67:12 | +20:06 |
| 31st | 2086 | Otso Leinonen | Rajamaen Rykmentti | | M16 | M16A | 68:13 | +21:07 |
| 32nd | 1158 | Matthew Birkinshaw | WCOC | | M18 | M18L | 68:19 | +21:13 |
| 33rd | 1944 | Janine Inman | FVO | | W45 | W45L | 68:35 | +21:29 |
| 34th | 2065 | Seth Lawson | NGOC | | M16 | M16A | 69:19 | +22:13 |
| 35th | 2361 | Liam O'Donnell | Fingal | | M16 | M16A | 70:04 | +22:58 |
| 36th | 1237 | Fionn Buckley | KerryO | | M16 | M16A | 70:25 | +23:19 |
| 37th | 1238 | Jo Buckley | AIRE | | W45 | W45L | 70:48 | +23:42 |
| 38th | 1946 | Matthew Inman | FVO | | M16 | M16A | 71:02 | +23:56 |
| 39th | 2553 | Pasco Reynolds | SYO | | M16 | M16A | 71:57 | +24:51 |
| 40th | 2316 | Rory Nesbit | HH | | M16 | M16A | 72:02 | +24:56 |
| 41st | 1126 | James Bennett | WCH | | M35 | M35S | 72:59 | +25:53 |
| 42nd | 3023 | Catherine Wilson | PFO | | W45 | W45L | 73:23 | +26:17 |
| 43rd | 1204 | Monty Bratcher-Howard | WIM | | M16 | M16A | 73:36 | +26:30 |
| 44th | 1856 | Aidan Hilton | SN | | M16 | M16A | 73:59 | +26:53 |
| 45th | 1312 | Ben Chapman | SO | | M16 | M16A | 75:20 | +28:14 |
| 46th | 1928 | Alexander Hunt | FVO | | M16 | M16A | 75:30 | +28:24 |
| 47th | 2769 | Daniel Spear | DEVON | | M16 | M16A | 76:32 | +29:26 |
| 48th | 1457 | Robin Dafforn | DEVON | | M16 | M16A | 76:58 | +29:52 |
| 49th | 2798 | Anne Straube | OD | | W45 | W45L | 77:50 | +30:44 |
| 50th | 2365 | Toni O'Donovan | LEI | | W45 | W45L | 77:56 | +30:50 |
| 51st | 1220 | Anthony Brown | HH | | M40 | M40S | 78:06 | +31:00 |
| 52nd | 2166 | Helen Marsden | HH | | W45 | W45L | 79:10 | +32:04 |
| 53rd | 1546 | Laurent Dunhill | GEN | | M40 | M40S | 80:00 | +32:54 |
| 54th | 2657 | Oscar Sanderson | NATO | | M16 | M16A | 80:18 | +33:12 |
| 55th | 1246 | Toby Burton | INVOC | | M16 | M16A | 80:41 | +33:35 |
| 56th | 2535 | Christopher Raven | SWOC | | M20 | M20S | 82:19 | +35:13 |
| 57th | 2387 | Joshua Owen | SOS | | M16 | M16A | 82:46 | +35:40 |
| 58th | 2790 | Henry Stitson | AIRE | | M16 | M16A | 83:43 | +36:37 |
| 59th | 2277 | Carys Morgan | SLOW | | W45 | W45L | 84:43 | +37:37 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

11 - 7.7km 195m














| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-------|------|------------------------------|-------|---|-------|-------|--------|---------|
| 60th | 2146 | Janette Macleod | BASOC |  | W45 | W45L | 84:48 | +37:42 |
| 61st | 2974 | Andrew Weaver | WRE |  | M40 | M40S | 84:51 | +37:45 |
| 62nd | 1613 | Christine Farr | SWOC |  | W45 | W45L | 85:34 | +38:28 |
| 63rd | 2383 | Moire O'Sullivan | LVO |  | W45 | W45L | 85:56 | +38:50 |
| 64th | 1932 | Arthur Hunter | DEVON |  | M16 | M16A | 86:07 | +39:01 |
| 65th | 2098 | Thomas Lewis | WRE |  | M35 | M35S | 86:18 | +39:12 |
| 66th | 2107 | Kaji Limbu | WCH |  | M35 | M35S | 87:01 | +39:55 |
| 67th | 2436 | Alex Peltor | |  | M16 | M16A | 87:38 | +40:32 |
| 68th | 2220 | Rob McEvoy | CorkO |  | M40 | M40S | 87:51 | +40:45 |
| 69th | 1296 | Rhys Caudwell | SYO |  | M16 | M16A | 88:20 | +41:14 |
| 70th | 2270 | Trish Monks | BKO |  | W45 | W45L | 89:25 | +42:19 |
| 71st | 2120 | Josh Lockwood | DEVON |  | M16 | M16A | 91:01 | +43:55 |
| 72nd | 2859 | Zach Thomas | SROC |  | M16 | M16A | 91:18 | +44:12 |
| 73rd | 1644 | Dan Findlay-Robinson | WCH |  | M40 | M40S | 92:23 | +45:17 |
| 74th | 1988 | Marty Jones | ERYRI |  | M16 | M16A | 93:03 | +45:57 |
| 75th | 3090 | Jonathan Hughes | TVOC |  | M35 | M35S | 94:42 | +47:36 |
| 76th | 1949 | Bethan Irwin | SBOC |  | W45 | W45L | 95:18 | +48:12 |
| 77th | 2552 | Louise Reynolds | SYO |  | W45 | W45L | 96:17 | +49:11 |
| 78th | 2193 | Greg May | PFO |  | M40 | M40S | 96:27 | +49:21 |
| 79th | 1514 | Richard Dixon | BAOC |  | M35 | M35S | 97:05 | +49:59 |
| 80th | 2543 | George Rennie | WCOC |  | M16 | M16A | 97:06 | +50:00 |
| 81st | 2702 | Evan Sime | INVOC |  | M16 | M16A | 97:52 | +50:46 |
| 82nd | 1179 | Josh Bones | LOG |  | M18 | M18L | 98:06 | +51:00 |
| 83rd | 1961 | Emma Jarrett | WAOC |  | W45 | W45L | 98:16 | +51:10 |
| 84th | 1180 | Stephen Bones | LOG |  | M40 | M40S | 98:43 | +51:37 |
| 85th | 2457 | Daniel Pigott | POTOC |  | M16 | M16A | 98:57 | +51:51 |
| 86th | 1331 | Helen Chiswell | DVO |  | W45 | W45L | 99:20 | +52:14 |
| 87th | 1344 | Grant Clarke | BAOC |  | M40 | M40S | 100:40 | +53:34 |
| 88th | 2147 | Therese Macquart | GEN |  | W45 | W45L | 100:48 | +53:42 |
| 89th | 1832 | Oliver Heckford | WSX |  | M18 | M18L | 102:00 | +54:54 |
| 90th= | 1912 | Alex Hudson | HOC |  | M40 | M40S | 103:25 | +56:19 |
| 90th= | 1681 | Peter Gamble | LVO |  | M18 | M18L | 103:25 | +56:19 |
| 92nd | 2378 | Eleanor Osborne | LOC |  | W45 | W45L | 104:01 | +56:55 |
| 93rd | 2466 | Roberto Kalman Pirk Da Silva | POTOC |  | M16 | M16A | 104:29 | +57:23 |
| 94th | 2969 | Dominic Wathey | MDOC |  | M20 | M20S | 104:51 | +57:45 |
| 95th | 1670 | Chun Yan Alistair Fu | WAOC |  | M16 | M16A | 105:27 | +58:21 |
| 96th | 2655 | Benedict Sanderson | NATO |  | M18 | M18L | 105:29 | +58:23 |
| 97th | 1532 | Tom Drewe | CLARO |  | M40 | M40S | 105:31 | +58:25 |
| 98th | 1124 | Joshua Bendrey | DEE |  | M16 | M16A | 106:59 | +59:53 |
| 99th | 2290 | Stephanie Moss | SLOW |  | W45 | W45L | 107:41 | +60:35 |
| 100th | 2095 | Oliver Lewis | QO |  | M16 | M16A | 108:26 | +61:20 |
| 101st | 1926 | Carl Humphreys | WCOC |  | M40 | M40S | 108:47 | +61:41 |
| 102nd | 1053 | Jennifer Atkinson | ELO |  | W45 | W45L | 110:37 | +63:31 |
| 103rd | 1488 | Andrea Davison | ELO |  | W45 | W45L | 111:22 | +64:16 |
| 104th | 3050 | Hannah Woods | SYO |  | W45 | W45L | 112:09 | +65:03 |
| 105th | 1671 | Sam Funnell | DEVON |  | M16 | M16A | 114:15 | +67:09 |
| 106th | 1854 | Alison High | SO |  | W45 | W45L | 115:14 | +68:08 |
| 107th | 1829 | Chris Heaton | LOC |  | M40 | M40S | 118:15 | +71:09 |
| 108th | 2239 | Elanor McNamara | AYROC |  | W45 | W45L | 120:12 | +73:06 |
| 109th | 1171 | Peter Blackmore | HOC |  | M16 | M16A | 120:45 | +73:39 |
| 110th | 1011 | Alexandra Agombar | NGOC |  | W45 | W45L | 127:49 | +80:43 |
| 111th | 2848 | Richard Thom | HOC |  | M45 | M40S | 127:50 | +80:44 |
| 112th | 1840 | Sally Heppell | WCOC |  | W45 | W45L | 131:58 | +84:52 |
| 113th | 2822 | Samuel Taunton | NGOC |  | M35 | M35S | 135:12 | +88:06 |
| 114th | 1308 | Tsz Chung Chan | HKFOC |  | M40 | M40S | 146:18 | +99:12 |
| 115th | 1278 | Helena Carey | FVO |  | W45 | W45L | 156:50 | +109:44 |
| 116th | 1749 | Matthew Guest | SMOC |  | M35 | M35S | 165:30 | +118:24 |
| 117th | 1508 | Sharon Dickenson | LVO |  | W45 | W45L | 166:28 | +119:22 |
| 118th | 2246 | Joanna Mee | SMOC |  | W45 | W45L | 169:27 | +122:21 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

11 - 7.7km 195m




























































| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-------|------|------------------|-------|---|-------|-------|-----------------------|---------|
| 119th | 2484 | Johanna Powell | WAOC |  | W45 | W45L | 171:11 | +124:05 |
| 120th | 1986 | Julia Jones | ERYRI |  | W45 | W45L | 173:56 | +126:50 |
| | 2618 | Kieran Rose | |  | M18 | M18L | m9-15 | |
| | 2723 | Catherine Slade | SAX |  | W45 | W45L | m2-8 m10-11 m13-14 | |
| | 1037 | Pippa Archer | LOC |  | W45 | W45L | m7-10 | |
| | 2762 | Jennie Soulsby | HH |  | W45 | W45L | m13 m15 | |
| | 1294 | Liam Casey | SEVO |  | M16 | M16A | m2-6 m8-15 | |
| | 1461 | Fran Daley | ESOC |  | W45 | W45L | m7-10 | |
| | 1376 | Jamie Connor | FVO |  | M18 | M18L | w10 | |
| | 2105 | Robbie Lightfoot | SYO |  | M16 | M16A | m2-16 | |
| | 1454 | James Curtis | SO |  | M16 | M16A | m7-10 | |
| | 1972 | Jenny Johnson | SYO |  | W45 | W45L | rtd | |
| | 2263 | Sian Mitchell | HH |  | W45 | W45L | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

12 - 6.9km 225m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-------|------|--------------------|---------------------------------|---|-------|-------|-------|--------|
| 1st | 1590 | John Embrey | SROC |  | M65 | M65L | 57:38 | |
| 2nd | 1383 | Roger Coombs | MAROC |  | M65 | M65L | 61:38 | +4:00 |
| 3rd | 2896 | Keith Tonkin | BL |  | M65 | M65L | 64:28 | +6:50 |
| 4th | 3100 | Andy Creber | NGOC |  | M65 | M65L | 64:58 | +7:20 |
| 5th | 2760 | Juliette Soulard | OD |  | W50 | W50L | 66:02 | +8:24 |
| 6th | 2661 | Mark Saunders | BOK |  | M65 | M65L | 66:45 | +9:07 |
| 7th | 1789 | Helen Hargreaves | WCOC |  | W50 | W50L | 69:16 | +11:38 |
| 8th | 1394 | Steve Corrigan | EBOR |  | M65 | M65L | 71:29 | +13:51 |
| 9th | 1779 | Kevin Harding | ESOC |  | M65 | M65L | 72:34 | +14:56 |
| 10th | 2625 | Alan Rosen | HH |  | M65 | M65L | 72:57 | +15:19 |
| 11th | 1992 | Peter Jones | SN |  | M65 | M65L | 73:31 | +15:53 |
| 12th | 2038 | Vladimir Kuznetsov | TVOC |  | M65 | M65L | 74:05 | +16:27 |
| 13th | 2023 | David Kingham | TVOC |  | M65 | M65L | 74:10 | +16:32 |
| 14th | 1800 | Emma Harrison | EPOC |  | W50 | W50L | 74:33 | +16:55 |
| 15th | 1010 | Paul Addison | LOC |  | M65 | M65L | 75:08 | +17:30 |
| 16th | 1821 | Peter Haynes | WAOC |  | M65 | M65L | 75:11 | +17:33 |
| 17th | 1901 | Alison Howe | SAX |  | W50 | W50L | 77:56 | +20:18 |
| 18th | 1559 | Frank Edge | SN |  | M65 | M65L | 78:39 | +21:01 |
| 19th | 1591 | Andy Emmerson | OD |  | M65 | M65L | 79:07 | +21:29 |
| 20th | 2377 | Beccy Osborn | FVO |  | W50 | W50L | 79:36 | +21:58 |
| 21st | 2007 | Christopher Kelsey | BOK |  | M65 | M65L | 79:47 | +22:09 |
| 22nd | 1804 | Heather Hartman | INT |  | W50 | W50L | 80:46 | +23:08 |
| 23rd | 1573 | Barry Elkington | OD |  | M65 | M65L | 81:00 | +23:22 |
| 24th | 1193 | Paul Bradbury | SYO |  | M65 | M65L | 81:03 | +23:25 |
| 25th | 1221 | Dave Brown | HALO |  | M65 | M65L | 81:39 | +24:01 |
| 26th | 2918 | Michael Turner | BOK |  | M65 | M65L | 82:14 | +24:36 |
| 27th | 2629 | Charlotte Ross | SN |  | W50 | W50L | 82:27 | +24:49 |
| 28th | 1417 | James Crawford | GO |  | M65 | M65L | 82:35 | +24:57 |
| 29th | 1423 | Amanda Crawshaw | SYO |  | W50 | W50L | 82:47 | +25:09 |
| 30th | 2227 | Graham McIntyre | INT |  | M65 | M65L | 83:12 | +25:34 |
| 31st | 2140 | Alastair Mackenzie | CLOK |  | M65 | M65L | 84:22 | +26:44 |
| 32nd | 1311 | Anna Chapman | SO |  | W50 | W50L | 84:40 | +27:02 |
| 33rd | 2150 | Peter Maliphant | BOK |  | M65 | M65L | 84:41 | +27:03 |
| 34th | 3095 | John Leeson | HOC |  | M65 | M65L | 85:26 | +27:48 |
| 35th | 1884 | Rini Hoogkamer | NOR |  | M65 | M65L | 85:32 | +27:54 |
| 36th | 2125 | Carol Lovegrove | SN |  | W50 | W50L | 86:27 | +28:49 |
| 37th | 1078 | Dave Bales | BOF |  | M65 | M65L | 86:46 | +29:08 |
| 38th | 2066 | Vanessa Lawson | NGOC |  | W50 | W50L | 87:28 | +29:50 |
| 39th | 1510 | Ian Ditchfield | MV |  | M65 | M65L | 88:06 | +30:28 |
| 40th | 2825 | Adrian Taylor | DEVON |  | M65 | M65L | 88:32 | +30:54 |
| 41st | 1560 | Steve Edmonds | DEVON |  | M65 | M65L | 88:53 | +31:15 |
| 42nd | 2619 | Lizzie Rose | ECKO |  | W50 | W50L | 89:26 | +31:48 |
| 43rd= | 2874 | Richard Tiley | LOC |  | M65 | M65L | 90:18 | +32:40 |
| 43rd= | 2130 | Mick Lucking | NOC |  | M65 | M65L | 90:18 | +32:40 |
| 45th | 1272 | Nick Campbell | DEE |  | M65 | M65L | 90:33 | +32:55 |
| 46th | 2135 | Malcolm Lyon | TVOC |  | M65 | M65L | 90:45 | +33:07 |
| 47th | 1377 | Natasha Conway | FVO |  | W50 | W50L | 91:11 | +33:33 |
| 48th | 2021 | Robert King | AIRE |  | M65 | M65L | 91:40 | +34:02 |
| 49th | 1149 | Stephen Bingham | BASOC |  | M65 | M65L | 91:52 | +34:14 |
| 50th | 2302 | Caroline Murray | KerryO |  | W50 | W50L | 91:59 | +34:21 |
| 51st | 2144 | Michelle Mackervoy | DVO |  | W50 | W50L | 92:13 | +34:35 |
| 52nd | 1971 | Graham Johnson | DVO |  | M65 | M65L | 92:37 | +34:59 |
| 53rd | 1470 | Charles Daniel | BOK |  | M65 | M65L | 92:58 | +35:20 |
| 54th | 2276 | Ian Moran | SOC |  | M65 | M65L | 93:21 | +35:43 |
| 55th | 2185 | Jo Matthew | SROC |  | W50 | W50L | 93:22 | +35:44 |
| 56th | 1006 | Jenni Adams | Peninsula and Plains Orienteers |  | W50 | W50L | 94:07 | +36:29 |
| 57th | 1598 | Andrew Evans | DFOK |  | M65 | M65L | 95:36 | +37:58 |
| 58th | 2907 | Pauline Tryner | SYO |  | W50 | W50L | 97:12 | +39:34 |
| 59th | 2739 | Gavin Smith | SROC |  | M65 | M65L | 97:16 | +39:38 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

12 - 6.9km 225m








| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|--------------------|---------------|--|-----------|-------|-------------------|--------|
| 60th | 2234 | Morag McLuckie | MOR | | W50 | W50L | 97:33 | +39:55 |
| 61st | 2103 | Jenny Lightfoot | SYO | | W50 | W50L | 97:55 | +40:17 |
| 62nd | 1654 | Peter Foster | BOK | | M65 | M65L | 98:10 | +40:32 |
| 63rd | 2606 | Ann Roller | GO | | W50 | W50L | 98:46 | +41:08 |
| 64th | 2030 | Rachel Kirkland | FVO | | W50 | W50L | 99:57 | +42:19 |
| 65th | 1275 | Mike Capper | WAOC | | M65 | M65L | 100:40 | +43:02 |
| 66th | 1411 | Deirdre Coyle | GEN | | W50 | W50L | 101:35 | +43:57 |
| 67th | 2213 | Angus Mccubbine | KERNO | | M65 | M65L | 101:41 | +44:03 |
| 68th | 2205 | Pat McCavana | GEN | | M65 | M65L | 102:06 | +44:28 |
| 69th | 1899 | Nicola Howard | MOR | | W50 | W50L | 102:14 | +44:36 |
| 70th | 2507 | Alan Pucill | NGOC | | M65 | M65L | 102:36 | +44:58 |
| 71st | 1581 | Helen Ellis | PFO | | W50 | W50L | 103:02 | +45:24 |
| 72nd | 2375 | Mike O'Neil | NOC | | M65 | M65L | 103:35 | +45:57 |
| 73rd | 2578 | Keith Roberts | MAROC | | M65 | M65L | 104:04 | +46:26 |
| 74th | 2443 | Steve Perkins | BOC | | M65 | M65L | 104:39 | +47:01 |
| 75th | 1445 | Richard Cummings | WCOC | | M65 | M65L | 104:59 | +47:21 |
| 76th | 1045 | Freya Askham | SMOC | | W50 | W50L | 105:06 | +47:28 |
| 77th | 1346 | Katie Clarke | SN | | W50 | W50L | 105:13 | +47:35 |
| 78th | 1564 | Cat Edwardes | DEVON | | W50 | W50L | 105:50 | +48:12 |
| 79th | 2756 | Mike Snell | ERYRI | | M65 | M65L | 105:54 | +48:16 |
| 80th | 1993 | Peter Jones | AIRE | | M65 | M65L | 106:28 | +48:50 |
| 81st | 2573 | David Roach | Luxembourg OC | | M65 | M65L | 106:31 | +48:53 |
| 82nd | 2079 | John Lebeter | CLARO | | M65 | M65L | 108:09 | +50:31 |
| 83rd | 1260 | Ian Byford | HH | | M65 | M65L | 108:36 | +50:58 |
| 84th | 1212 | Frances Britain | MOR | | W50 | W50L | 109:16 | +51:38 |
| 85th | 1290 | Peter Carter | AIRE | | M65 | M65L | 109:39 | +52:01 |
| 86th | 3055 | Christopher Wright | CLOK | | M65 | M65L | 109:45 | +52:07 |
| 87th | 1730 | Andrew Graham | SARUM | | M65 | M65L | 110:16 | +52:38 |
| 88th | 1248 | Nigel Bush | MV | | M65 | M65L | 110:49 | +53:11 |
| 89th | 1955 | Colin Jackson | HAVOC | | M65 | M65L | 111:18 | +53:40 |
| 90th | 1167 | Tara Black | INVOC | | W50 | W50L | 112:20 | +54:42 |
| 91st | 1262 | Ian Byrne | SMOC | | M65 | M65L | 112:25 | +54:47 |
| 92nd | 2916 | Kate Turner | SO | | W50 | W50L | 113:07 | +55:29 |
| 93rd | 1690 | Mark Garside | WCH | | M65 | M65L | 114:10 | +56:32 |
| 94th | 1477 | Angela Darley | GO | | W50 | W50L | 116:04 | +58:26 |
| 95th | 2981 | Colin West | SOS | | M65 | M65L | 116:05 | +58:27 |
| 96th | 2312 | Yvonne Näslund | Skogslöparna | | W50 | W50L | 116:51 | +59:13 |
| 97th | 2244 | Rebecca Medlock | WSX | | W50 | W50L | 118:09 | +60:31 |
| 98th | 3052 | Peter Woods | WAOC | | M65 | M65L | 118:56 | +61:18 |
| 99th | 1743 | Barbara Griessner | SLOW | | W50 | W50L | 119:45 | +62:07 |
| 100th | 1432 | Simon Crocker | DEE | | M65 | M65L | 120:15 | +62:37 |
| 101st | 1094 | Graham Batty | HAVOC | | M65 | M65L | 123:04 | +65:26 |
| 102nd | 3094 | John Hurley | DVO | | M65 | M65L | 124:46 | +67:08 |
| 103rd | 2647 | Martina Rowe | GEN | | W50 | W50L | 124:50 | +67:12 |
| 104th | 1199 | John Brammer | DEE | | M65 | M65L | 125:43 | +68:05 |
| 105th | 2412 | Kevin Parkes | HH | | M65 | M65L | 127:14 | +69:36 |
| 106th | 1865 | Cinnamon Hodgson | SYO | | W50 | W50L | 128:16 | +70:38 |
| 107th | 1236 | Fiona Buckley | KerryO | | W50 | W50L | 133:02 | +75:24 |
| 108th | 1333 | Vesela Chokoeva | SLOW | | W50 | W50L | 133:30 | +75:52 |
| 109th | 1771 | Fiona Hancock | | | W55 | W50L | 136:23 | +78:45 |
| 110th | 2301 | Patrick Murphy | BOC | | M65 | M65L | 139:07 | +81:29 |
| 111th | 1442 | Fiona Crowther | EPOC | | W50 | W50L | 145:25 | +87:47 |
| 112th | 1297 | Vanessa Caudwell | SYO | | W50 | W50L | 152:22 | +94:44 |
| | 2315 | Hannah Nesbit | HH | | W50 | W50L | rtd | |
| | 1665 | Mike Frizzell | BADO | | M65 | M65L | m3-4 m9-12 m15 | |
| | 1700 | Jonathan Gilbert | NOR | | M65 | M65L | w6 | |
| | 2803 | Colin Swallow | SN | | M65 | M65L | m9-13 | |
| | 1711 | Michael Goldthorpe | WRE | | M65 | M65L | m4-14 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

12 - 6.9km 225m




























































| Pos | No. | Name | Club | Age Class | Class | Time Behind |
|-----|------|------------------|-------|---|-------|----------------------------|
| | 1816 | Natalie Hawkrigg | BL |  W50 | W50L | m3-15 |
| | 2802 | Emese Svab | HH |  W50 | W50L | m5-13 |
| | 2100 | Terry Ley | CorkO |  M65 | M65L | m12 |
| | 1357 | Dawn Clifford | MV |  W50 | W50L | m3-13 |
| | 1875 | Geoffrey Hollins | POTOC |  M70 | M65L | m13 |
| | 1684 | Mike Gardner | DVO |  M65 | M65L | m3-14 |
| | 1232 | Bruce Bryant | OD |  M65 | M65L | m2-8 m11-13 m15 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

13 - 6.3km 185m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|---------------------|---------------|---|-----------|-------|-------|--------|
| 1st | 2583 | Ali Robertson | MAROC |  | M45 | M45S | 56:17 | |
| 2nd | 1022 | Niklas Aldin | Stora Tuna OK |  | M50 | M50S | 57:03 | +0:46 |
| 3rd | 1273 | Sara Campbell | DEE |  | W55 | W55L | 57:24 | +1:07 |
| 4th | 1398 | Finlay Cottier | ECKO |  | M16 | M18S | 59:26 | +3:09 |
| 5th | 2889 | James Todhunter | SROC |  | M45 | M45S | 60:49 | +4:32 |
| 6th | 1851 | Stefan Hess | OLV Zug |  | M50 | M50S | 60:56 | +4:39 |
| 7th | 2020 | Phoebe King | RNRMOC |  | W20 | W20L | 62:27 | +6:10 |
| 8th | 1959 | Lisa James | SOC |  | W55 | W55L | 62:52 | +6:35 |
| 9th | 2807 | Kevin Swinbourne | LOG |  | M50 | M50S | 63:12 | +6:55 |
| 10th= | 3156 | Bethany Kippin | TVOC |  | W21 | W21S | 64:17 | +8:00 |
| 10th= | 1436 | Rolf Crook | AIRE |  | M50 | M50S | 64:17 | +8:00 |
| 12th | 1111 | Lee Beavers | AIRE |  | M45 | M45S | 64:59 | +8:42 |
| 13th | 1399 | Finlo Cottier | ECKO |  | M50 | M50S | 65:09 | +8:52 |
| 14th | 2621 | Susannah Rose | ECKO |  | W55 | W55L | 66:21 | +10:04 |
| 15th | 3001 | Lucy Wiegand | SYO |  | W55 | W55L | 67:20 | +11:03 |
| 16th | 1963 | Julia Jarvis | SO |  | W55 | W55L | 68:53 | +12:36 |
| 17th | 2725 | Melanie Slade | SN |  | W55 | W55L | 69:18 | +13:01 |
| 18th | 2009 | Clare Kemsley | BASOC |  | W55 | W55L | 69:43 | +13:26 |
| 19th | 2388 | Marc Owen | BOF |  | M50 | M50S | 70:10 | +13:53 |
| 20th | 1600 | Ianka Petrova Evans | POTOC |  | W55 | W55L | 70:28 | +14:11 |
| 21st | 1028 | Woo Allen | SN |  | W55 | W55L | 70:35 | +14:18 |
| 22nd | 2183 | John Mather | LOG |  | M50 | M50S | 71:05 | +14:48 |
| 23rd | 1374 | Brad Connor | FVO |  | M50 | M50S | 71:16 | +14:59 |
| 24th | 1768 | Kate Hampshire | NN |  | W55 | W55L | 72:02 | +15:45 |
| 25th | 1329 | Jack Cheyne | FVO |  | M45 | M45S | 72:03 | +15:46 |
| 26th | 1099 | Olivia Baxter | LVO |  | W21 | W21S | 72:18 | +16:01 |
| 27th | 1443 | Megan Cumming | STUOC |  | W21 | W21S | 73:22 | +17:05 |
| 28th | 1338 | Mykyta Chubynsky | OD |  | M45 | M45S | 73:29 | +17:12 |
| 29th | 1458 | Tim Dafforn | DEVON |  | M45 | M45S | 73:39 | +17:22 |
| 30th | 2783 | Josie Stansfield | FVO |  | W55 | W55L | 74:36 | +18:19 |
| 31st | 1075 | Adrian Balcombe | CLARO |  | M50 | M50S | 74:37 | +18:20 |
| 32nd | 1196 | Sheila Braine | QO |  | W55 | W55L | 74:41 | +18:24 |
| 33rd | 1418 | Karen Crawford | BOK |  | W55 | W55L | 75:03 | +18:46 |
| 34th | 1412 | Brett Craddock | |  | M50 | M50S | 75:18 | +19:01 |
| 35th | 2751 | Tim Smith | SLOW |  | M45 | M45S | 76:11 | +19:54 |
| 36th | 1953 | Diane Jacks | WRE |  | W55 | W55L | 76:44 | +20:27 |
| 37th | 1527 | Bronwen Doyle | SYO |  | W55 | W55L | 77:05 | +20:48 |
| 38th | 1104 | Sarah Bayliss | WRE |  | W55 | W55L | 77:13 | +20:56 |
| 39th | 1664 | Karen French | WIM |  | W55 | W55L | 77:15 | +20:58 |
| 40th | 1907 | David Howsam | SYO |  | M45 | M45S | 77:27 | +21:10 |
| 41st | 1735 | Julian Green | EPOC |  | M45 | M45S | 78:38 | +22:21 |
| 42nd | 2929 | Jon Vaughan | BKO |  | M45 | M45S | 78:39 | +22:22 |
| 43rd | 2097 | Roger Lewis | SYO |  | M50 | M50S | 78:59 | +22:42 |
| 44th | 2475 | Rachel Potter | BOK |  | W21 | W21S | 79:39 | +23:22 |
| 45th | 1923 | Amy Hulley | SO |  | W21 | W21S | 79:54 | +23:37 |
| 46th | 2699 | Jasmine Silk | SWOC |  | W21 | W21S | 80:01 | +23:44 |
| 47th | 2261 | Kerstin Mitchell | HOC |  | W55 | W55L | 80:13 | +23:56 |
| 48th | 1068 | Scott Bailey | BOK |  | M50 | M50S | 80:34 | +24:17 |
| 49th | 1920 | Owen Hughes | BOF |  | M45 | M45S | 80:44 | +24:27 |
| 50th | 1692 | Mike Garvin | SLOW |  | M50 | M50S | 81:00 | +24:43 |
| 51st | 3057 | Livia Wright | CLOK |  | W21 | W21S | 81:23 | +25:06 |
| 52nd | 1919 | Judith Hughes | WCH |  | W55 | W55L | 81:39 | +25:22 |
| 53rd | 1882 | Tim Holt | SYO |  | M45 | M45S | 81:40 | +25:23 |
| 54th | 1050 | Chris Atkins | BOK |  | M45 | M45S | 81:52 | +25:35 |
| 55th | 1628 | Julie Ferris-Worth | BL |  | W55 | W55L | 81:54 | +25:37 |
| 56th | 2784 | Robyn Stanyon | SYO |  | W55 | W55L | 82:14 | +25:57 |
| 57th | 2944 | Louise Walker | SUFFOC |  | W55 | W55L | 82:39 | +26:22 |
| 58th | 1995 | Sara Josefsson | STAG |  | W21 | W21S | 83:18 | +27:01 |
| 59th | 1198 | Caroline Brammer | DEE |  | W55 | W55L | 83:34 | +27:17 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

13 - 6.3km 185m



| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|-------------------------|--------|--|-----------|-------|--------|--------|
| 60th | 1452 | Holly Curtis | SO | | W21 | W21S | 84:11 | +27:54 |
| 61st | 1798 | David Harrison | EPOC | | M50 | M50S | 84:13 | +27:56 |
| 62nd | 2637 | Hanno Rostron | MDOC | | M45 | M45S | 84:26 | +28:09 |
| 63rd | 2252 | Lisa Methven | BKO | | W55 | W55L | 84:46 | +28:29 |
| 64th | 2895 | Louise Tonge | BOK | | W55 | W55L | 84:56 | +28:39 |
| 65th | 3029 | Rachel Wilson | CLYDE | | W55 | W55L | 85:14 | +28:57 |
| 66th | 2124 | Alistair Lovegrove | SN | | M50 | M50S | 85:40 | +29:23 |
| 67th | 2863 | Karen Thompson | HOC | | W55 | W55L | 86:00 | +29:43 |
| 68th | 1540 | Ann-Marie Duckworth | DVO | | W55 | W55L | 86:15 | +29:58 |
| 69th | 3142 | Amy Lee-Jones | BOK | | W20 | W20L | 86:25 | +30:08 |
| 70th | 1472 | Ethan Daplyn | SN | | M18 | M18S | 86:31 | +30:14 |
| 71st | 2548 | Alison Reynolds | DEVON | | W55 | W55L | 86:47 | +30:30 |
| 72nd | 1298 | Caitlin Chafer | LEI | | W21 | W21S | 86:58 | +30:41 |
| 73rd | 1190 | Sharon Bowes | CLARO | | W55 | W55L | 88:36 | +32:19 |
| 74th | 1917 | Holly Hughes | WCH | | W21 | W21S | 88:40 | +32:23 |
| 75th | 1270 | Elizabeth Campbell | MOR | | W55 | W55L | 88:43 | +32:26 |
| 76th | 1065 | Scott Baikie | FVO | | M45 | M45S | 89:39 | +33:22 |
| 77th | 1015 | Thomas Agombar | NGOC | | M45 | M45S | 89:43 | +33:26 |
| 78th | 2238 | Andy McNamara | AYROC | | M50 | M50S | 90:21 | +34:04 |
| 79th | 1060 | Holly Avis | BOF | | W21 | W21S | 90:52 | +34:35 |
| 80th | 2317 | Katja Neumann | MAROC | | W55 | W55L | 90:57 | +34:40 |
| 81st | 2486 | Rachel Powell | LOC | | W55 | W55L | 91:10 | +34:53 |
| 82nd | 2305 | Deb Murrell | SROC | | W55 | W55L | 91:12 | +34:55 |
| 83rd | 2222 | Shona McGillicuddy | ESOC | | W21 | W21S | 91:15 | +34:58 |
| 84th | 1850 | Ana Hernandez Rodriguez | CUOC | | W21 | W21S | 91:36 | +35:19 |
| 85th | 2025 | Elena Kippin | TVOG | | W21 | W21S | 91:44 | +35:27 |
| 86th | 1482 | Camilla Darwin | WAOC | | W55 | W55L | 91:50 | +35:33 |
| 87th | 2200 | Jane McCann | MDOC | | W55 | W55L | 92:14 | +35:57 |
| 88th | 2568 | Leon Ricketts | AIRE | | M45 | M45S | 92:21 | +36:04 |
| 89th | 2153 | Deborah Manning | SWOC | | W21 | W21S | 93:08 | +36:51 |
| 90th | 2216 | Kenneth McDonald | INVOC | | M50 | M50S | 94:08 | +37:51 |
| 91st | 1757 | Helen Hague | WAOC | | W55 | W55L | 94:15 | +37:58 |
| 92nd | 1634 | Dawn Figg | PFO | | W55 | W55L | 94:50 | +38:33 |
| 93rd | 2998 | Cian Wickham | Ajax | | M18 | M18S | 95:20 | +39:03 |
| 94th | 1677 | Simon Gale | DVO | | M50 | M50S | 96:44 | +40:27 |
| 95th | 2229 | Kirsty McIntyre | OK Tyr | | W21 | W21S | 96:50 | +40:33 |
| 96th | 1001 | Freyja Abbott | STAG | | W21 | W21S | 97:08 | +40:51 |
| 97th | 2225 | Janette McHendry | WCOC | | W55 | W55L | 98:09 | +41:52 |
| 98th | 1586 | Evelyn Elmes | DEE | | W21 | W21S | 98:44 | +42:27 |
| 99th | 2570 | Carolyn Rigby | CLOK | | W55 | W55L | 100:36 | +44:19 |
| 100th | 2681 | Jessica Selby | DVO | | W21 | W21S | 101:10 | +44:53 |
| 101st | 3096 | Allan McGee | WEGO | | M45 | M45S | 101:40 | +45:23 |
| 102nd | 2546 | Lorraine Reuber | SYO | | W55 | W55L | 104:51 | +48:34 |
| 103rd | 2109 | Clare Lines | SO | | W55 | W55L | 105:35 | +49:18 |
| 104th | 1222 | Hannah Brown | SARUM | | W21 | W21S | 106:39 | +50:22 |
| 105th | 3062 | Nikolay Yanev | SLOW | | M50 | M50S | 110:44 | +54:27 |
| 106th | 1602 | Joanna Evans | QO | | W55 | W55L | 110:46 | +54:29 |
| 107th | 1484 | Jemma Davie | DEVON | | W21 | W21S | 113:43 | +57:26 |
| 108th | 1351 | Elodie Claus | MV | | W20 | W20L | 118:02 | +61:45 |
| 109th | 2295 | Rob Mullens | BKO | | M45 | M45S | 120:27 | +64:10 |
| 110th | 1797 | Ruth Harris | DEE | | W55 | W55L | 122:35 | +66:18 |
| 111th | 2362 | Eileen O'Donovan | BOC | | W21 | W21S | 128:33 | +72:16 |
| 112th | 1352 | Natasha Claus | NOC | | W21 | W21S | 143:02 | +86:45 |
| 113th | 2785 | Rach Stavert | LOC | | W55 | W55L | 146:53 | +90:36 |
| 114th | 2620 | Peter Rose | HOC | | M45 | M45S | 151:43 | +95:26 |
| | 1089 | Sue Barrie | MAROC | | W55 | W55L | m8 | |
| | 1195 | Ailani Braine | QO | | W20 | W20L | m9-12 | |
| | 2905 | Nicola Trotman | HH | | W55 | W55L | m13 | |
| | 2271 | Emma Moody | WCOC | | W55 | W55L | m13 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

13 - 6.3km 185m

| Pos | No. | Name | Club | Age | Class | Class | Time Behind |
|-----|------|---------------|------|---|-------|-------|-------------|
| | 3048 | James Woodham | AIRE |  | M18 | M18S | rtd |
| | 1784 | Alison Hardy | LEI |  | W55 | W55L | rtd |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

14 - 6.2km 210m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|---------------------|--------|--|-----------|-------|-------|--------|
| 1st | 2406 | Karen Parker | BL | | W60 | W60L | 55:53 | |
| 2nd | 1447 | Alison Cunningham | FVO | | W60 | W60L | 58:02 | +2:09 |
| 3rd | 2268 | Chris Moncaster | KERNO | | M70 | M70L | 61:22 | +5:29 |
| 4th | 2871 | Vicky Thornton | FVO | | W60 | W60L | 63:11 | +7:18 |
| 5th | 1805 | Eddie Harwood | MOR | | M70 | M70L | 63:22 | +7:29 |
| 6th | 1980 | Alun Jones | TVOC | | M70 | M70L | 63:50 | +7:57 |
| 7th | 2278 | Jane Morgan | LOC | | W60 | W60L | 64:01 | +8:08 |
| 8th | 1495 | Hazel Dean | FVO | | W60 | W60L | 65:11 | +9:18 |
| 9th | 1251 | Jackie Butt | SARUM | | W60 | W60L | 65:27 | +9:34 |
| 10th | 1178 | Axel Blomquist | SN | | M70 | M70L | 66:18 | +10:25 |
| 11th | 1113 | Alice Bedwell | BOK | | W60 | W60L | 66:23 | +10:30 |
| 12th | 2997 | Steve Whitehead | EBOR | | M70 | M70L | 67:50 | +11:57 |
| 13th | 2706 | John Simmons | BOK | | M70 | M70L | 70:04 | +14:11 |
| 14th | 1914 | Ginny Hudson | NGOC | | W60 | W60L | 70:14 | +14:21 |
| 15th | 1619 | Heather Fellbaum | FVO | | W60 | W60L | 70:45 | +14:52 |
| 16th | 1667 | Derek Fryer | LOC | | M70 | M70L | 73:30 | +17:37 |
| 17th | 1354 | Jo Cleary | LOC | | W60 | W60L | 73:55 | +18:02 |
| 18th | 1778 | Alison Harding | ESOC | | W60 | W60L | 73:59 | +18:06 |
| 19th | 1685 | Richard Gardner | OD | | M70 | M70L | 74:18 | +18:25 |
| 20th | 1268 | Christopher Calow | DEE | | M70 | M70L | 76:10 | +20:17 |
| 21st | 2575 | Amanda Roberts | LOG | | W60 | W60L | 76:41 | +20:48 |
| 22nd | 2670 | Jackie Scarf | EPOC | | W60 | W60L | 76:48 | +20:55 |
| 23rd | 1005 | Janet Adams | SYO | | W60 | W60L | 77:24 | +21:31 |
| 24th | 1976 | Paul Johnson | SYO | | M70 | M70L | 77:49 | +21:56 |
| 25th | 2231 | Don McKerrow | SLOW | | M70 | M70L | 77:51 | +21:58 |
| 26th | 1528 | Bob Dredge | WCOC | | M70 | M70L | 77:57 | +22:04 |
| 27th | 1525 | David Downes | WCOC | | M70 | M70L | 79:41 | +23:48 |
| 28th | 2615 | Martyn Roome | SROC | | M70 | M70L | 80:01 | +24:08 |
| 29th | 1281 | Tony Carlyle | AIRE | | M70 | M70L | 80:09 | +24:16 |
| 30th | 2857 | Robin Thomas | SUFFOC | | M70 | M70L | 80:21 | +24:28 |
| 31st | 1259 | Sue Buxton | TVOC | | W60 | W60L | 80:27 | +24:34 |
| 32nd | 2718 | Avvai Singam | OKTor | | W60 | W60L | 80:53 | +25:00 |
| 33rd | 2171 | Joyce Marshall | AIRE | | W60 | W60L | 81:30 | +25:37 |
| 34th | 2508 | Nicholas Pugh | SOS | | M70 | M70L | 81:39 | +25:46 |
| 35th | 2504 | Ian Prowse | NGOC | | M70 | M70L | 81:58 | +26:05 |
| 36th | 3024 | Clive Wilson | SYO | | M70 | M70L | 82:57 | +27:04 |
| 37th | 2592 | Andy Robinson | LOC | | M70 | M70L | 83:10 | +27:17 |
| 38th | 1956 | Liz Jackson | DEE | | W60 | W60L | 84:01 | +28:08 |
| 39th | 1903 | Jonathan Howell | WCH | | M70 | M70L | 84:05 | +28:12 |
| 40th | 2072 | Alan Leakey | SLOW | | M70 | M70L | 84:30 | +28:37 |
| 41st | 1896 | Joe House | SO | | M70 | M70L | 84:59 | +29:06 |
| 42nd | 1462 | Leslie Dalglish | ESOC | | M70 | M70L | 86:22 | +30:29 |
| 43rd | 2358 | Mary O'Connell | 3ROC | | W60 | W60L | 86:38 | +30:45 |
| 44th | 2452 | Liz Phillips | OD | | W60 | W60L | 87:00 | +31:07 |
| 45th | 1175 | Simon Blanchflower | SAX | | M70 | M70L | 87:07 | +31:14 |
| 46th | 3043 | Heather Wood | GEN | | W60 | W60L | 88:00 | +32:07 |
| 47th | 2019 | Lindsey King | AIRE | | W60 | W60L | 88:19 | +32:26 |
| 48th | 2897 | Ray Toomer | QO | | M70 | M70L | 89:27 | +33:34 |
| 49th | 1748 | Mikhail Gryaznevich | TVOC | | M70 | M70L | 89:40 | +33:47 |
| 50th | 2829 | Jo Taylor | SROC | | W60 | W60L | 89:46 | +33:53 |
| 51st | 1781 | Suzanne Harding | NGOC | | W60 | W60L | 93:04 | +37:11 |
| 52nd | 2626 | David Rosen | SROC | | M70 | M70L | 93:40 | +37:47 |
| 53rd | 1425 | Sarah Cray | BAOC | | W60 | W60L | 93:49 | +37:56 |
| 54th | 1079 | Elizabeth Bales | POTOC | | W60 | W60L | 94:57 | +39:04 |
| 55th | 2919 | Mike Turner | SO | | M70 | M70L | 95:32 | +39:39 |
| 56th | 2748 | Robin Smith | SO | | M70 | M70L | 95:47 | +39:54 |
| 57th | 1592 | Jill Emmerson | OD | | W60 | W60L | 95:51 | +39:58 |
| 58th | 2191 | Nicholas Maxwell | DEVON | | M70 | M70L | 96:00 | +40:07 |
| 59th | 1642 | Ted Finch | FVO | | M70 | M70L | 96:32 | +40:39 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

14 - 6.2km 210m


| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|--------------------|---------------|--|-----------|-------|--------|---------|
| 60th | 2502 | Carol Prosser | BAOC | | W60 | W60L | 97:05 | +41:12 |
| 61st | 2165 | Dave Marr | OD | | M70 | M70L | 98:11 | +42:18 |
| 62nd | 2419 | Lucy Paton | SN | | W60 | W60L | 99:03 | +43:10 |
| 63rd | 2116 | Anthony Lloyd | BOK | | M70 | M70L | 99:09 | +43:16 |
| 64th | 1538 | Colette Du Toit | NGOC | | W60 | W60L | 100:03 | +44:10 |
| 65th | 2795 | Robin Strain | ELO | | M70 | M70L | 100:26 | +44:33 |
| 66th | 2141 | Caroline Mackenzie | CLOK | | W60 | W60L | 100:29 | +44:36 |
| 67th | 1428 | Susan Crickmore | SO | | W60 | W60L | 100:40 | +44:47 |
| 68th | 1105 | Philip Beale | DEVON | | M70 | M70L | 101:02 | +45:09 |
| 69th | 1801 | Nicola Hart | DVO | | W60 | W60L | 101:25 | +45:32 |
| 70th | 2730 | Alison Smith | TVOC | | W60 | W60L | 101:49 | +45:56 |
| 71st | 2473 | Caroline Potter | BOK | | W60 | W60L | 103:42 | +47:49 |
| 72nd | 1970 | Chris Johnson | BOK | | M70 | M70L | 103:43 | +47:50 |
| 73rd | 1444 | Ann Cummings | WCOC | | W65 | W60L | 103:46 | +47:53 |
| 74th | 2515 | Karen Quickfall | SROC | | W60 | W60L | 103:49 | +47:56 |
| 75th | 3008 | Sally Wilkinson | SUFFOC | | W60 | W60L | 104:01 | +48:08 |
| 76th | 2806 | Stuart Swalwell | DVO | | M70 | M70L | 104:44 | +48:51 |
| 77th | 2688 | Helen Sharp | TVOC | | W60 | W60L | 105:26 | +49:33 |
| 78th | 2022 | David Kingdon | SAX | | M70 | M70L | 107:17 | +51:24 |
| 79th | 1313 | Carole Chapman | LOG | | W60 | W60L | 107:49 | +51:56 |
| 80th | 1480 | Allan Darwell | BOK | | M70 | M70L | 108:45 | +52:52 |
| 81st | 1507 | Carolyn Dent | BOK | | W60 | W60L | 109:02 | +53:09 |
| 82nd | 2170 | Penny Marsh | SO | | W60 | W60L | 109:07 | +53:14 |
| 83rd | 2729 | Helen Smethurst | PFO | | W60 | W60L | 109:08 | +53:15 |
| 84th | 1623 | Cecilia Fenerty | MDOC | | W60 | W60L | 109:10 | +53:17 |
| 85th | 2820 | Paul Taunton | NGOC | | M70 | M70L | 109:41 | +53:48 |
| 86th | 2750 | Terry Smith | SOC | | M70 | M70L | 109:43 | +53:50 |
| 87th | 1601 | Janet Evans | WCOC | | W60 | W60L | 110:05 | +54:12 |
| 88th | 2318 | Adele Newall | WCOC | | W60 | W60L | 110:38 | +54:45 |
| 89th | 2926 | Leianne Upton | MV | | W60 | W60L | 110:42 | +54:49 |
| 90th | 2442 | Nora Perkins | BOC | | W60 | W60L | 111:54 | +56:01 |
| 91st | 1040 | Helen Ashenden | SN | | W60 | W60L | 112:17 | +56:24 |
| 92nd | 2651 | Sue Russell | DVO | | W60 | W60L | 113:42 | +57:49 |
| 93rd | 1720 | Deborah Goodwin | WCOC | | W60 | W60L | 115:09 | +59:16 |
| 94th | 1332 | Steve Chiverton | HOC | | M70 | M70L | 116:40 | +60:47 |
| 95th | 2957 | Debby Warren | NN | | W60 | W60L | 116:51 | +60:58 |
| 96th | 2428 | Helen Pedley | EPOC | | W60 | W60L | 120:50 | +64:57 |
| 97th | 2334 | Helen Nisbet | SMOC | | W60 | W60L | 121:39 | +65:46 |
| 98th | 1849 | Eliza Hermann | HH | | W60 | W60L | 124:24 | +68:31 |
| 99th | 1646 | Marie-Anne Fischer | Luxembourg OC | | W60 | W60L | 124:54 | +69:01 |
| 100th | 2180 | Nicky Masson | MV | | W60 | W60L | 127:00 | +71:07 |
| 101st | 1326 | John Chesters | DEVON | | M70 | M70L | 127:15 | +71:22 |
| 102nd | 1361 | Fiona Clough | BKO | | W60 | W60L | 129:23 | +73:30 |
| 103rd | 1575 | Mike Elliot | MV | | M70 | M70L | 130:29 | +74:36 |
| 104th | 3114 | Angela Dixon | TAY | | W60 | W60L | 134:05 | +78:12 |
| 105th | 1873 | Viv Hodson | HH | | W60 | W60L | 139:52 | +83:59 |
| 106th | 1890 | John Hopper | DVO | | M70 | M70L | 144:22 | +88:29 |
| 107th | 2817 | Gwen Tanner | BOK | | W60 | W60L | 145:33 | +89:40 |
| 108th | 1459 | Jacky Dakin | SYO | | W60 | W60L | 151:05 | +95:12 |
| 109th | 2914 | John Turner | TVOC | | M70 | M70L | 168:48 | +112:55 |
| 110th | 2972 | Paul Watterson | HOC | | M70 | M70L | 175:01 | +119:08 |
| 111th | 1630 | Vicky Fieldhouse | QO | | W60 | W60L | 176:24 | +120:31 |
| | 2115 | Richard Llewellyn | NOC | | M70 | M70L | m1 | |
| | 2834 | Nick Taylor | HOC | | M75 | M70L | m9-10 | |
| | 2464 | Katherine Pike | WIM | | W60 | W60L | m1 m11 | |
| | 1073 | Neville Baker | TVOC | | M70 | M70L | w1 | |
| | 1622 | Tony Feltbower | OD | | M70 | M70L | m3 | |
| | 2767 | Eddie Speak | MDOC | | M70 | M70L | rtd | |
| | 2591 | Steve Robertson | QO | | M70 | M70L | w6 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

14 - 6.2km 210m

| Pos | No. | Name | Club | Age Class | Class | Time | Behind |
|-----|------|---------------|-------|---|-------|-------|--------|
| | 2643 | Stephen Round | SELOC |  M70 | M70L | m2-12 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

15 - 6km 180m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|-----------------------|-----------|--|-----------|-------|-------|--------|
| 1st= | 2006 | Scarlett Kelly | FVO | | W16 | W16A | 49:26 | |
| 1st= | 1051 | Emily Atkinson | ELO | | W16 | W16A | 49:26 | |
| 3rd | 1095 | Ella Baxter | SYO | | W16 | W16A | 51:04 | +1:38 |
| 4th | 1239 | Katie Buckley | AIRE | | W16 | W16A | 52:31 | +3:05 |
| 5th | 1419 | Sophie Crawford | WCOC | | W16 | W16A | 53:32 | +4:06 |
| 6th | 2674 | Iona Scott | INVOC | | W16 | W16A | 53:38 | +4:12 |
| 7th | 2879 | Anna Todd | SYO | | W16 | W16A | 54:45 | +5:19 |
| 8th | 2888 | Ellie Todhunter | SROC | | W16 | W16A | 55:20 | +5:54 |
| 9th | 2044 | James Laird | INVOC | | M55 | M55S | 55:42 | +6:16 |
| 10th | 2281 | Lily Alexandra Morgan | Malvik IL | | W16 | W16A | 56:44 | +7:18 |
| 11th | 2808 | Andy Sykes | DVO | | M55 | M55S | 59:52 | +10:26 |
| 12th | 1314 | Charlotte Chapman | SYO | | W16 | W16A | 60:16 | +10:50 |
| 13th | 2708 | Ellie Simpson | LEI | | W16 | W16A | 60:28 | +11:02 |
| 14th | 2724 | Charlotte Slade | SN | | W16 | W16A | 61:00 | +11:34 |
| 15th | 2004 | Esme Kelly | FVO | | W16 | W16A | 61:20 | +11:54 |
| 16th | 2454 | Alice Pieters | SYO | | W16 | W16A | 61:53 | +12:27 |
| 17th | 2842 | Marcus Tett | WRE | | M60 | M60S | 62:23 | +12:57 |
| 18th | 2242 | Eskarina Medlock | WSX | | W16 | W16A | 62:44 | +13:18 |
| 19th | 2559 | Clive Richardson | WRE | | M55 | M55S | 62:48 | +13:22 |
| 20th | 2031 | Bethan Kitchin | INT | | W16 | W16A | 63:01 | +13:35 |
| 21st | 1900 | Sophie Howard | MOR | | W16 | W16A | 63:04 | +13:38 |
| 22nd | 1226 | Megan Brown | ESOC | | W16 | W16A | 63:15 | +13:49 |
| 23rd | 3030 | Stephen Wilson | CLYDE | | M55 | M55S | 63:29 | +14:03 |
| 24th | 2646 | Fionnuala Rowe | GEN | | W16 | W16A | 63:35 | +14:09 |
| 25th | 3150 | Graham Lloyd | EPOC | | M60 | M60S | 64:31 | +15:05 |
| 26th | 2197 | Rebecca Mayes | CLOK | | W16 | W16A | 64:45 | +15:19 |
| 27th | 1967 | Steve Jarvis | SO | | M60 | M60S | 65:23 | +15:57 |
| 28th | 2809 | Beth Sykes | SYO | | W16 | W16A | 66:26 | +17:00 |
| 29th | 2617 | Vince Roper | SLOW | | M55 | M55S | 66:50 | +17:24 |
| 30th | 1931 | Simon Hunt | FVO | | M55 | M55S | 67:32 | +18:06 |
| 31st | 2480 | Emily Powell | DVO | | W40 | W40S | 68:10 | +18:44 |
| 32nd | 1231 | Niamh Browne | GEN | | W16 | W16A | 68:33 | +19:07 |
| 33rd | 2126 | Charlotte Lovegrove | SN | | W16 | W16A | 69:38 | +20:12 |
| 34th | 1755 | Leni Hagen | BOK | | W18 | W18L | 69:52 | +20:26 |
| 35th | 1767 | Rebecca Hammond | FVO | | W16 | W16A | 70:18 | +20:52 |
| 36th | 2194 | Pauline May | PFO | | W40 | W40S | 70:27 | +21:01 |
| 37th | 1356 | Peter Clerici | OLV Zug | | M60 | M60S | 71:12 | +21:46 |
| 38th | 2547 | Markus Reuber | SYO | | M55 | M55S | 71:25 | +21:59 |
| 39th | 2240 | Rosie McNamara | AYROC | | W16 | W16A | 71:50 | +22:24 |
| 40th | 2954 | Mark Wardle | STAG | | M55 | M55S | 71:57 | +22:31 |
| 41st | 2958 | Julian Warren | NN | | M60 | M60S | 72:11 | +22:45 |
| 42nd | 2781 | Olivia Stamp | WCH | | W16 | W16A | 73:13 | +23:47 |
| 43rd | 3068 | Andrew Yeates | WCH | | M60 | M60S | 74:58 | +25:32 |
| 44th | 1453 | Ian Curtis | SO | | M55 | M55S | 75:13 | +25:47 |
| 45th | 2045 | Rona Laird | INVOC | | W16 | W16A | 75:38 | +26:12 |
| 46th | 1887 | Dennis Hooton | EBOR | | M60 | M60S | 75:42 | +26:16 |
| 47th | 2248 | Edward Mellor | SELOC | | M55 | M55S | 75:58 | +26:32 |
| 48th | 2418 | Jon Paton | SN | | M60 | M60S | 76:04 | +26:38 |
| 49th | 2474 | David Potter | BOK | | M60 | M60S | 76:34 | +27:08 |
| 50th | 1189 | Andy Bowes | CLARO | | M55 | M55S | 76:42 | +27:16 |
| 51st | 1337 | Poppy Chorlton | HH | | W16 | W16A | 76:53 | +27:27 |
| 52nd | 1266 | Thomas Callery | SEVO | | M55 | M55S | 77:11 | +27:45 |
| 53rd | 2123 | Graham Louth | WAOC | | M60 | M60S | 78:20 | +28:54 |
| 54th | 2571 | Richard Rigby | CLOK | | M55 | M55S | 79:16 | +29:50 |
| 55th | 2094 | Katie Lewis | WRE | | W40 | W40S | 79:19 | +29:53 |
| 56th | 2893 | Isabelle Tonge | BOK | | W16 | W16A | 79:38 | +30:12 |
| 57th | 2521 | Olivia Radcliffe | SUFFOC | | W16 | W16A | 79:44 | +30:18 |
| 58th | 1663 | Andrew French | WIM | | M55 | M55S | 80:06 | +30:40 |
| 59th | 2711 | Isla Simpson | CLOK | | W16 | W16A | 80:17 | +30:51 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

15 - 6km 180m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|-------------------|---------------|--|-----------|-------|---------------|---------|
| 60th | 1451 | Emma Currie | SOC | | W18 | W18L | 81:07 | +31:41 |
| 61st | 1998 | Tony Joyce | CNOC | | M55 | M55S | 81:44 | +32:18 |
| 62nd | 1155 | Hannah Birkinshaw | WCOC | | W16 | W16A | 82:43 | +33:17 |
| 63rd | 2011 | Adam Kent | SYO | | M55 | M55S | 82:44 | +33:18 |
| 64th | 1810 | Sadhbh Hassett | Setanta | | W16 | W16A | 83:01 | +33:35 |
| 65th | 3007 | Jeremy Wilkinson | AIRE | | M55 | M55S | 83:33 | +34:07 |
| 66th | 2580 | Paul Roberts | QO | | M60 | M60S | 84:11 | +34:45 |
| 67th | 1728 | Neil Gostick | HH | | M60 | M60S | 84:26 | +35:00 |
| 68th | 1023 | Nora Aldin | Stora Tuna OK | | W16 | W16A | 84:40 | +35:14 |
| 69th | 1299 | Ian Chafer | HOC | | M55 | M55S | 85:04 | +35:38 |
| 70th | 1364 | Emma Cochrane | HH | | W40 | W40S | 85:19 | +35:53 |
| 71st | 2127 | Rebecca Lovegrove | SN | | W18 | W18L | 85:29 | +36:03 |
| 72nd | 1014 | Katie Agombar | NGOC | | W16 | W16A | 85:36 | +36:10 |
| 73rd | 1228 | Susan Brown | HH | | W35 | W35S | 87:06 | +37:40 |
| 74th | 2999 | Donal Wickham | Ajax | | M60 | M60S | 88:05 | +38:39 |
| 75th | 1062 | Peter Avis | AIRE | | M60 | M60S | 88:47 | +39:21 |
| 76th | 1906 | Abigail Howsam | SYO | | W16 | W16A | 90:09 | +40:43 |
| 77th | 2128 | Harry Lowe | WCH | | M60 | M60S | 90:11 | +40:45 |
| 78th | 1080 | Elizabeth Balston | SARUM | | W16 | W16A | 91:40 | +42:14 |
| 79th | 2761 | Alice Soulsby | HH | | W16 | W16A | 95:06 | +45:40 |
| 80th | 1520 | Ciaran Donaghy | GEN | | M60 | M60S | 95:23 | +45:57 |
| 81st | 1478 | Jon Darley | GO | | M55 | M55S | 97:22 | +47:56 |
| 82nd | 2854 | Ian Thomas | SROC | | M55 | M55S | 97:23 | +47:57 |
| 83rd | 1347 | Laura Clarke | BAOC | | W40 | W40S | 98:24 | +48:58 |
| 84th | 1962 | Kate Jarrett | WAOC | | W16 | W16A | 98:54 | +49:28 |
| 85th | 1553 | Mark Earnshaw | LVO | | M60 | M60S | 100:16 | +50:50 |
| 86th | 2069 | Adam Leaf | HH | | M60 | M60S | 101:26 | +52:00 |
| 87th | 2062 | Becki Law | ERYRI | | W35 | W35S | 104:09 | +54:43 |
| 88th | 2224 | Roy McGregor | SROC | | M55 | M55S | 104:20 | +54:54 |
| 89th | 1902 | Kevin Howe | BOK | | M55 | M55S | 104:43 | +55:17 |
| 90th | 1578 | Sarah Elliott | SYO | | W40 | W40S | 105:56 | +56:30 |
| 91st | 2778 | Claire Stamp | WCH | | W40 | W40S | 117:08 | +67:42 |
| 92nd | 1624 | Jamie Ferguson | BOF | | M21 | M21V | 119:49 | +70:23 |
| 93rd | 1464 | Mike Dallaway | LEI | | M60 | M60S | 122:07 | +72:41 |
| 94th | 1739 | Tony Greenhalgh | DEE | | M60 | M60S | 126:13 | +76:47 |
| 95th | 2985 | James Wetherill | EPOC | | M55 | M55S | 128:58 | +79:32 |
| 96th | 1758 | Oliver Hague | LEI | | M21 | M21V | 129:29 | +80:03 |
| 97th | 1140 | Emily Bichard | MAROC | | W16 | W16A | 129:31 | +80:05 |
| 98th | 2089 | Sai Fong Leung | | | M60 | M60S | 157:48 | +108:22 |
| 99th | 1658 | Rew Francis | HOC | | M60 | M60S | 163:20 | +113:54 |
| | 3091 | Rachel Shaw | STUOC | | W20 | W20S | m6 | |
| | 1766 | Paul Hammond | HOC | | M60 | M60S | m1-7 | |
| | 2172 | Phil Marsland | SLOW | | M55 | M55S | m11 | |
| | 3110 | Hugo Barker | FVO | | M60 | M60S | w5 | |
| | 1046 | Milly Askham | SMOC | | W20 | W20S | w7 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

16 - 5.3km 180m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|--------------------|---------------|--|-----------|-------|--------------|--------|
| 1st | 1726 | Peter Gorvett | SYO | | M75 | M75L | 56:57 | |
| 2nd | 2704 | Alison Simmons | BOK | | W65 | W65L | 57:39 | +0:42 |
| 3rd | 2106 | Tom Lillicrap | DEVON | | M75 | M75L | 62:10 | +5:13 |
| 4th | 2175 | Peter Martin | SAX | | M75 | M75L | 62:59 | +6:02 |
| 5th | 1415 | Ann Cranke | CLOK | | W65 | W65L | 64:33 | +7:36 |
| 6th | 1596 | Cliff Etherden | LOC | | M75 | M75L | 64:36 | +7:39 |
| 7th | 1762 | Jackie Hallett | BOK | | W65 | W65L | 66:14 | +9:17 |
| 8th | 2357 | Mary Ockenden | SROC | | W65 | W65L | 66:18 | +9:21 |
| 9th | 3032 | Mike Wimpenny | DEVON | | M75 | M75L | 66:27 | +9:30 |
| 10th | 2831 | John Taylor | SROC | | M75 | M75L | 66:32 | +9:35 |
| 11th | 1403 | Julie Couch | EPOC | | W65 | W65L | 66:40 | +9:43 |
| 12th | 1904 | Sarah Howes | SAX | | W65 | W65L | 67:05 | +10:08 |
| 13th | 2869 | Tony Thornley | AIRE | | M75 | M75L | 67:18 | +10:21 |
| 14th | 2143 | Maria MacKenzie | EBOR | | W45 | W45S | 68:49 | +11:52 |
| 15th | 1083 | Bob Barnby | WCOC | | M75 | M75L | 69:19 | +12:22 |
| 16th | 1487 | Tony Davies | SROC | | M75 | M75L | 69:31 | +12:34 |
| 17th | 2399 | David Palmer | BOK | | M75 | M75L | 70:02 | +13:05 |
| 18th | 1566 | Carol Edwards | BL | | W65 | W65L | 70:11 | +13:14 |
| 19th | 2073 | Diane Leakey | SLOW | | W65 | W65L | 70:36 | +13:39 |
| 20th | 1265 | Sally Calland | DVO | | W45 | W45S | 70:53 | +13:56 |
| 21st | 1143 | Michael Bickle | WAO | | M75 | M75L | 72:07 | +15:10 |
| 22nd | 2043 | Jacque Laird | INVO | | W50 | W50S | 72:24 | +15:27 |
| 23rd | 1386 | Ian Cooper | SYO | | M75 | M75L | 73:18 | +16:21 |
| 24th | 2697 | Katharine Shrine | SROC | | W50 | W50S | 74:15 | +17:18 |
| 25th | 2192 | David May | SLOW | | M75 | M75L | 75:07 | +18:10 |
| 26th | 1977 | Val Johnson | DVO | | W65 | W65L | 76:00 | +19:03 |
| 27th | 3077 | Julian Lailey | SROC | | M75 | M75L | 76:41 | +19:44 |
| 28th= | 1358 | Don Cload | NGOC | | M75 | M75L | 77:30 | +20:33 |
| 28th= | 2927 | John van Rooyen | SAX | | M75 | M75L | 77:30 | +20:33 |
| 30th | 1921 | Sally Hughes | WCH | | W50 | W50S | 79:26 | +22:29 |
| 31st | 2659 | Tim Sands | BOK | | M75 | M75L | 79:32 | +22:35 |
| 32nd | 1497 | Elizabeth Deane | CorkO | | W65 | W65L | 79:52 | +22:55 |
| 33rd | 1241 | Judy Burge | LOC | | W65 | W65L | 80:05 | +23:08 |
| 34th | 1710 | Mike Godfree | DVO | | M75 | M75L | 80:07 | +23:10 |
| 35th | 1916 | Brian Hughes | HOC | | M75 | M75L | 80:08 | +23:11 |
| 36th | 1211 | Simon Brister | DVO | | M75 | M75L | 80:57 | +24:00 |
| 37th | 1858 | Melanie Hilton | HH | | W45 | W45S | 81:02 | +24:05 |
| 38th | 1441 | Liz Cross | TVOC | | W50 | W50S | 81:06 | +24:09 |
| 39th | 2008 | Helen Kelsey | BOK | | W65 | W65L | 81:17 | +24:20 |
| 40th | 1815 | Jenny Hauxwell | LOC | | W45 | W45S | 81:34 | +24:37 |
| 41st | 2682 | Fia Selmer | TAY | | W50 | W50S | 81:36 | +24:39 |
| 42nd | 2032 | Kate Kitchin | INT | | W45 | W45S | 83:44 | +26:47 |
| 43rd | 2574 | Maggie Roach | Luxembourg OC | | W65 | W65L | 83:49 | +26:52 |
| 44th | 1416 | Alex Crawford | WCOC | | W50 | W50S | 83:59 | +27:02 |
| 45th | 1384 | Trish Coombs | MAROC | | W65 | W65L | 84:10 | +27:13 |
| 46th | 1911 | Vanessa Howsam | SYO | | W50 | W50S | 84:36 | +27:39 |
| 47th | 1230 | Gill Browne | LOC | | W65 | W65L | 84:55 | +27:58 |
| 48th | 2635 | Chris Rostron | MDOC | | M75 | M75L | 85:09 | +28:12 |
| 49th | 1653 | Jo Foster | BOK | | W65 | W65L | 86:16 | +29:19 |
| 50th | 1192 | Marcia Bradbury | SYO | | W65 | W65L | 86:22 | +29:25 |
| 51st | 2557 | Roger Richards | WCH | | M75 | M75L | 86:31 | +29:34 |
| 52nd | 1163 | Susan Birtwistle | CLARO | | W65 | W65L | 86:35 | +29:38 |
| 53rd | 1145 | Hanna Biernacka | WAO | | W45 | W45S | 86:38 | +29:41 |
| 54th | 2385 | Elizabeth Owen | FVO | | W45 | W45S | 87:00 | +30:03 |
| 55th | 1529 | Carol Dredge | WCH | | W65 | W65L | 87:18 | +30:21 |
| 56th | 2272 | Pat Moody | DEE | | W65 | W65L | 87:46 | +30:49 |
| 57th | 2804 | Katharine Swalwell | DVO | | W45 | W45S | 87:47 | +30:50 |
| 58th | 1753 | Susan Guy | SYO | | W45 | W45S | 88:57 | +32:00 |
| 59th | 2151 | Jim Mallinson | SLOW | | M75 | M75L | 90:41 | +33:44 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

16 - 5.3km 180m




| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|--------------------|---------------|--|-----------|-------|------------|--------|
| 60th | 2913 | Ian Turner | SOLWAY | | M75 | M75L | 90:43 | +33:46 |
| 61st | 1820 | Kathy Haynes | WAOC | | W65 | W65L | 92:22 | +35:25 |
| 62nd | 2029 | Chris Kirkham | MDOC | | M75 | M75L | 93:12 | +36:15 |
| 63rd | 1091 | Katharine Bartram | NOR | | W50 | W50S | 93:31 | +36:34 |
| 64th | 1434 | Janet Cronk | WAOC | | W65 | W65L | 93:41 | +36:44 |
| 65th | 1836 | Geoffrey Hensman | FVO | | M75 | M75L | 93:45 | +36:48 |
| 66th | 2765 | Gerry Spalton | OD | | M75 | M75L | 94:14 | +37:17 |
| 67th | 1954 | Brian Jackson | SROC | | M75 | M75L | 94:41 | +37:44 |
| 68th | 1008 | Mary Adams | LOC | | W65 | W65L | 95:03 | +38:06 |
| 69th | 1893 | Barry Houghton | HOC | | M75 | M75L | 95:52 | +38:55 |
| 70th | 2849 | Eifion Thomas | DEE | | M75 | M75L | 96:37 | +39:40 |
| 71st | 2516 | Mary Rack | NATO | | W65 | W65L | 96:51 | +39:54 |
| 72nd | 2745 | Mick Smith | HH | | M75 | M75L | 97:15 | +40:18 |
| 73rd | 2680 | Claire Selby | DVO | | W50 | W50S | 97:27 | +40:30 |
| 74th | 2656 | Kim Sanderson | NATO | | W45 | W45S | 97:37 | +40:40 |
| 75th | 1282 | Wendy Carlyle | AIRE | | W65 | W65L | 97:38 | +40:41 |
| 76th | 3047 | Shirley Wood | AIRE | | W65 | W65L | 97:48 | +40:51 |
| 77th | 2014 | Kate Kilpatrick | FVO | | W50 | W50S | 98:44 | +41:47 |
| 78th | 2961 | Beatrice Waters | SO | | W50 | W50S | 98:45 | +41:48 |
| 79th | 1227 | Pam Brown | HALO | | W65 | W65L | 98:54 | +41:57 |
| 80th | 2536 | Norma Rea | LVO | | W50 | W50S | 99:08 | +42:11 |
| 81st | 3060 | Rosie Wych | QO | | W65 | W65L | 99:42 | +42:45 |
| 82nd | 1744 | Philip Gristwood | MV | | M75 | M75L | 100:25 | +43:28 |
| 83rd | 1214 | Steve Brockbank | LOC | | M75 | M75L | 100:41 | +43:44 |
| 84th | 1186 | Chris Bosley | LEI | | M75 | M75L | 101:15 | +44:18 |
| 85th | 2345 | John Nuttall | SELOC | | M75 | M75L | 101:46 | +44:49 |
| 86th | 2810 | Keith Sykes | EPOC | | M75 | M75L | 102:20 | +45:23 |
| 87th | 2296 | David Mullins | SARUM | | M75 | M75L | 102:28 | +45:31 |
| 88th | 2687 | Gill Sharp | SN | | W65 | W65L | 102:42 | +45:45 |
| 89th | 1341 | Karen Clark | EBOR | | W65 | W65L | 104:50 | +47:53 |
| 90th | 1429 | Neil Croasdell | EPOC | | M75 | M75L | 104:54 | +47:57 |
| 91st | 2455 | Emily Pieters | SYO | | W50 | W50S | 105:02 | +48:05 |
| 92nd | 2015 | Paul Kilpin | TVOC | | M75 | M75L | 105:04 | +48:07 |
| 93rd | 2324 | Sheelagh Nichol | AYROC | | W65 | W65L | 105:48 | +48:51 |
| 94th | 1385 | Hannah Cooper | BOF | | W45 | W45S | 105:56 | +48:59 |
| 95th | 2898 | Susan Toomer | QO | | W65 | W65L | 107:09 | +50:12 |
| 96th | 3053 | Sue Woods | WAOC | | W65 | W65L | 110:23 | +53:26 |
| 97th | 1407 | Alison Cowe | WAOC | | W50 | W50S | 115:30 | +58:33 |
| 98th | 2579 | Marie Roberts | MDOC | | W65 | W65L | 117:18 | +60:21 |
| 99th | 2421 | Andrea Pauling | SAX | | W50 | W50S | 117:33 | +60:36 |
| 100th | 1397 | Elizabeth Cottier | ECKO | | W50 | W50S | 119:02 | +62:05 |
| 101st | 2210 | Rebecca McCreddie | DEE | | W45 | W45S | 119:57 | +63:00 |
| 102nd | 1675 | Lisa Gale | DVO | | W50 | W50S | 122:18 | +65:21 |
| 103rd | 1389 | Philip Cooper | | | M75 | M75L | 127:03 | +70:06 |
| 104th | 2532 | Karen Ransley | SAX | | W45 | W45S | 127:49 | +70:52 |
| 105th | 1924 | Linda Hulley | SO | | W65 | W65L | 131:30 | +74:33 |
| 106th | 2979 | Petra Weingartner | OL Zimmerberg | | W50 | W50S | 133:27 | +76:30 |
| 107th | 1112 | Barbara Beckett | HAVOC | | W65 | W65L | 139:11 | +82:14 |
| 108th | 2374 | Helen O'Neil | NOC | | W65 | W65L | 142:33 | +85:36 |
| 109th | 1170 | Corrie Blackmore | HOC | | W45 | W45S | 143:41 | +86:44 |
| | 1406 | Dave Coustick | FVO | | M75 | M75L | m1-12 | |
| | 2337 | George Normand | LEI | | M75 | M75L | m5-14 | |
| | 3026 | Martin Wilson | BKO | | M75 | M75L | rtd | |
| | 1537 | Colin Drury | SYO | | M75 | M75L | m9-12 m14 | |
| | 2853 | Howard Thomas | BOK | | M75 | M75L | m7-12 | |
| | 1589 | Jacqueline Embrey | SROC | | W65 | W65L | m14 | |
| | 2230 | Morag McIntyre | INT | | W65 | W65L | m2-7 m9-12 | |
| | 2716 | Rebecca Simpson | CLOK | | W45 | W45S | m6-10 | |
| | 2593 | Christine Robinson | LOC | | W65 | W65L | m9-12 rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

16 - 5.3km 180m

| Pos | No. | Name | Club | Age | Class | Class | Time Behind |
|-----|------|----------------------|-------|---|-------|-------|-------------|
| | 2789 | Jane Stew | OD |  | W65 | W65L | w9 m11-14 |
| | 1201 | Christopher Branford | WIM |  | M75 | M75L | rtd |
| | 1713 | Esther Gooch | MAROC |  | W50 | W50S | m13 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

17 - 4.2km 130m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|----------------------|--------------|---|-----------|-------|-------|--------|
| 1st | 2292 | Cornelia Mueller | OLV Zug |  | W60 | W60S | 37:35 | |
| 2nd | 1069 | Steve Bailey | SN |  | M65 | M65S | 39:49 | +2:14 |
| 3rd | 2514 | Andrew Quickfall | SROC |  | M65 | M65S | 41:36 | +4:01 |
| 4th | 1162 | John Birtwistle | CLARO |  | M65 | M65S | 47:48 | +10:13 |
| 5th | 2013 | Christine Kiddier | BL |  | W70 | W70L | 48:18 | +10:43 |
| 6th | 1655 | Chloe Fowler | HAVOC |  | W21 | W21V | 48:33 | +10:58 |
| 7th | 2797 | Lennart Strandberg | Skogslöparna |  | M65 | M65S | 49:10 | +11:35 |
| 8th | 2335 | Janice Nisbet | ESOC |  | W70 | W70L | 50:17 | +12:42 |
| 9th | 1213 | John Broadhead | LOC |  | M65 | M65S | 50:49 | +13:14 |
| 10th | 2372 | Barry Olds | KERNO |  | M70 | M70S | 50:59 | +13:24 |
| 11th | 1463 | Margaret Dalgleish | ESOC |  | W70 | W70L | 51:24 | +13:49 |
| 12th | 3040 | Gordon Witte | POTOC |  | M65 | M65S | 51:44 | +14:09 |
| 13th | 2304 | Michael Murray | SLOW |  | M80 | M80 | 51:56 | +14:21 |
| 14th | 2386 | John Owen | FVO |  | M65 | M65S | 52:44 | +15:09 |
| 15th | 1704 | Dawn Goddard | FVO |  | W55 | W55S | 53:32 | +15:57 |
| 16th | 1016 | Aina Albajar Sigalés | COC |  | W21 | W21V | 53:49 | +16:14 |
| 17th | 1471 | David Dann | MDOC |  | M65 | M65S | 53:56 | +16:21 |
| 18th | 2556 | Peter Ribbans | SWOC |  | M65 | M65S | 55:52 | +18:17 |
| 19th | 1987 | Margaret Jones | NGOC |  | W55 | W55S | 56:04 | +18:29 |
| 20th= | 1834 | Keith Henderson | WIM |  | M80 | M80 | 56:38 | +19:03 |
| 20th= | 2581 | Rhian Roberts | ERYRI |  | W60 | W60S | 56:38 | +19:03 |
| 22nd | 1973 | Judy Johnson | BL |  | W70 | W70L | 56:42 | +19:07 |
| 23rd | 2788 | Susan Stevens | AIRE |  | W70 | W70L | 56:47 | +19:12 |
| 24th | 1594 | Anders Eriksson | IF Hagen |  | M70 | M70S | 57:18 | +19:43 |
| 25th | 2512 | Ian Pyrah | ESOC |  | M80 | M80 | 57:28 | +19:53 |
| 26th | 2596 | John Robinson | WCH |  | M70 | M70S | 57:32 | +19:57 |
| 27th | 2764 | Tim Sowood | INVOC |  | M80 | M80 | 57:57 | +20:22 |
| 28th | 2117 | David Lloyd | LOC |  | M70 | M70S | 58:10 | +20:35 |
| 29th | 1276 | Jane Carcas | INT |  | W55 | W55S | 58:14 | +20:39 |
| 30th | 2980 | Alan West | LEI |  | M65 | M65S | 58:27 | +20:52 |
| 31st | 2260 | David Mitchell | SBOC |  | M65 | M65S | 58:33 | +20:58 |
| 32nd | 1279 | Peter Carey | OD |  | M80 | M80 | 58:43 | +21:08 |
| 33rd | 2323 | David Nichol | AYROC |  | M65 | M65S | 58:49 | +21:14 |
| 34th | 1395 | Natsuko Cotter | KerryO |  | W55 | W55S | 58:53 | +21:18 |
| 35th | 3158 | Mary Williams | ESOC |  | W70 | W70L | 59:16 | +21:41 |
| 36th | 1703 | Inara Gipsle | TVOC |  | W70 | W70L | 59:23 | +21:48 |
| 37th | 2332 | Philip Nichols | BL |  | M65 | M65S | 59:38 | +22:03 |
| 38th | 1390 | Alison Corbett | POTOC |  | W55 | W55S | 60:07 | +22:32 |
| 39th | 2832 | Judith Taylor | NGOC |  | W55 | W55S | 60:27 | +22:52 |
| 40th | 1127 | Jasmine Bennett | SO |  | W70 | W70L | 61:23 | +23:48 |
| 41st | 1880 | Judith Holt | DVO |  | W70 | W70L | 61:36 | +24:01 |
| 42nd | 2982 | Lyn West | SOS |  | W70 | W70L | 62:15 | +24:40 |
| 43rd | 2158 | Rod Mansel | SUFFOC |  | M65 | M65S | 62:18 | +24:43 |
| 44th | 1122 | Judith Bell | ESOC |  | W55 | W55S | 62:42 | +25:07 |
| 45th | 2742 | Jill Smith | |  | W70 | W70L | 62:46 | +25:11 |
| 46th | 2354 | Liam O'Brien | CorkO |  | M70 | M70S | 62:48 | +25:13 |
| 47th | 2394 | John Padget | DEE |  | M80 | M80 | 63:19 | +25:44 |
| 48th= | 1414 | Tracy Craig | WCH |  | W55 | W55S | 63:27 | +25:52 |
| 48th= | 2864 | Mark Thompson | TVOC |  | M65 | M65S | 63:27 | +25:52 |
| 50th | 2616 | Susan Roome | SROC |  | W70 | W70L | 64:17 | +26:42 |
| 51st | 2435 | Ian Peirce | SARUM |  | M80 | M80 | 65:10 | +27:35 |
| 52nd | 1233 | Kate Bryant | MDOC |  | W70 | W70L | 65:22 | +27:47 |
| 53rd | 1869 | Hilary Hodkinson | NOC |  | W70 | W70L | 65:32 | +27:57 |
| 54th | 2064 | Nancy Lawson | BOK |  | W60 | W60S | 65:41 | +28:06 |
| 55th | 1818 | Peter Hayes | MDOC |  | M65 | M65S | 65:46 | +28:11 |
| 56th | 1100 | Philip Baxter | LVO |  | M70 | M70S | 65:47 | +28:12 |
| 57th | 1182 | Jane Booker | NOC |  | W70 | W70L | 66:11 | +28:36 |
| 58th | 2658 | Carol Sands | BOK |  | W70 | W70L | 66:35 | +29:00 |
| 59th | 2988 | Jon Wheatcroft | TVOC |  | M70 | M70S | 66:51 | +29:16 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

17 - 4.2km 130m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|---------------------|-------|--|-----------|-------|--------|--------|
| 60th | 2912 | Di Turner | SO | | W70 | W70L | 66:52 | +29:17 |
| 61st | 2873 | Paul Tickner | WCOC | | M65 | M65S | 67:36 | +30:01 |
| 62nd | 2410 | Sue Parker | BKO | | W60 | W60S | 67:48 | +30:13 |
| 63rd | 2741 | Ian Smith | WAOC | | M65 | M65S | 68:57 | +31:22 |
| 64th | 1131 | Juliet Bentley | SROC | | W55 | W55S | 68:58 | +31:23 |
| 65th | 2821 | Rosalind Taunton | NGOC | | W70 | W70L | 69:29 | +31:54 |
| 66th | 3010 | Margaret Willdig | OD | | W70 | W70L | 69:31 | +31:56 |
| 67th | 3067 | Alison Yeates | WCH | | W55 | W55S | 70:18 | +32:43 |
| 68th | 1210 | Trevor Bridle | WIM | | M80 | M80 | 70:39 | +33:04 |
| 69th | 2108 | Roy Lindsell | EPOC | | M80 | M80 | 70:51 | +33:16 |
| 70th | 3111 | Helen Barker | FVO | | W60 | W60S | 70:56 | +33:21 |
| 71st | 1552 | Lorna Eades | INT | | W55 | W55S | 71:01 | +33:26 |
| 72nd | 1009 | Neil Adams | LOC | | M65 | M65S | 71:11 | +33:36 |
| 73rd | 2080 | Cath Lee | LOC | | W60 | W60S | 71:17 | +33:42 |
| 74th | 1393 | David Corp | LOC | | M70 | M70S | 71:46 | +34:11 |
| 75th | 2600 | Ian Robson | EBOR | | M70 | M70S | 72:23 | +34:48 |
| 76th | 1694 | Jennifer Gebka | HAVOC | | W60 | W60S | 72:39 | +35:04 |
| 77th | 1305 | Clement Chan | HKOC | | M70 | M70S | 72:51 | +35:16 |
| 78th | 1047 | Julie Astin | WSX | | W70 | W70L | 72:58 | +35:23 |
| 79th | 2950 | Lesley Ward | SYO | | W55 | W55S | 73:02 | +35:27 |
| 80th | 1242 | Steve Burge | LOC | | M80 | M80 | 73:22 | +35:47 |
| 81st | 1957 | Stephen Jackson | NWO | | M70 | M70S | 73:24 | +35:49 |
| 82nd | 1319 | Debbie Charlton | SMOC | | W60 | W60S | 74:11 | +36:36 |
| 83rd | 1819 | Linda Hayles | EPOC | | W70 | W70L | 74:13 | +36:38 |
| 84th | 3115 | Jane Yates | BL | | W55 | W55S | 74:18 | +36:43 |
| 85th | 1888 | Elsbeth Hooton | EBOR | | W60 | W60S | 74:19 | +36:44 |
| 86th | 2067 | Vivianne Lawson | OD | | W55 | W55S | 74:41 | +37:06 |
| 87th | 3128 | Mike Callow | WRE | | M80 | M80 | 74:50 | +37:15 |
| 88th | 2503 | Ian Prosser | BAOC | | M65 | M65S | 75:42 | +38:07 |
| 89th | 2018 | Lesley King | GO | | W55 | W55S | 76:25 | +38:50 |
| 90th | 1289 | Liz Carter | AIRE | | W70 | W70L | 77:06 | +39:31 |
| 91st | 2986 | Judith Wetherill | WAOC | | W60 | W60S | 77:40 | +40:05 |
| 92nd | 3079 | David Hanstock | BOK | | M65 | M65S | 77:48 | +40:13 |
| 93rd | 3042 | Vickie Wong | HKOC | | W60 | W60S | 78:33 | +40:58 |
| 94th | 2129 | Julia Lowe | WCH | | W55 | W55S | 78:35 | +41:00 |
| 95th | 1413 | Roger Craddock | QO | | M80 | M80 | 78:50 | +41:15 |
| 96th | 2342 | Charlotte Norwood | GEN | | W60 | W60S | 80:09 | +42:34 |
| 97th | 3017 | Isobel Williamson | LOC | | W70 | W70L | 81:41 | +44:06 |
| 98th | 2685 | Brian Sewell | BKO | | M65 | M65S | 82:26 | +44:51 |
| 99th | 1643 | Val Finch | FVO | | W70 | W70L | 82:43 | +45:08 |
| 100th | 1191 | John Bowman | OD | | M80 | M80 | 84:19 | +46:44 |
| 101st | 1842 | Alan Heppenstall | LOC | | M80 | M80 | 88:18 | +50:43 |
| 102nd | 1587 | Joanna Emberton | EPOC | | W60 | W60S | 89:20 | +51:45 |
| 103rd | 1085 | Anthony Barrable | RAFO | | M80 | M80 | 90:40 | +53:05 |
| 104th | 1673 | Derek Gale | DVO | | M80 | M80 | 90:54 | +53:19 |
| 105th | 1996 | Aine Joyce | GEN | | W60 | W60S | 90:56 | +53:21 |
| 106th | 2297 | Denise Mullins | SARUM | | W70 | W70L | 91:24 | +53:49 |
| 107th | 2564 | Peter Riches | TVOG | | M70 | M70S | 91:29 | +53:54 |
| 108th | 1033 | Susanne Andersen | BOK | | W60 | W60S | 91:43 | +54:08 |
| 109th | 1208 | Edith Bridcut | GEN | | W60 | W60S | 92:22 | +54:47 |
| 110th | 1370 | Alison Collins | LVO | | W60 | W60S | 93:14 | +55:39 |
| 111th | 1044 | Karen Ashworth | SO | | W55 | W55S | 95:26 | +57:51 |
| 112th | 2693 | Rosie Shaw | SMOC | | W70 | W70L | 99:21 | +61:46 |
| 113th | 1116 | Karen Bedwell | DVO | | W55 | W55S | 99:27 | +61:52 |
| 114th | 2056 | Garry Langston | WCH | | M80 | M80 | 101:43 | +64:08 |
| 115th | 1057 | Wing See Au | | | W60 | W60S | 101:46 | +64:11 |
| 116th | 1960 | Ros James | SMOC | | W60 | W60S | 103:53 | +66:18 |
| 117th | 1082 | Alan Barclay-Devine | NOC | | M70 | M70S | 105:32 | +67:57 |
| 118th | 2489 | Nancy Powell Davies | BL | | W70 | W70L | 105:33 | +67:58 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

17 - 4.2km 130m




| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|-------------------|------|---|-----------|-------|---------------|---------|
| 119th | 2856 | Rachel Thomas | SMOC |  | W65 | W60S | 109:34 | +71:59 |
| 120th | 2093 | Karen Lewis | QO |  | W55 | W55S | 113:35 | +76:00 |
| 121st | 3064 | Brian Yates | ESOC |  | M80 | M80 | 113:41 | +76:06 |
| 122nd | 2287 | Cathleen Morrison | Ajax |  | W55 | W55S | 117:41 | +80:06 |
| 123rd | 1647 | Jean Fitzgerald | SAX |  | W70 | W70L | 126:02 | +88:27 |
| 124th | 2993 | Michael White | MV |  | M85 | M80 | 165:42 | +128:07 |
| | 1181 | David Booker | NOC |  | M70 | M70S | m7 | |
| | 2219 | Ted McDonald | BOK |  | M80 | M80 | m8 | |
| | 2989 | Deborah Whelan | CNOC |  | W55 | W55S | m7 | |
| | 1558 | Tim Eden | NOR |  | M70 | M70S | m2-5 | |
| | 2939 | Gary Wakerley | NGOC |  | M65 | M65S | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

18 - 3.5km 145m


| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|------|------|--------------------|----------------------------|---|-------|-------|--------|--------|
| 1st | 1491 | David Day | CLARO |  | M75 | M75S | 46:47 | |
| 2nd | 2149 | Roger Maher | SO |  | M85 | M85 | 47:34 | +0:47 |
| 3rd | 3009 | Keith Willdig | OD |  | M75 | M75S | 50:29 | +3:42 |
| 4th | 1096 | Helen Baxter | LVO |  | W65 | W65S | 52:01 | +5:14 |
| 5th | 2400 | Hilary Palmer | NOC |  | W75 | W75 | 52:47 | +6:00 |
| 6th | 1280 | Sheila Carey | OD |  | W75 | W75 | 54:31 | +7:44 |
| 7th | 1402 | Ian Couch | EPOC |  | M75 | M75S | 54:34 | +7:47 |
| 8th | 1938 | Carol Iddles | RAFO |  | W65 | W65S | 55:09 | +8:22 |
| 9th | 3015 | Rod Williams | HALO |  | M75 | M75S | 55:43 | +8:56 |
| 10th | 2154 | Jill Manning | SWOC |  | W75 | W75 | 56:30 | +9:43 |
| 11th | 1505 | Marian Denham | POTOC |  | W75 | W75 | 58:58 | +12:11 |
| 12th | 1612 | Barbara Farr | POTOC |  | W80 | W80 | 60:16 | +13:29 |
| 13th | 1557 | Kim Eden | NOR |  | W65 | W65S | 60:39 | +13:52 |
| 14th | 2628 | Miriam Rosen | SROC |  | W75 | W75 | 61:37 | +14:50 |
| 15th | 3152 | Noreen Ives | WAOC |  | W70 | W70S | 62:17 | +15:30 |
| 16th | 1709 | Liz Godfree | DVO |  | W75 | W75 | 62:51 | +16:04 |
| 17th | 2796 | Sheila Strain | ELO |  | W75 | W75 | 64:13 | +17:26 |
| 18th | 2858 | Sally Thomas | BOK |  | W75 | W75 | 64:37 | +17:50 |
| 19th | 2500 | Beryl Pring | SAX |  | W75 | W75 | 66:02 | +19:15 |
| 20th | 2511 | Eleanor Pyrah | ESOC |  | W80 | W80 | 69:02 | +22:15 |
| 21st | 2786 | Richard Steptoe | TVOC |  | M75 | M75S | 69:11 | +22:24 |
| 22nd | 1372 | John Collyer | GO |  | M75 | M75S | 69:22 | +22:35 |
| 23rd | 2630 | Gill Ross | EPOC |  | W75 | W75 | 70:01 | +23:14 |
| 24th | 1772 | Sue Hands | WIM |  | W75 | W75 | 70:11 | +23:24 |
| 25th | 1725 | Jill Gorvett | SYO |  | W75 | W75 | 70:42 | +23:55 |
| 26th | 2371 | Jeremy Oldershaw | SAX |  | M85 | M85 | 70:50 | +24:03 |
| 27th | 2330 | Janice Nichols | BL |  | W65 | W65S | 72:22 | +25:35 |
| 28th | 2223 | Barry McGowan | HOC |  | M75 | M75S | 73:14 | +26:27 |
| 29th | 1500 | Douglas Deeks | SAX |  | M85 | M85 | 73:40 | +26:53 |
| 30th | 1582 | Jan Ellis | NOC |  | W75 | W75 | 73:41 | +26:54 |
| 31st | 1524 | Judy Douglas | POTOC |  | W80 | W80 | 74:35 | +27:48 |
| 32nd | 2555 | Ruth Rhodes | SO |  | W80 | W80 | 76:12 | +29:25 |
| 33rd | 2828 | Janet Taylor | MDOC |  | W70 | W70S | 79:39 | +32:52 |
| 34th | 2131 | Evamarie Lundahl | IF Hagen |  | W70 | W70S | 80:00 | +33:13 |
| 35th | 1650 | Clare Fletcher | BOK |  | W80 | W80 | 80:24 | +33:37 |
| 36th | 2582 | Trevor Roberts | MDOC |  | M75 | M75S | 82:52 | +36:05 |
| 37th | 2649 | Geraldine Russell | SOS |  | W80 | W80 | 83:03 | +36:16 |
| 38th | 1585 | Bob Elmes | DEE |  | M75 | M75S | 85:05 | +38:18 |
| 39th | 2016 | Christine King | BOK |  | W75 | W75 | 85:33 | +38:46 |
| 40th | 2870 | Charlotte Thornton | SARUM |  | W75 | W75 | 86:34 | +39:47 |
| 41st | 3070 | Peter Yoxall | POTOC |  | M75 | M75S | 86:46 | +39:59 |
| 42nd | 2501 | Roger Pring | SAX |  | M75 | M75S | 88:00 | +41:13 |
| 43rd | 1764 | Sue Hallett | OD |  | W75 | W75 | 88:52 | +42:05 |
| 44th | 3076 | Sara Dyer | British Orienteering [GBR] |  | W65 | W65S | 90:03 | +43:16 |
| 45th | 2692 | Rod Shaw | EPOC |  | M85 | M85 | 91:35 | +44:48 |
| 46th | 2963 | Gary Waters | SBOC |  | M75 | M75S | 92:32 | +45:45 |
| 47th | 2653 | Mick Sadler | HOC |  | M75 | M75S | 92:43 | +45:56 |
| 48th | 2363 | Frank O'Donovan | BOC |  | M75 | M75S | 95:28 | +48:41 |
| 49th | 2917 | Kathryn Turner | TVOC |  | W65 | W65S | 96:33 | +49:46 |
| 50th | 2862 | John Thompson | TVOC |  | M85 | M85 | 98:30 | +51:43 |
| 51st | 2279 | Juliet Morgan | EPOC |  | W75 | W75 | 98:57 | +52:10 |
| 52nd | 1327 | Ruth Chesters | DEVON |  | W70 | W70S | 100:04 | +53:17 |
| 53rd | 2632 | Pauline Rosser | SYO |  | W75 | W75 | 100:24 | +53:37 |
| 54th | 2071 | Peter Leake | LEI |  | M85 | M85 | 100:37 | +53:50 |
| 55th | 1141 | Hazel Bickle | WAOC |  | W70 | W70S | 108:20 | +61:33 |
| 56th | 2522 | Susan Rae | SMOC |  | W75 | W70S | 108:25 | +61:38 |
| 57th | 3028 | Pauline Wilson | SYO |  | W70 | W70S | 110:15 | +63:28 |
| 58th | 3075 | John Woodall | NOC |  | M85 | M85 | 114:03 | +67:16 |
| 59th | 2173 | Henry Marston | SYO |  | M75 | M75S | 115:51 | +69:04 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

18 - 3.5km 145m





| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|-------------------|-------|---|-----------|-------|----------------|---------|
| 60th | 2826 | Don Taylor | MDOC |  | M75 | M75S | 116:59 | +70:12 |
| 61st | 2265 | Donald Moir | LEI |  | M90 | M85 | 123:28 | +76:41 |
| 62nd | 2485 | Judith Powell | AIRE |  | W80 | W80 | 131:06 | +84:19 |
| 63rd | 2434 | Freda Peirce | SARUM |  | W80 | W80 | 134:12 | +87:25 |
| 64th | 1526 | Alison Doyle | MDOC |  | W75 | W75 | 150:17 | +103:30 |
| 65th | 1048 | Christine Athorne | STAG |  | W65 | W65S | 159:48 | +113:01 |
| | 2638 | Jean Rostron | POTOC |  | W80 | W80 | m4-6 | |
| | 2868 | Jo Thornley | AIRE |  | W75 | W75 | m2-8 | |
| | 2562 | Janet Richardson | OD |  | W75 | W75 | m2-7 | |
| | 1217 | Julie Brook | MDOC |  | W75 | W75 | m1 rtd | |
| | 1271 | Jane Campbell | DEE |  | W65 | W65S | m1-9 | |
| | 2164 | Carolyn Marr | OD |  | W75 | W75 | m2-3 | |
| | 2737 | Diana Smith | SOC |  | W70 | W70S | m2-7 | |
| | 2373 | Pauline Olds | KERNO |  | W70 | W70S | m1-7 m9 | |
| | 2414 | Penny Parkes | HH |  | W65 | W65S | m1 | |
| | 3087 | Mary Carrick | HALO |  | W75 | W75 | m5 | |
| | 2763 | Adrienne Sowood | INVOC |  | W80 | W80 | m3-7 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

19 - 2.3km 55m







































| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-----|------|----------------|------|---|-------|-------|--------------|--------|
| 1st | 2861 | Jenny Thompson | TVOC |  | W85 | W85 | 41:26 | |
| 2nd | 2728 | Alison Sloman | HOC |  | W85 | W85 | 57:57 | +16:31 |
| 3rd | 1160 | Sue Birkinshaw | MDOC |  | W85 | W85 | 85:21 | +43:55 |
| | 2710 | Hilary Simpson | OD |  | W85 | W85 | w3 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

20 - 5.3km 130m




























































| Pos | No. | Name | Club | Age Class | Class | Time | Behind |
|------|------|--------------------------|---|-----------|-------|-------|--------|
| 1st | 2280 | Leo Benjamin Morgan | Malvik IL  | M14 | M14A | 42:07 | |
| 2nd | 2379 | Jamie Osborne | LOC  | M14 | M14A | 43:49 | +1:42 |
| 3rd | 1746 | Maxwell Groom | SYO  | M14 | M14A | 43:55 | +1:48 |
| 4th | 1857 | Jake Hilton | SN  | M14 | M14A | 44:16 | +2:09 |
| 5th | 1185 | Henrik Borrowman | INVOC  | M14 | M14A | 44:18 | +2:11 |
| 6th | 2709 | Eoin Simpson | LEI  | M14 | M14A | 45:39 | +3:32 |
| 7th | 1751 | Freddie Guy | SYO  | M14 | M14A | 47:00 | +4:53 |
| 8th | 2432 | Nathan Peel | SYO  | M14 | M14A | 48:27 | +6:20 |
| 9th | 1705 | Finley Goddard | QO  | M14 | M14A | 50:52 | +8:45 |
| 10th | 1437 | Samuel Crook | AIRE  | M14 | M14A | 53:53 | +11:46 |
| 11th | 1146 | Erik Biernacki-Jablonski | WAOB  | M14 | M14A | 54:06 | +11:59 |
| 12th | 2519 | Ethan Radcliffe | SUFFOC  | M14 | M14A | 55:35 | +13:28 |
| 13th | 1565 | Blake Edwards | MDOC  | M14 | M14A | 56:05 | +13:58 |
| 14th | 1481 | Alexander Darwin | WAOB  | M14 | M14A | 56:28 | +14:21 |
| 15th | 1173 | Seb Blackmore | HOC  | M14 | M14A | 56:29 | +14:22 |
| 16th | 1328 | Fraser Cheyne | FVO  | M14 | M14A | 56:47 | +14:40 |
| 17th | 1669 | Chun Ho Andre Fu | WAOB  | M14 | M14A | 57:03 | +14:56 |
| 18th | 1166 | Matthew Black | INVOC  | M16 | M16B | 60:13 | +18:06 |
| 19th | 2495 | Stanley Preston | SYO  | M14 | M14A | 61:29 | +19:22 |
| 20th | 2188 | Charlie Maule-Lidbury | HAVOC  | M14 | M14A | 61:41 | +19:34 |
| 21st | 2955 | Daniel Wareing | BOK  | M14 | M14A | 62:00 | +19:53 |
| 22nd | 1518 | Matvei Dnestrovskii | TVOC  | M14 | M14A | 62:30 | +20:23 |
| 23rd | 2607 | Jamie Roller | GO  | M14 | M14A | 64:59 | +22:52 |
| 24th | 1948 | Douglas Innes-Farr |  | M14 | M14A | 65:54 | +23:47 |
| 25th | 2922 | Alfie Tyner | Setanta  | M14 | M14A | 66:30 | +24:23 |
| 26th | 1562 | James Edward | FVO  | M14 | M14A | 68:49 | +26:42 |
| 27th | 3051 | Oskar Woods | SYO  | M14 | M14A | 69:24 | +27:17 |
| 28th | 2134 | Sebastian Lyne | NGOC  | M14 | M14A | 70:36 | +28:29 |
| 29th | 2779 | Fraser Stamp | WCH  | M14 | M14A | 71:49 | +29:42 |
| 30th | 1607 | James Ewart | LVO  | M14 | M14A | 75:45 | +33:38 |
| 31st | 1863 | Deri Hockley | ERYRI  | M16 | M16B | 79:47 | +37:40 |
| 32nd | 2590 | Oliver Robertson | MAROC  | M16 | M16B | 80:26 | +38:19 |
| 33rd | 1097 | Jack Baxter | SYO  | M14 | M14A | 80:35 | +38:28 |
| 34th | 2517 | Aaron Radcliffe | SUFFOC  | M14 | M14A | 88:56 | +46:49 |
| 35th | 1064 | Lucas Baikie | FVO  | M14 | M14A | 93:35 | +51:28 |
| | 2865 | Quinn Thompson | LOC  | M14 | M14A | w10 | |
| | 2636 | Elijas Rostron | MDOC  | M16 | M16B | w2 | |
| | 2551 | Jago Reynolds | SYO  | M14 | M14A | m8-9 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

21 - 4.3km 125m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|------|------|----------------------|----------|---|-------|-------------|-------|--------|
| 1st | 2612 | Rebecca Rooke | LOC |  | W35 | Light Green | 33:11 | |
| 2nd | 1235 | Bethan Buckley | AIRE |  | W14 | W14A | 35:17 | +2:06 |
| 3rd | 2951 | Lucy Ward | INT |  | W14 | W14A | 40:22 | +7:11 |
| 4th | 2355 | Oliver O'Brien | SLOW |  | M40 | Light Green | 41:49 | +8:38 |
| 5th | 5063 | Rob Atkins | HOC |  | M40 | Light Green | 42:56 | +9:45 |
| 6th | 3031 | Steve Wilson | PFO |  | M50 | Light Green | 43:26 | +10:15 |
| 7th | 5082 | Peter Moseley | SROC |  | M45 | Light Green | 46:07 | +12:56 |
| 8th | 2057 | Hannah Large | BOK |  | W21 | Light Green | 47:46 | +14:35 |
| 9th | 1151 | Emily Birch | STAG |  | W40 | Light Green | 48:30 | +15:19 |
| 10th | 1898 | Anna Howard | MOR |  | W14 | W14A | 49:46 | +16:35 |
| 11th | 1375 | Eilidh Connor | FVO |  | W14 | W14A | 50:16 | +17:05 |
| 12th | 1316 | Hannah Chapman | SYO |  | W14 | W14A | 51:37 | +18:26 |
| 13th | 1662 | Alice French | WIM |  | W14 | W14A | 51:40 | +18:29 |
| 14th | 5008 | Matthew Averill | BAOC |  | M21 | Light Green | 52:51 | +19:40 |
| 15th | 1910 | Sophie Howsam | SYO |  | W14 | W14A | 54:15 | +21:04 |
| 16th | 1315 | Emma Chapman | SO |  | W14 | W14A | 54:16 | +21:05 |
| 17th | 5089 | Anna Methven | BKO |  | W21 | Light Green | 54:27 | +21:16 |
| 18th | 2867 | Heather Thomson | FVO |  | W50 | Light Green | 54:32 | +21:21 |
| 19th | 1777 | Adrian Harden | FK Boken |  | M50 | Light Green | 54:54 | +21:43 |
| 20th | 5107 | Sam Avis | |  | M21 | Light Green | 55:44 | +22:33 |
| 21st | 1811 | Sean Hassett | Setanta |  | M55 | Light Green | 55:46 | +22:35 |
| 22nd | 2458 | Eden Pigott | POTOC |  | W14 | W14A | 56:00 | +22:49 |
| 23rd | 1012 | Hannah Agombar | NGOC |  | W14 | W14A | 57:09 | +23:58 |
| 24th | 2698 | Annemieke Silk | SWOC |  | W55 | Light Green | 57:42 | +24:31 |
| 25th | 2360 | Kathleen O'Donnell | Fingal |  | W14 | W14A | 58:05 | +24:54 |
| 26th | 2594 | Colleen Robinson | Setanta |  | W45 | Light Green | 58:20 | +25:09 |
| 27th | 1152 | Richard Birch | STAG |  | M40 | Light Green | 60:52 | +27:41 |
| 28th | 1024 | Sachin Ale | |  | M21 | Light Green | 61:52 | +28:41 |
| 29th | 1121 | James Bell | |  | M21 | Light Green | 63:32 | +30:21 |
| 30th | 2962 | Emily Waters | SO |  | W14 | W14A | 65:47 | +32:36 |
| 31st | 1871 | Daniel Hodson | HH |  | M21 | Light Green | 66:57 | +33:46 |
| 32nd | 5040 | Martin Powell | LOC |  | M70 | Light Green | 68:20 | +35:09 |
| 33rd | 2112 | Inga Lisauskiene | 3ROC |  | W45 | Light Green | 68:49 | +35:38 |
| 34th | 3104 | Chris O'Donnell | DVO |  | M55 | Light Green | 69:48 | +36:37 |
| 35th | 5113 | Matthew Hayes | |  | M21 | Light Green | 70:09 | +36:58 |
| 36th | 2181 | Aoife Masterson | CNOC |  | W14 | W14A | 70:15 | +37:04 |
| 37th | 1848 | Eric Heritage | WRE |  | M65 | Light Green | 70:47 | +37:36 |
| 38th | 3147 | Graham Heap | MDOC |  | M60 | Light Green | 70:49 | +37:38 |
| 39th | 3033 | Zuzka Windsor | DRONGO |  | W21 | Light Green | 71:38 | +38:27 |
| 40th | 1936 | Evan Hurley O'Dwyer | GEN |  | M21 | Light Green | 72:08 | +38:57 |
| 41st | 5026 | Iain Phillips | LEI |  | M55 | Light Green | 72:33 | +39:22 |
| 42nd | 1285 | Scott Carr | |  | M40 | Light Green | 74:03 | +40:52 |
| 43rd | 1808 | Deirbhile Hassett | Setanta |  | W14 | W14A | 74:05 | +40:54 |
| 44th | 1292 | Eimear Casey | SEVO |  | W14 | W14A | 74:23 | +41:12 |
| 45th | 5097 | Anne-Marie Masterson | CNOC |  | W45 | Light Green | 74:37 | +41:26 |
| 46th | 3022 | Anna Wilson | PFO |  | W14 | W14A | 75:00 | +41:49 |
| 47th | 2269 | Helen Money-Kyrle | BOK |  | W21 | Light Green | 75:15 | +42:04 |
| 48th | 5101 | Julia Allinson | WRE |  | W45 | Light Green | 76:30 | +43:19 |
| 49th | 2544 | Helen Rennie | WCOC |  | W50 | Light Green | 77:08 | +43:57 |
| 50th | 5098 | Dave Sykes | |  | M50 | Light Green | 77:30 | +44:19 |
| 51st | 1978 | Fiona Johnston | RR |  | W60 | Light Green | 78:14 | +45:03 |
| 52nd | 2824 | Steve Taverner | WIGHTO |  | M65 | Light Green | 80:18 | +47:07 |
| 53rd | 2401 | John Palmer | NOC |  | M75 | Light Green | 80:37 | +47:26 |
| 54th | 2530 | Silence Rana Magar | OD |  | M21 | Light Green | 81:44 | +48:33 |
| 55th | 5110 | Clifford Webb | |  | M60 | Light Green | 82:06 | +48:55 |
| 56th | 1994 | Sam Jones | MDOC |  | M40 | Light Green | 82:27 | +49:16 |
| 57th | 2114 | Molly Livermore | SROC |  | W20 | Light Green | 82:35 | +49:24 |
| 58th | 2943 | Freddie Walker | TVOC |  | M20 | Light Green | 83:40 | +50:29 |
| 59th | 1404 | Rebecca Coupe | |  | W40 | Light Green | 84:32 | +51:21 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

21 - 4.3km 125m

| Pos | No. | Name | Club | Age | Class | Class | Time | Behind |
|-------|------|---------------------|--------|-----|-------|-------------|-------------------|---------|
| 60th | 1716 | Joanna Goodhead | DVO | | W21 | Light Green | 84:59 | +51:48 |
| 61st= | 1635 | Emily Finch | SBOC | | W21 | Light Green | 85:13 | +52:02 |
| 61st= | 3132 | Stephen Fellbaum | LOC | | M60 | Light Green | 85:13 | +52:02 |
| 63rd | 2565 | Gemma Ricketts | | | W40 | Light Green | 85:37 | +52:26 |
| 64th | 2347 | Clodagh O'Donnell | GEN | | W20 | Light Green | 86:40 | +53:29 |
| 65th | 1342 | Caroline Clarke | FVO | | W50 | Light Green | 88:54 | +55:43 |
| 66th | 1034 | Debbie Anderson | BOK | | W50 | Light Green | 89:03 | +55:52 |
| 67th | 1348 | Sadie Clarke | BAOC | | W14 | W14A | 89:58 | +56:47 |
| 68th | 5058 | Arun Sahni | SYO | | M65 | Light Green | 91:21 | +58:10 |
| 69th | 5127 | Imogen Satherley | DVO | | W12 | Light Green | 92:11 | +59:00 |
| 70th | 2422 | Eloise Pauling | SAX | | W18 | Light Green | 94:35 | +61:24 |
| 71st | 5112 | Anna McMurtrie | | | W21 | Light Green | 95:00 | +61:49 |
| 72nd | 2740 | Iain Smith | | | M55 | Light Green | 97:25 | +64:14 |
| 73rd | 5027 | Nick Heckford | | | M55 | Light Green | 97:52 | +64:41 |
| 74th | 5000 | Sarah Mansel | SUFFOC | | W55 | Light Green | 98:48 | +65:37 |
| 75th | 1982 | Evan Jones | CLOK | | M14 | Light Green | 99:37 | +66:26 |
| 76th | 1076 | Catherine Balcombe | CLARO | | W40 | Light Green | 100:48 | +67:37 |
| 77th | 2294 | Gen Mullens | BKO | | W16 | W16B | 101:12 | +68:01 |
| 78th | 5025 | Will Chandler | | | M20 | Light Green | 101:57 | +68:46 |
| 79th | 1300 | Sindy Chafer | LEI | | W55 | Light Green | 102:26 | +69:15 |
| 80th | 1997 | Beth Joyce | CNOC | | W14 | W14A | 103:14 | +70:03 |
| 81st | 1733 | Sophie Gray | MDOC | | W14 | W14A | 103:51 | +70:40 |
| 82nd | 1061 | Melanie Avis | AIRE | | W55 | Light Green | 104:08 | +70:57 |
| 83rd | 2800 | Marion Stutzriemer | BOK | | W45 | Light Green | 105:21 | +72:10 |
| 84th | 3140 | Gillian Lee-Jones | BOK | | W55 | Light Green | 106:56 | +73:45 |
| 85th | 1756 | Bethany Haggath | EBOR | | W21 | Light Green | 107:00 | +73:49 |
| 86th | 2518 | Alexandra Radcliffe | | | W45 | Light Green | 108:52 | +75:41 |
| 87th | 2320 | Scott Newey | MAROC | | M55 | Light Green | 110:22 | +77:11 |
| 88th | 5095 | Steve Fisher | TVOC | | M50 | Light Green | 111:35 | +78:24 |
| 89th | 2823 | Carol Taverner | WIGHTO | | W65 | Light Green | 111:46 | +78:35 |
| 90th | 1467 | Davina Dalton | TVOC | | W60 | Light Green | 113:11 | +80:00 |
| 91st | 3092 | Richard Hughes | DEE | | M65 | Light Green | 113:41 | +80:30 |
| 92nd | 2446 | Gwenda Perry | BOK | | W55 | Light Green | 115:42 | +82:31 |
| 93rd | 5092 | Nicholas Drewe | CLARO | | M75 | Light Green | 115:54 | +82:43 |
| 94th | 2774 | Hannah Stafford | | | W21 | Light Green | 116:08 | +82:57 |
| 95th | 5099 | Ira Thompson | BOK | | M21 | Light Green | 119:59 | +86:48 |
| 96th | 2138 | Callum Macfadyen | | | M21 | Light Green | 121:40 | +88:29 |
| 97th | 1188 | Amy Boustead | LOC | | W35 | Light Green | 123:50 | +90:39 |
| 98th | 3148 | Penny Heap | MDOC | | W60 | Light Green | 130:13 | +97:02 |
| 99th | 2204 | Jackie McCavana | GEN | | W55 | Light Green | 133:25 | +100:14 |
| 100th | 5039 | Barbara Page | HH | | W55 | Light Green | 138:46 | +105:35 |
| 101st | 2910 | Amanda Turner | BOK | | W60 | Light Green | 144:54 | +111:43 |
| 102nd | 5042 | Rick Browne | LOC | | M70 | Light Green | 150:03 | +116:52 |
| | 1431 | Clare Crocker | DEE | | W65 | Light Green | m2 m5 m7-8 | |
| | 1521 | Martin Double | | | M45 | Light Green | m5-12 | |
| | 2691 | Margaret Shaw | EPOC | | W70 | Light Green | m8-10 | |
| | 3041 | Patricia Wong | NOC | | W50 | Light Green | m2-10 | |
| | 2827 | Helen Taylor | DEVON | | W65 | Light Green | m1 | |
| | 3149 | Stella Heap | MDOC | | W60 | Light Green | w10 | |
| | 1257 | Paul Butterfield | GEN | | M20 | Light Green | m7-10 | |
| | 2439 | Emily Peltor | | | W16 | Light Green | m7-11 | |
| | 5081 | Jim O'Donovan | CORKO | | M75 | Light Green | rtd | |
| | 1474 | Livia Daplyn | SN | | W16 | W16B | w5 | |
| | 1785 | Lizzie Hardy | | | W21 | Light Green | rtd | |
| | 2953 | Michelle Ward | NGOC | | W50 | Light Green | m3-10 | |
| | 1110 | Jack Beavers | AIRE | | M16 | Light Green | m5 | |
| | 1831 | Emma Heckford | WSX | | W14 | W14A | rtd | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

22 - 3km 75m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|--------------------|---------------|--|-----------|--------|-------|--------|
| 1st | 1689 | Zac Garratt | SYO | | M12 | M12A | 19:04 | |
| 2nd | 2683 | Carl Selmer Duguid | TAY | | M12 | M12A | 19:09 | +0:05 |
| 3rd | 1943 | Hannah Inman | FVO | | W12 | W12A | 19:17 | +0:13 |
| 4th | 2033 | Laura Kitchin | INT | | W12 | W12A | 21:56 | +2:52 |
| 5th | 2891 | Maisie Todhunter | SROC | | W12 | W12A | 22:54 | +3:50 |
| 6th | 2850 | Fay Thomas | SROC | | W14 | W14B | 23:29 | +4:25 |
| 7th | 1845 | James Heppenstall | LOC | | M12 | M12A | 23:34 | +4:30 |
| 8th | 3098 | Penny Pinker-Hull | AIRE | | W12 | W12A | 23:40 | +4:36 |
| 9th | 1547 | Tess Dunhill | GEN | | W12 | W12A | 23:41 | +4:37 |
| 10th | 2667 | Ralph Scarbrough | MV | | M14 | M14B | 23:47 | +4:43 |
| 11th | 2965 | Jemma Waters | SYO | | W12 | W12A | 23:49 | +4:45 |
| 12th | 1018 | Charles Alcock | AIRE | | M12 | M12A | 23:50 | +4:46 |
| 13th | 2477 | Alys Powell | WAOC | | W12 | W12A | 24:24 | +5:20 |
| 14th | 5104 | David Ewart | LVO | | M50 | Orange | 24:38 | +5:34 |
| 15th | 1321 | Inis Chepelin | INT | | M12 | M12A | 24:44 | +5:40 |
| 16th | 1636 | Esme Finch | FVO | | W12 | W12A | 25:01 | +5:57 |
| 17th | 1460 | Emma Daley | ESOC | | W12 | W12A | 26:01 | +6:57 |
| 18th | 1409 | Elysia Cowe | WAOC | | W12 | W12A | 26:22 | +7:18 |
| 19th | 2715 | Rae Simpson | CLOK | | W12 | W12A | 26:26 | +7:22 |
| 20th | 1576 | Beau Elliott | SYO | | W12 | W12A | 26:36 | +7:32 |
| 21st | 2660 | Imogen Satherley | DVO | | W12 | W12A | 26:40 | +7:36 |
| 22nd | 1782 | Arran Hardwick | SN | | M14 | M14B | 26:43 | +7:39 |
| 23rd | 2813 | Darrio Mukyiu Tam | HH | | M12 | M12A | 27:27 | +8:23 |
| 24th | 1021 | Alva Aldin | Stora Tuna OK | | W12 | W12A | 27:34 | +8:30 |
| 25th | 1456 | Emma Dafforn | DEVON | | W14 | Orange | 27:55 | +8:51 |
| 26th | 2623 | Indira Rose Price | ECKO | | W12 | W12A | 28:07 | +9:03 |
| 27th | 1054 | Jessica Atkinson | LOC | | W12 | W12A | 28:08 | +9:04 |
| 28th | 2189 | Hugo Maule-Lidbury | HAVOC | | M12 | M12A | 28:31 | +9:27 |
| 29th | 1969 | Alex Johnson | SYO | | M12 | M12A | 28:46 | +9:42 |
| 30th | 2892 | Cara Tolley | LEI | | W14 | W14B | 28:53 | +9:49 |
| 31st | 2694 | Katrina Shilladay | OD | | W21 | Orange | 28:55 | +9:51 |
| 32nd | 2677 | Ben Seaston | MV | | M12 | M12A | 28:56 | +9:52 |
| 33rd | 2586 | Emily Robertson | MAROC | | W12 | W12A | 29:06 | +10:02 |
| 34th | 2877 | Sarah Tipple | | | W40 | Orange | 29:29 | +10:25 |
| 35th | 1563 | Sophie Edward | FVO | | W12 | W12A | 30:04 | +11:00 |
| 36th | 2168 | Theodore Marsden | HH | | M12 | M12A | 30:09 | +11:05 |
| 37th | 3154 | Rebecca Daley | ESOC | | W14 | W14B | 30:10 | +11:06 |
| 38th | 1881 | Lucy Holt | SYO | | W12 | W12A | 30:40 | +11:36 |
| 39th | 1877 | Sola Holmes | WCOC | | W12 | W12A | 30:44 | +11:40 |
| 40th | 1638 | Lindsay Finch | FVO | | W40 | Orange | 30:59 | +11:55 |
| 41st | 1109 | Charlie Beavers | AIRE | | W14 | W14B | 31:08 | +12:04 |
| 42nd | 5122 | Jonah Newton | DVO | | M10 | Orange | 31:38 | +12:34 |
| 43rd | 1473 | Jen Daplyn | SN | | W45 | Orange | 31:47 | +12:43 |
| 44th | 2148 | Leena Madden | WCOC | | W50 | Orange | 31:48 | +12:44 |
| 45th= | 2622 | Éowyn Rose Price | ECKO | | W12 | W12A | 32:18 | +13:14 |
| 45th= | 2634 | Alvari Rostron | MDOC | | M14 | M14B | 32:18 | +13:14 |
| 47th | 1929 | Nedd Hunt | SYO | | M12 | M12A | 32:56 | +13:52 |
| 48th | 1915 | Samuel Hudson | HOC | | M12 | M12A | 33:04 | +14:00 |
| 49th | 1150 | Caitlin Birch | FVO | | W12 | Orange | 33:33 | +14:29 |
| 50th | 2878 | Amelia Todd | LOK | | W12 | W12A | 33:40 | +14:36 |
| 51st | 2815 | Andrew C C Tang | YAOC [HKG] | | M12 | M12A | 34:05 | +15:01 |
| 52nd | 3134 | Peter Errington | HH | | M21 | Orange | 35:14 | +16:10 |
| 53rd | 5100 | Victoria Todd | EBOR | | W40 | Orange | 35:30 | +16:26 |
| 54th | 1876 | Hiroki Holmes | WCOC | | M14 | M14B | 35:55 | +16:51 |
| 55th | 5091 | Melanie Grant | FVO | | W21 | Orange | 36:00 | +16:56 |
| 56th | 1234 | Louis Bryant | SYO | | M12 | M12A | 36:32 | +17:28 |
| 57th | 2624 | Sylva Rose Price | ECKO | | W12 | W12A | 36:38 | +17:34 |
| 58th | 1867 | Margaux Hodgson | SYO | | W16 | Orange | 36:51 | +17:47 |
| 59th | 2247 | Sofia Mee | SMOC | | W14 | W14B | 37:00 | +17:56 |

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March 31, 2024

EVENT RESULTS

22 - 3km 75m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|------|----------------------------|----------|--|-----------|--------|--------|---------|
| 60th | 2476 | Alice Powell | DVO | | W12 | Orange | 37:52 | +18:48 |
| 61st | 2217 | Lorna McDonald | INVOC | | W50 | Orange | 37:54 | +18:50 |
| 62nd | 1809 | Fionn Hassett | Setanta | | M12 | M12A | 37:57 | +18:53 |
| 63rd | 1879 | Anna Holt | SYO | | W14 | W14B | 38:26 | +19:22 |
| 64th | 2051 | Iris Landrigan | BOK | | W12 | W12A | 38:44 | +19:40 |
| 65th | 1999 | Karolina Karlsson | Nybro OK | | W50 | Orange | 39:32 | +20:28 |
| 66th | 1283 | Alethea Carr | AIRE | | W12 | W12A | 39:36 | +20:32 |
| 67th | 1489 | Ben Davison-Ellis | ELO | | M14 | M14B | 40:03 | +20:59 |
| 68th | 1516 | Anna Dnestrovskaya | TVOC | | W21 | Orange | 40:35 | +21:31 |
| 69th | 1345 | Helena Clarke | BAOC | | W12 | W12A | 42:09 | +23:05 |
| 70th | 2218 | Richard Alexander McDonald | BOK | | M45 | Orange | 42:12 | +23:08 |
| 71st | 3063 | Anna Maria Yaneva | SLOW | | W14 | W14B | 43:12 | +24:08 |
| 72nd | 5108 | Gary Flynn | | | M21 | Orange | 44:14 | +25:10 |
| 73rd | 5094 | Freya Fisher | TVOC | | W16 | Orange | 44:51 | +25:47 |
| 74th | 5005 | Jane Mcintyre | INT | | W60 | Orange | 45:49 | +26:45 |
| 75th | 5093 | Alfred Fisher | TVOC | | M12 | Orange | 45:51 | +26:47 |
| 76th | 1223 | Katherine Brown | NATO | | W50 | Orange | 46:05 | +27:01 |
| 77th | 2042 | Ekaterina Laenko | TVOC | | W50 | Orange | 46:42 | +27:38 |
| 78th | 2744 | Jude Smith | AYROC | | W55 | Orange | 46:51 | +27:47 |
| 79th | 2749 | Sheila Smith | EBOR | | W75 | Orange | 47:51 | +28:47 |
| 80th | 2284 | Patricia Morris | BASOC | | W70 | Orange | 48:00 | +28:56 |
| 81st | 5088 | Kathryn Gray | | | W45 | Orange | 50:02 | +30:58 |
| 82nd | 1066 | Amanda Bailey | SN | | W60 | Orange | 53:19 | +34:15 |
| 83rd | 2206 | Diana McClure | SBOC | | W70 | Orange | 55:30 | +36:26 |
| 84th | 2090 | Annabelle Lewis | QO | | W18 | Orange | 55:51 | +36:47 |
| 85th | 2513 | Joanna Qiu | CHIG | | W55 | Orange | 56:59 | +37:55 |
| 86th | 5083 | Tom Gale | DVO | | M21 | Orange | 57:23 | +38:19 |
| 87th | 1933 | Jane Hunter | WCOC | | W55 | Orange | 61:21 | +42:17 |
| 88th | 1727 | Jenny Gostick | HH | | W55 | Orange | 61:42 | +42:38 |
| 89th | 2975 | Jessica Weaver | WRE | | W14 | W14B | 66:03 | +46:59 |
| 90th | 2846 | Alex Thom | HOC | | M12 | M12A | 68:18 | +49:14 |
| 91st | 2262 | Niamh Mitchell | HH | | W12 | W12A | 68:54 | +49:50 |
| 92nd | 1985 | Isabel Jones | ERYRI | | W21 | Orange | 78:22 | +59:18 |
| 93rd | 2340 | Joan Norris | HOC | | W70 | Orange | 79:03 | +59:59 |
| 94th | 2531 | Amy Ransley | NOC | | W40 | Orange | 79:33 | +60:29 |
| 95th | 1506 | Alyson Denney | OD | | W70 | Orange | 154:03 | +134:59 |
| 96th | 2909 | Nathaniel Tsang | | | M10 | Orange | 161:42 | +142:38 |
| 97th | 1067 | Eleanor Bailey | | | W21 | Orange | 162:55 | +143:51 |
| 98th | 1335 | Ming Ho Chong | | | M10 | Orange | 195:35 | +176:31 |
| | 1608 | Csongor Farago | HH | | M14 | M14B | m9 | |
| | 2389 | Matthew Owen | FVO | | M12 | M12A | m8 | |
| | 5105 | Ewan Ewart | LVO | | M12 | Orange | m3-4 | |
| | 1837 | Katie Hensman | FVO | | W18 | Orange | m3-4 | |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

23 - 1.9km 50m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|----------------------|------------|--|-----------|--------|-------|--------|
| 1st | 2666 | Hugh Scarbrough | MV | | M10 | M10A | 12:52 | |
| 2nd | 2901 | Joseph Trenell | SYO | | M10 | M10A | 13:01 | +0:09 |
| 3rd | 1052 | Harry Atkinson | LOC | | M10 | M10A | 13:53 | +1:01 |
| 4th | 2460 | Henry Pigott | POTOC | | M10 | M10A | 14:09 | +1:17 |
| 5th | 1548 | Timothée Dunhill | GEN | | M10 | M10A | 14:29 | +1:37 |
| 6th | 5010 | Dom Kidd | MV | | M20 | Yellow | 15:05 | +2:13 |
| 7th | 1688 | Fred Garratt | SYO | | M10 | M10A | 15:32 | +2:40 |
| 8th | 2490 | Aran Power | LVO | | M12 | M12B | 15:36 | +2:44 |
| 9th | 2160 | Francis Mansfield | BAOC | | M10 | M10A | 15:45 | +2:53 |
| 10th | 1306 | One Chan | HKFOC | | M12 | M12B | 15:55 | +3:03 |
| 11th | 1343 | Fraser Clarke | BAOC | | M10 | M10A | 16:15 | +3:23 |
| 12th | 2187 | Amelie Maule-Lidbury | HAVOC | | W10 | Yellow | 16:35 | +3:43 |
| 13th | 2610 | Harriet Rooke | LOC | | W10 | Yellow | 17:07 | +4:15 |
| 14th | 1172 | Pippa Blackmore | HOC | | W12 | W12B | 17:14 | +4:22 |
| 15th | 2743 | Jonathan Smith | SLOW | | M10 | M10A | 17:22 | +4:30 |
| 16th | 1731 | Cameron Gray | MDOC | | M10 | M10A | 17:37 | +4:45 |
| 17th | 2714 | Lauren Simpson | CLOK | | W10 | W10A | 17:50 | +4:58 |
| 18th | 2329 | Harriet Nichols | SO | | W12 | W12B | 18:47 | +5:55 |
| 19th | 1554 | Esther Eaton | WAOC | | W10 | W10A | 19:13 | +6:21 |
| 20th | 1522 | Menna Double | DFOK | | W10 | Yellow | 19:27 | +6:35 |
| 21st | 2812 | Daniel Muktao Tam | HH | | M10 | M10A | 19:29 | +6:37 |
| 22nd | 1577 | Eliza-Blue Elliott | SYO | | W10 | W10A | 19:39 | +6:47 |
| 23rd | 1783 | Eliza Hardwick | SN | | W12 | Yellow | 19:52 | +7:00 |
| 24th | 5085 | Adian Sahni | SYO | | M21 | Yellow | 20:10 | +7:18 |
| 25th | 2494 | Martha Preston | SYO | | W10 | W10A | 20:15 | +7:23 |
| 26th | 2566 | George Ricketts | AIRE | | M12 | Yellow | 20:24 | +7:32 |
| 27th | 2964 | Ged Waters | SYO | | M12 | M12B | 21:16 | +8:24 |
| 28th | 5111 | Jamie Atkins | HOC | | M10 | Yellow | 21:20 | +8:28 |
| 29th | 2525 | Isabelle Rafferty | HH | | W10 | W10A | 21:27 | +8:35 |
| 30th | 2595 | Grace Robinson | NOC | | W12 | W12B | 21:29 | +8:37 |
| 31st | 2598 | Lily Robinson | NOC | | W10 | Yellow | 21:33 | +8:41 |
| 32nd | 2847 | Philip Thom | HOC | | M10 | M10A | 21:43 | +8:51 |
| 33rd | 1610 | Tunde Farago | HH | | W10 | W10A | 21:48 | +8:56 |
| 34th | 1153 | Roslyn Birch | FVO | | W10 | Yellow | 22:18 | +9:26 |
| 35th | 2966 | Lucas Waters | SO | | M10 | M10A | 22:27 | +9:35 |
| 36th | 3061 | Krum Yanev | SLOW | | M12 | M12B | 22:32 | +9:40 |
| 37th | 2609 | Cecily Rooke | LOC | | W10 | Yellow | 22:35 | +9:43 |
| 38th | 1913 | Georgina Hudson | HOC | | W10 | Yellow | 22:38 | +9:46 |
| 39th | 5103 | Martha Roper | | | W10 | Yellow | 22:42 | +9:50 |
| 40th | 2156 | Tristan Manning | MDOC | | M10 | M10A | 23:15 | +10:23 |
| 41st | 2091 | Annie Lewis | WRE | | W10 | W10A | 23:49 | +10:57 |
| 42nd | 5102 | Daisy Roper | | | W7 | Yellow | 24:08 | +11:16 |
| 43rd | 5009 | Marius Dunhill | GEN | | M10 | Yellow | 24:21 | +11:29 |
| 44th | 2491 | Cahal Power | LVO | | M10 | Yellow | 24:32 | +11:40 |
| 45th | 5057 | Charlotte Drewe | CLARO | | W8 | Yellow | 25:12 | +12:20 |
| 46th | 2633 | Aini Rostron | MDOC | | W12 | W12B | 26:06 | +13:14 |
| 47th | 5007 | Jonah Newton | DVO | | M12 | Yellow | 26:10 | +13:18 |
| 48th | 1077 | Lucie Balcombe | CLARO | | W10 | Yellow | 26:28 | +13:36 |
| 49th | 2884 | Jessica Todd | LOK | | W10 | Yellow | 28:01 | +15:09 |
| 50th | 5126 | Gabriel Mee | SMOC | | M10 | Yellow | 29:31 | +16:39 |
| 51st | 1942 | Sally Ingram | HOC | | W65 | Yellow | 29:38 | +16:46 |
| 52nd | 2816 | Daniel C N Tang | YAOC [HKG] | | M10 | M10A | 30:49 | +17:57 |
| 53rd | 1990 | Megan Jones | ERYRI | | W10 | W10A | 31:18 | +18:26 |
| 54th | 2539 | Eilis Reeve | FERMO | | W10 | Yellow | 33:19 | +20:27 |
| 55th= | 2211 | Tristan McCreddie | WIM | | M12 | Yellow | 33:22 | +20:30 |
| 55th= | 5096 | Marie Elder | | | W40 | Yellow | 33:22 | +20:30 |
| 55th= | 5006 | Mair Roberts | Eyri | | W10 | Yellow | 33:22 | +20:30 |
| 58th | 1254 | Lucy Butter | SN | | W14 | Yellow | 34:19 | +21:27 |
| 59th | 2540 | Oonagh Reeve | FERMO | | W10 | Yellow | 37:37 | +24:45 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

23 - 1.9km 50m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|-------|------|-------------------|------|---|-----------|--------|--------------|--------|
| 60th= | 1455 | Ellen Dafforn | |  | W50 | Yellow | 37:50 | +24:58 |
| 60th= | 5123 | Adrian Garratt | SYO |  | M50 | Yellow | 37:50 | +24:58 |
| 62nd | 2481 | George Powell | DVO |  | M14 | Yellow | 41:27 | +28:35 |
| 63rd | 2482 | Hana Powell | WAOC |  | W10 | W10A | 41:37 | +28:45 |
| 64th | 5034 | Ali Turnbull | |  | W70 | Yellow | 45:03 | +32:11 |
| 65th | 5090 | Louie Deeks | |  | M10 | Yellow | 46:00 | +33:08 |
| 66th | 3097 | Lisa Cattigan | WEGO |  | W45 | Yellow | 46:06 | +33:14 |
| 67th | 5086 | Yesim Sahni | SYO |  | W55 | Yellow | 52:46 | +39:54 |
| 68th | 2731 | Charlotte Smith | SLOW |  | W12 | W12B | 53:17 | +40:25 |
| 69th | 2322 | Tung Lam Aidan Ng | |  | M10 | Yellow | 54:37 | +41:45 |
| 70th | 1118 | Andrew Beldowski | WSX |  | M95 | Yellow | 77:00 | +64:08 |

JK 2024 - Day 3 - Long

March 31, 2024

EVENT RESULTS

24 - 1.5km 45m

| Pos | No. | Name | Club | | Age Class | Class | Time | Behind |
|------|-------|----------------------|-------|--|-----------|-------|---------------|--------|
| 1st | 3099 | Joby Pinker-Hull | AIRE | | M10 | M10B | 10:33 | |
| 2nd | 2052 | Max Landrigan | BOK | | M10 | White | 11:01 | +0:28 |
| 3rd | 1286 | Sebastian Carr | AIRE | | M10 | M10B | 12:22 | +1:49 |
| 4th | 1307 | Sun Chan | HKFOC | | M10 | M10B | 12:53 | +2:20 |
| 5th | 5125 | Edith Pigott | POTOC | | W10 | White | 13:31 | +2:58 |
| 6th | 1523 | Osian Double | DFOK | | M10 | White | 13:40 | +3:07 |
| 7th | 1017 | Alfie Alcock | AIRE | | M10 | M10B | 13:59 | +3:26 |
| 8th | 1846 | Lucie Heppenstall | LOC | | W10 | W10B | 14:15 | +3:42 |
| 9th | 1071 | Finley Baker | NN | | M10 | White | 14:39 | +4:06 |
| 10th | 2245 | Gabriel Mee | SMOC | | M10 | M10B | 14:55 | +4:22 |
| 11th | 2092 | Edward Lewis | WRE | | M10 | M10B | 15:31 | +4:58 |
| 12th | 1736 | Max Green | EPOC | | M10 | White | 15:34 | +5:01 |
| 13th | 5066 | Jamie Atkins | HOC | | M10 | White | 16:00 | +5:27 |
| 14th | 1571 | Jessica Elder | TVOC | | W10 | White | 16:25 | +5:52 |
| 15th | 2523 | Alice Raftery | HH | | W10 | W10B | 16:36 | +6:03 |
| 16th | 2567 | Isobel Ricketts | AIRE | | W10 | White | 19:39 | +9:06 |
| 17th | 1206 | Seren Brett | DVO | | W12 | White | 20:38 | +10:05 |
| 18th | 2328 | Elizabeth Nichols | SO | | W10 | White | 20:51 | +10:18 |
| 19th | 1041 | George Ashton | SARUM | | M10 | White | 21:34 | +11:01 |
| 20th | 1366 | Orla Cochrane | HH | | W10 | White | 21:55 | +11:22 |
| 21st | 1639 | Lucy Finch | FVO | | W10 | W10B | 22:01 | +11:28 |
| 22nd | 5064 | Ada Atkins | HOC | | W10 | White | 22:34 | +12:01 |
| 23rd | 1861 | Lewis . | | | M10 | M10B | 22:54 | +12:21 |
| 24th | 5109 | Francesca Coupe | | | W10 | White | 23:34 | +13:01 |
| 25th | 5033 | Fin Taunton | | | M4 | White | 23:58 | +13:25 |
| 26th | 2195 | Úna May | PFO | | W10 | W10B | 24:10 | +13:37 |
| 27th | 2726 | Cordelia Slade-Stott | | | W10 | White | 24:57 | +14:24 |
| 28th | 2162 | Henrietta Mansfield | BAOC | | W10 | White | 26:10 | +15:37 |
| 29th | 2163 | Philippa Mansfield | BAOC | | W10 | W10B | 26:45 | +16:12 |
| 30th | 2059 | Jude Large | BOK | | M10 | White | 26:51 | +16:18 |
| 31st | 1225 | Kieran Brown | HH | | M10 | White | 28:44 | +18:11 |
| 32nd | 5106 | Helen Eaton | | | W10 | White | 30:08 | +19:35 |
| 33rd | 1365 | Lily Cochrane | HH | | W10 | White | 30:21 | +19:48 |
| 34th | 5115 | Matilda Bennett | | | W8 | White | 31:58 | +21:25 |
| 35th | 5120 | Orion Tickner | FIN | | M8 | White | 32:28 | +21:55 |
| 36th | 5114 | Agnes Bennett | | | W6 | White | 33:25 | +22:52 |
| 37th | 51118 | Ivy Tickner | FIN | | W8 | White | 34:02 | +23:29 |
| 38th | 1738 | Tessa Green | EPOC | | W10 | White | 36:10 | +25:37 |
| 39th | 1569 | Hannah Elder | TVOC | | W10 | White | 36:24 | +25:51 |
| 40th | 2465 | Rhiannon Pinches | ERYRI | | W10 | White | 37:26 | +26:53 |
| 41st | 5124 | Eleanor Little | | | W10 | White | 38:52 | +28:19 |
| 42nd | 1063 | Ethan Baikie | FVO | | M10 | M10B | 39:59 | +29:26 |
| 43rd | 5117 | Texas Harrison | FIN | | W14 | White | 43:52 | +33:19 |
| 44th | 5087 | Emma Raftery | HH | | W10 | White | 69:37 | +59:04 |
| 45th | 2321 | Sing Wing Asher Ng | | | M10 | White | 105:22 | +94:49 |
| | 5056 | Joanie Perks | | | W3 | White | m1 | |
| | 5119 | Tadhe Tickner | FIN | | M8 | White | w6 | |
| | 5116 | Warren Harrison | FIN | | M16 | White | m7-8 | |